

DOA NEWS

April 2018



DOA CARES

www.delhiortho.org
doadoffice@gmail.com

DOA is putting hard endeavours to organize good clinical courses and conference for DOA members. DOA takes proud to announce a yet another succesful month in terms of knowledge transfer and sharing i.e. April 2018. In total 5 events occurred in month of April, all of them were succesful in terms of content of the conference and the number of delegates participated.

DOA actively participated in the annual executive committee meeting and CSRC meeting of IOA held on 1st April 2018. With

the support of DOA members and DOA executive committee, DOA has achieved much praise and appreciation in the meeting by IOA officials. Dr. Lalit Maini, secretary DOA highlighted the events done by DOA in the current academic year

and our plans ahead. It is satisfying to see our organisation grow and gain popularity in India amongst other state, that is only because of joint support and venture of DOA members and hard working executive committee team.

Amidst a tightly packed academic schedule of DOA, our journal i.e. JCOT has achieved various landmarks which needs to be highlighted and appreciated. Our Journal of Clinical Orthopaedics and Trauma has been performing exceptionally well and has seen a tremendous growth in the recent past.



Dr. Lalit maini from the stage of CSRC meeting

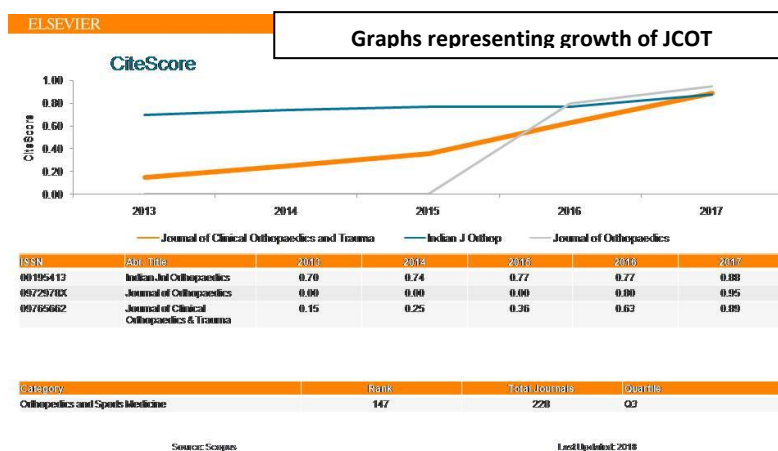


IOA annual executive committee meeting

Since, getting indexed in Pubmed and Scopus in 2012, in the last 5 years its Cite score has grown from 0.02 to 0.89 and the citations from 55 to 190, in 2017. This journal (<https://www.journals.elsevier.com/journal-of-clinical-orthopaedics-and-trauma>) is now one of the

fastest growing and recognized Orthopaedic Journal in South East Asia, surpassing the growth all the other Orthopaedic journals in India and surrounding region of South Asia. Not only this, cite score of our journal i.e. JCOT (.89) has surpassed the cite score of

Indian Journal Orthopaedics (.85) which in itself is a matter of pride for DOA members. We had received about 500 new manuscripts and 55000 download, in 2017. The present rejection rate of our journal is 66%. Editorial team worked really hard to make this journal a successful journal, for which DOA members and executive team applauds and appreciate editorial team through the channel of this DOA news letter. Moreover, DOA members are welcomed to participate in huge numbers by becoming reviewers, submitting good clinical articles to make this journal a symbol of pride for DOA.



DOA Congratulates JCOT Teams for Achievements & Welcomes Section wise new editors

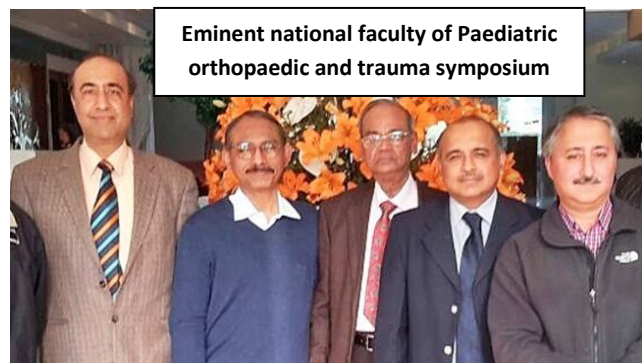
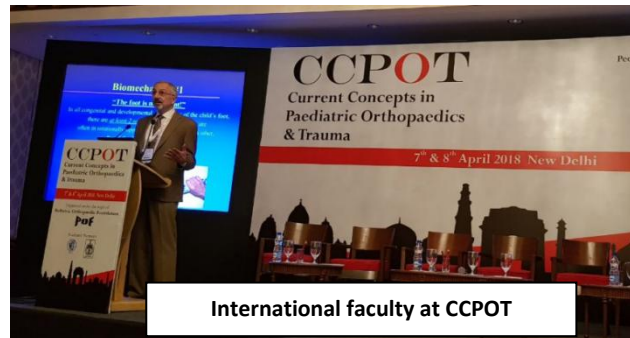
Editor in Chief Editors
Hitesh Lal
New Delhi, India
E-mail:
drhiteshlall@gmail.com
Executive Editor
Lalit Maini
New Delhi, India

Editors
Dr. Puneet Mishra
New Delhi, India
E-mail:
drpuneetmishra@gmail.com
Dr. Raju Vaishya
New Delhi, India

A) Hip & Pelvis Mark D. Haseneuer Philadelphia, USA Rohit Hasiya Elmhurst, USA Venu Kavarthapu London, UK Videsh Raut Lancashire, UK Jatin Talwar New Delhi, India	D) Shoulder: J Maheshwari New Delhi, India Puneet Monga Lancashire, UK Radha Kant Pandey Leicester, UK Bijayendra Singh UK Keshav Singhal UK	G) TUMORS Sudhir Kapoor New Delhi, India Shah Alam Khan New Delhi, India Shishir Rastogi New Delhi, India Gurpal Singh Singapore Akshay Tiwari New Delhi, India	J) ARTHROSCOPY Amit Kumar Agarwal New Delhi, India Jack Farr USA William Murrell Dubai, United Arab Emirates Seth Sherman New York, USA
B) Knee SJ Kim Seoul, South Korea Norimasa Nakamaru Japan AA Shetty Kent, UK Kimberly L Stevenson Philadelphia, USA Rajiv Thukral New Delhi, India Saket Tibrewal London, UK Sheo Tibrewal London, UK	E) Elbow: Anand Arya London, UK Vikas Gupta New Delhi, India PP Kotwal New Delhi, India Murali Raj Lancashire, UK	H) PAEDIATRIC ORTHOPAEDICS Anil Agarwal Delhi, India James P Hui Singapore Ashok Johari Mumbai, India AK Sood New Delhi, India Vipul Vijay New Delhi, India	K) ARTHROPLASTY Ajit Deshmukh New York, NY, USA Atul Joshi Lubbock, USA Aditya Vikram Maheshwari Brooklyn, NY, USA Rajesh Malhotra New Delhi, India Neil V. Shah Brooklyn, NY, USA
C) Foot & Ankle Gurinder Bedi New Delhi, India M S Dhillon Chandigarh, India Jitendra Mangwani UK Balvinder Rana Gurgaon, India Rajesh Sethi North Lincolnshire, UK Maninder Singh Shah New Delhi, India	F) Wrist & Hand: Anil Dhal New Delhi, India Saurabh Ghosh Delhi, India Jugal Kishore New Delhi, India PP Kotwal New Delhi, India Nilesh Kumar New Delhi, India Jitendra Mangwani SS Panda Patna, India Rupesh Pandey Patna, India Murali Raj Lancashire, UK Rajesh Sethi North Lincolnshire, UK Maninder Singh Shah New Delhi, India Sujeet Singh	H) SPINE Birendra Balain Oswestry, UK Kamal Bose Singapore HS Chabra New Delhi, India Thamer Hamdan Basra, Iraq Ramesh Kumar New Delhi, India S Rajasekharan Coimbatore, India Ashish Upadhyay Connecticut, USA I) Health Care Policy Tanu Jain Delhi, India Jugal Kishore New Delhi, India Sujeet Singh Delhi, India	L) TRAUMA Thaddeus Chika Agu Owerri, Nigeria Ashok Bajracharya Kathmandu, Nepal Mohit Kumar Patralekh New Delhi, India Iqbal Qavi Dhaka, Bangladesh Bikram Shrestha Darhan, Nepal M) BIOMEDICAL ENGINEERING Saurabh Ghosh Delhi, India SS Panda Patna, India Rupesh Pandey Patna, India N) STATISTICS Nilesh Kumar New Delhi, India

Current concepts in paediatric orthopaedics and trauma symposium

Paediatric orthopaedic foundation in association with Delhi orthopaedic association organised a conference cum symposium focusing on current concepts in paediatric orthopaedics mainly trauma in young age. It's a 2 day conference held on 7th and 8th April 2018, in Sheraton hotel, Saket, New Delhi. The conference was organised under Dr. Manoj Padman as organizing secretary, Dr. Mathew Varghese and Dr. Ramani Narasimhan as organizing chairman. The conference was attended by patrons like Dr. Arun Goel, Dr. Vincent Mosca, Dr. Alaric Aroojis and many more. Around 70 delegates and 30 faculties



attended the conference making it a huge success. Day 1st was majorly about deformities of foot in paediatric age group in which discussion went on topics like club foot, cavovarus deformity in cerebral palsy, metatarsus adductus, congenital vertical talus, juvenile hallux valgus and many more. Day 2 was all about trauma discussing mainly on upper limb trauma and femoral fractures in paediatric age group. Above that was the delicious and lip smacking lunch served by Sheraton.

2nd International Workshop on Orthopaedic and Spine Biomechanics

From 13th to 15th April, it was a time to refresh our basics of biomechanics and its relevance in dealing with day to day orthopaedic patients. This conference brought together Orthopaedic and spine surgeons, rehab professionals, biomedical engineers, researchers and innovators on a common platform to discuss various biomechanical questions related to day to day clinical practice and future research trends. After the huge success of 1st international workshop on biomechanics, Indian spinal injury centre decided to continue the legacy of biomechanics conference in association with DOA, IIT and university of Toledo. The conference was a joint collaboration between ISIC, IIT Delhi, University of Toledo and University of Hamburg. The conference was attended by more than 100 delegates and reputed international and national faculty. International guest faculty included Dr. Gerd Huber, Biomechanics,



Hamburg University of Technology and Dr. Patrick Kluger, Spine Surgeon, Germany. Didactic lectures and discussions held on various topics highlights.

Day 1 (13th April) focussed on Orthopaedics biomechanics. It had sessions on Hip arthroplasty, knee arthroplasty, trauma and sports injuries which invited a lot of interesting talks and panel discussions. There was also a session on planning and designing a biomechanical study. The day ended worth a faculty dinner in the evening.



Day 2 (14th April) focussed on spine biomechanics. Various sessions on spine instability, osteoporosis in spine and degenerative spine were held. A session on best paper was organised in the afternoon. In the evening, a gala banquet was organised.

Day 3 (15th April) - focussed on implant design and testing. This day had a unique and interesting programme. The day started with the “Meet the experts” session where talks on evolution of Orthopaedic and spine implants were held by the stalwarts. A panel discussion on Implant design and testing was held. 24 delegates also participated in poster presentation competition. A white paper on “Proactive Promotion of Biomedical & Biomechanics Research in India: Private and Public Initiatives towards a Healthy Quality of Life in INDIA” was presented and an idea to form a biomechanics research society was promulgated. A session on design thinking was held which also included a workshop on design thinking. A announcement regarding the starting of “ spine innovation center” was made. A talk by the joint drug controller of India on the regulatory perspective of implant design and testing in India was also held. The conference was well attended and appreciated for its organization and academic content. The conference ended with a bite of thanks from Dr HS Chhabra, the medical director of ISIC.

DOA Ilizarov Course – Ilizarov Simplified

Next in line of academic event was yet another saw bone workshop conducted by and organized solely by DOA for its young budding DOA members and post graduate resident. This conference was aimed at learning the basics of Ilizarov fixator and practicing on the saw bones with a conference theme of “Ilizarov simplified”.

Conference was held on 22nd April 2018 in Hotel Royal Plaza, Delhi under the chairmanship of Dr.



Shailendra gupta as the organizing secretary. 61 delegates were registered for the conference and

Dr. Ramesh Kumar & Lalit Maini awarding Book to Winner of Quiz



distributed on 8 different tables with a table instructor faculty on each table to solve out their queries. 10 faculty members delivered interesting lectures including all the aspects of Ilizarov starting from basics of “where to put wires?” to “fibulectomy sites, Ilizarov in humerus” and many more. Breathtaking case based discussions and hand on training were the special highlight of this conference.

To add salt to it, a quiz was also organized in which highest scoring two delegates were gifted a book on ilizarov by Dr. Ramesh and Dr. Lalit Maini.

CME – Giant cell tumour and pathological fractures

On 22nd April, there was one more CME organized under the banner of DOA by Dr. Ashish Gulia and Dr. Manish Pruthi for tumour lovers. Giant cell tumour is one the most commonly encountered tumour which needs surgical intervention. Hence, a CME was organized in Hotel crown Plaza, Rohini, Delhi. Overwhelming response was received from a large attendance of delegate's and one to one discussion and clarification of doubts and myths regarding the management of Giant cell Tumour made the conference even more



interesting. The meeting had 38 delegates along with 18 faculty members. The CME started at 9 am and had 4 sessions. The first session on GCT had lectures followed by 2-3minutes of discussion after each lecture. The second session was on cystic bone lesions, case based learning. Post lunch session 3 was on pathological fractures, and the last session was on interesting cases in which 6 delegates presented interesting cases in Orthopaedic oncology Conference had focused lectures on pertinent topics with case based presentations made CME more of an interactive session rather than a simple lectures. The meeting concluded with vote of thanks by the organizing secretary at 5pm.

With these academics events and success at national level and in field of our journal, April has been looked up as a successful month by DOA.

UPCOMING EVENTS

CONCEPTS IN TRAUMA CARE

ADVANCE TRAUMA COURSE

2018

ORGANIZED BY
DELHI ORTHOPAEDIC
ASSOCIATION

6TH MAY 2018 (SUNDAY)
HOTEL PARK
Opp Jantar Mantar, CP, N. Delhi

Course Fee : 3000/=
Registration Closes 25th April'18
Seats Limited to 50 Delegates
"Strictly" No Spot Registration

REGISTER NOW!

ONE DAY WORKSHOP WITH HANDS ON SAW BONE
Accredited by the DELHI MEDICAL COUNCIL

Modules :
Pelvis and Acetabular Fractures
Proximal Femur Fractures
Distal Femur Fractures
Proximal Tibia Fractures

Conference Chairman: Dr. Ramesh Kumar
Organizing Director: Dr. Lalit Maini
Organizing Secretary: Dr. Jatin Talwar

President's Theme
"Train the young to enrich the future"

For Registration:
Cash /DD in favour of " DELHI ORTHOPAEDIC ASSOCIATION"



DOA
2nd

Quarterly Meet

03rd June 2018
Sunday
Venue LHMC

THEME HIP






SAVE THE DATE

JULY | 14th & 15th | 2018

For the Max Ortho Oncocon' 18

Organised by
Musculoskeletal Oncology Disease Management Group, Max Institute of Cancer Care
Under the aegis of Delhi Orthopaedic Association

Highlights

- Basics of orthopaedic oncology for residents and general orthopaedic practitioners
- C.B.L - Interactive "Cased Based Learning" focussing on bone and soft tissue tumors
- In-depth discussion for established orthopaedic oncologists
- Practical tips for limb salvage surgery and curettage for bone tumors by masters

Organising Committee:



Dr. Akshay Tiwari



Dr. Vivek Verma

Venue: Auditorium, Max Hospital, Saket
Max Super Speciality Hospital, Saket, 1-2, Press Enclave Road, Saket, New Delhi -

Keep it all green Towards Health & Sustainability 2018






Delhi Orthopaedic Association's

Advanced Spine Symposium

May 13, 2018



Venue: Indian Spinal Injuries Centre