

# Lockdown Food Survey

S.NO	Submit Date	Your Location	Your Region	Gender	Your Age	Did you suffered through covid during lockdown	Kind of food you consume	which food did you consumed most during lockdown	what did you preferred most to maintain health	which was your first choice while having meal	which was your first choice while having health problem	According to your experience any suggestion to maintain health
1	09-05-2022	Hatwalan tal-daund dist-Pune,maharashtra	rural	Male	21	No	non-vegetarian	green vegetables	milk	bhakari	Home remedies	We need to do regular exercise to mentain our health
2	09-05-2022	Hatwalan	rural	Female	38	Yes	non-vegetarian	meat/eggs/fish	eggs	bhakari	Home remedies	Workout and proper diet
3	09-05-2022	At post hatvlan tal dound dist pune	rural	Female	24	Yes	non-vegetarian	other vegetables	other	bhakari	Home remedies	No Answer
4	09-05-2022	Jejuri	rural	Male	32	No	pure-vegetarian	green vegetables	milk	chapati/roti	Home remedies	1. Daily exercise 2. Healthy lifestyle and dight 3. Using the mask 😷
5	09-05-2022	Wagholi	urban	Female	23	Yes	pure-vegetarian	other vegetables	eggs	chapati/roti   bhakari	Home remedies	Stay Healthy Stay Fit
6	09-05-2022	Rr	urban	Male	24	Yes	non-vegetarian	other vegetables	other	bhakari	Home remedies	Yuppo
7	09-05-2022	Canada	rural	Female	45	No	non-vegetarian	meat/eggs/fish	eggs	rice	Home remedies	Exercise
8	09-05-2022	WI, USA	rural	Male	35	Yes	non-vegetarian	meat/eggs/fish	salad	rice	Home remedies	Get a good night sleep, eat a good breakfast, exercise some time in the daily or twice if time 45 mins each, eat a light lunch (salad with veggies you like with chicken), eat a lighter dinner and relax/have fun

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9	09-05-2022	Syrian Arab Republic	rural	Male	37	No	pure-vegetarian	green vegetables	salad	rice	Home remedies	Exercising on a daily basis and reducing industrial foods
10	09-05-2022	Bangladesh	urban	Male	21	No	non-vegetarian	meat/eggs/fish	milk	rice	Home remedies	No
11	09-05-2022	BHIWANDI	urban	Female	19	Yes	pure-vegetarian	green vegetables	other	bhakari	Home remedies	No Answer
12	09-05-2022	Indonesia	rural	Male	43	Yes	non-vegetarian	meat/eggs/fish	eggs	rice	Home remedies	No Answer
13	09-05-2022	Hatwalan	rural	Female	23	Yes	pure-vegetarian	green vegetables	salad	chapati/roti	Home remedies	..
14	09-05-2022	Indonesian	urban	Male	46	No	non-vegetarian	meat/eggs/fish	eggs	rice	Home remedies	Exercise, sleep enough, eat regularly, drink lots of warm water and pray
15	09-05-2022	United States	urban	Male	27	Yes	non-vegetarian	other vegetables	salad	rice	Hospital	No Answer
16	09-05-2022	Baramati	rural	Male	22	No	pure-vegetarian	other vegetables	other	bhakari	Hospital	Kaho pio khush raho
17	09-05-2022	Pune	rural	Male	20	Yes	pure-vegetarian	green vegetables	milk	chapati/roti   bhakari   rice	Home remedies   Hospital	No Answer
18	10-05-2022	Majalgaon Beed Maharashtra	rural	Male	24	No	non-vegetarian	meat/eggs/fish	eggs	chapati/roti   bhakari	Home remedies	Eat healthy food on time😊
19	10-05-2022	kedgaon tal dist Ahmednagar	rural	Male	23	No	pure-vegetarian	other vegetables	other	rice	Home remedies	no

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20	10-05-2022	Grame-Rampura,tah-Lanji, Jila-balaght, (MP).	rural	Male	19 years old.	Yes	pure-vegetarian	green vegetables	other	chapati/roti   rice	Home remedies	It's my opinion to save a human body ,houman should take a advise frome a good & experience docter and other some experience people . Dhnywad 🙏
21	10-05-2022	Hatawlan	rural	Male	28	No	pure-vegetarian	green vegetables	milk	chapati/roti   bhakari   rice	Home remedies	Yes
22	10-05-2022	Wara	rural	Female	18	Yes   No	pure-vegetarian	green vegetables	salad	rice	Home remedies	घर का खाना स्वस्थ जीवन प्रदान करता है।
23	10-05-2022	Lanji	rural	Male	19	Yes	pure-vegetarian	other vegetables	other	rice	Home remedies	No Answer
24	10-05-2022	No Answer	urban	Male	22	No	non-vegetarian	other vegetables	milk	rice	Home remedies	Exercise regularly
25	10-05-2022	Yeola	rural	Male	23	Yes	pure-vegetarian	green vegetables	milk	bhakari	Home remedies	No
26	10-05-2022	Hatwalan	rural	Male	22	No	pure-vegetarian	other vegetables	milk	bhakari   rice	Home remedies	Exercise
27	10-05-2022	Pune	rural	Male	21	No	non-vegetarian	other vegetables	salad	chapati/roti   bhakari	Home remedies	No Answer
28	10-05-2022	Daund	rural	Female	21	No	non-vegetarian	meat/eggs/fish	milk	chapati/roti   bhakari	Hospital	yoga
29	10-05-2022	Warwand	rural	Female	23	No	non-vegetarian	meat/eggs/fish	milk	chapati/roti	Hospital	Eat healthy ,live long and care of health
30	10-05-2022	Kurkumbh	rural	Female	23	No	non-vegetarian	other vegetables	other	bhakari   rice	Home remedies	No Answer

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31	10-05-2022	Vadgaon rasai shirur.pune 412211	rural	Male	23	Yes	non-vegetarian	meat/eggs/fish	eggs	bhakari	Home remedies	No Answer
32	10-05-2022	Vaibhav	rural	Male	15	Yes	non-vegetarian	green vegetables	milk	chapati/roti	Hospital	No Answer
33	10-05-2022	Daund	rural	Female	23	No	pure-vegetarian	green vegetables	milk	bhakari	Home remedies	Eat healthy
34	10-05-2022	Katraj pune	urban	Male	15	No	non-vegetarian	green vegetables	milk	chapati/roti	Home remedies	Good
35	11-05-2022	Pune	rural	Female	22.	Yes	non-vegetarian	meat/eggs/fish	eggs	chapati/roti   rice	Hospital	Take a it good food nd daily exercise
36	11-05-2022	Uruli kanchan	rural	Female	23	No	non-vegetarian	green vegetables	milk	chapati/roti	No Answer	No Answer
37	13-05-2022	Hatwalan	rural	Male	20	No	non-vegetarian	meat/eggs/fish	salad	bhakari	Home remedies	Fitness