

I try my very hardest to maintain a growth mindset. It's super hard for me sometimes to not be my own biggest critique but I'm working on it. I do love to learn! The majority of the time I'm very open-minded. And that's shown through even the small things, like trying new foods. I always tell myself to try something once. For example, a few years ago I tried Natto for the first time. It's fermented soy beans and I learned after spitting it out and trying to eat it, that it wasn't for me. That's perfectly okay. I think that my mindset helps me connect better with my peers. My band and I have had discussions over what songs to practice, and we don't always have the same answers. It's best to come at it with a growth mindset to come to an agreement. That also applies to us practicing, because I can talk my friend up plenty because I believe that he CAN do what he needs to do. I can't think of a time where I've unknowingly helped somebody else but I hope that I have!