



Provider group results for Physical Therapy

Date: August 27, 2025

-
- | | |
|---|---|
| <p>① Developmental Therapy Center
 Physical Therapy
 English
 3770 4th Ave, San Diego, CA • 0.2 Miles away
 (619) 291-3515</p> | <p>In-network
 Accepting new patients
 Provider ID 002419190</p> |
|---|---|
-
- | | |
|---|--|
| <p>② Eggleton Langton PT Mgmt Svs
 Physical Therapy
 Castilian, Spanish, English
 4060 4th Ave Ste 206, San Diego, CA • 0.2 Miles away
 (619) 299-5246</p> | <p>In-network
 Accepting new patients
 Offers virtual visits
 Provider ID 001941798</p> |
|---|--|
-
- | | |
|--|---|
| <p>③ Total Rehab and Wellness
 Physical Therapy
 English
 5971 University Ave Ste 3, San Diego, CA • 0.5 Miles away
 (619) 286-4219</p> | <p>In-network
 Accepting new patients
 Provider ID 001936285</p> |
|--|---|
-
- | | |
|--|---|
| <p>④ Water and Sports PT
 Physical Therapy
 Castilian, Spanish, English
 3974 Dove St, San Diego, CA • 0.5 Miles away
 (858) 488-3597</p> | <p>In-network
 Accepting new patients
 Provider ID 002370985</p> |
|--|---|
-
- | | |
|--|---|
| <p>⑤ Ebs Early Intervention CA
 Physical Therapy
 English, Castilian, Spanish
 411 Camino Del Rio S Ste 101, San Diego, CA • 0.8 Miles away
 (800) 578-7906</p> | <p>In-network
 Accepting new patients
 Provider ID 002733914</p> |
|--|---|
-
- | | |
|--|---|
| <p>⑥ Innovative Physical Therapy
 Physical Therapy
 Castilian, Spanish, English
 5030 Camino De La Siesta Ste 220, San Diego, CA • 1.1 Miles away
 (619) 260-0750</p> | <p>In-network
 Accepting new patients
 Provider ID 001145061</p> |
|--|---|
-
- | | |
|---|---|
| <p>⑦ One-on-one Physical Therapy
 Physical Therapy
 English
 1233 Camino Del Rio S Ste 283, San Diego, CA • 1.2 Miles away
 (949) 307-4654</p> | <p>In-network
 Accepting new patients
 Provider ID 002444340</p> |
|---|---|
-
- | | |
|--|---|
| <p>⑧ Catalyst Physical Therapy and Wellness
 Physical Therapy
 English
 1333 Camino Del Rio S Ste 103, San Diego, CA • 1.3 Miles away
 (619) 501-2195</p> | <p>In-network
 Accepting new patients
 Provider ID 003829075</p> |
|--|---|
-

-
- 9 New Life Physical Therapy Services**
Physical Therapy
English
2340 4th Ave, San Diego, CA • 1.3 Miles away
(864) 244-3626
In-network
Accepting new patients
Provider ID **006467906**
-
- 10 Naval Hsp/camp Pendleton/pro Fee**
Physical Therapy
English
34800 Bob Wilson Dr, San Diego, CA • 1.7 Miles away
(619) 532-9795
In-network
Not accepting new patients
Provider ID **001372006**
-
- 11 Nexus Physical Therapy**
Physical Therapy
English
5353 Mission Center Rd Ste 221, San Diego, CA • 1.7 Miles away
(619) 325-0736
In-network
Accepting new patients
Provider ID **002497908**
-
- 12 San Diego Elite Physical Therapy**
Physical Therapy
English
7801 Mission Center CT Ste 330, San Diego, CA • 1.7 Miles away
(619) 489-3130
In-network
Accepting new patients
Provider ID **008705989**
-
- 13 SD Elite Physical Therapy**
Physical Therapy
English
7801 Mission Center CT Ste 330, San Diego, CA • 1.7 Miles away
(619) 489-3130
In-network
Accepting new patients
Provider ID **007814524**
-
- 14 Kara Dodds and Associates**
Physical Therapy
English, Tagalog
7840 Mission Center CT Ste 200, San Diego, CA • 1.8 Miles away
(619) 692-0622
In-network
Accepting new patients
Provider ID **002314091**
-
- 15 Coast PT and Sports Medicine**
Physical Therapy
English
7840 Mission Center CT Ste 103, San Diego, CA • 1.8 Miles away
(619) 294-3644
In-network
Accepting new patients
Provider ID **003570544**
-
- 16 Rise Physical Therapy**
Physical Therapy
English
4101 30th St # B, San Diego, CA • 1.8 Miles away
(858) 755-5200
In-network
Accepting new patients
Provider ID **004128748**
-
- 17 Spinezone Medical Fitness**
Physical Therapy
English
7525 Metropolitan Dr Ste 306, San Diego, CA • 2.0 Miles away
(844) 316-7979
In-network
Accepting new patients
Provider ID **005435490**
-
- 18 Heller Physical Therapy**
Physical Therapy
In-network
Accepting new patients

English
2535 Camino Del Rio S Ste 225, San Diego, CA • 2.0 Miles away
(347) 820-5291

Provider ID **009220696**

19 Select San Diego PT
Physical Therapy
English
7425 Mission Valley Rd Ste 201, San Diego, CA • 2.0 Miles away
(619) 291-3400

In-network
Accepting new patients
Provider ID **008258117**

20 Functionsmart
Physical Therapy
English
2727 Camino Del Rio S Ste 102, San Diego, CA • 2.1 Miles away
(858) 452-0282

In-network
Accepting new patients
Provider ID **006316365**

21 Action Physical Therapy and Rehab
Physical Therapy
Castilian, Spanish, English
3033 5th Ave Ste 410, San Diego, CA • 2.2 Miles away
(619) 228-9668

In-network
Accepting new patients
Provider ID **006480259**

22 Fit Athletic Physical Therapy
Physical Therapy
English
350 10th Ave Ste 200, San Diego, CA • 2.2 Miles away
(215) 830-9991

In-network
Accepting new patients
Provider ID **008664295**

23 Mdrs Spine & Sport Inc
Physical Therapy
English
3975 5th Ave Ste 100, San Diego, CA • 2.2 Miles away
(619) 238-4318

In-network
Accepting new patients
Provider ID **002729316**

24 Rehab United Sports Medicine and Phys
Physical Therapy
English
1401 E St, San Diego, CA • 2.4 Miles away
(619) 837-9014

In-network
Accepting new patients
Provider ID **002383266**

25 Pro Results Physical Therapy
Physical Therapy
English
635 7th Ave, San Diego, CA • 2.5 Miles away
(619) 432-1057

In-network
Accepting new patients
Provider ID **006893826**

26 Therapy Specialists CA
Physical Therapy
English
2790 Truxtun Rd Ste 120, San Diego, CA • 3.1 Miles away
(864) 244-3626

In-network
Accepting new patients
Provider ID **000779659**

27 Community Care Physical Therapy
Physical Therapy
English
2650 Truxtun Rd Ste 202, San Diego, CA • 3.2 Miles away

In-network
Accepting new patients
Provider ID **004651333**

(619) 333-9182

28

Olive Branch Physical Therapy

Physical Therapy

Castilian, Spanish, English

3555 Kenyon St Ste 100, San Diego, CA • 3.2 Miles away

(619) 717-1406

In-network

Accepting new patients

Provider ID **008047643**

29

Carlsbad Physical Therapy

Physical Therapy

Castilian, Spanish, English, Vietnamese

3703 Camino Del Rio S Ste 100, San Diego, CA • 3.3 Miles away

(619) 269-2336

In-network

Accepting new patients

Provider ID **001820839**

30

Healthpro Pediatrics

Physical Therapy

Castilian, Spanish, English

2445 Truxtun Rd Ste 205, San Diego, CA • 3.4 Miles away

(619) 633-2119

In-network

Accepting new patients

Provider ID **008567559**

31

Healthpro Pediatrics

Physical Therapy

English

2445 Truxtun Rd Ste 205, San Diego, CA • 3.4 Miles away

(619) 633-2119

In-network

Accepting new patients

Provider ID **008785440**

32

Specialized Therapy Services

Physical Therapy

English

4204a Adams Ave, San Diego, CA • 3.4 Miles away

(619) 431-5049

In-network

Accepting new patients

Provider ID **004588471**

33

Reliant Medical Group

Physical Therapy

English

3030 Childrens Way FL 2, San Diego, CA • 3.5 Miles away

(858) 966-5961

In-network

Accepting new patients

Offers virtual visits

Provider ID **000628316**

34

Physiotherapy Associates

Physical Therapy

English

7625 Mesa College Dr Ste 101a, San Diego, CA • 3.6 Miles away

(858) 277-1586

In-network

Accepting new patients

Provider ID **001891002**

35

Bay Area Spine and Sport

Physical Therapy

English

3444 Kearny Villa Rd Ste 200, San Diego, CA • 4.0 Miles away

(858) 208-8526

In-network

Accepting new patients

Provider ID **002042846**

36

US Spine and Sports Med Ctr Inc

Physical Therapy

English

3444 Kearny Villa Rd Ste 205, San Diego, CA • 4.0 Miles away

(858) 573-9368

In-network

Accepting new patients

Provider ID **002183409**



All Care Physical Therapy PC

Physical Therapy
Armenian, Panjabi, Punjabi, Arabic, English, Castilian, Spanish, Hindi, Gujarati
8929 Aero Dr Ste E, San Diego, CA • 4.5 Miles away
(858) 277-2277

In-network
Accepting new patients
Provider ID **007496986**



Results Rehabilitation

Physical Therapy
German, English, Japanese
1224 10th St Ste 204, Coronado, CA • 4.5 Miles away
(619) 437-6450

In-network
Accepting new patients
Provider ID **002051211**



Proactive Phys Thrpy and Sports Med CA

Physical Therapy
English, Castilian, Spanish, Gujarati
3704 Ruffin Rd, San Diego, CA • 4.9 Miles away
(619) 930-9750

In-network
Accepting new patients
Provider ID **002718780**

The choice of provider is yours. This site is for informational purposes only. It is not a substitute for medical, behavioral health, dental, or health care advice. This directory does not recommend a particular provider or type of behavioral health, medical, dental or health care. If you believe you are experiencing a medical emergency, please call 911.

Before scheduling an appointment or receiving services, please check with the provider and your health plan to confirm that the provider is participating, that the service is covered, and the costs that you may be charged for the service. The directory is updated weekly. If you think any information in the directory is inaccurate, you can email provider_directory_invalid_issues@uhc.com. This email is for individuals to report potential inaccuracies for demographic (address, phone, etc.) information in the online or paper directories. Reporting issues via this email will result in an outreach to the provider's office to verify all directory demographic data. Individuals can also report or submit a complaint, related to potential inaccuracies via phone. UHC Members should call the number on the back of their ID card, non-UHC members call 1-888-638-6613 and providers call 1-877-842-3210. For IL provider demographic inaccuracies, you may also contact the IL Office of Consumer Health Insurance at 1-877-527-9431. Behavioral health provider information issues, for states other than CA by calling 1-800-557-5745, or emailing provider_feedback@optum.com. California residents may report possible inaccurate, incomplete or misleading information listed in the Behavioral health provider directory by calling 1-800-999-9585, or emailing provider_feedback@optum.com.

The UnitedHealth Premium® program evaluates physicians based on quality and cost-efficiency criteria to help members make more informed and appropriate choices for their health care. **It's intended only as a guide and should not be the sole factor when selecting a physician. Designations have a risk of error and members should discuss designations with a physician before choosing one. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians.** The fact that a physician does not have a Premium Care Physician designation does not mean that the physician does not provide quality health care services. All physicians in the UnitedHealthcare network have met certain minimum credentialing requirements (separate from the Premium program). Please visit myuhc.com for detailed program information and methodologies.

[Learn more about the Premium Program >](#)