



### SingFit Quick Start Guide to Assisting the Singer:

- ★ Watch the *I Am The Singer* tutorial in the *More* section of the app to understand how to work SingFit's controls.
- ★ Always be supportive and never force anyone to sing.
- ★ Find out singer's favorite music and help him or her choose songs based on his or her interests.
- ★ Check the output volume in the headphones to make sure they are appropriate for the singer.
- ★ See below for more details or start singing and enjoy!

### Details on Assisting the Singer:

- ★ **Be Supportive:** Do not be critical regardless of the singer's voice. It's all about having a positive singing experience.
- ★ **Never Force:** Never try to force anyone to sing, if singer is resistant, you might try again another day or play SingFit tracks over a speaker as background music and see if he/she shows interest.
- ★ **Engage:** To get an understanding of what he or she would enjoy singing, try asking a question like:
  - ★ "What was your favorite song to sing, dance or listen to when you were young?"
  - ★ "What is the music that you listen to the most right now?"
  - ★ "Who is your favorite singer?"
  - ★ If the singer can't or doesn't give an answer on their song preferences:
    - ★ Read or show the list of genres in the SingFit app and see if that sparks recognition.
    - ★ Typically people's formative song preferences occur in their teens, so consider their age and suggest songs from the appropriate decade in the SingFit genre list.
- ★ **Pre-Download Songs:** It's best to pre download songs you think the singer might be interested in, but if not download their song choice once selected.
- ★ **Inform:** Explain to the singer that they will be hearing both a Guide Singer track and the Lyric Coach track, which will speak the lyrics of the song to them right before they need to be sung.
- ★ **Set Volumes:** Set the Guide Singer track slightly lower than the Lyric Coach track and encourage the singer to give you feedback on volumes.
- ★ **Put on Headphones:** Ask singer if he or she are okay with using headphones before putting them on.
- ★ **Begin Music:** Press play to start the music.
- ★ **Sing!:** Allow the participant to listen or sing along with the track.
- ★ **Check Key:** If range of music seems too high or too low, press the *Lower Key* button (this button can't be changed while recording, only while in play mode).
- ★ **Play It Again, Sam:** Once singer has finished song, ask, "Did you enjoy that" and if so, "would you like to sing more?"
  - ★ If they would, explain that the volumes of the Lyric Coach track and the Guide Singer track can be adjusted and show them how those volumes are controlled.
  - ★ If using headphones, ask if they would like to hear their own voice in the headphones and then adjust the volume of the "Your Voice" track if their answer is "yes".
  - ★ Some singers, especially younger ones, will be more engaged if they work the controls themselves, older singers may need someone to continue to facilitate for them.
- ★ Have fun and try singing together using a speaker. Everyone can benefit from singing!

For more information visit [iSingFit.com](http://iSingFit.com) or email [info@musicalhealthtech.com](mailto:info@musicalhealthtech.com).

*Disclaimer: SingFit is intended to be a tool to enable users to have positive singing experiences and is not intended to treat, cure, or mitigate any disease.*