

	学生层面	
1	<p><i>homework</i> / assignments / tasks / projects</p> <p>a pile of ....</p> <p>a plethora of / plenty of .....</p> <p>numerous / abundant / plenty of + cns</p>	n. 作业的同义词
2	finish/ complete/ accomplish	v. 完成
3	<p><i>cope with</i> / <i>deal with</i> / <u>handle</u> / <u>address</u> / <u>tackle</u> = do</p> <p>handle tasks / homework / tasks / pressure / problems</p>	v. 处理
4	<p><u>participate in</u> / <b>be engaged in</b> / <b>be involved in</b> / <u>engage</u> themselves in / <u>involve</u> themselves in</p> <p>They should be engaged in activities.</p> <p>They should engage themselves in activities.</p>	v. 参与

5	<p><b>allocate / distribute</b> time / money / energy <b>to n / doing</b></p> <p>spend time in doing / on sth</p> <p>assist sb in doing (to do 口语)</p> <p><i>render assistance to sb</i> in doing</p>	v. 花时间/经历做 ....
6	<b>extracurricular</b> activities	n. 课外活动
<p>学生需要花时间，做作业以及参加课外活动，这使得他们没有 (<i>sb is unavailable for sth</i>) 办法做家务。</p> <p>Students should / are supposed to allocate / distribute time to (accomplishing) assignments and participating in extracurricular activities, <b>which</b> makes them unavailable for / excludes them from / leads to the failure of doing / makes them fail to do household work.</p> <p>....., <b>making</b> them / excluding ... from ... / leading to the / making them fail to ...</p>		

7	overwhelmed / overloaded / occupied	a. (人) 忙碌的
8	overwhelming / overloading / demanding / burdensome	a. 让人累的
9	in such a hectic / hustling and bustling life	prep. 在忙碌的生活
<p>在现在的忙碌生活中，大人和学生都被各种事情所压制着。</p> <p>In this hectic life, adults and students are <b>overwhelmed and overloaded</b> by various / diversified tasks and projects. / issues</p>		
10	knowledge / expertise / proficiency 专业	n. 知识
11	impart / instill / cram 填鸭式 / convey	v. 传授(知识)
12	acquire / obtain / attain	v. 学习(知识)
13	consolidate / reinforce knowledge maintain / strengthen / enhance relationship	v. 巩固知识

14	<p><b>enrich</b> one's knowledge</p> <p>provide sb with the access to a wide range of knowledge</p>	v. 丰富知识
15	<p><b>apply</b> / employ ... into practice</p>	v. 把....应用在实践中
<p>通过实习 during internship, 学生能够把学到的知识应用到实践中, 并且能帮他们丰富知识, 或者, 能让他们学到更多的知识。</p> <p>n + ving / ved 非谓语</p> <p>过去时: 例子</p> <p>During internship, students can apply <b>the acquired knowledge / the knowledge acquired / acquired by them / acquired from their instructors / instilled by their teachers / the knowledge that they have acquired (现在)</b> / into practice and enrich their expertise.</p>		
16	<p>motivate / stimulate / urge / spur / inspire sb to do</p>	v. 让某人做某事

让学生参与讨论，能够使得学生巩固知识。

enable sb to do

Engaging students in discussion can encourage them to consolidate and reinforce expertise.

Engaging students in discussion can provide them with the access to a wide range of knowledge.

In discussion, a wide range of knowledge can be accessible and approachable. by students

17	provide sb with the access to + n/ving	v. 让.....接触.....
18	available / accessible / approachable / reachable encourage sb to do	a. 可以被接触到的

网络教学使得每一个学生能够接触到，知识，以及各种各样的信息。

A plethora of / plenty of proficiency and information can be approachable from online education.

19	distract / exclude / prevent / discourage sb from doing	v. 不让某人做.....
20	deprive sb of ... + freedom / right	v. 剥夺
21	reduce / decrease the likelihood / frequency / possibilities / risks +不好 的词 of	v. 减少...的概率
<p>经常运动，使得学生不生病（be susceptible from ），特别是，减少了肥胖的可能性。</p> <p>Doing exercise can <u>distract students from</u> illness and, in particular, <b>reduce</b> the <b>likelihood / risks</b> of obesity.</p> <p>Doing exercise, distracting students from illness, reduce the likelihood / risks of obesity.</p> <p>Doing exercise can distract students from illness, reducing the likelihood / risks of obesity.</p>		

22	academic learning	n. 学习
23	academic / school performance	n. 学业表现
24	good: optimal / superb / supreme / satisfying / gratifying	a. 好的
25	bad: unsatisfying / not gratifying	a. 不好的
<p>好的学习成绩，是可以通过询问老师和同学得到的</p> <p>A satisfying academic performance can be achieved / gained by consulting / inquiring / referring to / turning to their mentors / instructors and classmates.</p>		
26	hone / practice / develop skills	v. 磨练训练技能
27	cultivate / foster / nurture / shape one's personalities / characteristics	v. 培养品质
28	be saturated with / be brimmed with / be abundant with	v. 充满
<p>正是旅行中充满的困难，培养了学生的坚持不懈。</p>		

It is problems / difficulties / obstacles / enigmas / **adversity** /  
hardship **abundant** in a trip / saturated in a trip that cultivate their  
persistence/ perseverance.

n + 定语

I buy an apple **which** is red.

This is an apple I bought.

.. with problems

29	<b>confront</b> / in the confrontation of	v. 遇到（困难）
30	<b>encounter</b> sb	v. 遇到（人）
31	a sense of responsibility / <del>accountability</del> (大, 政府) / obligation / duty of children	n. 责任感
32	prioritize tasks time management skills	v. 优先化任务

在面对很多困难的时候，学生就需要优先化任务，这能很好地培养学生的时间管理能力以及责任感。



In the confrontation of various obstacles, 介词短语

**Confronting** various obstacles, 非谓语 **students** should prioritize tasks, **which can** cultivate their time management ability / skills and their sense of responsibility / duty.

When confronting various obstacles, students .... 状语从句的省略

33	<b>converse / interact / socialize</b> with sb	v. 和...交往, 打交道
34	internship and apprenticeship during ... doing internship ....	n. 实习
35	intern being an intern in ...	n. 实习生
36		v. 建立和维系友谊

	<b>establish / build</b>  <b>maintain / strengthen a relationship</b> <i>/ connection / bond / contact</i>	
37	an intimate / harmonious / strong / positive relationship	v. 好的关系
38	sb can <b>win</b> / obtain / gain / attain + <b>competitiveness / competitive edges</b>  sth increase ....	v. 提高竞争力

在实习的过程中，学生需要和不同部门的人打交道，而且还能和老板建立好的关系，这提高了学生找工作时的竞争力。

During internship, students are supposed to

During the process of being an intern, students are supposed to interact with employees in / from diverse departments and establish an intimate relationship with supervisors, which increases / increasing their competitiveness in locating a career.

	教师层面	
39	assorted / various / diverse / a variety of / diversified / multiple + cns	a. 各种各样的
40	numerous / excessive / substantial / considerable / plenty of / countless	a. 很多的+cns
41	a quantity of / a plethora of / plenty of / a large amount of	a. 很多的+uns
<p>很多的时间都被花费在，完成作业上，这使得学生很疲倦。</p> <p>A large amount of time is distributed / allocated to dealing with homework, which <b>overwhelms</b> students.</p> <p>overwhelmed 人</p> <p>overwhelming 物</p> <p>teachers = mentors / instructors / professors</p>		
42	teaching / instructional / pedagogical + method / tactic / approach / means = way	n. 教学方法
43	apply / adopt / employ / follow	v. 采纳/使用（方法）

44	arouse / raise / trigger / invite / stimulate / spark off interest	v. 激发兴趣
<p>老师应该采用各种各样的教学方法，来提高学生的学习兴趣。</p> <p>Various instructional methods should be adopted / followed <b>to / in</b> <b>order to / with the attempt to do / for the sake of</b> triggering students' interest in academic learning.</p>		
45	be <b>expert</b> / competent / proficient / adept in	a. 对...很熟练
<p>雇佣<u>在教学方面很熟练的</u>教师，能够让学生在以后的工作发展中 很有竞争力。</p> <p>n +adj 短语 -- 后置定语</p> <p>Hiring the teachers proficient / expert in education can <b>increase</b> <b>students' competitiveness</b> in future career development.</p>		

	学校层面	
46	prestigious / renowned / well-known	a. 有名的
<p>有名气，毫无疑问的是，能够提高一个学校的招生率。</p> <p>Being prestigious, <i>undoubtedly</i>, / <i>with no doubt</i>, can increase / raise / boost / enhance its enrollment rate.</p>		
47	ensure / guarantee / secure <u>a quality education</u>	v. 确保一个好的教育
48	a <u>well-rounded</u> education	v. 确保一个全面的教育
<p>只有让学生多参加课外活动，一个好的教育，或者全面的教育才能被确保。</p> <p>Only via doing can 主语 ...</p> <p>Only via <i>involving students in extracurricular activities</i> can a well-rounded education be ensured.</p>		

49	<b>elite / first-class</b> universities prestigious / well-known / renown	n. 名牌大学
50	<b>improve / better / perfect</b> / update / upgrade + facilities	v. 提高
<p>提高学校的设备，而不是教师的工资，能够让一个学校有更好的声誉。make sth adj / <b>win / earn</b> + reputation / fame</p> <p>The improvement of facilities, rather than teachers' salaries, can contribute to a <b>well-earned</b> reputation / fame for universities.</p> <p><b>well-deserved</b> reputation / fame 好名声</p>		