

1	due to / owing to / thanks to	prep. 因为
2	so as to do / with an attempt to do / in / with the aim of doing / to do / in order to for the sake of doing	prep. 为了
3	resulting from / stemming from / originating from / derived from	v. 来自
4	/ frequently / generally / regularly in most cases / on most occasions in circumstances / on a regular basis 经常--- on a daily basis 每天	adv. 经常
<p>经常运动能够让人们减少来自生活和工作中的压力。</p> <p>Frequent exercise can ...</p> <p>Regular exercise ....</p> <p>Exercising on a regular basis will reduce / release the pressure derived from personal and professional life.</p>		

5	simply /only / merely/ exclusively /solely	adv.仅仅
6	<b>thus</b> / thereby / therefore / hence	adv. 所以
7	tremendously / significantly / considerably	adv. 非常
8	especially / particularly / in particular	adv. 尤其是/特别是
9	<b>regarding</b> / about / <b>concerning</b> <b>n+ about / of ...</b>	prep. 关于
<p>关于，现代人是否，更加关注环境的问题，激发了讨论。</p> <p>The problem <b>regarding</b> whether people value / are concerned with / <u>about environmental issues</u> has triggered a debate.</p>		
10	simultaneously - at the same time	adv. 同时地
11	demand / require / is in demand for	v. 需要
12	function / work / act as	v. 作为
13	essential / vital / decisive / dominant / prominent / indispensable / crucial	a. 重要的

14	element / ingredient / factor / component	n. 要素
<p>坚持不懈，<u>在成功中是很重要的要素</u>，这个是可以<u>通过旅行培养</u>的。</p> <p>Persistence, an indispensable / dominant role / element in success / realizing/ achieving success, can be fostered / nurtured / cultivated in a journey.</p> <p>复习 -- 多看 造句</p>		