# TOEFL寫作語料

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## Education

### 學生應不應多上課

* Students, overwhelmed / overloaded / over-scheduled / over-committed + by
* Fully engaged / involved + in schoolwork, are unavailable for
* To be more specific, owing to / due to
* Numerous / excessive /substantial /considerable / countless
* Find it arduous / burdensome /laborious / fatiguing / painstaking
* Add / integrate / incorporate A into B
* Crammed / tight / heavy / hectic schedules.

Students, overwhelmed /overloaded / over-scheduled / over-committed + by…

A journey, brimmed with challenges (充满挑战), is a fortune to students.

Students, fully engaged/involved + in school work, are unavailable for additional history courses. To be more specific, due to / owing to daily presentations, and numerous / excessive / substantial / considerable /countless + group projects, students find it arduous / burdensome / laborious / onerous / fatiguing / painstaking to add / integrate / incorporate history classes into their crammed / tight / heavy / hectic schedules.

* Distribute / allocate + much / a great deal of / a large amount of (不可數) time to academic learning / coursework
* Juggle (同時處裡很多事情) extracurricular / after-class / co-curricular activities
* Endeavor / struggle/ attempt /strive to + do
* Participate in / be engaged in
* Erol on / join / sign up for / compete courses

Not only do students distribute / allocate + much / a great deal of / a large amount of / a plethora of time to academic learning / coursework, but + they should juggle extracurricular / after-class/ co-curricular activities /// they should endeavor / struggle / attempt / strive to do extracurricular activities /// they should participate in / be engaged in / be involved in / engage themselves in extracurricular activities. In detail, the more frequently they participate in choruses, or attend pottery classes, the less they are likely to enrol on / join / sign up for / complete extra courses.

* Collaborating with / cooperating with
* Provide students with the access to a wide range of / considerable / comprehensive + knowledge.
* Enrich their knowledge / enlarge their knowledge base.
* Acquire / gain // Consolidate / reinforce + academic expertise / knowledge
* Broaden / extend + practical / technical knowledge.
* Knowledge not acquired / obtained from class.
* not imparted / instilled (教導授予) by instructors.

Cooperating with / Collaborating with / Working collectively with group members + can provide students with the access to a wide range of / considerable/ comprehensive knowledge //// can enrich their knowledge /enlarge their knowledge base. In detail, by communicating with others in a group, not only can students acquire/ gain/ consolidate/ reinforce + academic expertise / knowledge, but they can broaden / extend / improve / increase + practical / technical knowledge not acquired / obtained / gained + from class // not imparted / instilled by instructors.

### 學習興趣高

* Inevitably / unarguably / without doubt / undeniably
* Excite / generate / stimulate / trigger / motivate + student’s interest / passion /enthusiasm in study.
* Stimulates / urges / forces + A to discover / find / locate / seek
* Bridge / narrow down + the gap

Sightseeing, inevitably / unarguably / without doubt, will excite / generate / stimulate / trigger / motivate + students' interest /passion / enthusiasm in study. Specifically, traveling, by creating information gaps, between their existing / previous + knowledge /experiences and real-life / authentic / concrete + situations, encourages/ stimulates / urges / forces+ them to discover / find / locate / seek the missing information, such as survival skills and local cultures, so as to fill / bridge / narrow down the gap.

### 學生技能：人際交往技能

* Interpersonal / communicative + skills / tactics / strategies, a vital / crucial / indispensable + element / factor / component + in one’s personal and academic life, can be honed / practiced / developed / exercised / cultivated during a journey.
* To explain further, people from assorted / diverse / a variety of backgrounds
* A are accessible / approachable in a trip.

Interpersonal / Communicative / Social + skills / tactics / strategies, a vital / crucial / critical / indispensable / significant + element / factor / ingredient / component + in one's personal and academic life, can be honed / practiced / developed / exercised / cultivated during a journey. To explain further, people from assorted / diverse / various/ a variety of backgrounds and cultures are accessible / approachable / reachable in a trip, where a set of / sorts of interpersonal + skills, including nonverbal communication, engaged listening and etiquette, can be practiced.

### 學生技能：時間管理技能

* Internship provides an ideal / optimal platform for students to hone their time management skills.
* In detail, when confronting / facing several critical assignments during internship, students need to label and arrange them in the order of urgency and prioritize the ones requiring / in demand for + immediate / instant attention.

### 獨立性

* By arriving at / coming to / reaching / making decisions themselves / individually , can cultivate (培養，可加技能也可加品質) / foster / nurture + independence and autonomy / self-reliance / self-determination.
* Without constant reminders from XX and emotional encouragement from acquaintances / friends in terms of learning, socializing and scheduling, they are encouraged to / tend to. / are likely to / are inclined to be XX.

Children / preschoolers / kids, by arriving at/ coming to/ making / reaching + decisions themselves / individually / by themselves / on their own, can cultivate/ foster/ nurture + independence and autonomy/ self-reliance/ self-determination. Without continuous / constant / ongoing reminders from parents or guardians and emotional encouragement from friends or folks / acquaintances in terms of learning, socializing and scheduling, they are encouraged to / tend to / are likely to / are inclined to be independent and autonomous.

### 堅持不懈

* Never should we ignore the significance of XX to the cultivation of persistence / perseverance / grit.
* It is (強調句) coping with / dealing with / addressing / tackling + hardships / obstacles / adversities / enigmas / frustration
* Cultivates / nurtures / fosters + one’s persistence.
* One of the most admirable characters / virtues
* Urges one to achieve.
* Disregarding / regardless of

Never should we ignore the significance of traveling to the cultivation of persistence / perseverance / grit. To explain it further, it is coping with / dealing with / addressing / tackling / handling + hardships / obstacles / adversities / enigmas / frustration / desperation, abundant during a journey, which cultivates/ nurtures / fosters + one's persistence. One of the most admirable characters / values / virtues and urges one to achieve success regardless of / disregarding +any setbacks.

### 對學生就業好

* Students, with internship experience, will be competitive // win / gian / attain / obtain + competitiveness / competitive edges in + locating / pursing / hunting for / searching for + a career / occupation / position / profession + in the future.
* Have access to / be exposed to / be introduced to + numerous + pragmatic / advantageous + resources.
* Encounter a variety of established professionals / experts in a field / realm / industry and accumulate worthwhile work samples

Students, with the experience of working for a company in advance, will be competitive // win / gain / attain / obtain + competitiveness / competitive edges in + locating / pursuing / hunting for / searching for + a career / occupation / niche / position / profession + in the future. To be

more specific, they, as interns, can have the access to / be exposed to / be introduced to +numerous+ profitable / pragmatic / advantageous + resources, encounter a variety of established professionals/ experts in a field / realm / industry and accumulate worthwhile/treasured work samples.

### 工作晉升

* Integrating / incorporating / introducing + vocational education or training into curriculum can create + options / opportunities for future professional \_ advancement / promotion.
* To be more specific, xxx
* Makes it effortless / painless / uncomplicated / straightforward for these future employees to move up their career ladders

Integrating / incorporating / introducing + vocational education or training into curriculum can create + options / opportunities for future professional + advancement / promotion. To be more specific, taking vocational courses, from which students can acquire practical /pragmatic / real-life / down-to-earth knowledge and hands-on skills, makes it effortless / painless / uncomplicated / straightforward for these future employees to move up their career ladders.

### 老師：

* with the purpose of / intending to + enhance / improve the quality of education
* adopt / employ / follow + diverse / assorted / a variety of / substantial + teaching / pedagogical / instructional + tactics / approaches / strategies / techniques.
* Specifically, by structuring xxx, conducting / performing + experiments and involving / engaging students in discussion
* Increase / boost / enhance + student’s engagement / involvement in class
* Maximize the overall / comprehensive / integrated + learning effect.

Teachers, with the purpose of / in the attempt to + boost / enhance / improve the quality of education, should + apply / adopt / employ / follow + diverse / assorted / diverse / a variety of / numerous / excessive / substantial + teaching / pedagogical / instructional + tactics / approaches / strategies / techniques. Specifically, by structuring short self-reflections, conducting / performing / carrying out + experiments and involving / engaging students in discussions // providing discussion opportunities, teachers / scholars / lecturers / professors / tutors / mentors / advisers + can increase / boost / enhance + students' engagement / involvement in class and maximize their + comprehensive / overall / integrated + learning effect.

### 學校：招生好

* It is xxx that xxx (強調句)
* Leads to / contributes to / results in + enrollment growth
* Increase / enhance / boosts + enrollment rate.
* To explain further, when considering / pondering over
* Consider / regard … as
* Established (成名的) professors

It is the quality of faculty and staff that leads to / contributes to / results in + enrollment growth // increases / enhances / boosts + enrollment rate.

To explain further, when considering / pondering over + higher educational institutions, high school graduates + consider / regard + the number of Nobel laureates and established professors as the most critical / crucial / vital + element / ingredient / component in their college search process.

### 學校：招錢

* Channeling / devoting / directing energy into cultivating well-rounded students / high achievers in academic learning can potentially boost / raise / increase + a school revenue.
* To explain further, it is an undoubted / an acknowledged / a well-acknowledged fact that / unarguably.
* Received a quality / decent / first-class education.

Channeling / devoting / directing energy into cultivating well-rounded students / high achievers in academic learning can potentially + boost / raise / increase + a school's revenue. To explain further, it is an undoubted / an acknowledged / a well-acknowledged fact that /// without doubt / without argument / undoubtedly / unarguably + alumni links are more likely to be built / established and maintained when alumni themselves have once received a quality / a well-rounded / decent / first-class education and have achieved their financial / economic success.

## Lifestyle

### Physical health：

* Being physically active / physical exercise
* Help a person build a robust / strong / healthy body.
* To explain more, the less time one allocates / distributes to + keeping sedentary / leading a sedentary lifestyle, the less likely one is to suffer from / experience / undergo / endure + falling / declining + health.

Frequent / regular / routine exercise // Exercising / Doing physical exercise / Physical activities / Being physically active / Working-out + frequently / on a regular basis / daily + can help a person build a robust / strong / healthy / muscular + body. To explain more, the less time he allocates / distributes to + keeping sedentary / leading a sedentary lifestyle, the less likely one is to suffer from / experience / undergo / endure + falling / declining / fragile + health.

### Mental health:

* Viewing / appreciating + movie/ art works / art collection
* Functions as / works as / serve as + effective stress-reducer.
* Stress-reducing / stress-eliminating + strategy / approach / tactic / means.
* Specifically, …, can distract / avoid / exclude themselves from routine / ordinary + worries and concerns, thus lowering their stress levels.
* Cope with / deal with / address/ tackle / combat + stress

Reading impressive / intriguing / engaging / inspiring / appealing + books or viewing / appreciating + marvelous / superb / stimulating + movies / artworks / art collection + functions as / works as / serves as + an effective stress-reducer // an effective stress-shrinking / stress-reducing / stress-eliminating + strategy / method / tactic / means / approach. Specifically, people, during the process, can distract / prevent / avoid / exclude themselves from daily / routine / ordinary + worries and concerns and thus lower their stress levels / their levels of stress // cope with / deal with / handle / address / tackle / combat + pressure / stress / tension.

### Friends:

* Trade shows can serve as platforms to expand / broaden / increase / extend + one’s social circle / personal network.
* Encounter / come across.
* Common / shared + interest / objectives
* Build / establish + a close / strong / intimate + bond / connection / relationship.
* Never can individuals maintain + connected / contacted + with + merely / solely + occasional communication.
* Encourage / invite + instant / immediate + feedback and

facilitate + communication / interaction with acquainted friends / acquaintances/ companions.

## Infrastructure

* In the vicinity / in the surroundings
* Large cities / metropolis
* Enjoy the comfort and convenience of modern infrastructure.
* Mass transit / the public transit
* Distract themselves from / exclude oneself from / prevent oneself from + the trouble / the hassle of （遠離xx麻煩）heading to remote regions

## Society

* Modern / contemporary / current + society has witnessed a growing access to a quality education for the public, disregarding / regardless of + one’s family financial conditions / backgrounds.
* The policy of compulsory education + ensures / secures / guarantees + that all students have the equal / unrestricted + access to knowledge and skills that could not be reachable / accessible / approachable by those from low-income / destitute families in the past.

## Technology

* Vast / huge volume
* Wide / broad scope of information accessible by search engines
* Makes it achievable / probable for one to reach decisions without referring to others.
* Be exposed to / be presented with /be exhibited with + a plethora of / a large amount of (修飾不可數)
* Assorted / diverse.
* Angles /perspectives of a problem

## Social platform

* Limitations / constraints / restrictions of geography
* Communicate freely with specialists / experts + tough / laborious / arduous to be accessed + before / formerly / previously.

## Incompetency

* Lack of money
* Fiercely / highly / intensely + competitive society
* Express / show / voice + fewer concerns (少的關心，代表不關心) + towards / over environment
* To be more specific, ...
* In terms of. / regarding / concerning
* Tend to + adopt / implement / impose / introduce certain measures to cut their expense, leaving no extra money for xxx
* Hardly can s, in the lack of xxx, + v
* Pragmatic / workable understanding (有用的知識)
* Equipped with sufficient + theoretical/academic + expertise / proficiency
* Chiefly / primarily / principally

## Societal trend

* Politeness /courtesy / a courteous manner
* Honesty / candor / integrity
* Leave a favorable impression on xxx
* In social or professional settings
* Absence of xxx
* Acceptable / tolerable
* Personalities / characters / nature
* Under no circumstances will a person + v

## Government

* Only with the assistance / help / aid from + the government / the authority / the officials / the officers + can numerous problems be resolved. In the confrontation of formidable air pollution, health threats or denied access to education, it is advisable / appropriate for citizens / individuals to + turn to / refer to + relevant governmental / administrative / legislative institutions, which can issue and then implement / carry out / enforce + regulations /policies and laws.
* During the financial crisis / economic recession, multiple aspects of personal life, such as the employment rate, the price of commodities, and even public service / infrastructure, will be affected/ influenced/ impacted + in an adverse /a negative way. It is the responsibility / accountability of the government to introduce / propose solutions to these obstacles. Failure to handle / address the problems will undermine / reduce / lower / impair citizens' well-being and cripple the country's economy development / advancement / progress / prosperity.

## Media

### impact on junk food

Relations to a. environment - organic food, and b. advertisement

* Heavy / excessive / prolonged exposure to snack food advertisements / adverts, …
* Extended / prolonged TV watching + increases the likelihoods / possibilities / risks of + obesity and weight gain. To be more specific, a plethora of/ a large amount of/ a great deal of + unhealthy food advertising on TV programs can stimulate / drive / force + the consumption of high-calorie food, such as sugared soda, chocolate and dairy products.

### impact on triggering violence

* Viewing / receiving + the information of violence on televisions can increase / boost + the risks / potential for aggression. In detail, video games, imparting / instilling children with the wrong values that violent solutions are recommended and rewarded, can desensitize (使..沒有感覺，使麻木) the youth / adolescents / youngsters / young people / teenagers towards violence in reality and even make watching violence in the media become enjoyable / intriguing / amusing / delightful / pleasant / entertaining.

### negative impact on grades

* A remarkable / significant / strong / clear / obvious / direct + correlation between students' addiction to video games and their poor academic performance has been found. In detail, when overly / excessively + exposed to / addicted to / tempted by / allured by +TV games, students will regularly /routinely skip their homework and score lower grades, not to mention having shorter attention spans and decreasing / lowering + learning efficiency in the long term.

## Environmental protection

宣傳：1) community service 2) schools

污染：1) air pollution 2) water pollution

### Propaganda: community service

Community groups / Community members / Environmental groups + devoted to/ committed to/ dedicated to + environmental protection should voice their concerns. Specifically, by advertising / publicizing + relevant / related + events, drawing / attracting / capturing + media attention and maintaining a strong presence in a community, they can build / encourage / foster / develop / heighten / increase / raise the awareness of the public about protecting / preserving / safeguarding environment.

### Propaganda: schools

Educational institutions / Schools / School districts, moreover, should be engaged in / be involved in + environmental protection. To be more specific, school administrators should incorporate / introduce / integrate + environmental science into the curriculum as well as encourage / urge / stimulate students to work with environmentalists to clean polluted / contaminated areas and tackle / address / handle / cope with / deal with + other environmental issues/ concerns.

### Contamination: air pollution

Reducing reliance and dependence on vehicles can decrease, though not eliminating, air / atmospheric pollution. In detail, instead of driving private cars, carpooling, taking the mass transit / public transportation and even abandoning the addiction to automobiles and vehicles can limit / reduce + adverse / disastrous / devastating / detrimental / noxious / disadvantageous + emissions from traffic.

### Contamination: water pollution

Raising organic food can potentially + cut / limit / minimize / reduce + water pollution, which exerts + positive / beneficial / significant / favorable + impact / influence on environmental health. Unlike

conventional process of cultivating crops, organic farming avoids + the overuse of / the abuse of / the application of +pesticides and fertilizers and prevents the remains of chemicals from being washed into water systems.