

Inner Product Induced Norm

Theorem

Let E be an inner product space over a field \mathbb{F} . E is also a normed space with norm:

$$\|\vec{x}\| = \sqrt{\langle \vec{x}, \vec{x} \rangle}$$

Proof

Assume $\vec{x}, \vec{y} \in E$ and $\lambda \in \mathbb{F}$:

- 1). Positivity follows from positivity of the inner product.
- 2). Homogeneity

$$\|\lambda \vec{x}\| = \sqrt{\langle \lambda \vec{x}, \lambda \vec{x} \rangle} = \sqrt{|\lambda|^2 \langle \vec{x}, \vec{x} \rangle} = |\lambda| \sqrt{\langle \vec{x}, \vec{x} \rangle} = |\lambda| \|\vec{x}\|$$

- 3). Sub-additivity

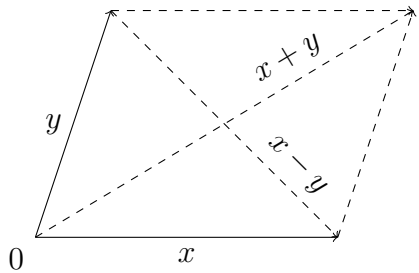
$$\begin{aligned} \|\vec{x} + \vec{y}\|^2 &= \langle \vec{x} + \vec{y}, \vec{x} + \vec{y} \rangle \\ &= \langle \vec{x}, \vec{x} \rangle + \langle \vec{x}, \vec{y} \rangle + \langle \vec{y}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle \\ &= \|\vec{x}\|^2 + \langle \vec{x}, \vec{y} \rangle + \overline{\langle \vec{x}, \vec{y} \rangle} + \|\vec{y}\|^2 \\ &= \|\vec{x}\|^2 + 2 \operatorname{Re}[\langle \vec{x}, \vec{y} \rangle] + \|\vec{y}\|^2 \\ &\leq \|\vec{x}\|^2 + 2 |\langle \vec{x}, \vec{y} \rangle| + \|\vec{y}\|^2 \\ &\leq \|\vec{x}\|^2 + 2 \|\vec{x}\| \|\vec{y}\| + \|\vec{y}\|^2 \\ &= (\|\vec{x}\| + \|\vec{y}\|)^2 \\ \therefore \|\vec{x} + \vec{y}\| &\leq \|\vec{x}\| + \|\vec{y}\| \end{aligned}$$

Thus, every inner product space is also a normed space; however, the converse is not always true.

Theorem: Parallelogram Law

Let E be an inner product space. $\forall, \vec{x}, \vec{y} \in E$:

$$\|\vec{x} + \vec{y}\|^2 + \|\vec{x} - \vec{y}\|^2 = 2 (\|\vec{x}\|^2 + \|\vec{y}\|^2)$$



Proof

Assume $\vec{x}, \vec{y} \in E$:

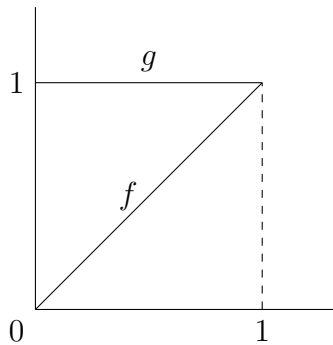
$$\begin{aligned}\|\vec{x} + \vec{y}\|^2 + \|\vec{x} - \vec{y}\|^2 &= \langle \vec{x} + \vec{y}, \vec{x} + \vec{y} \rangle + \langle \vec{x} - \vec{y}, \vec{x} - \vec{y} \rangle \\&= \langle \vec{x}, \vec{x} \rangle + \langle \vec{x}, \vec{y} \rangle + \langle \vec{y}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle + \langle \vec{x}, \vec{x} \rangle + \langle \vec{x}, -\vec{y} \rangle + \langle -\vec{y}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle \\&= \|\vec{x}\|^2 + \langle \vec{x}, \vec{y} \rangle + \langle \vec{y}, \vec{x} \rangle + \|\vec{y}\|^2 + \|\vec{x}\|^2 - \langle \vec{x}, \vec{y} \rangle - \langle \vec{y}, \vec{x} \rangle + \|\vec{y}\|^2 \\&= 2\|\vec{x}\|^2 + 2\|\vec{y}\|^2 \\&= 2(\|\vec{x}\|^2 + \|\vec{y}\|^2)\end{aligned}$$

Every norm on an inner product space must satisfy this law.

Examples

1). $C[0, 1]$ and $\|f\|_\infty$

Let $f(t) = 1$ and $g(t) = t$



$$\|f\| = \max_{t \in [0,1]} |f| = \max_{t \in [0,1]} |1| = 1$$

$$\|g\| = \max_{t \in [0,1]} |g| = \max_{t \in [0,1]} |t| = 1$$

$$\|f + g\| = \max_{t \in [0,1]} |f + g| = \max_{t \in [0,1]} |1 + t| = 2$$

$$\|f - g\| = \max_{t \in [0,1]} |f - g| = \max_{t \in [0,1]} |1 - t| = 1$$

$$\|f + g\|^2 + \|f - g\|^2 = 1^2 + 1^2 = 1 + 1 = 2$$

$$2(\|f\|^2 + \|g\|^2) = 2(1^2 + 1^2) = 2(1 + 1) = 4$$

$2 \neq 4$, therefore not an inner product space.

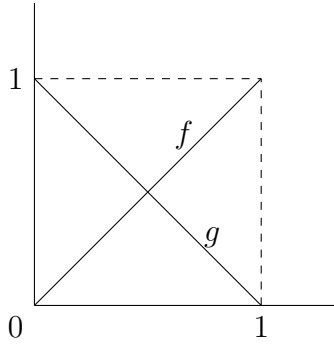
2). $L^p[a, b]$ for $1 \leq p < \infty$ and $\|f\| = \left(\int_a^b |f| \right)^{\frac{1}{p}}$

Any $f \in L^p[a, b]$ can be transformed to $[0, 1]$ via:

$$g(t) = f(a + t(b - a))$$

So AWLOG: $L^p[0, 1]$.

Let $f(t) = t$ and $g(t) = 1 - t$:



$$\|f\| = \left(\int_0^1 |f|^p \right)^{\frac{1}{p}} = \left(\int_0^1 t^p \right)^{\frac{1}{p}} = \left(\frac{t^{p+1}}{p+1} \Big|_0^1 \right)^{\frac{1}{p}} = \frac{1}{(p+1)^{\frac{1}{p}}}$$

$$\|g\| = \left(\int_0^1 |g|^p \right)^{\frac{1}{p}} = \left(\int_0^1 (1-t)^p \right)^{\frac{1}{p}} = \left(\int_1^0 (-t)^p \right)^{\frac{1}{p}} = \left(\int_0^1 t^p \right)^{\frac{1}{p}} = \frac{1}{(p+1)^{\frac{1}{p}}}$$

$$\|f + g\| = \left(\int_0^1 |f + g|^p \right)^{\frac{1}{p}} = \left(\int_0^1 1 \right)^{\frac{1}{p}} = (t|_0^1)^{\frac{1}{p}} = 1$$

$$\begin{aligned} \|f - g\| &= \left(\int_0^1 |f - g|^p \right)^{\frac{1}{p}} = \left(\int_0^1 |2t - 1|^p \right)^{\frac{1}{p}} = \left(\int_0^{\frac{1}{2}} (1 - 2t)^p + \int_{\frac{1}{2}}^1 (2t - 1)^p \right)^{\frac{1}{p}} \\ &= \left(-\frac{(1 - 2t)^{p+1}}{2(p+1)} \Big|_0^{\frac{1}{2}} + \frac{(2t - 1)^{p+1}}{2(p+1)} \Big|_{\frac{1}{2}}^1 \right)^{\frac{1}{p}} = \frac{1}{2(p+1)} + \frac{1}{2(p+1)} = \frac{1}{(p+1)} \end{aligned}$$

$$\|f + g\|^2 - \|f - g\|^2 = 1^2 + \left(\frac{1}{(p+1)^{\frac{1}{p}}} \right)^2 = 1 + \frac{1}{(p+1)^{\frac{2}{p}}}$$

$$2(\|f\|^2 + \|g\|^2) = 2 \left[\left(\frac{1}{(p+1)^{\frac{1}{p}}} \right)^2 + \left(\frac{1}{(p+1)^{\frac{1}{p}}} \right)^2 \right] = \frac{4}{(p+1)^{\frac{2}{p}}}$$

$$1 + \frac{1}{(p+1)^{\frac{2}{p}}} = \frac{4}{(p+1)^{\frac{2}{p}}}$$

$$(p+1)^{\frac{2}{p}} + 1 = 4$$

$$(p+1)^{\frac{2}{p}} = 3$$

This only has a solution at $p = 2$, and so only L^2 is an inner product space.

3). $L^\infty[a, b]$ and $\|f\|_\infty$

Once again, AWLOG: $L^\infty[0, 1]$.

$$\|f\| = \max_{t \in [0, 1]} |f| = \max_{t \in [0, 1]} |t| = 1$$

$$\|g\| = \max_{t \in [0, 1]} |g| = \max_{t \in [0, 1]} |1 - t| = 1$$

$$\|f + g\| = \max_{t \in [0, 1]} |f + g| = \max_{t \in [0, 1]} |t + (1 - t)| = \max_{t \in [0, 1]} 1 = 1$$

$$\|f - g\| = \max_{t \in [0, 1]} |f - g| = \max_{t \in [0, 1]} |t - (1 - t)| = \max_{t \in [0, 1]} 2t - 1 = 1$$

$$\|f + g\|^2 + \|f - g\|^2 = 1^2 + 1^2 = 1 + 1 = 2$$

$$2(\|f\|^2 + \|g\|^2) = 2(1^2 + 1^2) = 2(1 + 1) = 4$$

$2 \neq 4$, therefore L^∞ is not an inner product space.