



the hiram college

advance

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E-mail hoax hoodwinks Hiramites



by **bridgette beard**
spotlight editor

Hiram College seems to have a problem escaping drama. We have had problems with our food service, been forced to convert our e-mail accounts, and watched professor changes within the music department. The latest drama, right on the heels of the problems with the music department, comes yet again in the form of e-mail.

Last week, students and faculty received an e-mail that came from a spoof of the Computer Helpdesk's e-mail account. In the e-mail, people were informed that several computers at Hiram had been infected with a virus and were instructed to click a link. Once the link connected, people were prompted to enter their username and password. This led to another page where people were informed that it had all been a hoax. The hoax was for the Computer Security class.

The class is conducting experiments to prove how easy it is to steal someone's identity, especially when it comes to computers and the see **HOAX**, page 2



Image by Leeanne Taylor

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Good luck on finals and have a great break! See you in the 3-week!

Dean Torsney hopes to help carry Hiram's torch



by **vanessa jakse**
staff writer

Hiram College will be seeing some new faces in 2009 among the staff and administration. One of these bright and revitalizing individuals is Dr. Cheryl Torsney, who will take the position of Vice President and Dean of the College beginning in 2009.

Dr. Torsney is a professor of English and Associate Provost for academic programs at West Virginia University. She begins her role as Vice President and Dean of the College on June 1, 2009, and she is excited to experience Hiram.

Her reasons for coming to Hiram are numerous. She says that the opportunities at Hiram are boundless.

She cited such programs as the Centers of Excellence, the Weekend College and the Hiram Plan, finishing her list by saying, "How cool are they?"

Programs aside, Dr. Torsney was impressed by the quality and unique package that Hiram has to offer. She enjoyed speaking with the faculty who interviewed her and the students she met at lunch. After her time at Hiram, she remembered turning to her husband and saying, "This is where I belong."

Though an Allegheny College graduate, Dr. Torsney feels a great connection with Hiram College and its approach to education. She said, "A liberal arts education prepares students to be active participants in our democratic culture. It encourages the pursuit of curiosity and insists upon reflection. It prepares students not only

for jobs that already exist but, perhaps more important, for careers that haven't yet been invented."

When asked what she liked about Hiram, she listed the academic programs, the people and the palpable sense that education is happening. "Faculty love working with students and vice-versa. It's that collaboration, that pursuit of knowledge, that really gets me jazzed."

This kind of enthusiasm is needed when the tedious paperwork of an administrative office seems to drain the liberating spirit of what a liberal arts education is all about. A new face with new ideas will invigorate the administration and help to generate fresh ideas for how to improve Hiram College. Dr. Torsney has several ideas that she brings to Hiram College.

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Internet. This is referred to as social engineering. The theory behind social engineering is that people are the weakest link in any type of computer security.

The real question that should go out to the Hiram community is: did you fall for it? Congratulations to those of you who did not fall for this attempt at identity theft. For those of you who did fall for it, you weren't the only ones.

But that does not mean that there is no harm in giving out your password. Had this been a real hoax, and not simply a computer science experiment gone haywire, your password and username would have been stolen. And you would have been responsible for anything the thief did with your password.

In a mass e-mail, the computer center provided some very helpful pointers and reminders. There are several protocols to which the Helpdesk and its employees are bound. The first of which is that they will never ask for your password, only

your username. Also, they will never send a link to follow in an e-mail. E-mails from the Helpdesk will come from Helpdesk@hiram.edu, and will be signed by the appropriate staff member. Lastly, all Helpdesk employees will have identification on them as they fix computer problems across campus.

In the mass e-mail, the help desk staff also provided several tips for keeping your identification safe while using the Internet. The first and most important tip is: NEVER EVER GIVE YOUR INFORMATION OUT!

If you log on to a computer, do not leave it unattended. This is just another way someone can steal your identity. All students, staff, and faculty have their own Hiramnet account; there is no need to let someone use your account to sign on to a computer or website.

The Helpdesk is here as a resource to students. You can contact them Monday through Friday, from 8:30a.m. until 5:30p.m., at X5313, or the e-mail address HELPDESK@hiram.edu.

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She hopes to utilize her skills in civic engagement to continue Hiram's focus on social conscience and encourage students to be "intellectually alive, socially responsible, ethical citizens." Dr. Torsney also brings ideas about expanding the Study Abroad program and hopes to work with the college on internationalizing the campus further. Her position as Vice President for Academic Affairs puts her in a unique position to have a positive effect on moving Hiram College forward and expanding its above-mentioned goal.

The Vice President and Dean of the College is the chief academic officer for Hiram. Torsney will be responsible for maintaining the integrity and promotion of the academic programs. In that capacity, she assists in hiring new faculty and in current faculty evaluations. As the Dean of the College, she will be in charge of discerning the needs for the academic programs, including the majors, minors and interdisciplinary programs. She supports faculty instruction, research and service. In her own words, Dr. Torsney will be in the position to "have big ideas and get them moving."

Dr. Torsney certainly has the skills needed for her new occupation. She has taught as a professor at the college and university level for 25 years and has an understanding of faculty needs. Her present job as Associate Provost gives her great experience in academic assessment.

As a professor of English and a scholar of late nineteenth-century

American literature, Dr. Torsney brings a firsthand understanding of the needs of the professors. Her experience in an administrative position provides her with the know-how needed to carry out her duties as Dean of the College. She has "managed and evaluated academic programs, worked with college and regional communities and collaborated with national organizations."

Dr. Torsney plans to relate to the students on a personal level by taking the time to listen. She will hold office hours and hopes to teach occasionally. Furthermore, she wants to understand the culture of Hiram and the needs of the students.

She was a two-sport athlete at Allegheny (swimming and softball) and wants to be a familiar face at the sporting events. She loves DIII sports, especially NCAC contests. She adds that her son was a four-year starter for the Allegheny men's basketball team. Dr. Torsney looks forward to cheering on the Hiram Terriers as often as she can.

Dr. Torsney has many ideas for her position, but one goal for Hiram College is to get its story out there. She has been reading a book on Hiram's history and is enthralled with the information she's learning. For example, she points out that Hiram was a forerunner of innovation in interdisciplinary programs in the 1930s. With all this fascinating information, Dr. Torsney is enthusiastic about getting the message out there. "Hiram College is an exceptional place. People need to learn about the advantages of the Hiram Plan, and I hope to help carry the torch."

Holiday Photos

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Terriers Talk: Final Exams

HOW DO YOU PLAN TO MAKE IT THROUGH FINALS WEEK?



Camille Johnson

Senior, Education

"I only have one final, and I am probably going to prepare by going back and skimming through the book to refresh myself. I'm going to try not to worry."



Moses Moua

Junior, Biology

"I don't know! There is no plan. I'm just going to wing it."



Leah Shema

Sophomore, Biomedical Humanities

"I am going to just try not to freak out and study little by little every day 'til it's over."



Lindsay Kuhn

Sophomore, Communications

"Well, I made up a schedule. From now 'til Thursday is the bulk of my stuff. I have things split up, but we'll see if I can stay to it without going crazy."



Michael Carey

Freshman, Economics/Management

"To tell the truth, I really only have one final. I am planning on making flashcards to study and just going after it like it is any other test."

Hiram College World Photo Contest

Hiram College's first ever World Photo Contest was on display in the Kennedy Center from Nov. 3 through Nov. 7. Students who have traveled outside of the United States were encouraged to send in photographs of their trips, which were judged by Hiram students, faculty and staff. The winners of the contest were:

1st Place: Jooi Vyas

View from James Bond Island (Thailand)



2nd Place: Monica Wolf

Gorse Flowers at Trim Castle (Ireland)



3rd Place: Sambid Wasti

Narayanhi Royal Palace (Nepal)



4th Place: Emma Strong

Girl at the Dump (Nicaragua)





Recovering from stress

Hiram's yoga class: a simple way to lead a healthier life



by emma strong
contributing writer

No matter what time during the school year, finals or not, everyone could use a de-stressor. During a normal week, we stay up into the wee hours of the morning dealing with relationship issues, friend issues, sport issues, school issues (such as that paper you totally forgot to write until 10 minutes before class). You name it, we've dealt with it. But where in that list is there a chance for us to recover from the mental and physical stress we currently put ourselves through? We exhaust ourselves and don't even let our bodies recover!

Hiram offers a solution to these problems that will invigorate you, relax you and

“By practicing yoga our minds become less busy and clearer, allowing us to better perform our day-to-day activities.”

just make you feel healthier overall, all at once.

Yoga, an ancient Hindu philosophy involving poses, breathing exercises, meditation and relaxation, can provide relief in these common situations. Marianne Riesk has been teaching yoga for five years and currently teaches a yoga class at Hiram every Tuesday and Thursday. Students, faculty and community members can sign up for a seven-week session which costs \$40 (and only \$35 if you register early). For college students, \$40 may seem like a lot of money. But it works out that each class costs just under \$3.00. As a student that has been practicing yoga for years, I can tell you this is

certainly a bargain considering the benefits received.

Marrianne truly believes that yoga is important to integrate into students' daily lives. “Because of the stress that you guys have in your life,” she says about the importance of yoga, “you need a way to keep it under control.”

During class, we spend a lot of time stretching and breathing, which is surprisingly calming and proves to be a great way to take your mind off of school and other everyday stresses. By practicing yoga, our minds become less busy and more clear, allowing us to better perform our day-to-day activities. Self-awareness is heightened.

Cognitive performance can be improved through a breathing exercise in which you breathe in one nostril and out the other, allowing greater communication between the two sides of the brain. People who practice yoga often experience improved mood and energy, achieved through stretching and breathing exercises. These are just a few of the common benefits of practicing yoga.

And don't worry, you don't have to be flexible to take this class or any other yoga class. As Brian Kest, a power yoga teacher, calmly recites, “It's not what you do in this class – it's how you do what you do.”

Yoga does not only benefit us mentally, it also serves to benefit our physical health. On a basic level, yoga greatly increases flexibility through a large variety of poses, called *asanas*, that target the body's joints, ligaments and tendons.

Amazingly, yoga poses massage every organ, which help to prevent the onset of disease and help us to gain self-awareness. Thus, we know our bodies better and are able to detect early symptoms of disease.

Yoga also completely detoxifies our body. Poses allow a complete supply of blood to reach all parts of our bodies and help to flush toxins. Regular detoxification can prevent early signs of aging and increase our energy level. Yoga also tones our muscles. This is one of the goals of power yoga.

Yoga may help to reduce many symptoms of illness. Headaches can be alleviated by neck exercises, deep relaxation, breathing and meditation exercises, as well as some yoga poses. These different techniques calm and relax the mind, resulting in eased headaches. There are many poses that drain mucus and relax the lungs, giving aid to asthmatics by teaching them to breathe properly.

Nearly one-third of Americans over the age of 20 are obese. Practicing yoga helps people find and maintain a normal body weight. Yoga balances the endocrine system and stimulates the nervous and circulatory systems. And, by helping one develop better self-awareness, yoga can lessen the psychological reasons for obesity. Yoga exercises may help with toning abs as well.

There really is no negative side to the equation: yoga is an amazing way to achieve balance in our hectic lives. Instead of crinkling your nose at the thought of trying something new, stop in during the next yoga class in the dance room in the Coleman Center. Talk to Marrianne about signing up for

class or check out the posters and mass e-mails for the next session. You won't be disappointed, and you may have even found a simple way to make your week better!

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ECO Challenge encourages students to conserve water



by katie dragga
copy editor

Just like many other colleges across the nation, Hiram is going green, as promised when President Chema signed the American College and University Presidents Climate Commitment for Hiram. In addition to the eco-conscious features of East Hall and the streamlined recycling programs in the dorms, the student-run ECO Challenge dared Hiramites to change their individual habits to make our campus even more environmentally friendly.

The program is organized through the Community Service Office and spearheaded by junior David Weber. According to Weber, “ECO Challenge is the best way for students to get involved with sustainability.”

The October ECO Challenge asked students to focus on water conservation. Participants spent the month watching every bit of water they consumed and recorded their strategies for using water in a more responsible way in order to reduce overall use.

They were required to e-mail updates every week about what they had done, which ranged from the simple –

washing full loads of clothing, turning the faucet off while brushing teeth and shortening showers – to the intensely creative – collecting and reusing rainwater.

“It was hard,” admitted sophomore Eric Klopfenstein. “The five minute shower thing... was a real challenge. I'm used to taking 20 to 30 minute showers, and cutting that back to five was almost impossible at first.”

But Eric succeeded and, along with several other Hiram students, won Hiram's first ECO Challenge and will receive a \$20 gift certificate to the Olive Branch Fair Trade Store or the option to donate the money to an environmental charity.

Another winner, freshman Erica Templeton, also found shortening showers difficult, but she enjoyed the challenge overall. “First of all, I think it's great that Hiram promotes environmental awareness,” she said. “The more students I meet and the more classes I hear about, the more I realize Hiram is a really progressive community in that regard.”

When asked why she chose to get involved with ECO Challenge in the first place, Templeton responded, “I

decided to participate in the ECO Challenge because I'm a nature hugger – trees, animals, you name it! And if I won the \$20 donation to a charity, I'd get to help the homeless pets at the Portage Animal Protective League.”

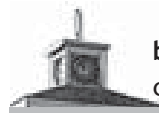
Klopfenstein and Templeton agreed that they'd like to see more people participate in ECO Challenge next time around. Weber was happy with the success of ECO Challenge and is confident about the future. “The turnout was what I expected, but with a new theme next time, we should get more people to participate,” he said.

Next semester's ECO Challenge will revolve around recycling and will run from Feb. 2 to March 2. The format will be a little different and encourage community spirit: participating dorm floors will compete against each other to see whose dedication to recycling will earn them the title of ECO Challenge champions!

Your RAs should be discussing the next ECO Challenge with you after winter break, so start thinking now about how you can improve your recycling habits and win prizes for your floor.

Slippery when wet

Snowy sidewalks sweep students off feet



by grace martin
contributing writer

It was late at night on Feb. 18, 2008 when Pari Naraghipour, a then-junior at Hiram College, slipped on a thick layer of black ice near Miller Dining Hall. Today, it is hard for her to carry a couple of books or a laptop computer without struggling.

"I was seen by three different doctors for what appeared to be bad muscle spasms in my back and soreness in my right hip. I never thought I would end up a victim of a crime," she said.

Naraghipour suggested that Hiram College could have done a better job to prevent her fall by providing better lighting around campus and keeping the walkways clear of ice by throwing down much-needed salt.

While places like Toledo were paying \$22.73 for a ton of salt, it seemed like Hiram College was spending nothing on salt whatsoever. Terry Oblander of the Plain Dealer spoke with ODOT representatives for the Sept. 7, 2008 issue of the newspaper to find out how much salt was being purchased for the maintenance of Ohio roads. Records show that more than 900,000 tons of salt were used last year.

President Tom Chema of Hiram College, who is currently in his sixth year in that position, was all fired up at the start of the 2008-2009 school year. It wasn't too long ago that he said the institution had momentum. Maybe he was referring to the speed we would all have when

falling face-first once the freezing rain hit. Then again, maybe he meant that Hiram College had the potential to grow in both student body size and reputation. It can only be expected that the more students we have on campus, the more falls there will be each winter as a result of the icy sidewalks. How would that improve our reputation?

Moreover, whatever happened to this idea of social responsibility? According to Hiram College's news website, which is presented by the Office of College Relations, \$4.5 million will

"students have become more and more cautious about the icy sidewalks that can be expected this winter."

be spent to build the brand new dining hall that is to open in the fall of 2009. East Hall, the newest dormitory on campus, took \$7 million to build.

Junior Tom Lehman said, "I might have to buy some golf shoes. Boots won't even work now." It appears that students have become more and more cautious about the icy sidewalks that can be expected this winter. And this time around, students don't think the matter of falling and injuring themselves while walking to class is all that funny.

You would think that if Hiram College had the money to fund big projects



Photo by Michael Majetich

The first big snow of the season brings a blanket of trouble to the sidewalks around Hiram's campus.

such as building a brand new dining hall and a new dorm, it would be a cinch to come up with the funds to afford a few bags of salt each year. Surely the pain one would feel having to spend the necessary money on salt can't compare to the pain of broken bones, torn ligaments and sore muscles after a good fall.

Karan Farkas, another Plain Dealer reporter, spoke with David Akers of North American Salt Co. in the Sept. 26, 2008 issue. Akers explained that the average cost of a ton of salt this year is now \$60. As for ODOT's plan this upcoming winter, many people may notice that the salt will be spread thinner than in most recent years because 30 percent less salt will be used on roadways. ODOT may also buy salt from Chile for the southern part of the state because importing salt has become necessary.

Salt isn't exactly cheap. So what? Doesn't every other college face the facts and deal with the reality that if there's no salt, there's little safety as

well? Did our common sense suddenly lose its balance and slip away from us?

Nick Bellas, Director of Campus Safety at Hiram College, posted a letter on Oct. 20 about vandalism such as theft on college campuses, but had little to say about the upcoming plans Hiram has concerning the use of salt to prevent slips such as the one suffered by Naraghipour.

Tom Chema was right when he said it's not only Hiram College's enrollment that is growing. The Burton D. Morgan Foundation gave \$2 million to Hiram for the purpose of creating an Entrepreneurship Center within East Hall.

It's about time we use our supposed entrepreneurial abilities to search out suppliers of salt and make deals to last us beyond one winter. Salt companies in Canada, Great Britain, Germany, Poland, Chile, Peru and Egypt have been known to ship salt to the United States in times when road salt was pretty scarce here.

I don't know about you, but this seems like a *slick* idea.

advance staff

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Successful Redemption in *Quantum of Solace*



by bill jordan
sports editor

James Bond is back.

While many were turned off by Daniel Craig's first portrayal of 007 in *Casino Royale*, Craig redeemed himself in the 22nd film in the Bond series, entitled *Quantum of Solace*.

Even though *Quantum* once again lacks some characteristic Bond items, such as a gadget man or a tricked out car, it does put Bond back to where he should be.

The movie is driven by the fact that Bond felt betrayed by a woman named Vesper Lynd whom he had fallen for in *Casino Royale*. Eventually Bond realizes that the circumstances that led Vesper to commit suicide in the last film were much more complex than he could have imagined. It is suggested that if she would not have done so, Bond may have been killed instead.

The movie revolves around a man named Dominic Greene who is attempting to purchase a large plot of land in South America which seems to have little natural resources. Greene tricks many wealthy people into donating to his plan by claiming he knew of oil in those parts no one had discovered. He promises these donors a handsome sum once he starts to sell the oil.

As Bond and his female counterpart Camille Montes soon find out, Greene is not interested in the land for its oil.

Rather, he has created a series of dams and is keeping all of the water in the region to himself to force the price up on that natural resource.

Bond and his boss from MI6, M, are frequently at odds throughout the film. Eventually M ends up canceling Bond's credit cards and passports because she believes he killed another secret agent.

M gradually gains confidence in Bond once again. However, she decides to keep her confidence a secret since she learned early on in the movie that she really didn't know who she could trust (one of her employees, who had been her body guard for eight years, turned on her and nearly killed her).

Bond also discovers that his partner Camille is following almost the same mission as he. With the exception that her revenge is on the man who is going to sell the land to Greene, General Medrano. According to Camille, Medrano murdered her entire family in front of her and set her house on fire when she was young. She has been trying to get a chance for revenge ever since.

Bond eventually finds out through his friend in the CIA, Felix Leiter, another staple in Bond movies, where the meeting between Medrano and Greene is going to take place.

It is no surprise that Bond perseveres at the end of the film, but



some details have been spared for potential viewers.

Incidentally, this is the Bond movie with probably the least amount of "naughty" scenes, as, for the second time in a row, Bond does not end up with a woman at the end of the movie.

Craig no doubt redeemed himself with his portrayal of the Walther-PPK-toting,

Vodka-Martini-drinking secret agent in this movie.

While he does not bring Bond back to the traditional days of Sean Connery and Roger Moore, Craig does provide stability to the role that lacked in the last film.

The Grade: 4.5 out of 5.

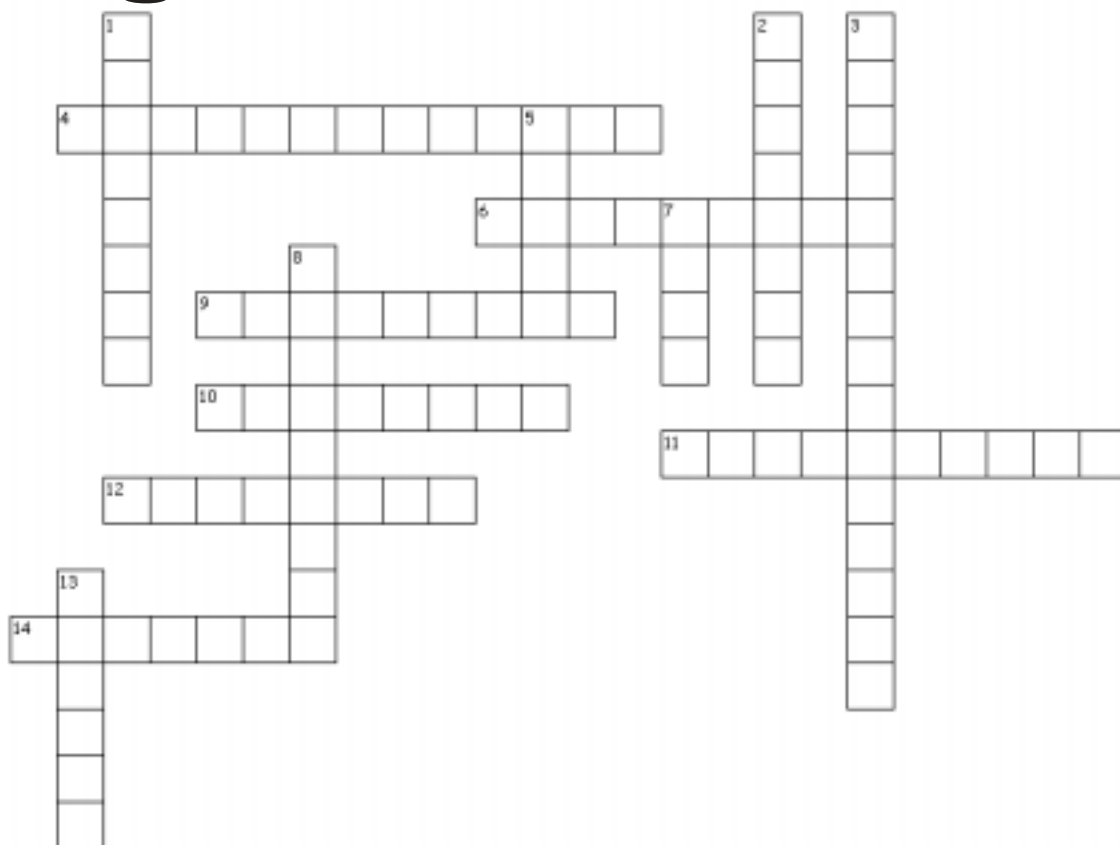
Thanksgiving Trivia

Across

4. State where the first Thanksgiving took place.
6. It's a fruit and it's a sauce.
9. A dish that is becoming popular that consists of three types of poultry stuff into one another.
10. Another term for stuffing.
11. President who declared Thanksgiving to be a national holiday.
12. A bone within the turkey that is used in a good luck ritual on Thanksgiving.
14. These are carved during Halloween and made into pies for Thanksgiving.

Down

1. Last name of the pilgrim leader to organize the first Thanksgiving.
2. A turkey-like dish that is vegetarian.
3. Estimated number of turkeys that will be consumed.
5. Number of NFL games on Thanksgiving day.
7. Drink that the Puritans brought with them on the Mayflower.
8. Popular vegetable casserole made at Thanksgiving.
13. Main dish during Thanksgiving dinner.



XC teams reach new heights during NCAA regional meet

by bill jordan
sports editor

Otterbein College was the site of the last race of the season for both Hiram cross-country teams as they competed in the NCAA Division III Regional race.

Both teams placed 30 out of 34 teams during the competition. Both finishes were an improvement over where the teams finished at the end of last season.

During the regional race, the top overall team advances to the national competition, along with the top three runners overall who are not a part of that team.

According to senior Josh Kashmer, there were outside factors that affected the race: "The weather conditions were a big factor. All of us ran quite a bit slower than we could have if the footing was better, but not much slower than our season averages."

Freshman Joe Hengoed led the men's team, finishing 152 overall while posting a time of 27:40 in the five mile race. Hengoed averaged 5:34 per mile during the contest.

Hengoed was followed by another freshman, Zach Eshelman, who finished 170 with a time of 28:03.

Rounding out the rest of the top five for the Terriers were senior captain Kent Vasko, who ran a time of 28:39; sophomore captain Nicholas Michalenko, who ran a new personal record on this course with a time of 29:05; and Josh Kashmer, who finished 221 while posting a time of 29:53.

Freshman Donald Daley also ran a personal record on the course for the Terriers while finishing 239 overall with a time of 33:39.

Hiram finished just 19 points behind John Carroll University in the race for 29th place. Calvin College won the race, and Ohio Northern University and Mount Union College came in second and third.

Despite their low finish, Michalenko was happy with their season, saying, "We had an amazingly successful season and are sadly losing two of our most valued members in Vasko and Kashmer."

Head coach Earl Kissell claimed their improvement at the regional meet did not go unnoticed. He stated, "After the regionals, I had two more coaches approach me and congratulate our team on their incredible progress this year."

Sophomore Margaret Pokryfki led the Lady Terriers once again as she finished 84 overall with a time of 24:39 in the six-kilometer race. Pokryfki averaged 6:36 per mile during the contest.

Junior captain Katie Eppley finished second for the Terriers and 205 overall with a time of 28:14.



Photo courtesy of Kent Vasko

Freshman Zach Eshelman moves up in the field during the recent NCAA Regional cross-country meet at Otterbein College.

Eppley commented on the conditions, claiming, "the weather wasn't on our side, but it was clear that everybody still ran their hardest."

Rounding out the top five for the Lady Terriers were sophomore Meghan Broman, who finished 209 with a time of 28:29; sophomore Briana Andrie who came in 221 after posting a time of 30:33; and sophomore Bristena Marinescu, who finished one spot behind Andrie with a time of 30:40.

The other runners in the race for the Terriers were freshman Katie Kern, who finished 228 with a time of 31:27, and fellow freshman Maya Miki who posted a time of 31:47 while finishing 230.

According to Kissell, "the women's team has improved throughout the year. Margaret and Katie really came on late in the year."

The Lady Terriers were once again without one of their runners, as sophomore Kelly Blon could not race due to injury. Blon did make the trip to Otterbein despite her condition and said, "It was great to see everyone have a good final race for the season."

Hiram finished just six points behind Heidelberg College in the race for 29th place.

Calvin College's team placed first and was followed by Case Western Reserve University and DePauw in the top three spots.

Michalenko claimed that while the season may be over, the team lives on, stating, "We are not a team. We are a family, and we will be a family forever."

Kissell echoed Michalenko's statement. "The bottom line - this was a highly enjoyable season."

Sports editor Bill Jordan can be reached by e-mail at jordanw@my.hiram.edu.

Women's swimming starts season strong

by michelle morgan
staff writer

Dedication to the sport paid off during the first weeks of the season for the women's swim team, but they were unable to get past their most recent opponents.

The women had a rough day on Saturday, Nov. 15 with a tough loss to two Pennsylvania schools: Grove City College and Chatham College.

The team came out with one individual win from senior diver Jen Fowler, who finished the one meter dive with a winning score of 209.40. Also, Fowler finished second in the three meter dive.

The women had some second and third place finishes to add to their top performance as well. Freshman Amelia Dorschel finished second in the 200-yard butterfly and posted third place finishes in the 1000-yard freestyle and the 400-yard individual medley. Junior Gillian Millwood came in with a second place finish in the 100-yard fly. Senior Raisa Janke placed third in the 200-yard backstroke and junior Katie Pierdomenico came in third place in the 50-yard freestyle.

According to senior Brittany Cowden, "The team is looking good this year. We graduated a few key swimmers last year, but I think that with our returning swimmers and the freshman we gained, we are going to have a fun year."

There were a few top relay finishes for the women. The 400-yard relay team of Pierdomenico, freshman Becca Szanto, sophomore Ashlynn Krohn and senior Amy Kocka placed second. The other relay win came from the quartet of Janke, senior Brittany Cowden, Millwood and Pierdomenico, who placed third in the 200-yard medley.



Photo by Danielle Fisher

Senior Brittany Cowden prepares for one of her races during a recent Hiram swim meet against Notre Dame College. Katie Pierdomenico looks on.

Unfortunately, the women lost to Grove City, 99-191, and Chatham, 134-149. But the recent losses haven't deterred the women from their hope and confidence in the team.

Captain Raisa Janke said, "[I'm] proud to say this is my team my senior year...[the women's team] has set, as we do each year, a very high goal for ourselves and the team."

Staff writer Michelle Morgan can be reached by e-mail at morganme@my.hiram.edu.



Photo by Camille Johnson

Michael Brown and Tyrone Mixon pursue the ball carrier during the football team's recent season finale win over Oberlin College.



Men's swimming has strong start towards goals



by michelle morgan
staff writer

Six a.m. practices have paid off for the most part for the men's swim team this year. But their perfect season was recently spoiled during a trip to Pennsylvania.

The men's swim team has had a smooth start to the season. In four matches, their only loss was last Saturday against Grove City College. The boys fought hard with six individual race wins and one relay win. But in the end, they trailed Grove City 115-152.

The powerhouse of the night for the men was sophomore Santiago Morales. He won three of the six individual events for the Terrier men, including the 200-yard fly, the 500-yard freestyle and the 400-yard individual medley. Other winners of the day included sophomore Colin Kelly, who won the 50-yard free; sophomore Zach Wegman, who came in first in the 100-yard fly. Kelly and junior Ben Adams followed close behind to place second and third in the 100-yard fly.

The last individual win for the team came from freshman diver Ian Petardi on the three meter dive with a score of 192.15. As for the relay win, it came in the 400-yard freestyle relay from the team of sophomore Adam Roark, sophomore James Griesmer, junior Gary Ising and Ben Adams.

Unfortunately, this was not enough to give the men a lead over Grove City, but this loss didn't dampen their spirits about their season and goals. Sophomore Travis Subda, a freestyle and backstroke swimmer for the Hiram men, said that he feels "very proud of the guys' team. We lost a lot of people this year and had a lot of setbacks, but the team managed to overcome them very well and were undefeated after our first three meets."



Photo by Danielle Fisher

Hiram's Colin Kelly prepares for one of his many races during Hiram's meet against Notre Dame College earlier this season. Well on their way to reaching their goals for the season, Hiram was undefeated in dual meets until last Saturday.

The team is hopes for a great season in a difficult conference. As Travis pointed out, "We are in the fastest swimming conference in the country for Division III and most Division II schools."

Subda said the team's goals for such an outstanding conference are "to finish seventh in the conference and try to go .500 in dual meets this year." He feels the team is up to the challenge. He said to achieve this goal the team must "pull out two more wins this year, and we should be able to beat Ohio Wesleyan at conference, so if we can find a way to beat one more, we will take seventh."

Although he feels confident in the team, he explained in light of setbacks and losses the team, "lacks depth right now, which hurts." But he has strong

faith that they will continue to overcome as they have already, "doing very well with what we have."

With the main part of their season still left to be decided, the Terriers, led mainly by freshmen and sophomores, will have an opportunity to surprise many naysayers during the rest of their season.

Despite having only nine people on the entire squad, the team has been able to beat teams who doubled theirs in size.

The Hiram men will be in action once again on Saturday, January 10 at 1p.m. in the Coleman Center.

Staff writer Michelle Morgan can be reached by e-mail at morganme@my.hiram.edu.

Student Athlete Profile: Brittany Cowden



by bill jordan
sports editor

Major: Biomedical Humanities

Events: Breaststroke/IM

Best thing about your coach: "200 flys! Haha...not!"

Best thing about the team: "We are one big family."

Coollest student on campus: "Raisa Janke aka Tardo."

Coollest professor on campus: "Tom Koehnle...bonus points?"

Favorite sports moment: "Last year's conference, Shelly Leshe versus Oberlin. You know what I'm talking about if you were there."

Favorite TV show: *Grey's Anatomy*

Favorite book: "Any Jodi Picoult book."

Best vacation: "Puerto Rico!"

Best advice ever received: "Try everything at least once."

Favorite athlete: "Michael Phelps. He's amazing!"

Dream job: "Trophy wife...haha."

Favorite color: Pink

Favorite movie: *The Sweetest Thing*

Best thing about Hiram: "Traying. Too bad Miller took away all the trays!"

Favorite team: Pittsburgh Steelers.

Interesting fact: "I love Facebook stalking, but who doesn't?"



Photo courtesy of Brittany Cowden