

# Quick & Easy Homemaking Tools for Smoother Days

These pages are my favorite quick-start tools for homemaking success! Read up on how to use each one below. You can find more support and resources for homemaking, parenting, and homeschooling at [ProverbialHomemaker.com](http://ProverbialHomemaker.com) and [ProverbialHomemakerStore.com](http://ProverbialHomemakerStore.com). Feel free to reach out to [tauna@proverbialhomemaker.com](mailto:tauna@proverbialhomemaker.com) if you have any questions!

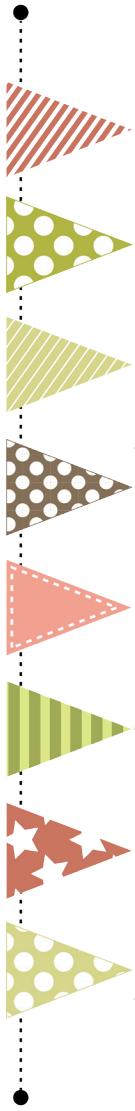
- **Mix n' Match Menu Planner** - Plan ahead for 7 dinners (on any order) and make sure you have ingredients for those meals. Each evening, choose which one you'll pick for the next day. Once this habit is in place, expand to breakfasts, lunches, etc. Can be adapted for 2 weeks or once-a-month shopping. [Learn more here.](#)
- **Homemaking Routine Loop Schedule** - Pick 2-6 daily tasks (things you are having a hard time making happen but need to make a habit of). Put everything else on a looping list and do one or two each day. [Learn more about loop scheduling.](#)
- **Daily Chores Chart** (for up to 6 kids and up to 10 kids) - In each of the rows (morning, afternoon, and evening) write in as many chores as you have kids. If you have three kids, list 3 chores in each section. Under each day of the week, put the initials of your children in a rotation. (See example below.) After breakfast do your morning chores, after lunch do the afternoon chores, and so on. Be sure to take the time to train them for each chore and inspect work until it's like clockwork!
- **Room Cards** - Helpful for kids and moms! Laminate these cards and tack them to the wall in the appropriate room on a keyring. Use a dry erase market or mini clothesline clip to mark where you are on the loop. For example, when your child is assigned to clean the dining room, they'll complete the daily tasks and one of the looping tasks. When you're watching your littles take a bath, you'll know what to quickly tackle on the Bathroom looping list.
- **Rewarding Habits Chart** - If you're trying to work on some good habits, use this chart for reinforcement. Put each child's name in the far left column. In the second column write in the habits you're trying to reinforce. For example, if they complete their school work without grumbling or put their coat away without being asked, they get to check off a circle. Once they get to the end of a line of circles in their row, they get a small reward. They get a larger reward for completing all three lines of circles in their row.
- **Commission Chores Chart** - We don't pay our children for regular chores and responsibilities, because we want them to learn that it's part of responsible living and working together as a family to create a well-run home. BUT we want them to learn about money management and tithing. That's where commission chores come in. List

project-type chores that need to be accomplished in their appropriate category depending on how hard or involved they are. You may also want to indicate how much will be earned for each one. (One day a week, let your children pick one or more chores from the appropriate category (depending on age and ability). They get paid upon inspection.

- **The Haps Chart** - Tired of getting asked what's happening today? Or what's for dinner? Or if they'll get to use screens? The Haps is here to help. Laminate and post it on the fridge. Fill it out each day or delegate the task to an older child. Enjoy 3% less chaos. ;)
- **Kid Dates** - Struggling to make time for 1:1 time with each of your kids? Put together this loop rotation to help you be intentional. Write your kids' names in each date column. Laminate the page. When you, your spouse, or the grandparents have time for a "date" with a child, see who's next on the list. Mark with a dry-erase pen to keep track of who has had a date. Use the lines below to write in date ideas. Alternatively, cut out each of the card and tack them to a wall on a book ring. Use a clothes pin to keep track of which child is next up for 1:1 time.
- **Dinner Chef** - Set up a rotation of meals for your kids to cook! This is a great way to give some responsibility to older kids and help you be intentional about teaching younger ones to cook. Write simple meal ideas on the lines (choose easy/no-prep ones for Sundays). Make sure you have the ingredients for those meals on-hand. For the upcoming meal, write the child's initials in the box. X it off when it's been completed.
- **Laundry Day** - Teach your kids to start doing their own laundry! Set up a rotation by individual or by room of the house. For each day, write in who will be doing laundry for that day. Laminate the page and use a dry-erase pen to put a star next to each place. As the laundry tasks are completed, erase the star.

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# Mix n' Match Menu Plan

Plan the week's meal selections. Make the day's choices. **BAM.** You're a rock star.

# Homemaking Routine

## Daily Do's

-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_
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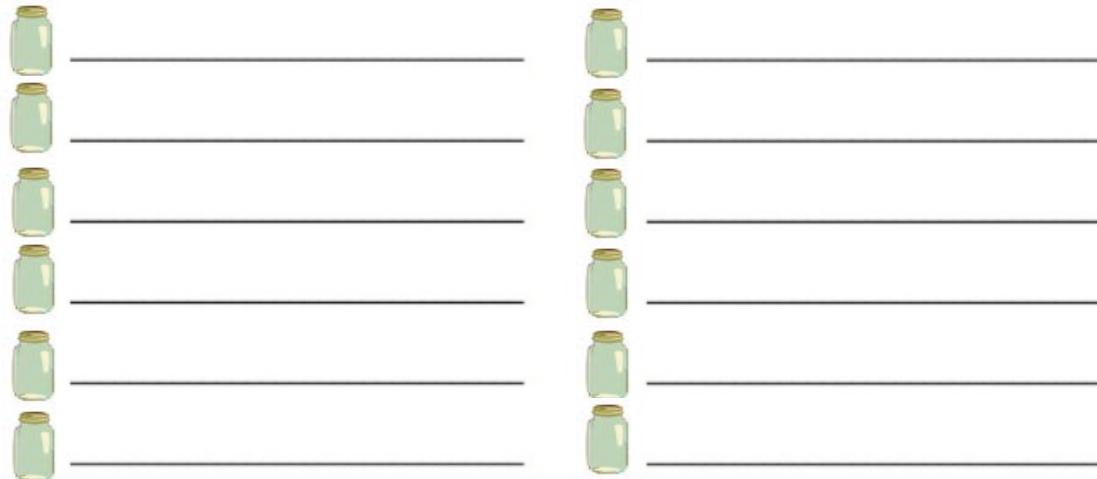
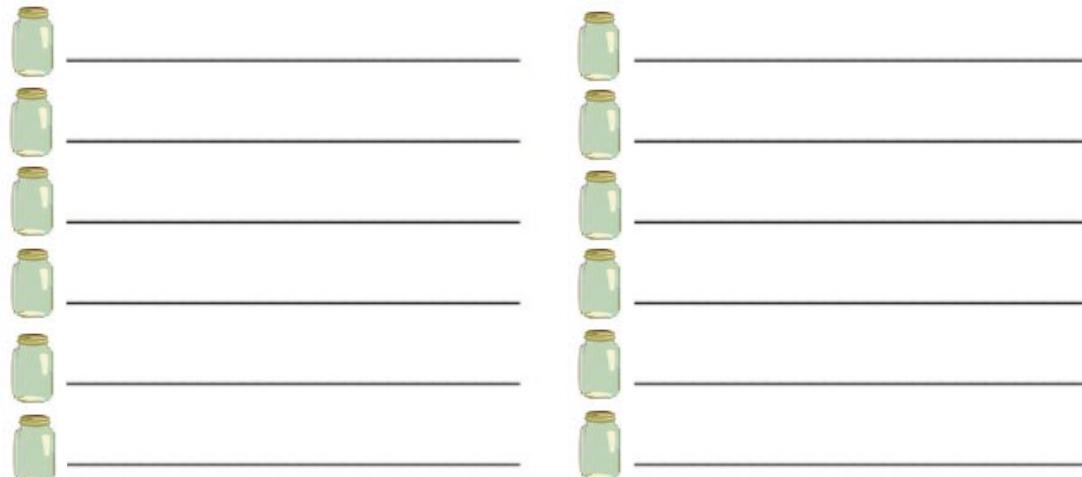
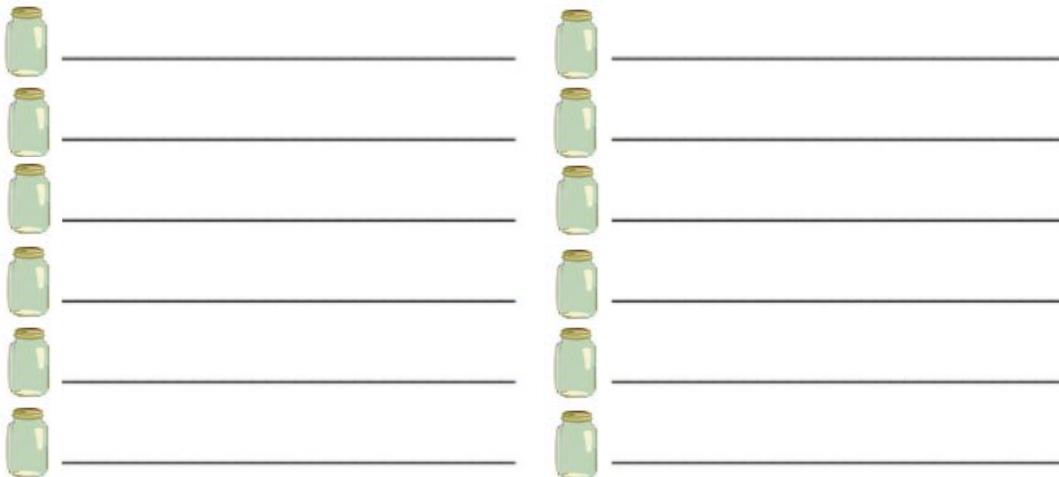
## Loop De Loos

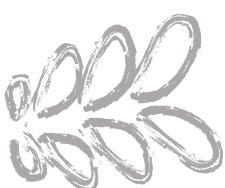
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## Notes

A large vertical column for notes, bounded by a green dotted border.



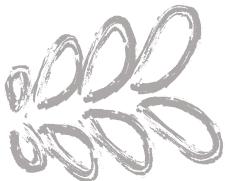


# DAILY CHORES

## Proverbialhomemaker

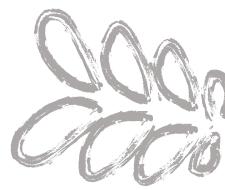


**MON**    **TUES**    **WED**    **THU**    **FRI**    **SAT**    **SUN**



# DAILY CHORES

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MON TUES WED THU FRI SAT SUN

Morning

Afternoon

Evening

# ROOM CARDS



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Laminate and cut out room cards. Put on a keyring and tack to the wall. Use a dry erase marker or mini clothes pin to mark where you are in the loop.



## BEDROOM

### Daily

- Make bed
- Tidy surfaces
- Pick up floor

### Looping

- Empty laundry
- Vacuum floor
- Tidy shelves
- Tidy toys/desk
- Clean under beds
- Organize clothes
- Tidy closets
- Change linens

## BATHROOM

### Daily

- Wipe sinks
- Wipe counters
- Pick up floor

### Looping

- Change towels
- Sweep floor
- Clean mirror
- Clean cabinets
- Mop floor
- Clean shower/tub
- Clean toilet

## SCHOOL ROOM

### Daily

- Pick up floor
- Clear table/desk
- Tidy toys/supplies

### Looping

- Vacuum floors
  - Dust surfaces
  - Clean windows
  - Tidy shelves
- 
- 
- 
- 

## LIVING ROOM

### Daily

- Clean off tables
- Pick up floor
- Tidy bins/baskets

### Looping

- Clean under things
- Tidy shelves
- Clean bins/baskets
- Dust surfaces
- Vacuum floors
- Vacuum furniture
- Clean windows

## DINING ROOM

### Daily

- Clear off table
- Wipe table
- Sweep floors

### Looping

- Spot clean floors
  - Dust surfaces
  - Wipe chairs
  - Mop floors
  - Clean windows
- 
- 
- 
- 

## KITCHEN

### Daily

- Work on dishes
- Clean counters
- Sweep

### Looping

- Spot clean floors
- Clean mats/rugs
- Vacuum corners
- Tidy cabinets
- Wipe off stove
- Clean microwave
- Wipe appliances
- Clean windows

# REWARDING HABITS

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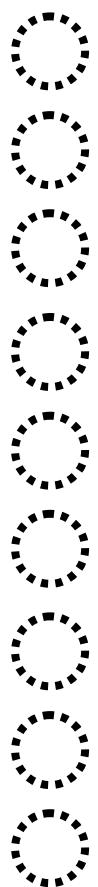
# COMMISSION CHORES

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Large Tasks



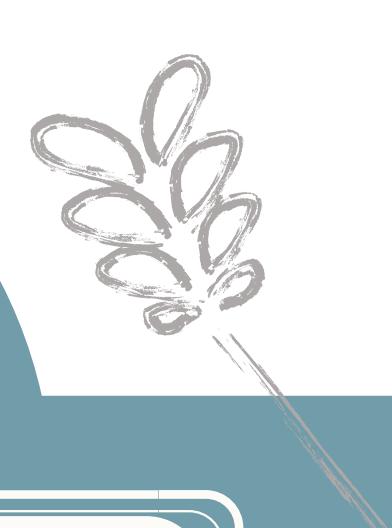
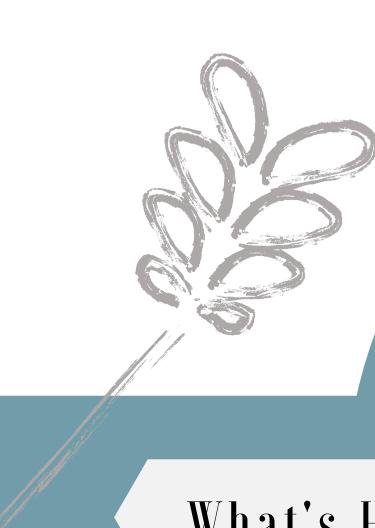
Small Tasks



Medium Tasks



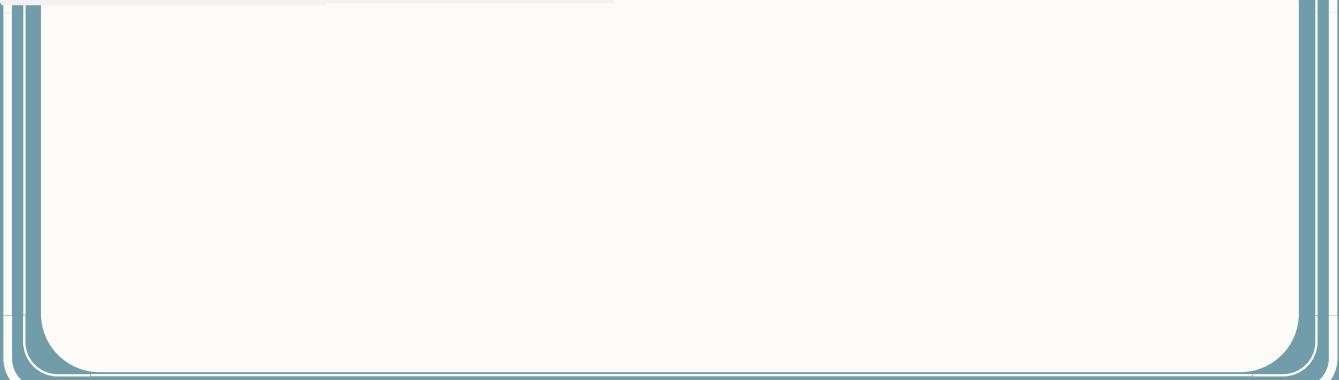
NOTES



# the HAPS

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What's Happening



The Food Situation

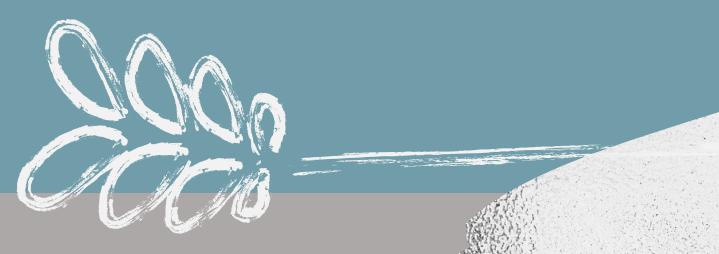


Screentime Forecast



Whatever you do, do all  
to the glory of God.

1 Corinthians 10:31



# KID DATES



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Write in each child's name. Write in date ideas below each column, if desired. Rotate through each child with simple dates, marking each one off as you go.

# DATE WITH MOM

# DATE WITH GRANDS

DATE WITH DAD	DATE WITH MOM	DATE WITH GRANDS

# DINNER CHEF

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## DINNER MEALS

<input type="checkbox"/>	

★ Start at 5pm.

★ Make the next meal  
on the list.

★ Not sure how to  
make it? Mom has a  
recipe for you.

★ Use good safety  
and sanitation.

★ Make as little mess  
as possible.

**GREAT JOB!**

## SABBATH MEALS

<input type="checkbox"/>	
<input type="checkbox"/>	

Even as the Son of  
Man came not to be  
served but to serve,  
and to give his life as  
a ransom for many.

Matthew 20:28

# LAUNDRY DAY

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**DAY 1**

**DAY 2**

**DAY 3**

**DAY 4**

**DAY 5**

**DAY 6**

Gather - Wash - Dry - Put Away

berries

## Mix n' Match Menu Plan

Plan the week's meal selections. Make the day's choices. BAM. You're a rock star.

Breakfasts	Lunches	Dinner	Snacks	Desserts
Cereal (FSP)	Pb & J Huna wrap	hamburgers + fries (burger salad)	mac & spiced almonds?	chocolate pudding
Cereal (FSP)	Pb & J Huna wrap	fajita chx & rice w/salad	popcorn	no-bakes
eggs + toast + fruit (ranchero)	frid rice + veg. (granapple salad)	roasted chx bacon + salad	apple pie	cottage berry whip
yogurt + toast + fruit	crackers cheese fruit + (light g salad)	spinach lasagna green beans + pears	celery + cream cheese	tummy-tickling ice cream
Catmeal	soup w/rolls	bean burritos (taco salad)	crackers (pita) w/cheese	frozen blueberries
quick bread + yogurt	burritos (taco salad)	breakfast veggi soup w/rolls	hard eggs	Pb cups?
french toast (MIM)	cheese. Sammies	pizza + salad (lavash rolls)	smoothie	
Todays Breakfast	Todays Lunch	Todays Dinner	Todays Snack	Todays Dessert
Cereal (FSP)	crackers cheese	beef veggie soup	apple pb	no-bakes

# Homemaking Routine

## Daily Do's

	Morning chores (ds bath)	<input checked="" type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Sweep all ds	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	spot clean ds	<input checked="" type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Clean & vacuum	<input type="checkbox"/>
	Spot clean windows	<input type="checkbox"/>
	Tidy sink & kitchen	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

## Loop De Loos x 1

	mop downstairs	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	deep clean ds bath	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	organize toy & books	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	sanitize surfaces	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	mop downstairs	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	vacuum	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	deep clean us baths	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	Spring cleaning	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	organize homeschool stuff	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	tidy & clean pantry & fridge	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

## Notes

HB: laundry  
Garbage  
Bedroom cleaning  
Re-stock  
Windows

Get new mop

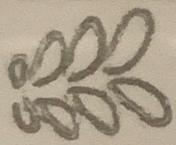
## BATHROOM

### Daily

- Wipe sinks
- Wipe counters
- Pick up floor

### Looping

- Change towels
- Sweep floor
- Clean mirror
- Clean cabinets
- Mop floor
- Clean shower/tub
- Clean toilet



# DAILY CHORES

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000,000 -

	MON	TUES	WED	THU	FRI	SAT	SUN
Water Plants	J	S	R	M	H	E	J
Socks	E	J	S	R	M	H	E
Dishes	H	E	J	S	R	M	H
Table	M	H	E	J	S	R	M
Blitz	R	M	H	E	J	S	R
Hall+Stairs	S	R	M	H	E	J	S
Bathroom	E	J	S	R	M	A	E
Socks	H	E	J	S	R	M	H
Dishes	M	H	E	J	S	R	M
Table	R	M	H	E	J	S	R
Blitz	S	R	M	H	E	J	S
School Room	J	S	R	M	H	E	J
Garbage	H	E	J	S	R	M	H
Socks	M	H	E	J	S	R	M
Dishes	R	M	H	E	J	S	R
Table + Chairs	S	R	M	H	E	J	S
Blitz	J	S	R	M	H	E	J
Sweep	E	J	S	R	M	H	E

Morning

Afternoon

Evening

# COMMISSION CHORES

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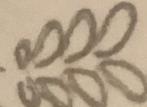
# REWARDING HABITS

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Jaron	<ul style="list-style-type: none"> <li>• mem verse</li> <li>• 1 hr reading</li> <li>• Clean room</li> </ul>	
Sami	<ul style="list-style-type: none"> <li>• 20 min clean room</li> <li>• mem verse</li> </ul>	
Peyton	<ul style="list-style-type: none"> <li>• 1 hr read</li> <li>• 20 min clean room</li> <li>• mem verse</li> </ul>	
Miles	<ul style="list-style-type: none"> <li>• clean room</li> <li>• mem verse</li> <li>• 30 min read</li> </ul>	
Henry	<ul style="list-style-type: none"> <li>• clean room</li> <li>• mem verse</li> <li>• 30 min read</li> </ul>	
Elliott	<ul style="list-style-type: none"> <li>• clean</li> <li>• mem verse</li> <li>• school finished</li> </ul>	

# DINNER CHEF

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smoothies

## DINNER MEALS



IP chicken & rice



Burritos + apples



pasta w/peas



baked potato bar



nachos w/bean dip



Salad bar



hamburger helper



navy bean soup & crackers



macc & cheese + hot dogs



breakfast casserole + fruit



mexican chicken + rice



potatoes w/ chili + cheese

\* Start at 5pm.

\* Make the next meal  
on the list.

\* Not sure how to  
make it? Mom has a  
recipe for you.

\* Use good safety  
and sanitation.

\* Make as little mess  
as possible.

GREAT JOB!

## SABBATH MEALS



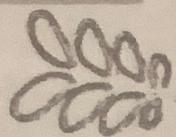
pizza



double egg, ham, pasta  
(cream cheese + blueberry) sandwiches

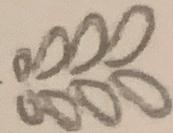
Even as the Son of  
Man came not to be  
served but to serve,  
and to give his life as  
a ransom for many.

Matthew 20:28



# LAUNDRY DAY

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DAY 1

Mom & Dad's Clothes

DAY 2

Girls' clothes

DAY 3

Jaron's Clothes



DAY 4

3 Boys' Clothes



DAY 5

Towels & Sheets



DAY 6

Gather - Wash - Dry - Put Away



