I have been swamped with RCMP, lawyers and related issues for over a month - most of it stemming from my testifying (July 22nd 2021) in regards to the threats of two mass shootings in Liverpool last year in an unrelated matter that escalated to a direct attempt on my life in from Aug - Nov 2021. This is what I use to do for a living and I am furious with the RCMP for forcing my involvement when all I wanted was to crawl into a hole and die without ever explaining anything.

From Feb 13th to Feb 16th 2022

I have been contacted by only 2 family members - who asked the same question - Please call ?.

I do not know if the others don't know, don't care, have or have not read, don't believe or whatever else.

Today I am left to simply guess what you want to know. The worst thing would be if those who haven't contacted me - have simply asked Karen and Rosanne what happened. Karen is claiming dementia and Rosanne will never admit what she's done - not until the violence starts again.

That is where we will start.

My brain damage and a quarter century of training and employment experience all allow me to stand in the face of any level of violence and not panic or run or do anything a normal person would do. This is not limited to my dealings with family. My entire employment history, hunting predators (18 countries - 25 years), is based on my ability to stand in or in front of any level of violence. Read the section on Randy - a sociopathic wife beater that threatened 2 mass shootings last year and tried to kill me in Aug (til November). I'm still having to deal with that.

It is indescribably frustrating for a predator like Karen and Rosanne - to successfully torture and kill someone like me - because to them I'm just some fat, dying, cripple - and all I do is stand there, telling them what they've done and why they're going to prison while refusing to do what they want. They feel justified in any level of violence - but none of it means a thing to me in the moment.

It was that simple - it was what drove Rosanne to 7 murder attempts.

Just one example - starvation - Rosanne not only starved me for 10 months - she watched me lose ½ of my body weight, she watched me develop and have seizures, she watched me die slowly and painfully - all while cooking for Larry every day and never taking any food for myself.

Rosanne went figuratively insane - because she said if I did - if I was seen with food, if I asked for food - she'd kill Larry. She went insane (figuratively) watching that unfold. Rosanne screamed, daily, from July 2018 to April 2019 and likely long after - that Larry never ate lunch, that I was lying about everything. Dennis and Tammy never got involved - because Larry came to supper every day and told them what he had to eat that day, what baked goods I had made him that day. Rosanne couldn't contradict him - he'd just argue with her and tell her she didn't live at home and she didn't bring him food - Jeffrey did.

Rosanne went figuratively insane - with Karen and Wilhelmina torturing her daily on the topic of food. No matter what happened, how good a day Rosanne was having - Wilhelmina would turn her into a murderous frenzy with one question "Larry, what did you have to eat today?"

Rosanne went figuratively insane because she had no one to brag to about my starvation - except me. Smashing her psychotic ritual to splinters drove her to ever greater acts of violence. Wilhelmina and Karen were torturing her with her failure to starve me into any action.

I simply stood in front of her each night telling her she was starving a dying man for bringing Larry food. Telling her in a deadpan, quiet voice that forces her to listen. Never yelling or raising my voice. Never swearing or using profanity. Never using titles - only first names. Speaking most often in the 3rd person which is a coping / defense mechanism I've never been able to shake. Telling her each night she needed to let me go - if I died in her house the autopsy would send her to prison. Telling her each night that Karen and Wilhelmina were doing this to her.

Rosanne simply got more and more violent - screaming at me that if I was really dying, if I was really starving - I'd do what I was fucking told so I could have some food.

I told Rosanne, in that same deadpan, quiet voice, that I can't be starved into hurting Larry.

And that's just a brief explanation of 1 of 7 attempts.

Wilhelmina screamed at me more than 500 times (18 months is 540 days) - but only in her kitchen, only when no one was there to hear her because it was the only time she could tell the truth. She claimed responsibility for torturing Rosanne until Larry was beaten, until Dennis was beaten, until I was kidnapped and tortured. Wilhelmina screamed, bragging, that it wouldn't stop until I made Rosanne come home.

Karen screamed at me 60 times - but only in her kitchen, only when no one was there to hear her because it was the only time she could tell the truth. 60 times I was forced, by threats Larry would be killed if I didn't, to go to Karen's house or car. 60 times Karen screamed at me she didn't care if I died, didn't care if I killed myself, didn't care if Rosanne killed me.

60 times Karen screamed Rosanne was getting what she deserved (being tortured by Karen and Wilhelmina) - that Karen had earned the right to do everything to me, to Larry, to Dennis. 60 times Karen screamed - "You (Jeff) don't know what she's (Rosanne) has done. You don't know what she did to get Suzanne and John Paul the first time. You don't know what she did to me (Karen). You don't know what she's capable of."

Rosanne has that same pathological ritual - to stand in her kitchen and scream and brag and shriek and threaten. 280 times in 18 months - Rosanne stood in her kitchen, stomping her feet like her mother and sister. Slamming her hand, pounding on the table, screeching and screaming and shrieking - that she was responsible for beating Larry and Dennis - that she was responsible for kidnapping, torturing, raping and murdering me. 280 times Rosanne screamed the opposite of her mother and sister - screaming "You know what I did to Karen, you know what I did to Suzanne, you know what I did to John Paul. I can do it all again - it can all happen again."

For the 18 months I was held, Rosanne couldn't brag to or threaten anyone but me - Karen and Wilhelmina were torturing Rosanne - and no one dared let Dennis or Tammy find out what was happening (beyond the beatings) out of the fear they'd go to the police. Rosanne went insane (figuratively) unable to brag to anyone but the man she was killing - who didn't appear to care - and who wouldn't do what he was told (to starve Larry) - not even to save himself.

All that will start up again - now that I've spoken publicly. Dustin and Sarah will face the same violence - the beatings of Dennis and Larry while Rosanne screams at them "You know what I did to Jeffrey - it can happen again - it can happen to you." Followed by Rosanne screaming at them - what she wants.

I've unraveled messes like this my entire adult working life. I just don't have the time or health to do it this time. All anyone has to do is start asking questions - that's all I've ever done. Stand in violence and ask questions in a quiet voice.

Suzanne: "I'm never talking about that. You wouldn't believe me if I did.

Suzanne refuses to talk about what Rosanne did to her as a child. And to be clear - I'm not asking her to. She will have to testify - to refusing to answer that question though. No one talks about Rosanne's violence - but they all use the same language to deflect the question.

When Suzanne and I were teenagers, I tried to talk to her many times. For years (it seemed) she was only allowed to come home 1 weekend a month. The only answer I got from Suzanne was "It's your (Jeffrey) fault (I have to live at Rosanne's and raise Cody). I wish you were dead - so I could come home." I didn't learn the truth of that until Erlin's death bed confession in 2015.

As adults I only spoke to Suzanne about her childhood once - 3 weeks after Erlin's death I flew to Switzerland and spoke to Suzanne for a week - that was Erlin's dying wish of me. The only question she refused to answer :

"What did Rosanne do to you when you raised Cody?"

Suzanne's answer - almost identical to the answer John Paul has always given me - even though they don't speak.

"I'm never talking about that - you wouldn't believe me if I did."

John Paul: I'm never talking about that. You wouldn't believe me if I did.

John Paul is identical - save he came to visit me in college for years, and I visited him for a decade before going overseas - and as often as I could when returning to Canada. John Paul was sent to me in Truro in the 1990s - as a condition of me lending Karen money - something I asked her to never tell John Paul. Just as I offered to pay Karen to help Danielle - on the condition she never tell Danielle.

I have asked John Paul for almost 2 decades - what did Rosanne do to you the year you finished highschool in her house (93/94).

His answer has never wavered - "I'm never talking about that - You wouldn't believe me if I did."

I flew to Suzanne in January 2016. I flew to John Paul in November 2016 - it was the earliest I could get to him.

In 2017, John Paul, Katherine, Alex and Claire were visiting (Beach Meadows). John Paul spoke to me once - we were on the beach by the old house - just he, Alex and I. John Paul waited until Alex was off playing to tell me, he and Katherine don't want me, my 'drama' or my history around their family. I agreed - I hunted pedophiles for a quarter century - and he has 2 little kids. I have never spoken to or contacted my brother again.

Later in 2017, John Paul couldn't help himself, he invited everyone to his rental house in Hunt's Point. He waited until just Rosanne, he and I were alone and asked - looking directly at Rosanne:

"So Jeffrey - how's living with Rosanne?"

I gave him the only answer I could - Rosanne had been beating Dennis, Larry and I for months - threatening to kill Larry if I said anything to anyone.

"You (John Paul) lived with her for a year. I imagine it's about the same."

Rosanne began to sputter "We all made mistakes back then." John Paul's glare told me he didn't feel that way.

What I meant - was what John Paul had told me for 2 decades. I can't tell you. You won't believe me.

I understand that my siblings and cousins are as likely as not to neither believe me - nor give a shit.

Larry and Dennis: You don't know what that c*&t is capable of.

Larry was beaten 4-5 times a day. Dennis was beaten as often as 4-5 times a day. Only at Wilhelmina's. Only in front of Wilhelmina. While Rosanne screamed that Dennis wasn't to lend me the house, he wasn't to lend me money. And after July 2018 - he wasn't to give me food.

Rosanne beat Dennis, Larry and I - screaming "I need Jeffrey to stay - just a couple more weeks. He has no family, no wife, no children. He has no job - no where to live. He has no reason to say no."

The day after Suzanne flew to Europe (July 6th or so 2018), the day after Rosanne tried to pull a knife on Larry, the day after Karen, Wilhelmina and Rosanne terrorized Dennis by claiming I had thrown Rosanne into a wall (over the knife incident - I didn't by the way) and Dennis could never do that so what was Dennis going to do when Jeffrey left ... the day after I spoke aloud at the table - telling Dennis and Tammy I had "been held" for a year - without money or freedom - that I had bills to pay and a life to live - the day after all that and more ...

Rosanne began beating Dennis in private. For July and August - if not longer, Wilhelmina called Rosanne at the cottage, telling her when I came and went - so Rosanne could drive the 45 min to Dennis and beat him in front of Wilhelmina, while I wasn't around. Rosanne beating Dennis in private - screaming at him all the things she'd do to everyone if Dennis didn't tell the lies Rosanne wanted him to tell (me - about the house and Larry etc).

Dennis never told me those lies - he watched me take beatings for him and Larry for over a year - so he took his the same way - saying nothing. When I had my first seizure - Aug 21st 2018 - I went straight to Dennis - to tell him I had to leave, to check into a hospital. I went to promise him I'd come back at the end of Sept - as my hunting license was taking 5 families to Cape Breton moose hunting.

I never got the chance. I stepped into the shop and managed "Bub - we gotta talk."

Dennis - the man that raised me - collapsed on his work table - crying :

"Rosanne says you can't have the house."

"Rosanne says you can't have money or food."

"Rosanne says you can't leave."

"Rosanne says you have to look after Larry until Dusty gets here in September."

"Rosanne says you can leave after the moose trip."

"You're (Jeff) the only one that's never asked me for something. You can't ask me ..."

He never finished that sentence. I couldn't understand him for a minute or two until ...

Dennis - the man that raised me - was crying when he told me :

"You don't know what that c*&t is doing."

"You don't know what that c*&t is threatening to do to the old woman."

(The old woman - is Wilhelmina - and Rosanne was threatening to put her in a home or hospital and hold her there until her death. Not allowing Dennis to see her. It's the 3rd threat she made to me, on April 22nd 2017 in a Bridgewater parking lot)

"You don't know what that c*&t is capable of."

On April 22nd 2019 - 2 years exactly to the day - when I told Rosanne I had been sneaking to the food bank to feed Larry for 10 months - she swore - her last words to me - if I ever repeat it (food bank etc), if I ever go to the RCMP, she won't wait for me to kill myself - she swore she'd find me and kill me herself.

Now that I have notified law enforcement, the media and the family - using the imminence of my own death to protect my files and records - that violence will start again. It won't be long before Rosanne is screaming at Dustin "You know what I did to Jeffrey. I can do that again. It can happen to you - it can happen to Sarah."

Dustin and Sarah don't have my medical history - so they can't be hurt the way I was.

Dustin and Sarah don't have my brain damage, training or experience. They won't be able to stand in the face of that much violence.

Rosanne did kill me - terminal medical issues in the 1980s, another, my 4th, in 2018. She tried to kill Larry twice over food. That is what Dustin and Sarah are now facing.