

2019 Regulatory & Reimbursement Cheat Sheet

A Guide to Delivering
Value-Based Care

Effective January 1, 2019

Centers for Medicare & Medicaid Services (CMS) finalized plans to update the 2019 Physician Fee Schedule and Quality Payment Program to include new CPT codes to reimburse for **connected care services**. These updates enable providers to manage and coordinate care from home.



Presented by 





Remote Patient Monitoring (RPM) CPT Codes

This update includes **three (3) new CPT billing codes** for reimbursement of remote patient monitoring (RPM), i.e.: collection & analysis of physiological data (weight, blood pressure, pulse oximetry, etc.)

CPT code CPT code CPT code
99453 99454 99457

CPT Codes	Definition	Terms
CPT code 99453	"Remote monitoring of physiologic parameter(s) (eg, weight, blood pressure, pulse oximetry, respiratory flow rate), initial; set-up and patient education on use of equipment. "	<ul style="list-style-type: none">Once per "episode of care"Must monitor for more than 16 days
CPT code 99454	"Remote monitoring of physiologic parameter(s) (eg, weight, blood pressure, pulse oximetry, respiratory flow rate), initial; device(s) supply with daily recording(s) or programmed alert(s) transmission, each 30 days. "	<ul style="list-style-type: none">Once per "episode of care"Must monitor for more than 16 days
CPT code 99454	"Remote physiologic monitoring treatment management services, 20 minutes or more of clinical staff/physician/other qualified healthcare professional time in a calendar month requiring interactive communication with the patient/caregiver during the month."	<ul style="list-style-type: none">Once every 30 days, regardless of parameters monitored

The Requirements:

- The patient must consent.
- Devices must be registered with the FDA.
- Must be ordered by qualified medical professionals.
- Data must be synced wirelessly.
- The data monitoring services must be performed by the physician, a qualified healthcare professional or clinical staff (RNs, medical assistants), subject to state law.

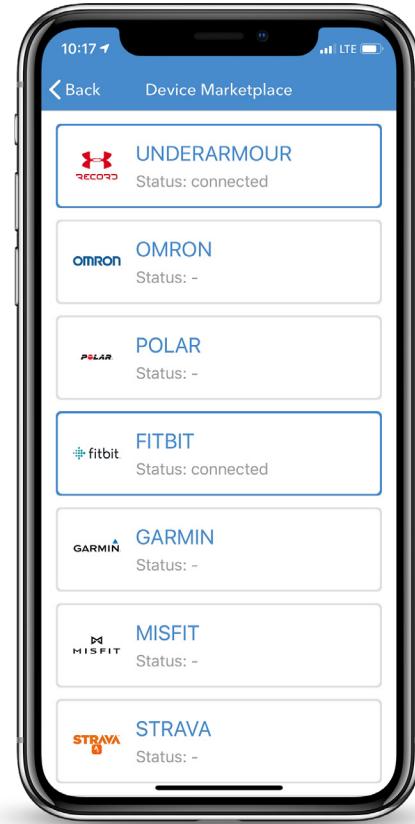


Additional 2019 CMS Changes

- CMS has issued an interim final rule to **eliminate geographic restrictions for telehealth services** furnished for purposes of treatment of a substance use disorder or a co-occurring mental health disorder for services furnished on or after July 1, 2019.
- CMS will **no longer require the home health agency to prove medical necessity for a home visit** in place of an office visit, giving HHAs more leeway to use RPM and telehealth.
- CMS is proposing to **eliminate geographical restrictions on telehealth access in MA plans by 2020**, enabling those in urban areas to use connected health technology. The proposal would also give members more locations to access care, including their own home.

How does cliexa® support these changes?

- cliexa® provides a customizable solution to EMR integration across all specialties. Patients connect wearables, medical devices, and other IoT-devices and **track their real-time progress from their phones or tablets**. Clinicians are provided with a **reliable, objective way to quantify disease activity**. This real-time, actionable data helps **expand preventive and responsive approaches without increasing costs**.
- With cliexa®, patients can sync over 300 connected devices, and share relevant data with their providers, directly to the Electronic Medical Record (EMR) system. The importance of physiological tracking has been highlighted as beneficial for patients and physicians alike, however, the key to **transforming this information from a list of scores to data that can be easily consumed by clinicians is essential to optimizing and improving care**.



Example of the "Patient Report"
(cliexa-EASE)

Resources

1. [CMS Changes Fact Sheet](#)
2. [CMS Report to Congress on Medicare Telehealth](#)
3. [2020 Medicare Advantage & Part D Flexibility Proposed Rule Fact Sheet](#)
4. [Overview CMS RPM codes from mHealth Intelligence](#)

How does cliexa® work?

