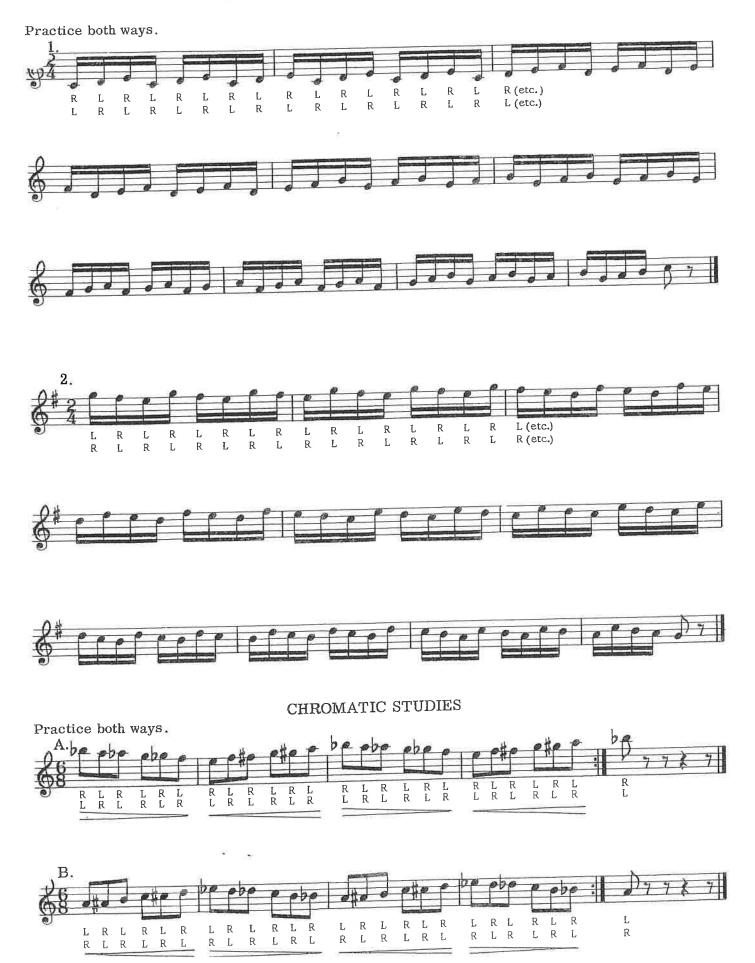




Cross Hammer Exercises



Dotted Eighth Note Studies

