

# Where to find magic mushrooms in Europe



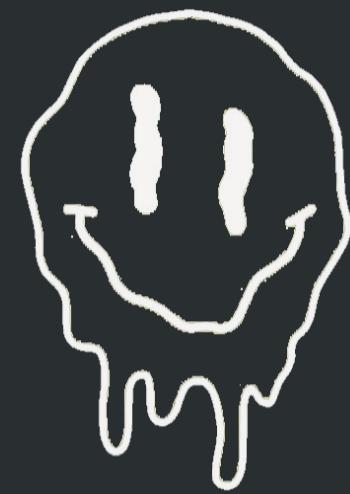
**Psilocybe semilanceata** - commonly known as the liberty cap, is both one of the most widely distributed psilocybin mushrooms in nature and one of the most potent. In wet conditions, the colour will be yellowish-brown. It has a glutinous layer which can be removed. When dried out the colour fades. The conical cap remains a similar shape throughout these changes. It has striated markings with a distinctive small nipple at the top. The thin stem can grow up to 8cm. The gills are creamy-grey at first, but as the mushroom matures they become purple-brown.



## BEWARE OF PICKING THE WRONG SPECIES Some lookalikes are poisonous !

Liberty caps have:

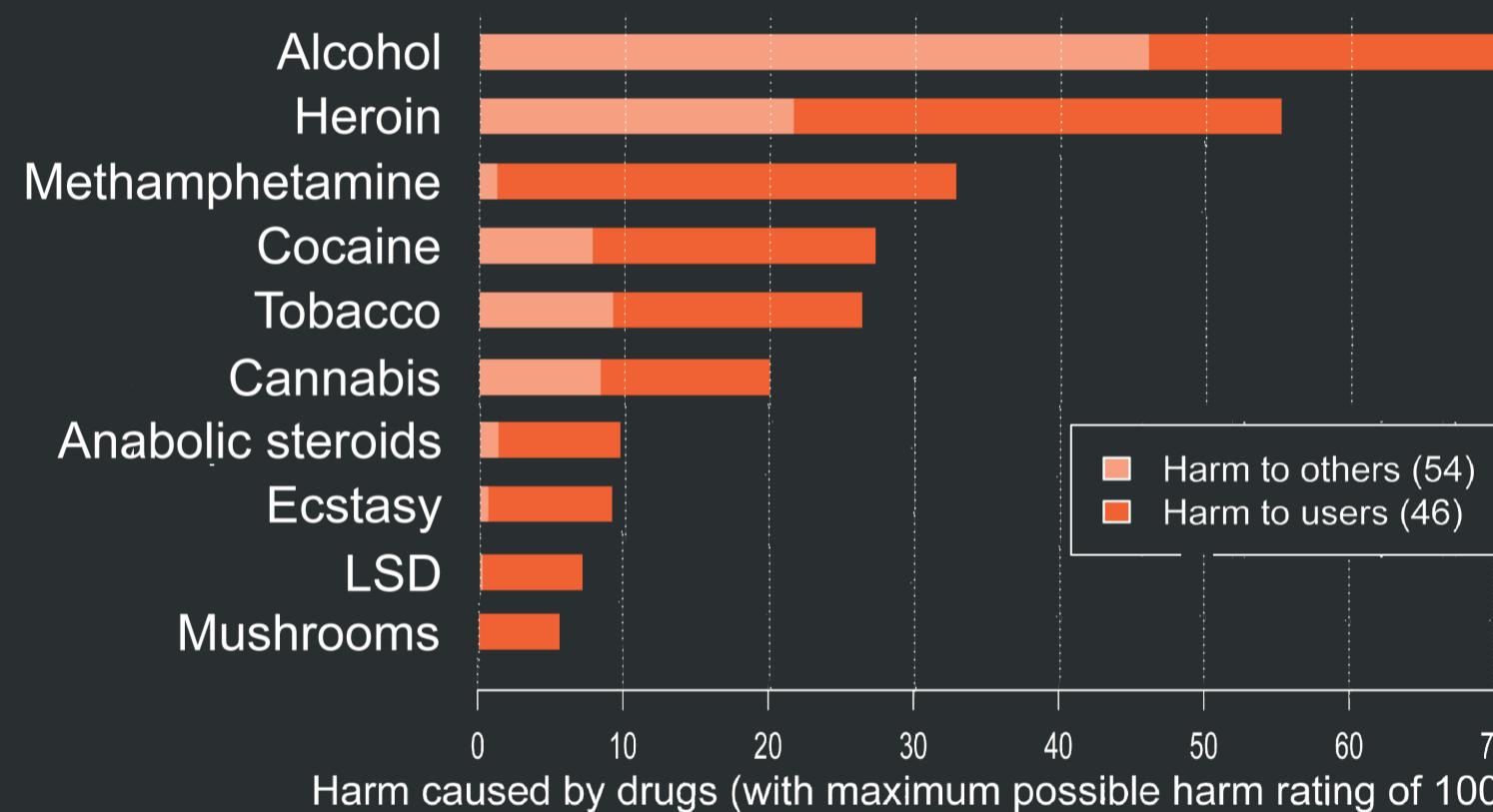
- a nipple on top
- off white stem
- dark-purple gills
- blue stains



## How to feel fine after consumption:

- Start with lower dosage (like 2 grams)
- Do not use it if you are in a bad mood
- Use in a familiar safe space
- Have a trip-sitter with you (trusted non-using informed friend)
- Do not combine it with other drugs !

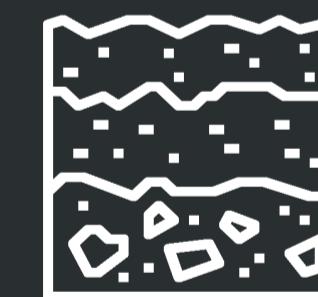
## Comparison of harmfulness of mushrooms with other drugs



## Ideal temperature

This map uses the average temperature in October of 2023. This month seems to be ideal for growth.

- Optimal temperature - 10°C - 14°C
- Adequate temperature - 8.5°C - 17°C



## Documentation & Sources



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2024



## Possible effects on your body:



- Nausea
- Higher body heat
- Colours seem brighter
- Short-term memory anomalies
- Objects seem moving/breathing
- Seeing visual patterns with closed eyes
- Confusion and time distortion

## DID YOU KNOW ?

That psilocybin, the hallucinogen contained in the magic mushrooms, is experimentally used by psychoanalysts to treat patients with depression or alcohol addiction.

Only one therapeutic session under the influence of psilocybin can improve a patient's mood for several months.

Legality of possession:

- Legal
- Decriminalized or unforced
- Illegal
- No Data

### Soil and Temperature:



Unsuitable Soil

Ideal Temperature

Ideal Soil

Bad Conditions

Unsuitable Soil