

# DOES OWNING YOUR HOME MAKE YOU RETIRE EARLY?

A comparative analysis of Germany and the UK

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Deutsche  
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# WHY STUDY HOUSING?

From a **social stratification perspective**:

- Housing is a major driver of inequality and (re-)distribution of life chances in the advanced economies [\[Pfeffer and Waitkus, 2021, Ansell, 2014\]](#)
- Is housing becoming a determinant of class and economic well-being over and above employment? [\[Adkins et al., 2020, Fuller et al., 2020\]](#)

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- Housing as a field for 'social policy by other means' through tax exemptions or subsidies for homeowners [\[Howard, 1999, Seelkopf and Starke, 2019\]](#)
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# WHY STUDY HOUSING AND RETIREMENT?

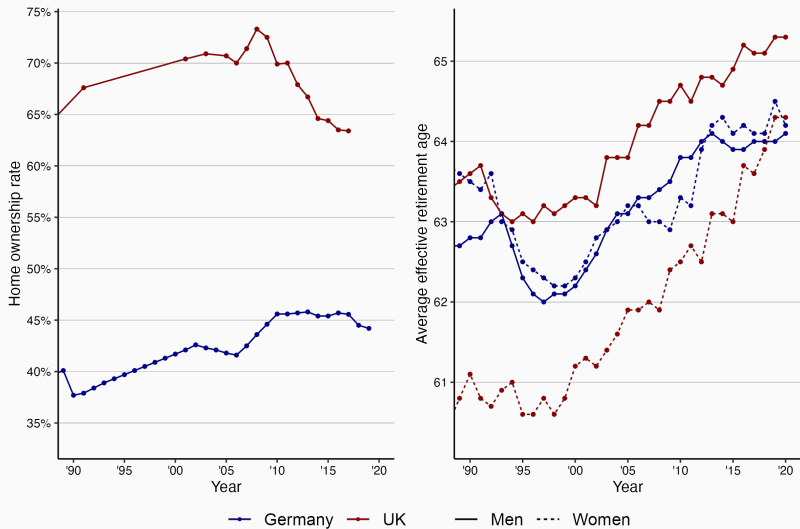


Figure 1: Home ownership rates and average retirement ages (1990-2020)

Three **mechanisms** suggest a **causal link** between individuals' housing tenure and their retirement behaviour:

1. **Permanent income** [Doling and Ronald, 2010b, Friedman, 1957]
  - Home ownership may be a reliable source of in-kind or in-cash income independent of labour market participation
2. **Reduced geographical mobility** [Brunet et al., 2024, Wolf and Caruana-Galizia, 2015, Beugnot et al., 2019]
  - Owners' reduced mobility may limit their re-employment chances
3. **Subjective security** [Zavisca and Gerber, 2016, Elsinga and Hoekstra, 2005]
  - Ownership may be a source of predictability of life on a pension

H1: *Compared to renting, home ownership increases the risk of retirement throughout later life.*

H2: *The effect of home ownership is larger for outright owners than for owners with outstanding mortgage debts.*

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Institutional **context conditions** likely moderate the causal effect of individuals' housing tenure on their retirement behaviour:

1. **Property-based welfare** [Doling and Ronald, 2010a, Doling and Ronald, 2010b]
  - Government welfare provision can be focused on and closely tied to home ownership, e.g., through tax exemptions for mortgages
2. **Financial and rental market regulations** [Hulse and Haffner, 2014, Kemeny, 2002, Stephens, 2020]
  - Large financial markets make it easier to build housing equity, benefit from rising home prices, and release housing equity
  - Weaker tenant protections reduce housing security for renters
3. **Home ownership ideology** [Kemeny, 2011, Kohl, 2020]
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# ANALYTICAL STRATEGY

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# TARGET POPULATION AND DATA

**Target population:** Homeowners and renters at risk of retirement in Germany and the UK during 1991 to 2021

**Data:** Three harmonised longitudinal household surveys

**Samples:** All respondents continuously observed from age 50 to age 65, retirement or censoring, separately by country

Table 1: Data and samples

Germany SOEP	UK BHPS/UKHLS
12,601 individuals	12,549 individuals
80,794 person-years	78,706 person-years
2,437 retirement events	2,061 retirement events

- Multiple imputation of missing covariate values ( $m = 5$ )
- Informative right-censoring accounted for in estimation
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Average treatment effect (ATE) defined as:

$$\begin{aligned} ATE_t = & \frac{1}{n} \sum_{i=1}^n E[Y_{i,t} \mid D_{i;50}, \dots, D_{i;t-1} = \text{Homeowner}] \\ & - \frac{1}{n} \sum_{i=1}^n E[Y_{i,t} \mid D_{i;50}, \dots, D_{i;t-1} = \text{Renter}] \end{aligned} \quad (1)$$

Average difference in the risk of being retired at each age from 51 to 65 for each individual (*counterfactually* and *continuously*) renting or owning their home from age 50.

Risk differences are more meaningful and less statistically arbitrary than more common effect measures such as hazard ratios. [\[Hernán, 2010\]](#)

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# IDENTIFICATION

(Sequential) ignorability, Consistency, and Positivity assumptions must hold to identify ATE from observed data.

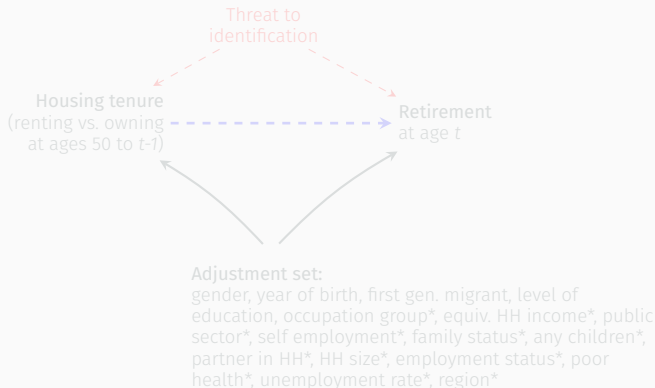


Figure 2: DAG illustrating the assumed causal model

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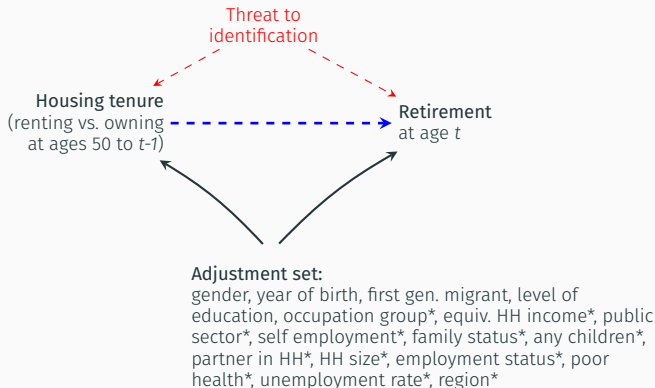


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## Targeted Maximum Likelihood Estimation (TMLE)

- Method from epidemiology that links well with potential outcomes framework [\[Van der Laan and Rose, 2011, Schuler and Rose, 2017\]](#)
- Combines estimation of an outcome model (G-computation) and a treatment model (IPTW) through additional targeting step
- Double robustness and non-parametric estimation improve bias and efficiency compared to conventional time-to-event models
- Assign clearly defined longitudinal treatments (since individuals' housing tenure may change at each age) [\[Diaz et al., 2023\]](#)

### Modelling choices:

- SuperLearner ensemble (GBM, RF, MARS, HAL) with 5-fold CV
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## RESULTS

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# RESULTS (1/4):

## DO HOMEOWNERS RETIRE EARLIER?

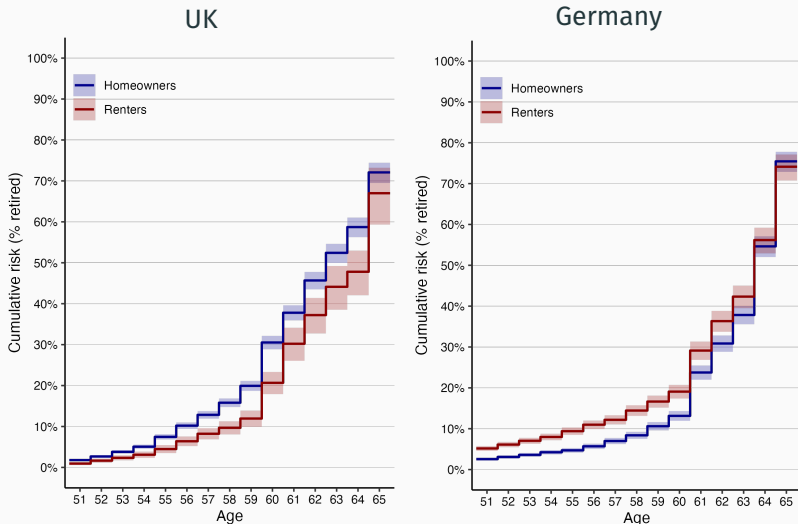


Figure 3: Observed cumulative risk of retirement (Kaplan-Meier estimates)

## RESULTS (2/4):

### DOES OWNING YOUR HOME MAKE YOU RETIRE EARLY?

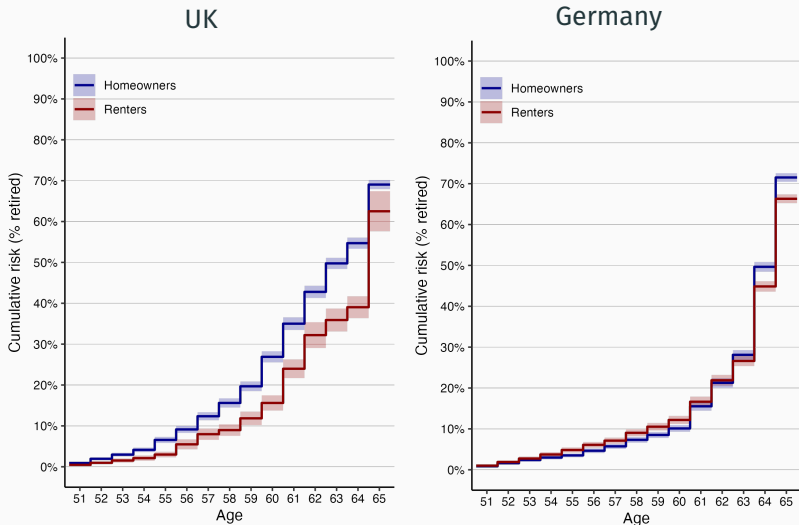


Figure 4: Confounder-adjusted cumulative risk of retirement (TML estimates)

## RESULTS (3/4):

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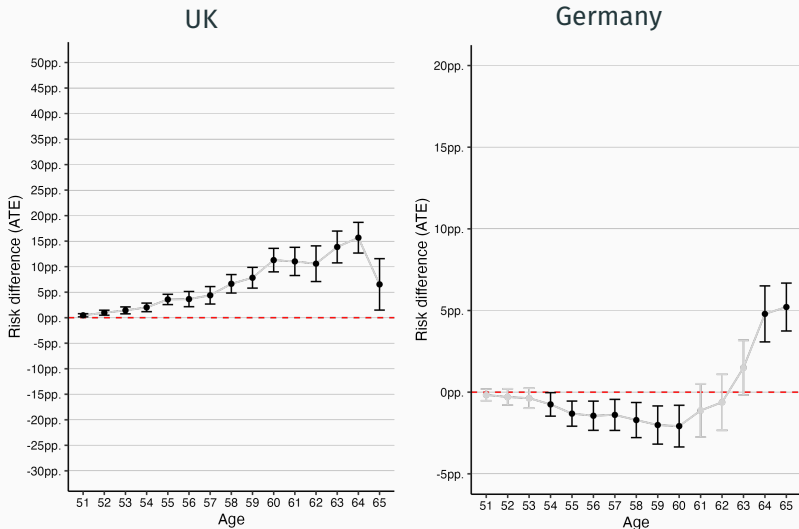


Figure 5: Causal differences in retirement risk

## RESULTS (4/4):

### WHAT ABOUT OWNERS WITH OUTSTANDING MORTGAGE DEBT?

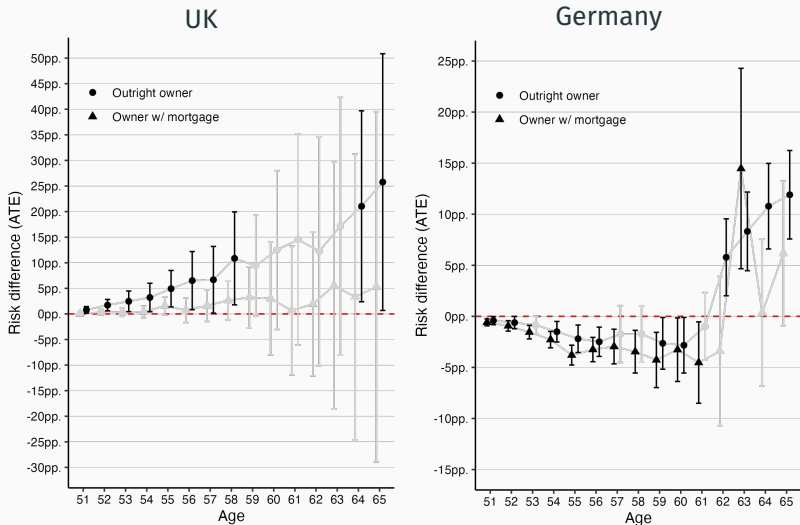


Figure 6: Causal differences in retirement risk by ownership status

## DISCUSSION

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- H1 ✓ Home ownership raises retirement risks by up to 15pp. in the UK and up to 7pp. in Germany, up until statutory retirement ages.
- H2 ✓ However, in both countries, this effect is only present for outright ownership (in line with theorised mechanisms).
- H3 ✓ The effect home ownership is larger in the UK than in Germany.



**Further stratification** limited by low observation numbers (e.g., by period or cohort, gender, location, rent and house price levels).

Causal interpretation of results may be challenged by:

- Violation of ignorability assumption, e.g., due to components of wealth not directly observed (e.g., pension assets, debt)
- Violation of consistency assumption because private and social renting as well as different owner categories are collapsed
- Violation of positivity assumption because some individuals may be very un-/likely to own/rent their home (extreme PS scores)

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1. Housing can be an important dimension of social stratification in work-to-retirement transitions (and probably LM outcomes more generally)
2. Most likely in contexts that privilege ownership, with high rental insecurity, and strongly income-stratified retirement pathways
3. Institutionalised age thresholds moderate the effects of housing; this may not be the case in more flexible retirement regimes

# Thank you!

Working paper and replication materials available  
on my website (<https://jeinhoff.github.io>).





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Table A1: Descriptive statistics (1/5)

Variable	Germany % / Mean (SD)	UK % / Mean (SD)
Retired	x	x
Housing tenure		
Renter	x	x
Owner	x	x
Ownership status		
Mortgagor	x	x
Outright owner	x	x
Female	x	x
Year of birth	x (x)	x (x)
First gen. migrant	x	x
Level of education		
Primary	x	x
Secondary	x	x
Tertiary	x	x
Poor health	x	x

Statistics refer to person-years and are averaged over imputations.

Table A2: Descriptive statistics (2/5)

Variable	Germany % / Mean (SD)	UK % / Mean (SD)
Marital status		
Single	x	x
Married/Partnered	x	x
Divorced/Separated	x	x
Widowed	x	x
Partner in HH	x	x
Any children	x	x
HH size	x (x)	x (x)
Equiv. HH income	x (x)	x (x)
Employment status		
Employed	x	x
Unemployed	x	x
Inactive	x	x
Unemployment rate	x (x)	x (x)
Public sector	x	x
Self employed	x	x

Statistics refer to person-years and are averaged over imputations.

Table A3: Descriptive statistics (3/5)

Variable	Germany % / Mean (SD)	UK % / Mean (SD)
Occupation group		
Managers and professionals	x	x
Technicians and associate professionals	x	x
Clerks and service workers	x	x
Agricultural, elementary, and armed forces occupations	x	x
Craft workers, machine operators and assemblers	x	x
Out of LM	x	x

Statistics refer to person-years and are averaged over imputations.

Table A4: Descriptive statistics (4/5)

Variable	Germany % / Mean (SD)	UK % / Mean (SD)
Region		
Baden-Württemberg	x	
Bayern	x	
Berlin	x	
Brandenburg	x	
Bremen	x	
Hamburg	x	
Hessen	x	
Mecklenburg-Vorpommern	x	
Niedersachsen	x	
Nordrhein-Westfalen	x	
Rheinland-Pfalz	x	
Saarland	x	
Sachsen	x	
Sachsen-Anhalt	x	
Schleswig-Holstein	x	
Thüringen	x	

Statistics refer to person-years and are averaged over imputations.



Table A5: Descriptive statistics (5/5)

Variable	Germany % / Mean (SD)	UK % / Mean (SD)
Region		
East England		x
East Midlands		x
East West		x
London		x
North East		x
North West		x
Northern Ireland		x
Scotland		x
South West		x
Wales		x
West Midlands		x
Yorkshire and the Humber		x

Statistics refer to person-years and are averaged over imputations.

Table A6: Sensitivity of results to PS trimming (UK)

Age	<i>.95 perc.</i>		<i>.975 perc.</i>		<i>.99 perc.</i>	
	ATE	SE	ATE	SE	ATE	SE
51	17.2	3.2	15.3	5.6	18.3	2.3
52	x	x	x	x	x	x
53	x	x	x	x	x	x
54	x	x	x	x	x	x
55	x	x	x	x	x	x
56	x	x	x	x	x	x
57	x	x	x	x	x	x
58	x	x	x	x	x	x
59	x	x	x	x	x	x
60	x	x	x	x	x	x
61	x	x	x	x	x	x
62	x	x	x	x	x	x
63	x	x	x	x	x	x
64	x	x	x	x	x	x
65	x	x	x	x	x	x

Table A7: Sensitivity of results to PS trimming (Germany)

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54	x	x	x	x	x	x
55	x	x	x	x	x	x
56	x	x	x	x	x	x
57	x	x	x	x	x	x
58	x	x	x	x	x	x
59	x	x	x	x	x	x
60	x	x	x	x	x	x
61	x	x	x	x	x	x
62	x	x	x	x	x	x
63	x	x	x	x	x	x
64	x	x	x	x	x	x
65	x	x	x	x	x	x