1. Introduction

This is the introduction of the text. In fact, this is a random test of some stuff to do with a test bibliography what I just made **???**. This is a further test with two references **????**. As Herborn et al. **???** pointed out, tits are pretty cool. This is a great big long block of text with a hard return after **this**. Some further text, after which I will attempt a page break. Here is a further part-sentence in which I will test the insertion of a different type of reference **???** =10.1006/gcen.2001.7749. This is the next sentence.

2. Methods

General methods text close to heaader.

2.1. Methods subsection 1

Here is some more methods text with a code block.

```
summary(cars)
```

```
##      speed           dist
##  Min.   : 4.0   Min.   :  2.00
##  1st Qu.:12.0   1st Qu.: 26.00
##  Median :15.0   Median : 36.00
##  Mean   :15.4   Mean   : 42.98
##  3rd Qu.:19.0   3rd Qu.: 56.00
##  Max.   :25.0   Max.   :120.00
```

Here is the same table but run through tableCat():

speed	dist
4	2
4	10
7	4
7	22
8	16

And here is the same table (Table 1) again, but now with a caption and label:

Table 2: Table 1. This is the actual table caption

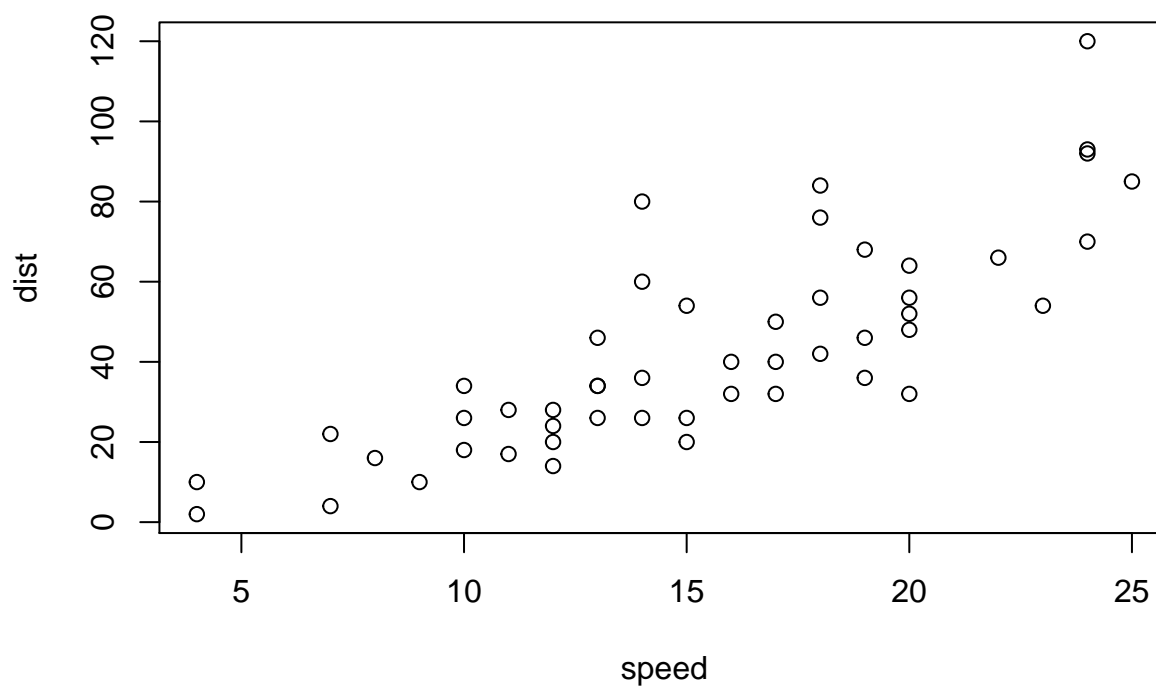| speed	dist
4	2
4	10
7	4
7	22
8	16

Here is a further attempt with the same table but using kable():

Table 3: test

speed	dist
4	2
4	10
7	4
7	22
8	16

2.1.2. Header level 3

You can also embed plots, for example:

Note that the `echo = FALSE` parameter was added to the code chunk to prevent printing of the R code that generated the plot.

References