

What To Do When Domestic Violence Occurs

Facts for Psychosocial First-Aiders

IF YOU KNOW SOMEONE THAT IS AFFECTED OR THREATENED BY DOMESTIC VIOLENCE:

● **Don't blame or judge the survivor:**

In your response to the victim's situation, avoid re-traumatizing them. You must show that you care. If your initial response is to question the survivor, they may not trust you enough to bring you up to date on the problem. This could make them feel neglected and unwilling to reach out to you or others in an emergency.

● **Offer support or link them to where they can get assistance:**

You can provide support/assistance if you are able to do so directly. If not, you can refer them to a shelter to stay if necessary. If their abuser has made them financially reliant, do they have money they can use? Are there any other ways you can help them?

● **Trust the survivor to make the right decision:**

A survivor of domestic violence may attempt to leave their situation many times before they finally succeed. They may return to their abuser repeatedly. They will only break away permanently for good when they are ready. Be prepared for this, and lend your support no matter what.

● **Share Useful Resources:**

Refer survivors to support groups, reporting hotline numbers, and other relevant services. This helps the survivor, who may be too terrified or dejected to conduct the research themselves.

● **Do not confront the abuser. This can endanger both you and the survivor.**

● **Report cases to the relevant authorities or to the appropriate referral centres.**



Want to help women and girls through emotional support ?
You can get certified as a trained Psychosocial First-Aider on the GBV
Tête-À-Tête mobile app!



It's available on both android and iOS devices.

Centre for Women's Health and Information (CEWHIN)

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0913 600 0349



IN
SUPPORT
OF



**Spotlight
Initiative**
To eliminate violence
against women and girls



Organisations To Contact in Lagos State

Who Does What?

Organisation	Contact Details	Address	Services Provided
Bimbo Odukoya Foundation	Telephone: 0803 580 0201	Address: 12, Industrial Estate, Ilupeju, Lagos State.	Bimbo Odukoya Foundation offers psychosocial support, counselling and therapy.
Centre for Women's Health and Information (CEWHIN)	Telephone: 0913 600 0347 0913 600 0349 www.cewhin.com	34, McNeil Road by Akintoye Street, Sabo, Yaba. Lagos State.	CEWHIN provides free counselling, social support and referral services. We also offer psychosocial support to individuals in-person and through our GBV Tête-À-Tête mobile app.
Ireti Resource Centre	Telephone: 0700 333 3111 0701 194 8577	No. 1, Idowu Anisere Bus – Stop, Governor's Road – Ikotun, Lagos	Offers confidential and judgement-free counselling services to women, survivors of sexual and gender-based violence. The Centre also hold a legal session for women and vulnerable groups to access pro-bono legal aid on issues related to their rights and well-being.
Lagos State Domestic and Sexual Violence Agency	Helpline: 08000333333 Website: www.lagosdsva.org Email: info@dsvrtlagos.com	Novel House, Plot 3, Block J, Otunba Jobi fele way. Alausa Ikeja.	<ul style="list-style-type: none"> Offers services to sexual domestic violence survivors and provides referrals. Crisis Support and Legal aid. Counselling and Medical services