

VET CORPS



What is NFO Veterans Corps?

Many New Mexico National Guard, Reservist, Veterans and Military Families struggle with unemployment, family relationship difficulties, and isolation due to feeling *disengaged from society* after leaving the Military.

Not Forgotten Outreach (NFO) Veterans Corps will *engage* Veterans and Military Families by inviting them to serve as National Service Members; allowing them to engage in eco-therapy activities, military-to-civilian transitioning skill development, peer-to-peer mentorship, financial management training, and relationship training in order to improve family relationships, boost self-worth, and, most importantly to the individuals who volunteered to protect our nation, *the ability to serve again by promoting food security during their **second mission**.*

The Second Mission

NFO has purchased 28 acres of grazing land in Taos, New Mexico, with the intent to utilize the land for:



the training center of
NFO Veterans Corps



Taos Veteran Farming Project



a Veterans Memorial



affordable Military Family Housing

Food Security

NFO Veterans Corps will amplify statewide food security by **placing Service Members with non-profit farms across New Mexico**, providing Members with agriculture training, skills and mentorship from experienced farmers, while **giving partnered farms access to a highly skilled and motivated workforce.**

Service Member Outcomes

Short term: Farming & ranching knowledge, improvements in social involvement, physical & mental health.

Mid term: Improvements in sleep, nutrition, and exercise, improved relationships and self-worth.

Long term: Decreases in anxiety, pain, depression, medication and substance use.



Not Forgotten Outreach

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Not Forgotten Outreach (NFO) is a 501(c)(3) dedicated to motivating Military, Veterans & their Families, and Gold Star families of fallen heroes to participate in recreational and/or therapeutic activities in order to facilitate the healing process.



The Military Family Respite Center is a place for military families to come for up to a week free and help each other reintegrate into civilian society. This is an outdoor, rehabilitative, eco-therapeutic retreat that promotes peer connection, challenging outdoor experiences, and healing. Here, military families may share strategies for overcoming obstacles while building bonds of fellowship and enjoying the therapeutic benefits of farming.

www.notforgottenoutreach.org/military-family-respite-center



The Wellness Center provides military families with free Complementary & Alternative Medicine (CAM). The goal of the Wellness Center is to reduce pain, Post-Traumatic Stress symptoms, and improve quality of life with non-narcotic, complementary care services.

www.notforgottenoutreach.org/wellness-center

La Finca Militar is 28 acres of grazing land that NFO will restore to house the Taos Veteran Farming Project, a Veterans Memorial, affordable military housing, public walking trails, and the training center of NFO Veterans Corps. NFO will plant year-round gardens for a farm-to-school program in which veterans and their families will grow food for local public school cafeterias.

www.notforgottenoutreach.org/la-finca-militar

