🗐 Day 7: Summary, Completion, and Reflection

NEW! Bonus Material:...

Welcome to Distraction Disruptor

Mission 1: What You're In For

Mission 2: Self Distraction

Mission 3: Tech Setting For Flow

Attention Against Technology

Mission 4: Tools to Guard Your

Mission 5: Escaping Tech Slavery

Management Practices

Mission 6: Asserting Your Digital

Mission 7: Peak Performance Over the Long-Haul

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Bonus Video 1: The Road Map to

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■ Bonus Video 2: Focus & Flow

NEW! Bonus Material:...

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Bonus Video 3: The Future,

Tachnalagur Or Innovestion

Have a question? Contact us at support@flowresearchcollective.com.

M8.V7 - Summary, Completion _ Reflection.pptx.pdf

Exercise: Defining Impossible

Congratulations! You have completed Zero to Dangerous. Well done!

Now it's time to see how far you have come. Please complete the

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M8.V7 - Summary, Completion _ Reflection.pptx.pdf

Exercise: Defining Impossible

Congratulations! You have completed Zero to Dangerous. Well done!

Now it's time to see how far you have come. Please complete the Post-survey Dangerous Diagnostic and we will collate your pre and post results and present them to you so you can see the progress you have made (as well as where you need to dial things in further)

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