

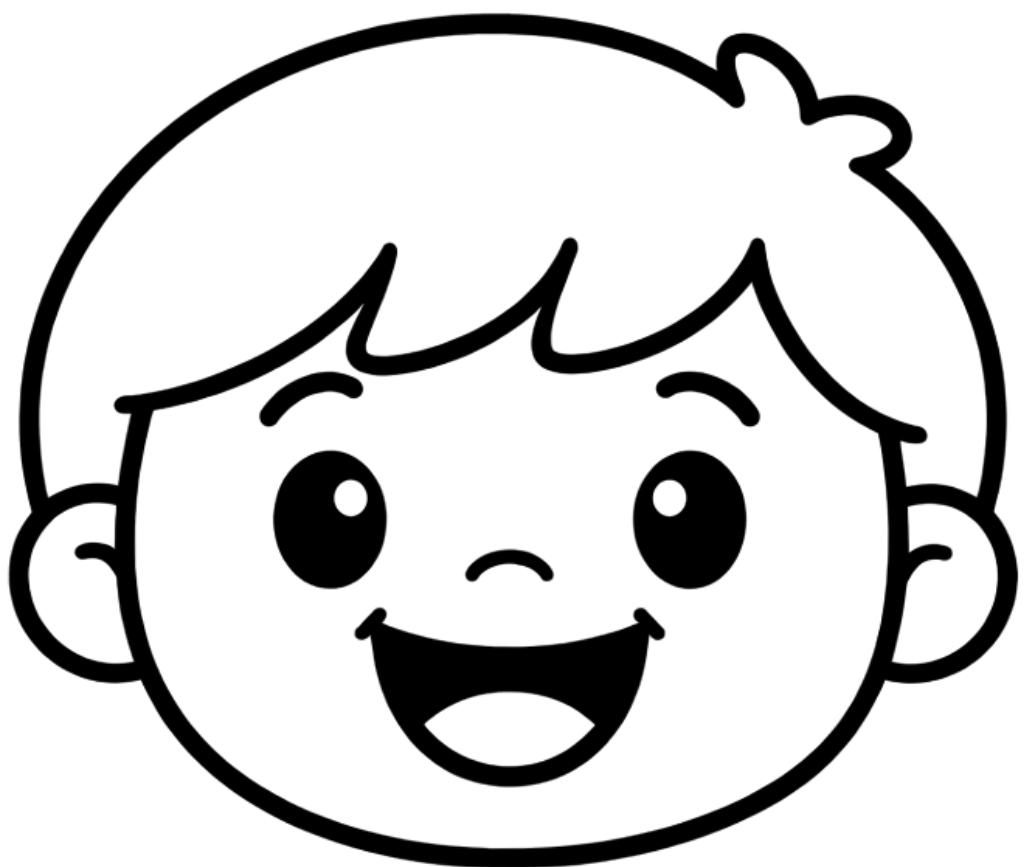
Dotty Moo

Colouring Pack



EMOTIONS & FEELINGS

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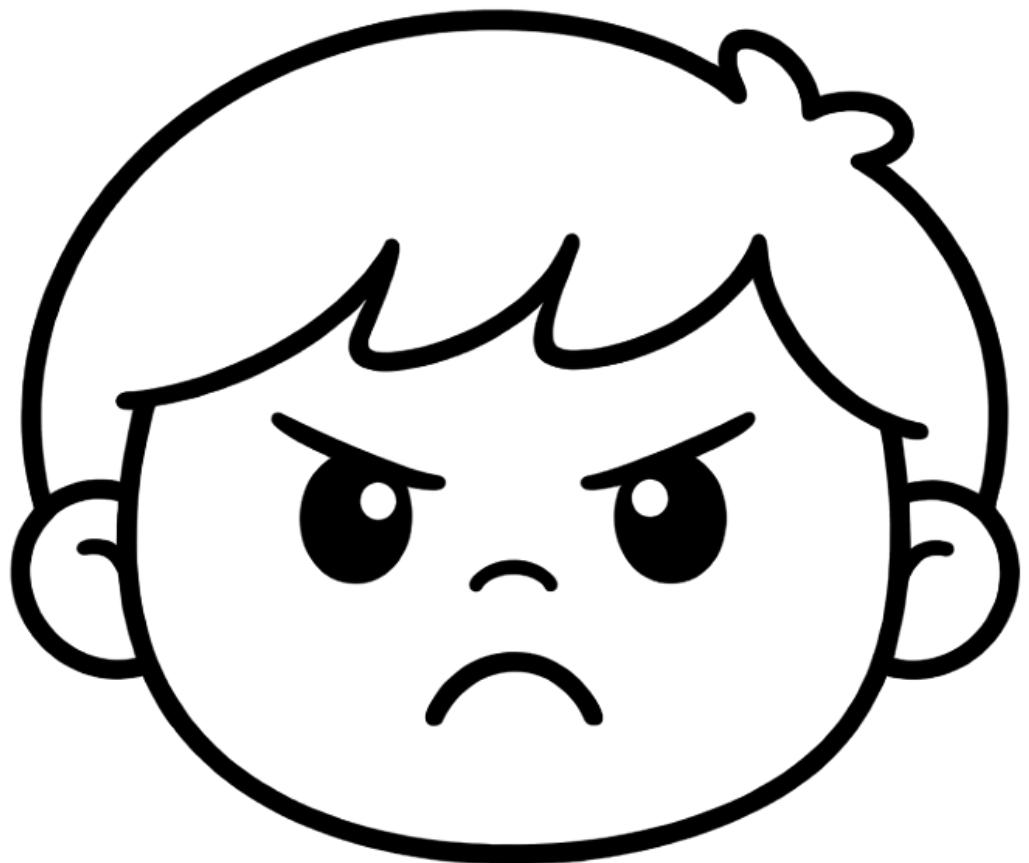


Happy



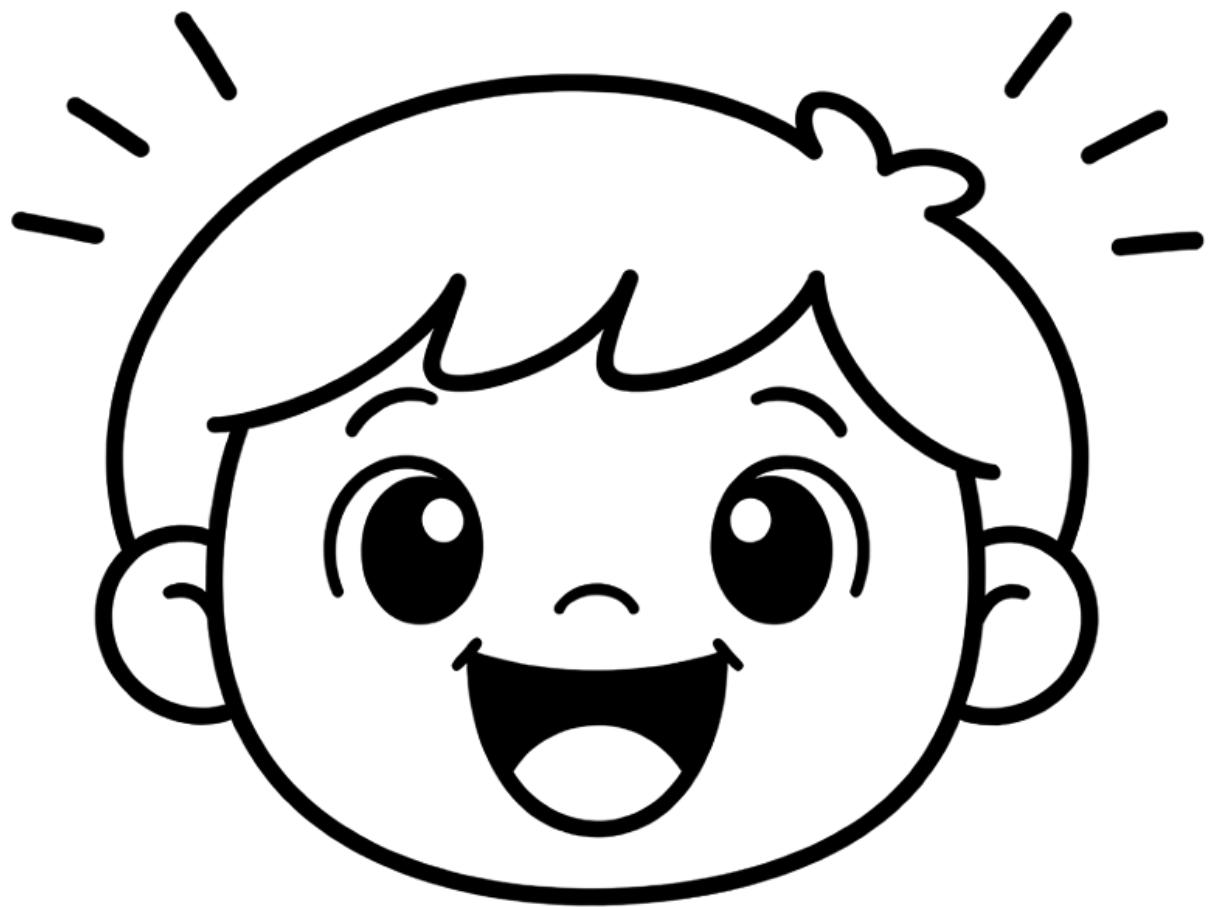


Sad

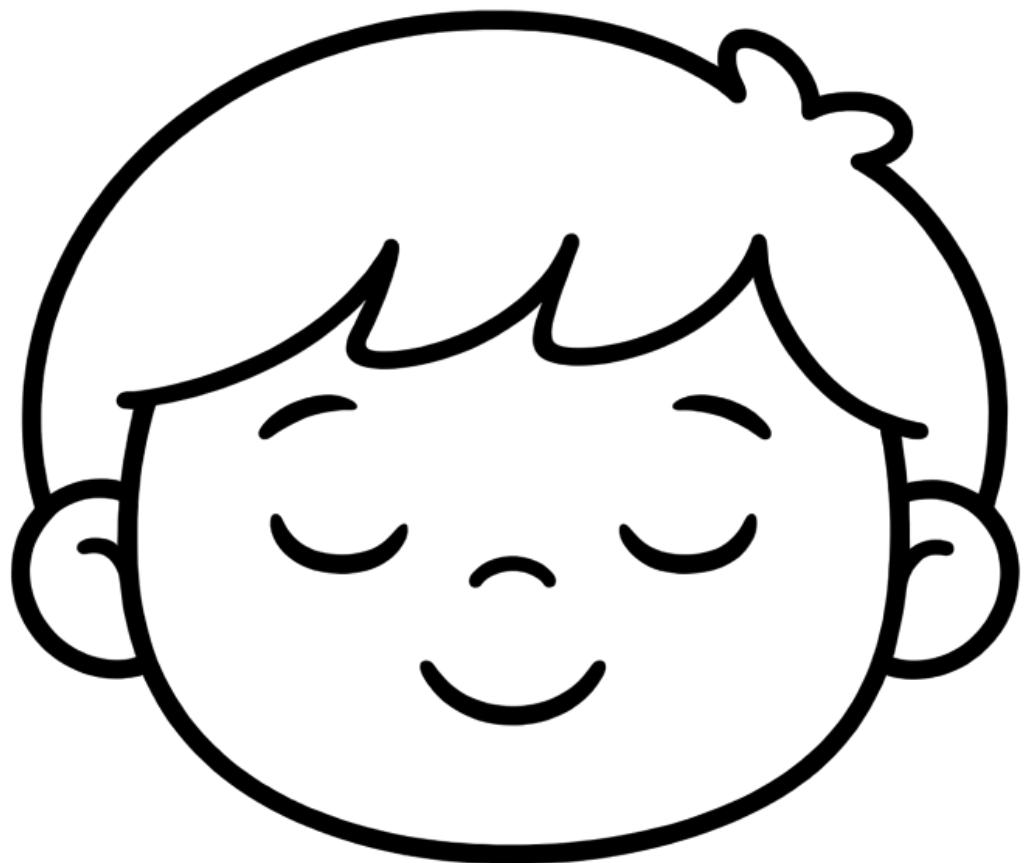


Angry



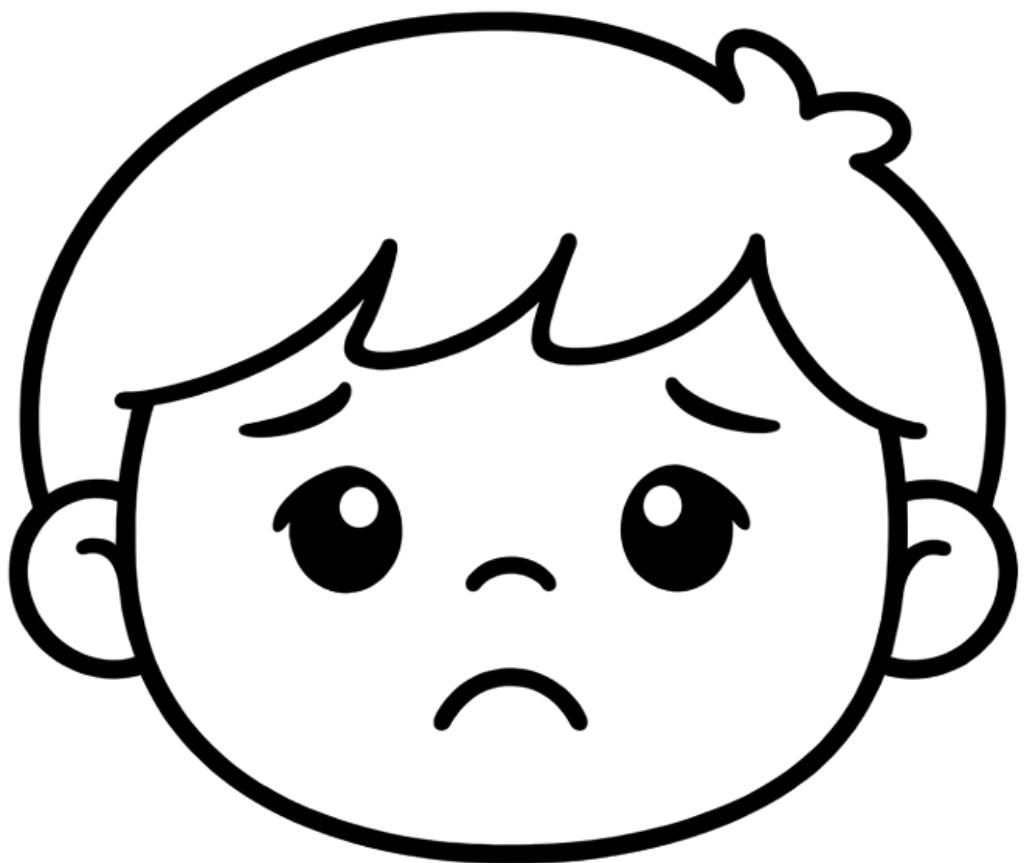


Excited



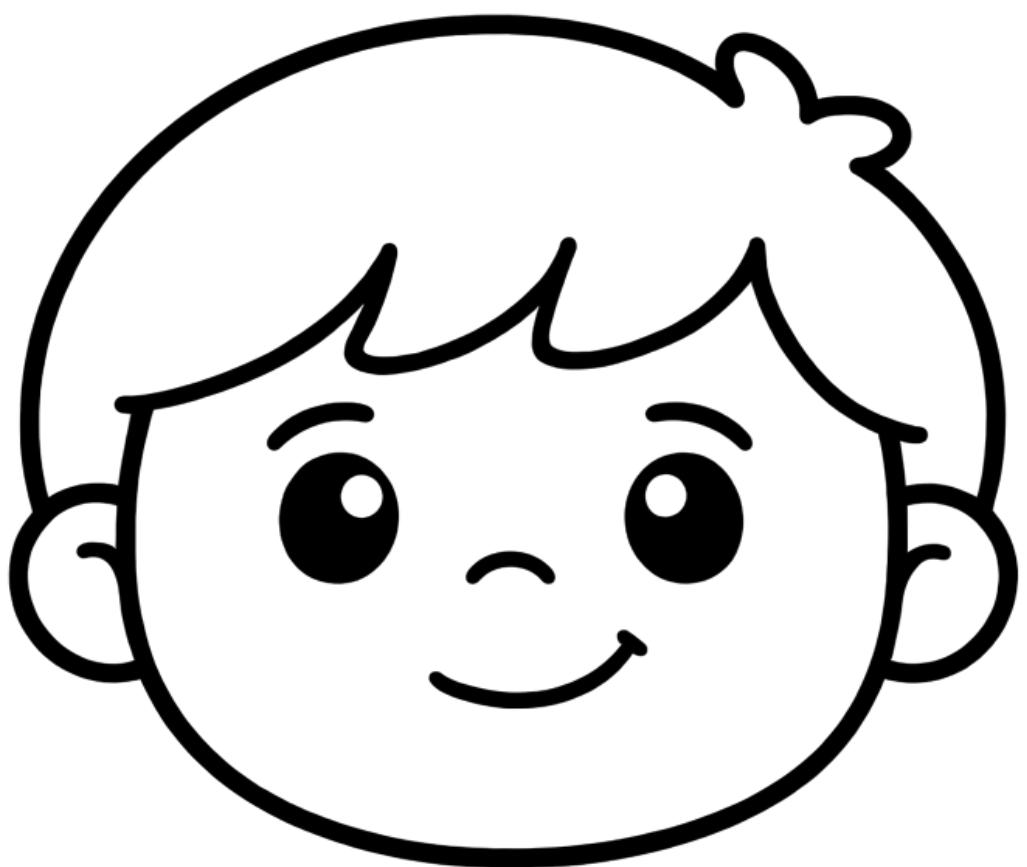
Calm





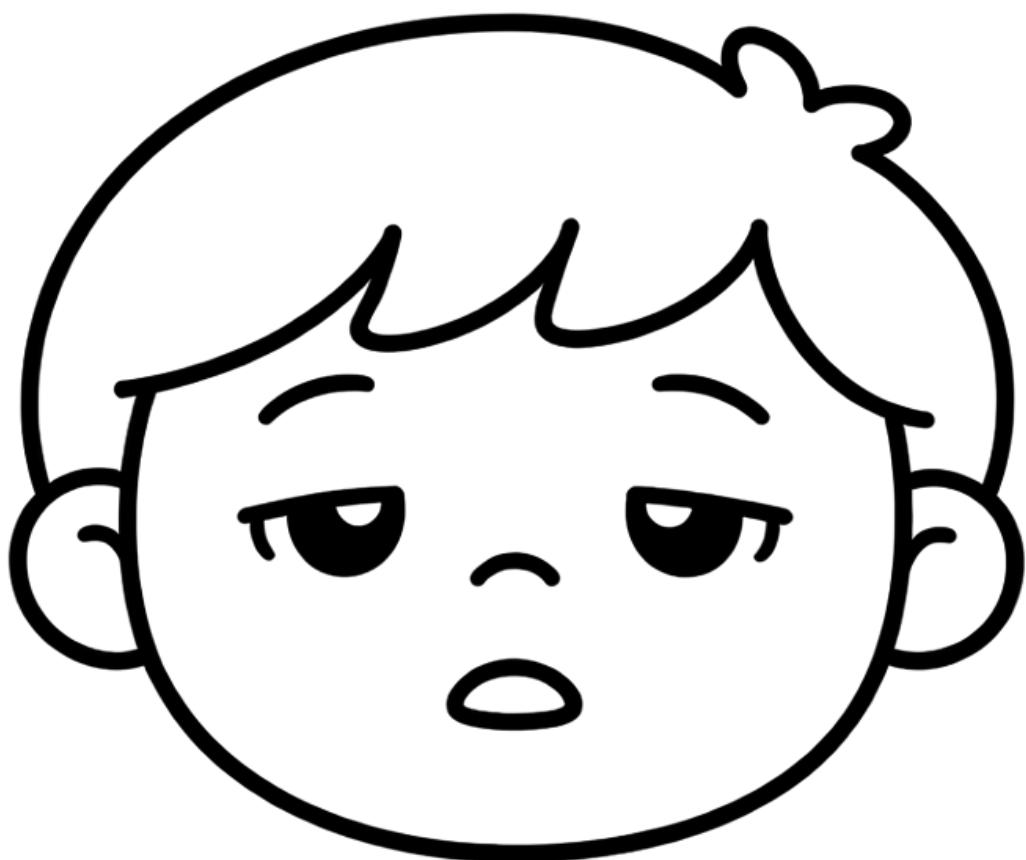
Worried



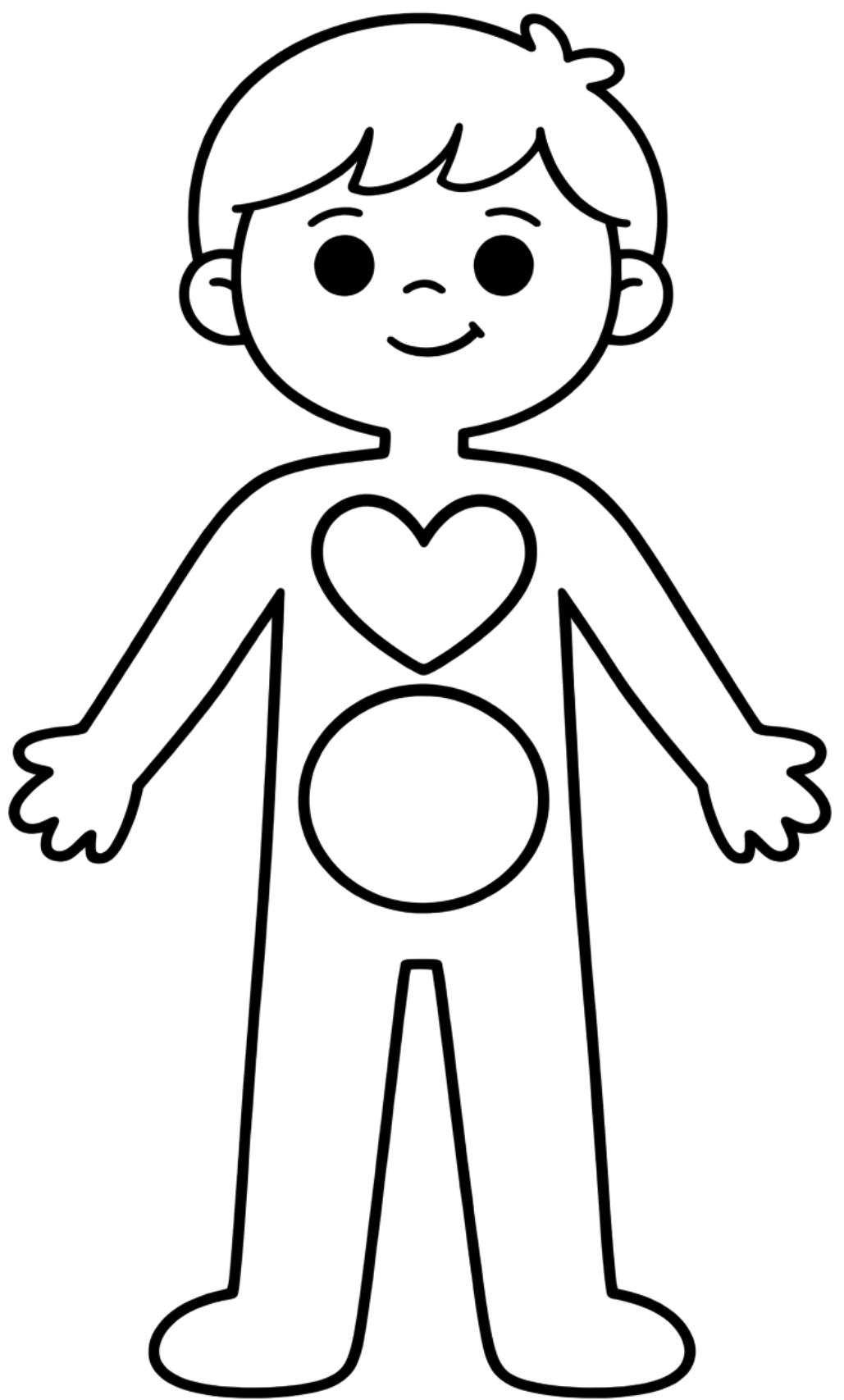


Proud



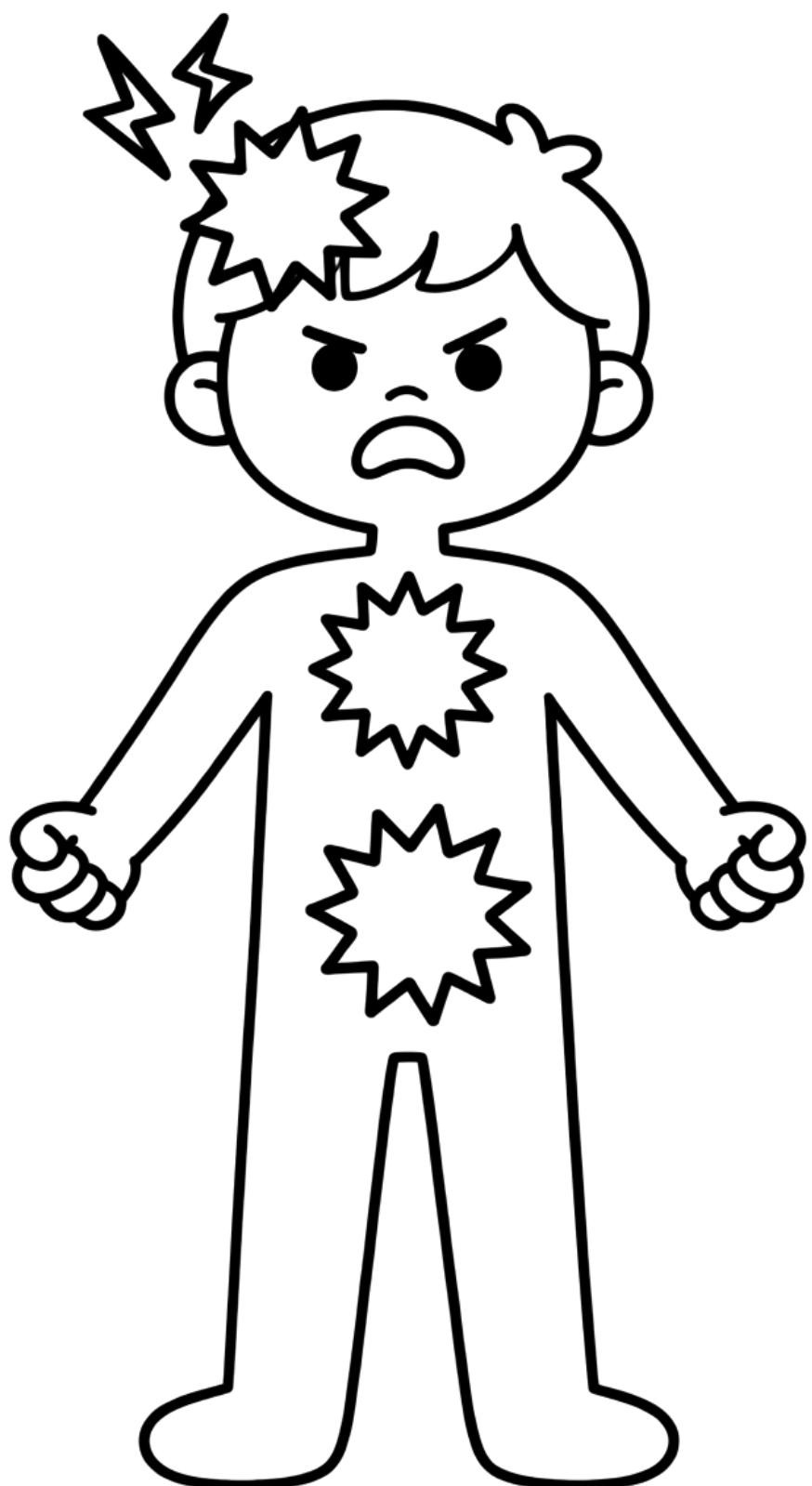


Tired

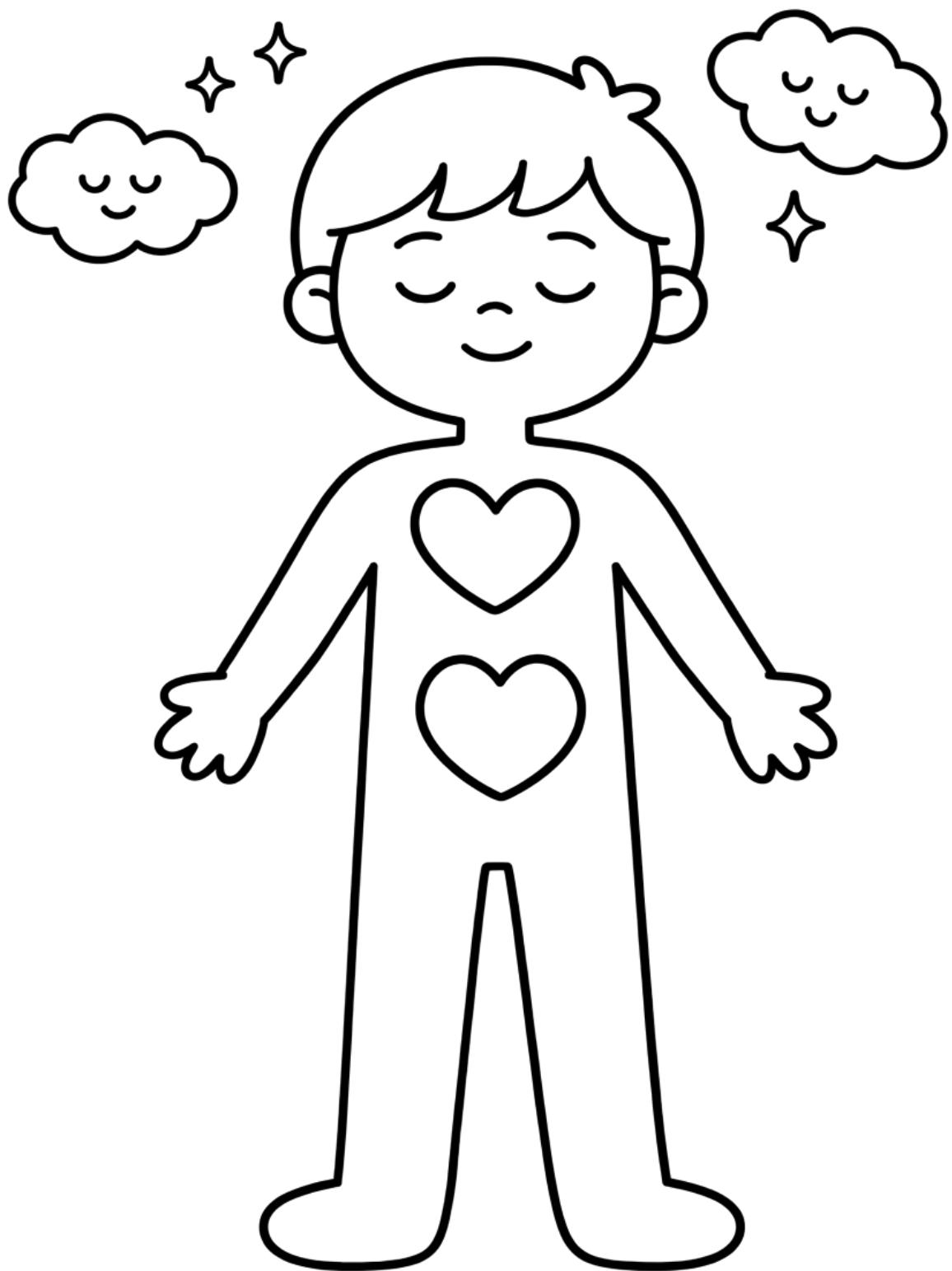


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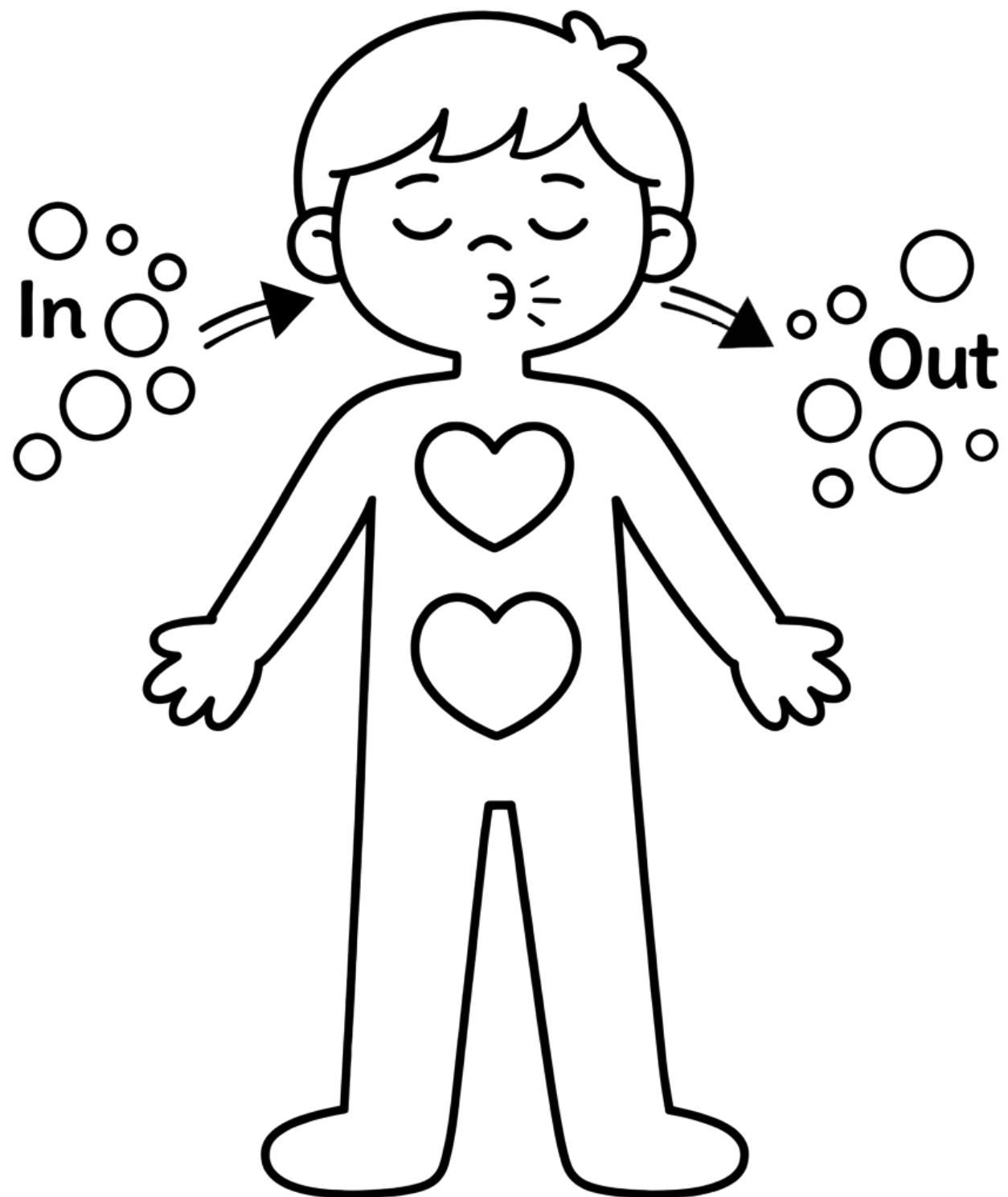
When I feel angry

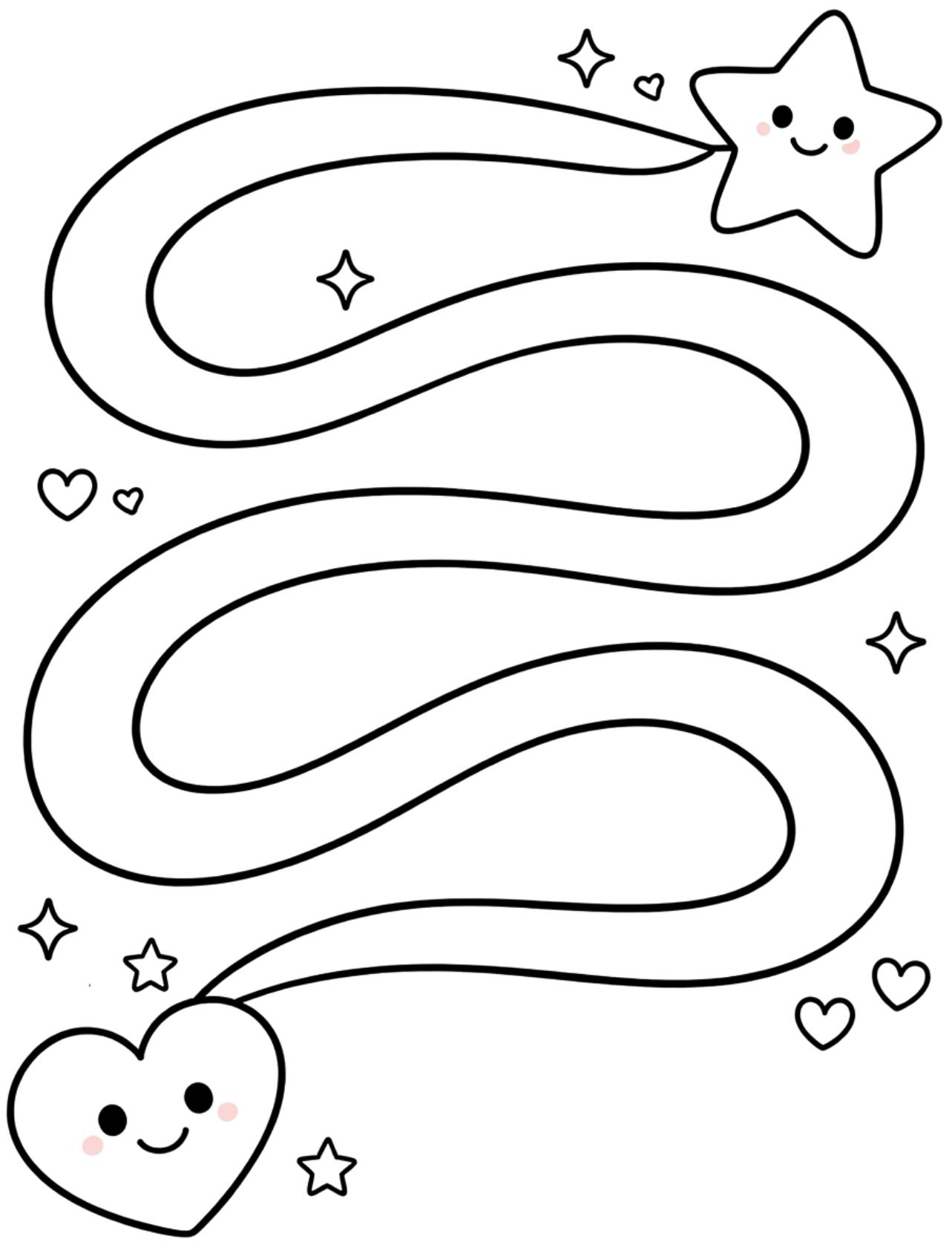


When I feel calm



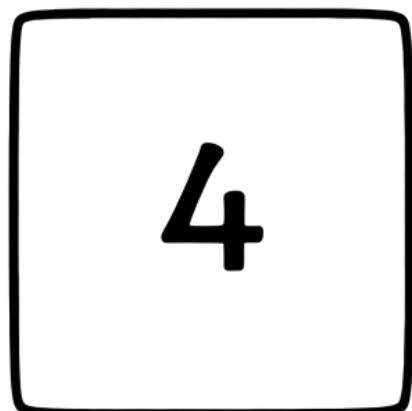
Breathe in. Breathe out.





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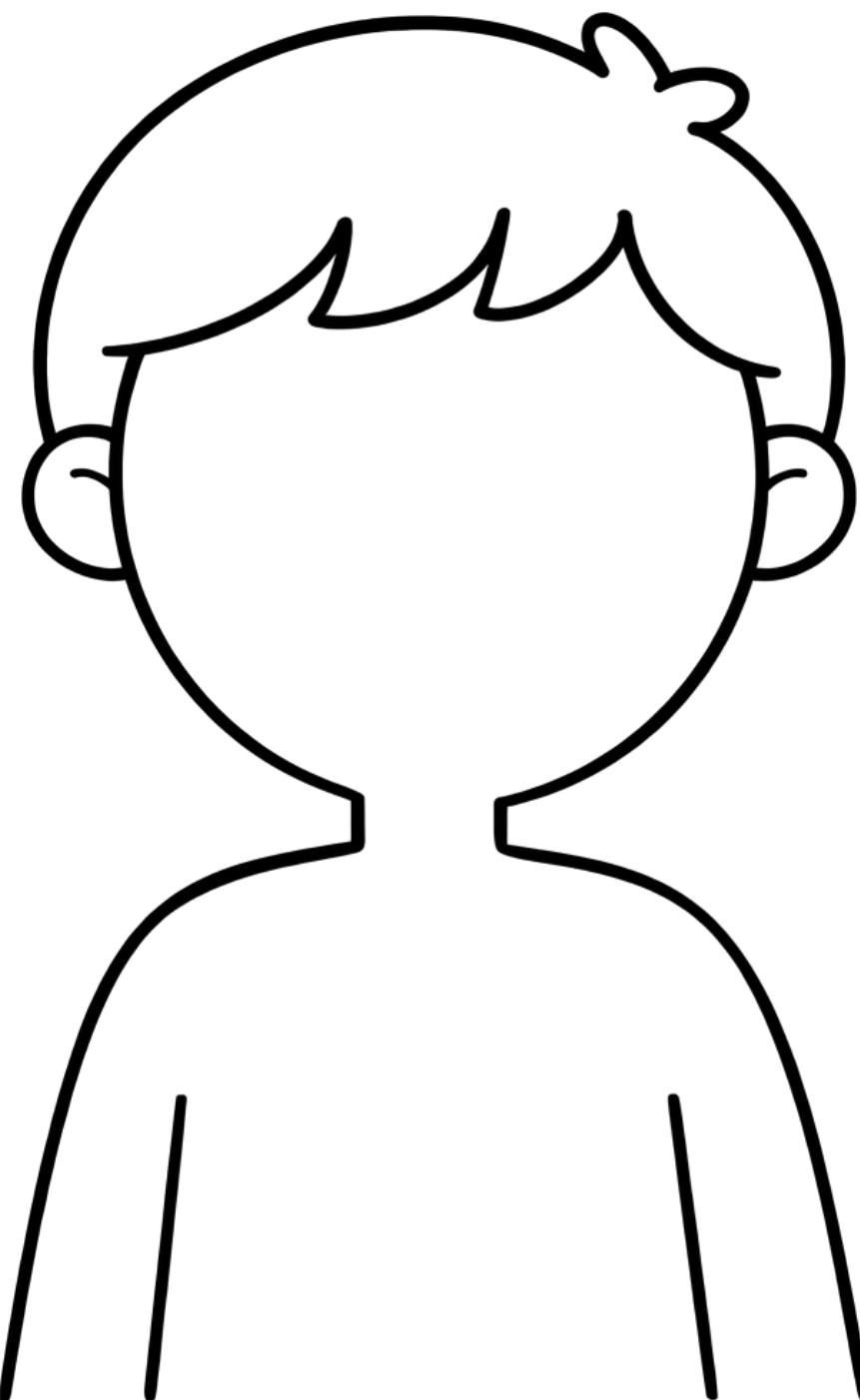
Count to 5



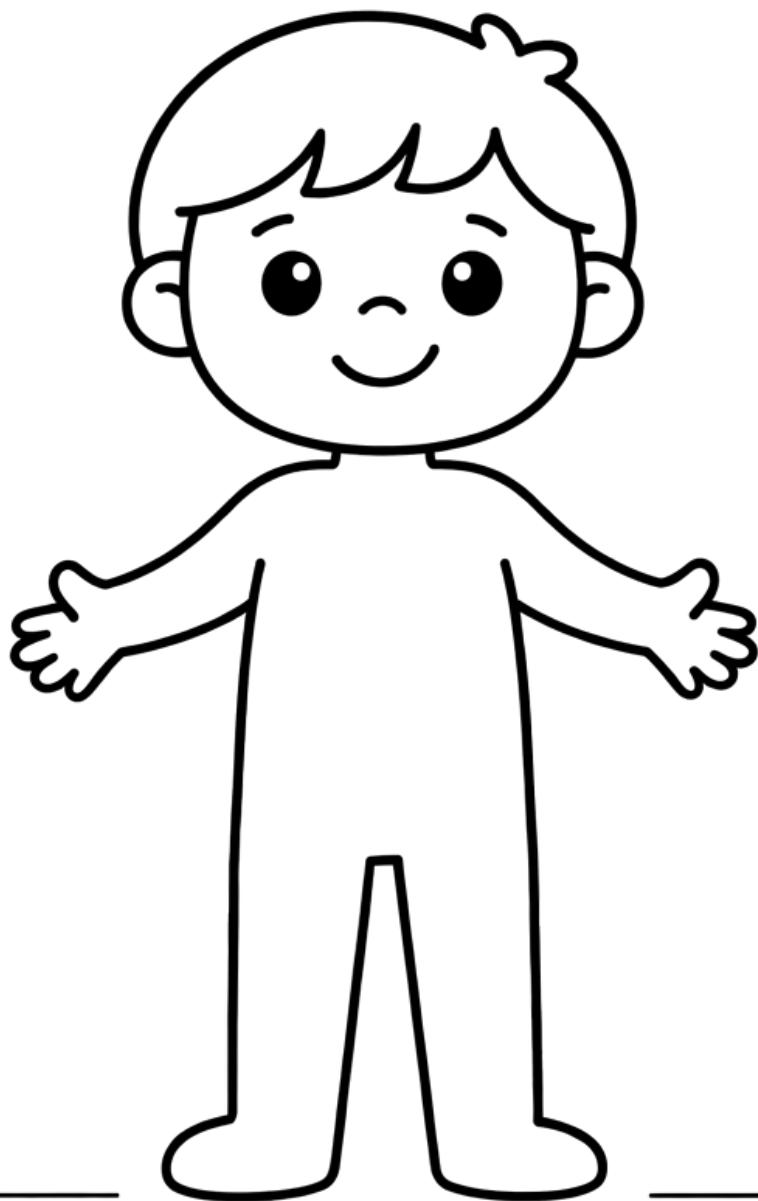
Quiet time



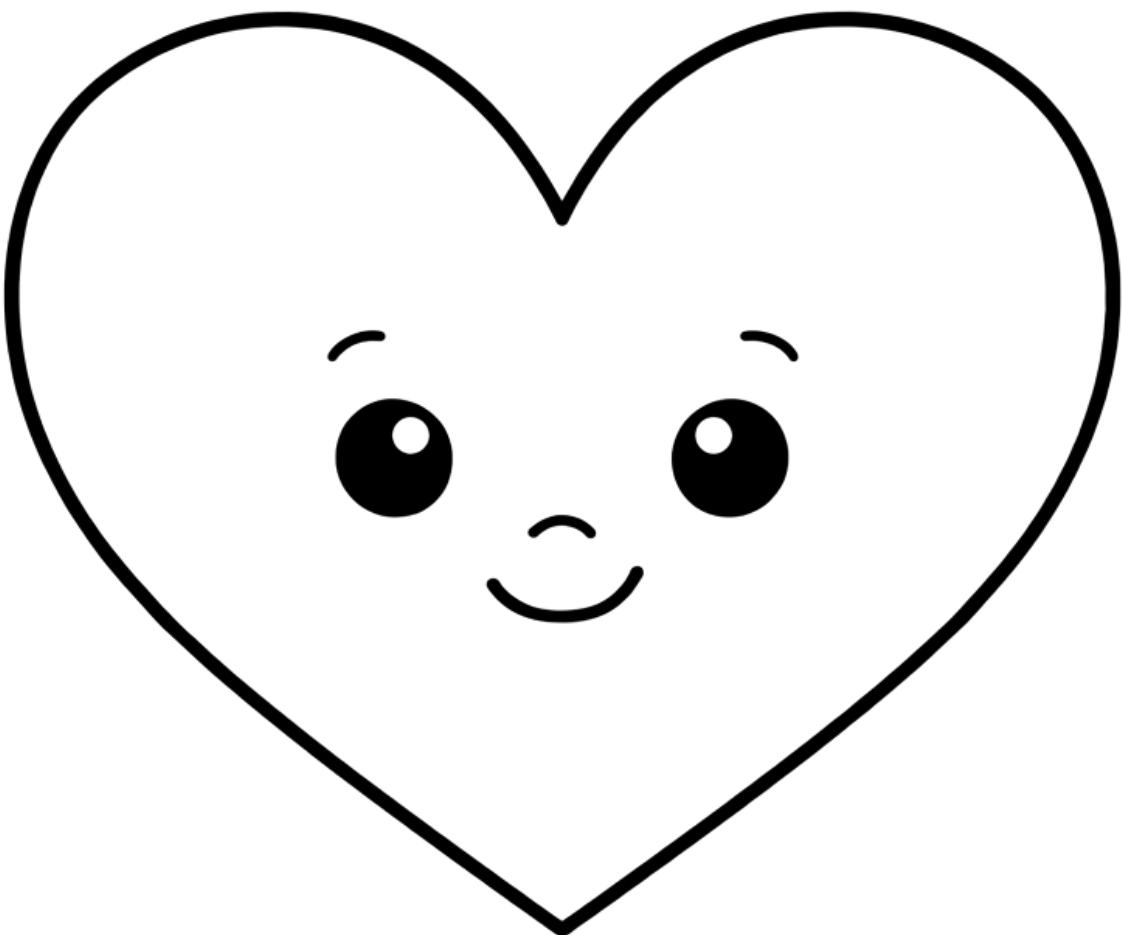
Draw how you feel



How do you feel today?



Colour the feeling



My Calm Space



I am okay

