

INTELLECTION®

I am a reflective lover of mental activity and intellectual discussion, who values time alone to think and enjoy introspection.

Seek classroom environments that focus on discussion and participation.

Academic Life

- Use an academic planner or consult an advisor who can help you think about a clear path.
- Leave time in your schedule to unwind from long days on campus.



Decision Making

- Intellection can lead to over-thinking and indecisiveness. Look to others for clarity.
- · Write down your thoughts in order to organize them.
- Take time and space in a quiet environment to consider your options.

Relationship Building

- · Surround yourself with others who enjoy in-depth discussion on a variety of subjects.
- · Choose friends who understand your need for solitude and be sure to allow yourself ample time to be alone with your thoughts.
- · Avoid over-thinking and assumptions that will cause conflict in your relationships.

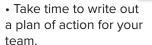
Extracurriculars

- · Activities like reading and video games allow solitary time to stretch your mind.
- Meditative yoga and journaling will bring you peace and balance.
- · Attend debates or watch videos of discussions on topics that pique your interest.

Career Goals

- Research careers that intrigue you and contemplate the details of each situation.
- A workspace that provides opportunities for quiet and solitude are ideal for you.
- Select work that allows for the sharing and deliberating of ideas.

Leadership Tips



- · Facilitate stimulating discussion amongst those vou lead.
- Attend conferences on subjects that interest you and offer to conduct panels