



BELIEF[®]

I operate with a sense of **spirituality and integrity**, with a strong inner compass that guides me towards what is meaningful and altruistic.

Academic Life



- Give yourself an academic mission statement. That way you can stick to it and ensure your coursework furthers your value-driven goals.
- Write and speak about topics that you are passionate about to weave your beliefs into your coursework.
- Research individuals you admire and see how they pursued their studies.

Decision Making



- Create a gallery of the people whose lives have influenced them. Use their guidance when making tough decisions.
- Make sure you're giving yourself time to achieve a work life balance, so you have a clear, safe mental space from which to make decisions.
- Clarify your values by looking at your best day ever. How can your decisions help reproduce that day as often as possible?

Relationship Building



- Give voice to your values! This will help others know how to relate to you.
- Cultivate friends who share your basic values.
- Build friendships with those with a Futuristic trait to help paint a picture for the path your values will take you down.

Extracurriculars



- Attend events and services that align with your particular belief and value systems.
- Consider running for a campus office, with a campaign centered around your values.
- Serve meals at a local homeless center, or volunteer for community service.

Career Goals



- Spend time thinking about your "calling." Check with the Career Center for a roadmap to achieving your goals.
- Find a workplace that respects your desire to spend time with family and volunteer work.
- People-oriented environments will allow you to flourish.

Leadership Tips



- The meaning and purpose of your work will act as a beacon for others.
- Talking to the hearts of people can be a strong motivator.
- Express your beliefs without judgement, and understand that some people's beliefs will differ from yours, and that's ok!

