



## POSITIVITY®

I am an **enthusiastic cheerleader**, who is generous with praise and able to lighten the mood by seeing the optimism and humor in any situation.

### Academic Life



- Seek classrooms with a positive social environment that allows for discussion.
- Choose professors who are able to find the silver linings.
- Join a club that facilitates positive change.

### Career Goals



- Search for career environments that are relaxed, social, and upbeat.
- Working on a welcome team will allow you to spread your enthusiasm.
- Your dynamic attitude make you an essential part of a sales team.

### Decision Making



- Make a pros and cons list, and focus on turning the cons into more pros.
- When deliberating, find an environment with good energy.
- If at an impasse, take a break with something light-hearted before returning to the matter at hand.

### Leadership Tips



- Your ability to lift others up makes you an excellent teacher or team captain.
- Recognize challenges, but show others how to approach them positively.
- Arm yourself with good stories, jokes, and anecdotes to encourage others.

### Relationship Building



- Find partners for fun activities like hiking or painting.
- Plan events to celebrate the people in your life.
- Seek out others who are also able to stay on the bright side of life.

### Extracurriculars



- Attend events where you can be a cheerleader.
- Seek active hobbies that satisfy your need for adventure and fun.
- Look for free comedy events in your area.

