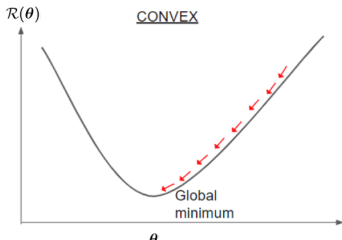


# Optimization in Machine Learning

## Deep dive: Gradient descent and optimality

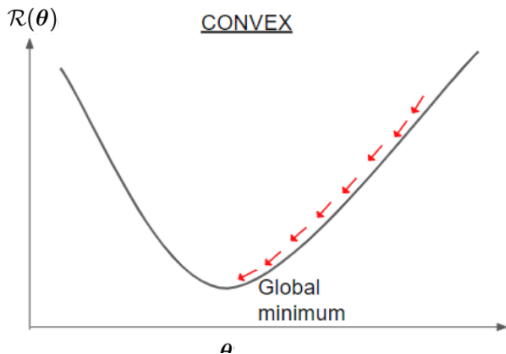


### Learning goals

- Convergence of GD

# GRADIENT DESCENT AND OPTIMALITY

- GD is a greedy algorithm: In every iteration, it makes locally optimal moves.
- If  $f(\mathbf{x})$  is **convex** and **differentiable**, and its gradient is Lipschitz continuous, GD is guaranteed to converge to the global minimum for small enough step-size.



# GRADIENT DESCENT AND OPTIMALITY

Assume  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  convex and differentiable and assume that global minimum  $\mathbf{x}^*$  exists. Assume  $\nabla f$  is Lipschitz continuous with  $L > 0$ :

$$\|\nabla f(\mathbf{x}) - \nabla f(\tilde{\mathbf{x}})\| \leq L\|\mathbf{x} - \tilde{\mathbf{x}}\| \quad \text{for all } \mathbf{x}, \tilde{\mathbf{x}}$$

(i.e., gradient can't change arbitrarily fast).

**Convergence of GD:** GD with  $k$  iterations with starting point  $\mathbf{x}^{[0]}$  and fixed step-size  $\alpha \leq 1/L$  will yield a solution  $f(\mathbf{x}^{[k]})$ , which satisfies

$$f(\mathbf{x}^{[k]}) - f(\mathbf{x}^*) \leq \frac{\|\mathbf{x}^{[0]} - \mathbf{x}^*\|^2}{2\alpha k}$$

This means, that GD converges with rate  $\mathcal{O}(1/k)$ .

# GRADIENT DESCENT AND OPTIMALITY

**Proof:** From  $\nabla f$  Lipschitz it follows that  $\nabla^2 f(\mathbf{x}) \preceq L \cdot \mathbf{I}$  for all  $\mathbf{x}$ .

NB: The generalized inequality  $\nabla^2 f(\mathbf{x}) \preceq L\mathbf{I}$  means that  $L \cdot \mathbf{I} - \nabla^2 f(\mathbf{x})$  is positive semidefinite. This means that  $\mathbf{v}^\top \nabla^2 f(\mathbf{u}) \mathbf{v} \leq L \|\mathbf{v}\|^2$  for any  $\mathbf{u}$  and  $\mathbf{v}$ .

We perform a quadratic expansion of  $f$  around  $\tilde{\mathbf{x}}$ :

$$\begin{aligned} f(\mathbf{x}) &\approx f(\tilde{\mathbf{x}}) + \nabla f(\tilde{\mathbf{x}})^\top (\mathbf{x} - \tilde{\mathbf{x}}) + \textcolor{blue}{0.5(\mathbf{x} - \tilde{\mathbf{x}})^\top \nabla^2 f(\tilde{\mathbf{x}})(\mathbf{x} - \tilde{\mathbf{x}})} \\ &\leq f(\tilde{\mathbf{x}}) + \nabla f(\tilde{\mathbf{x}})^\top (\mathbf{x} - \tilde{\mathbf{x}}) + 0.5L \|\mathbf{x} - \tilde{\mathbf{x}}\|^2 \text{ (descent lemma),} \end{aligned}$$

as the blue term is at most  $0.5 \cdot L \cdot \|\mathbf{x} - \tilde{\mathbf{x}}\|^2$ .

Now, do one GD update with step size  $\alpha \leq 1/L$ :

$$\mathbf{x}^{[t+1]} = \mathbf{x}^{[t]} - \alpha \nabla f(\mathbf{x}^{[t]})$$

and plug this in the descent lemma.

# GRADIENT DESCENT AND OPTIMALITY

We get

$$\begin{aligned}f(\mathbf{x}^{[t+1]}) &\leq f(\mathbf{x}^{[t]}) + \nabla f(\mathbf{x}^{[t]})^\top (\mathbf{x}^{[t+1]} - \mathbf{x}^{[t]}) + \frac{1}{2}L\|\mathbf{x}^{[t+1]} - \mathbf{x}^{[t]}\|^2 \\&= f(\mathbf{x}^{[t]}) + \nabla f(\mathbf{x}^{[t]})^\top (\mathbf{x}^{[t]} - \alpha \nabla f(\mathbf{x}^{[t]}) - \mathbf{x}^{[t]}) + \frac{1}{2}L\|\mathbf{x}^{[t]} - \alpha \nabla f(\mathbf{x}^{[t]}) - \mathbf{x}^{[t]}\|^2 \\&= f(\mathbf{x}^{[t]}) - \nabla f(\mathbf{x}^{[t]})^\top \alpha \nabla f(\mathbf{x}^{[t]}) + \frac{1}{2}L\|\alpha \nabla f(\mathbf{x}^{[t]})\|^2 \\&= f(\mathbf{x}^{[t]}) - \alpha \|\nabla f(\mathbf{x}^{[t]})\|^2 + \frac{1}{2}L\alpha^2 \|\nabla f(\mathbf{x}^{[t]})\|^2 \\&= f(\mathbf{x}^{[t]}) - (1 - \frac{1}{2}L\alpha)\alpha \|\nabla f(\mathbf{x}^{[t]})\|^2 \\&\leq f(\mathbf{x}^{[t]}) - \frac{1}{2}\alpha \|\nabla f(\mathbf{x}^{[t]})\|^2,\end{aligned}$$

where we used  $\alpha \leq 1/L$  and therefore  $-(1 - \frac{1}{2}L\alpha) \leq \frac{1}{2}L\frac{1}{L} - 1 = -\frac{1}{2}$ .

Since  $\frac{1}{2}\alpha \|\nabla f(\mathbf{x}^{[t]})\|^2$  is always positive unless  $\nabla f(\mathbf{x}) = 0$ , it implies that  $f$  strictly decreases with each iteration of GD until the optimal value is reached. So, it is a bound on guaranteed progress if  $\alpha \leq 1/L$ . The sequence is also bounded from below, as we assume the existence of a global min, hence it converges.

# GRADIENT DESCENT AND OPTIMALITY

Now, we bound  $f(\mathbf{x}^{[t]})$  in terms of  $f(\mathbf{x}^*)$  using that  $f$  is convex. By 1st-order condition of convexity: Every tangent / 1st order Taylor is always below  $f$  (develop at  $\mathbf{x}^{[t]}$ , var of linear function is  $\mathbf{x}$ ):

$$f(\mathbf{x}^{[t]}) + \nabla f(\mathbf{x}^{[t]})^\top (\mathbf{x} - \mathbf{x}^{[t]}) \leq f(\mathbf{x})$$

So this holds also for  $\mathbf{x} = \mathbf{x}^*$

$$f(\mathbf{x}^{[t]}) - f(\mathbf{x}^*) \leq \nabla f(\mathbf{x}^{[t]})^\top (\mathbf{x}^{[t]} - \mathbf{x}^*)$$

# GRADIENT DESCENT AND OPTIMALITY

When we combine this and the bound derived before, we get

$$\begin{aligned}f(\mathbf{x}^{[t+1]}) - f(\mathbf{x}^*) &\leq f(\mathbf{x}^{[t]}) - \frac{\alpha}{2} \|\nabla f(\mathbf{x}^{[t]})\|^2 - f(\mathbf{x}^*) \\&= f(\mathbf{x}^{[t]}) - f(\mathbf{x}^*) - \frac{\alpha}{2} \|\nabla f(\mathbf{x}^{[t]})\|^2 \\&\leq \nabla f(\mathbf{x}^{[t]})^\top (\mathbf{x}^{[t]} - \mathbf{x}^*) - \frac{\alpha}{2} \|\nabla f(\mathbf{x})\|^2 \\&= \frac{1}{2\alpha} \left( \|\mathbf{x}^{[t]} - \mathbf{x}^*\|^2 - \|\mathbf{x}^{[t]} - \mathbf{x}^* - \alpha \nabla f(\mathbf{x})\|^2 \right) \\&= \frac{1}{2\alpha} \left( \|\mathbf{x}^{[t]} - \mathbf{x}^*\|^2 - \|\mathbf{x}^{[t+1]} - \mathbf{x}^*\|^2 \right)\end{aligned}$$

3rd to 4th line might be harder to see, simply multiply-out 4th line.  
This holds for every iteration of GD.

# GRADIENT DESCENT AND OPTIMALITY

Summing over iterations, we get:

$$\begin{aligned}k(f(\mathbf{x}^{[k]}) - f(\mathbf{x}^*)) &\leq \sum_{t=1}^k (f(\mathbf{x}^{[t]}) - f(\mathbf{x}^*)) \\&\leq \sum_{t=1}^k \frac{1}{2\alpha} \left( \|\mathbf{x}^{[t-1]} - \mathbf{x}^*\|^2 - \|\mathbf{x}^{[t]} - \mathbf{x}^*\|^2 \right) \\&= \frac{1}{2\alpha} \left( \|\mathbf{x}^{[0]} - \mathbf{x}^*\|^2 - \|\mathbf{x}^{[k]} - \mathbf{x}^*\|^2 \right) \\&\leq \frac{1}{2\alpha} \left( \|\mathbf{x}^{[0]} - \mathbf{x}^*\|^2 \right),\end{aligned}$$

where we used that  $f$  decreases in every iter, and the 2nd line is a telescoping sum. Hence

$$f(\mathbf{x}^{[k]}) - f(\mathbf{x}^*) \leq \frac{\|\mathbf{x}^{[0]} - \mathbf{x}^*\|^2}{2\alpha k}$$