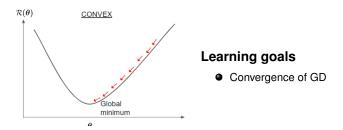
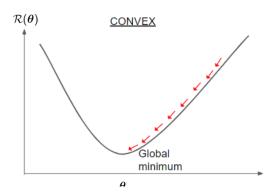
# **Optimization in Machine Learning**

Deep dive: Gradient descent and optimality



- GD is a greedy algorithm: In every iteration, it makes locally optimal moves.
- If  $\mathcal{R}(\theta)$  is **convex** and **differentiable**, and its gradient is Lipschitz continuous, GD is guaranteed to converge to the global minimum for small enough step-size.



Assume  $f: \mathbb{R}^d \to \mathbb{R}$  convex and differentiable and assume that global minimum  $\mathbf{x}^*$  exists. Assume  $\nabla f$  is Lipschitz continuous with L > 0:

$$||\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})|| \le L||f(\mathbf{x}) - \mathbf{y}||$$
 for all  $\mathbf{x}, \mathbf{y}$ 

(i.e., gradient can't change arbitrarily fast).

**Convergence of GD:** GD with k iterations with starting point  $\mathbf{x}^{[0]}$  and fixed step-size  $\alpha \leq 1/L$  will yield a solution  $f(\mathbf{x}^{[k]})$ , which satisfies

$$f(\mathbf{x}^{[k]}) - f(\mathbf{x}^*) \le \frac{||\mathbf{x}^{[0]} - x^*||^2}{2\alpha k}$$

This means, that GD converges with rate  $\mathcal{O}(1/k)$ .

**Proof:** From  $\nabla f$  Lipschitz it follows that  $\nabla^2 f(\mathbf{x}) \leq L \cdot \mathbf{I}$  for all  $\mathbf{x}$ .

NB: The generalized inequality  $\nabla^2 f(\mathbf{x}) \preccurlyeq LI$  means that  $L \cdot \mathbf{I} - \nabla^2 f(\mathbf{x})$  is positive semidefinite. This means that  $\mathbf{v}^\top \nabla^2 f(\mathbf{u}) \mathbf{v} \le L||\mathbf{v}||^2$  for any  $\mathbf{u}$  and  $\mathbf{v}$ .

We perform a quadratic expansion of f around  $\tilde{\mathbf{x}}$ :

$$f(\mathbf{x}) \approx f(\tilde{\mathbf{x}}) + \nabla f(\tilde{\mathbf{x}})^{\top} (\mathbf{x} - \tilde{\mathbf{x}}) + 0.5(\mathbf{x} - \tilde{\mathbf{x}})^{\top} \nabla^{2} f(\tilde{\mathbf{x}}) (\mathbf{x} - \tilde{\mathbf{x}})$$

$$\leq f(\tilde{\mathbf{x}}) + \nabla f(\tilde{\mathbf{x}})^{\top} (\mathbf{x} - \tilde{\mathbf{x}}) + 0.5L||\mathbf{x} - \tilde{\mathbf{x}}||^{2} \text{ (descent lemma)},$$

as the blue term is at most  $0.5 \cdot L \cdot ||\mathbf{x} - \tilde{\mathbf{x}}||^2$ .

Now, do one GD update with step size  $\alpha \leq 1/L$ :

$$\mathbf{x}^{[t+1]} = \mathbf{x}^{[t]} - \alpha \nabla f \left(\mathbf{x}^{[t]}\right)$$

and plug this in the descent lemma.

We get
$$f(\mathbf{x}^{[t+1]}) \leq f(\mathbf{x}^{[t]}) - \nabla f(\mathbf{x}^{[t]})^{\top} (\mathbf{x}^{[t+1]} - \mathbf{x}^{[t]}) + \frac{1}{2}L||\mathbf{x}^{[t+1]} - \mathbf{x}^{[t]}||^{2}$$

$$= f(\mathbf{x}^{[t]}) + \nabla f(\mathbf{x}^{[t]})^{\top} (\mathbf{x}^{[t]} - \alpha \nabla f(\mathbf{x}^{[t]}) - \mathbf{x}^{[t]}) + \frac{1}{2}L||\mathbf{x}^{[t]} - \alpha \nabla f(\mathbf{x}^{[t]}) - \mathbf{x}^{[t]}||^{2}$$

$$= f(\mathbf{x}^{[t]}) - \nabla f(\mathbf{x}^{[t]})^{\top} \alpha \nabla f(\mathbf{x}^{[t]}) + \frac{1}{2}L||\alpha \nabla f(\mathbf{x}^{[t]})||^{2}$$

$$= f(\mathbf{x}^{[t]}) - \alpha||\nabla f(\mathbf{x}^{[t]})||^{2} + \frac{1}{2}L\alpha^{2}||\nabla f(\mathbf{x}^{[t]})||^{2}$$

$$= f(\mathbf{x}^{[t]}) - (1 - \frac{1}{2}L\alpha)\alpha||\nabla f(\mathbf{x}^{[t]})||^{2}$$

$$\leq f(\mathbf{x}^{[t]}) - \frac{1}{2}\alpha||\nabla f(\mathbf{x}^{[t]})||^{2},$$

where we used  $\alpha \leq 1/L$  and therefore  $-(1-\frac{1}{2}L\alpha) \leq \frac{1}{2}L\frac{1}{L}-1=-\frac{1}{2}$ . Since  $\frac{1}{2}\alpha||\nabla f(\mathbf{x}^{[t]})||^2$  is always positive unless  $\nabla f(x)=0$ , it implies that f strictly decreases with each iteration of GD until the optimal value is reached. So, it is a bound on guaranteed progress if  $\alpha \leq 1/L$ .

Now, we bound  $f(\mathbf{x})$  in terms of  $f(\mathbf{x}^*)$  using that f is convex:

$$f(\mathbf{x}) \leq f(\mathbf{x}^*) + \nabla f(\mathbf{x})^{\top} (\mathbf{x} - \mathbf{x}^*)$$

When we combine this and the bound derived before, we get

$$f(\mathbf{x}^{[t+1]}) - f(\mathbf{x}^*) \leq \nabla \mathbf{x}^{\top} (\mathbf{x} - \mathbf{x}^*) - \frac{\alpha}{2} ||\nabla f(\mathbf{x})||^2$$

$$= \frac{1}{2\alpha} (||\mathbf{x} - \mathbf{x}^*||^2 - ||\mathbf{x} - \mathbf{x}^* - \alpha \nabla f(\mathbf{x})||^2)$$

$$= \frac{1}{2\alpha} (||\mathbf{x} - \mathbf{x}^*||^2 - ||\mathbf{x}^{[t+1]} - \mathbf{x}^*||^2)$$

This holds for every iteration of GD.

Summing over iterations, we get:

$$\sum_{t=0}^{k} f(\mathbf{x}^{[t+1]}) - f(\mathbf{x}^{*}) \leq \sum_{t=0}^{k} \frac{1}{2\alpha} \left( ||\mathbf{x}^{[t]} - \mathbf{x}^{*}||^{2} - ||\mathbf{x}^{[t+1]} - \mathbf{x}^{*}||^{2} \right) 
= \frac{1}{2\alpha} \left( ||\mathbf{x}^{[0]} - \mathbf{x}^{*}||^{2} - ||\mathbf{x}^{k} - \mathbf{x}^{*}||^{2} \right) 
\leq \frac{1}{2\alpha} \left( ||\mathbf{x}^{[0]} - \mathbf{x}^{*}||^{2} \right),$$

where we used that the LHS is a telescoping sum. In addition, we know that f decreases on every iteration, so we can conclude that

$$f(\mathbf{x}^{[k]}) - f(\mathbf{x}^*) \le \frac{||\mathbf{x}^{[0]} - \mathbf{x}^*||^2}{2\alpha k}$$