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Our Mission

To help people, especially during the COVID-19 pandemic, take regular breaks from their work.

We promote mindfulness and a healthy work/life balance.



Features

- Users can personalize the duration of work before individual pauses
- Notifies the user to drink water and stretch once the time input is complete
- Users can input various favorite activities they enjoy doing
- Randomizes the favorite activities inputs for the wildcard feature

How We Built This

- Languages: HTML, CSS, JS, & jQuery
- Notifications, localStorage API
- Figma for wireframing, mockups, & UI/UX design




What was the hardest part?

We had some difficulty on implementing the three timers and the notifications that would pop up after the inputted amount of time.


How did the project evolve over time as you worked on it?

Figma Design




Water Pause

 minutes



Stretch Pause

 minutes





Wild Card Pause

 minutes


Add wild card activities!


Web App




Water Pause 


 minutes



Stretch Pause 

 minutes



Wild Card Pause 

 minutes

Add wild card activities!



What bugs do you have left that are still “bugging” you?

- When first visiting the site, the default value for each time is 5:00 minutes
- When refreshing, the timers reset
- There's a brief lag in the timer

If you had more time, what other features & ideas would you add?

- Adding a section for playing lo-fi, coffeehouse background, or instrumental music
- Improving responsive design, especially on mobile
- Refactoring the code
- Implementing a sound alarm as part of the notification