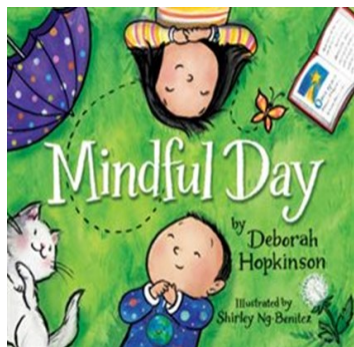


DO IT YOURSELF STORYTIME: MINDFULNESS



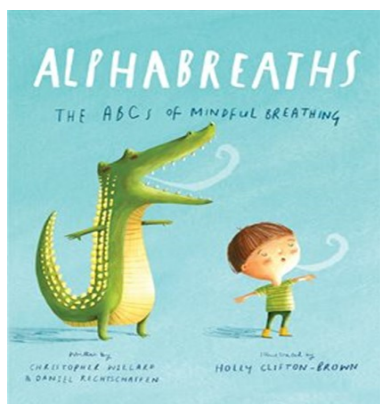
***Mindful Day* by Deborah Hopkinson
on Hoopla**

<https://www.hoopladigital.com/title/12389806>



***ABC Mindful Me* by Christiane Engel
on Hoopla**

<https://www.hoopladigital.com/title/12063292>



***Alphabreaths* by Christopher Willard
on Hoopla**

<https://www.hoopladigital.com/title/12173115>



**“Mindful Ozzy Introduces
Mindfulness” on YouTube**

https://www.youtube.com/watch?v=0k_R7R1gIdA



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