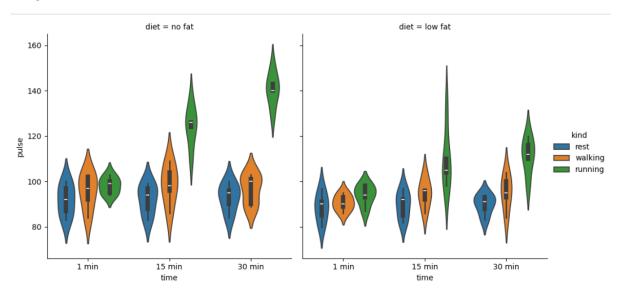
## **CatPlot**

Catplot (categorical plot) show a relationship between a numerical variable and one or more categorical variables



## **Observations:**

This graph give pulse ranges of persons under 2 category low fat and no fat diet, with different kind like rest, walking and running.

## Diet - No Fat:

- 1. Pulse ranges from 80-110bpm for all kind of people in 1 min intervals.
- 2. After 15 min walking people pulse increased 120 and running people pulse increased to 150bpm.
- 3. No changes of pulse for people in rest after 15 and 30 mins.
- 4. After 30 mins of walking, people pulse changes to 90-110bpm.
- 5. After 30 mins of running, pulse ranges between 120-160bpm.
- 6. Overall Running leads to significant increase in pulse.

## Diet - Low Fat:

- 1. Pulse ranges from 80-100bpm for all kind of people in 1 min intervals.
- 2. After 15 min walking people pulse increased 110 and running people pulse increased to 150bpm.
- 3. No changes of pulse for people in rest after 15 and 30 mins.
- 4. After 30 mins of walking, there is no pulse changes of people 110bpm.
- 5. After 30 mins of running, pulse dropped to 130bpm.

Overall People in Low fat has slightly lower pulse rates during exercise when compared to No fat diet people.