**🧠 MindJournal - Step-by-Step Guide**

**Domain of the website :-**

* **Mental Health Journaling: A platform for users to journal their thoughts and feelings with AI-based insights.**

**🎨 Color Palette :-**

**☀️ Light Mode**

--bg-primary: #ffffff;

--bg-secondary: #f8f9fa;

--text-primary: #2d3436;

--text-secondary: #636e72;

--accent: #6c5ce7;

--accent-hover: #5849c2;

--card-bg: #ffffff;

--border-color: #e9ecef;

--nav-bg: rgba(255, 255, 255, 0.8);

--hover-bg: #F3F4F6;

--shadow: 0 4px 6px -1px rgba(0, 0, 0, 0.1);

**🌑 Dark Mode**

--bg-primary: #1a1c20;

--bg-secondary: #242830;

--text-primary: #f8f9fa;

--text-secondary: #ced4da;

--accent: #a29bfe;

--accent-hover: #6c5ce7;

--card-bg: #242830;

--border-color: #2d3436;

--nav-bg: rgba(26, 28, 32, 0.8);

--hover-bg: #2D3748;

--shadow: 0 4px 6px -1px rgba(0, 0, 0, 0.3);

**📌 Website Structure & Features**

**1️⃣ Landing Page/Home Page**

* Introduction to the platform.
* Key features and benefits.
* Call-to-action buttons for sign-up and sign-in.

**❓Help/FAQ Section**

* Frequently asked questions.
* Tutorial videos and how-to guides.
* Contact support form for assistance

**2️⃣ User Registration/Sign Up**

* Account creation form.
* Collects basic user information.
* Requires acceptance of privacy policy.

**3️⃣ User Login**

* Simple login form.
* "Forgot Password" recovery option.
* "Remember Me" checkbox functionality.

**4️⃣ Dashboard**

* Displays recent journal entries.
* Mood tracking visualization using **Chart.js**.
* Quick-access buttons for new journal entries.

**5️⃣ New Journal Entry**

* Rich text editor for writing.
* Mood selection with emojis 😊 😐 😟.
* Tags and categories for organization.
* AI insights integration for deeper analysis.

**6️⃣ Journal Archive/History**

* Calendar view for tracking past entries.
* List view with search and filter functionality.

**7️⃣ AI Insights Page**

* Mood patterns analysis displayed graphically.
* Word cloud visualization of recurring themes.
* Personalized AI recommendations based on entries.

**8️⃣ Profile Settings**

* Edit user information (name, bio, email, etc.).
* Manage notification preferences.
* Configure privacy settings.

**9️⃣ Guided Journaling Templates**

* Pre-made prompts for structured journaling.
* Various templates including:
  + Gratitude Journal
  + Self-Reflection Prompts
  + Anxiety Management Exercises

**📌 Coming soon Features**

**🔟 Community Support**

* Anonymous sharing feature.
* User success stories & motivational content.
* Links to mental health resources and helplines.

**🔧 Technologies Used**

* **HTML5** – Structuring the website.
* **CSS3** – Styling with modern UI elements.
* **JavaScript (ES6+)** – Dynamic functionality.
* **Chart.js** – Graphical mood tracking and insights.
* **Font Awesome** – Icon library for a sleek UI.

**🛠️ Future Enhancements**

* **Firebase Authentication** – Secure login system.
* **Cloud-Based Storage** – Save journals online.
* **AI Mood Prediction** – Smarter emotional analysis.
* **Voice-to-Text Journaling** – Hands-free writing feature.
* **Community Features** – Shared or private journal options.

**🌟 Conclusion**

MindJournal is an intuitive, AI-driven journaling platform designed to make self-reflection effortless and insightful. With guided templates, detailed mood analytics, and a user-friendly interface, this platform empowers users to enhance their mental wellness one entry at a time.

🚀 **Start your journaling journey today!**