

ELISA protocol Version 2

ELISAassays

Abstract

Assay protocol for pre-coated ELISA plate to measure protein concentration

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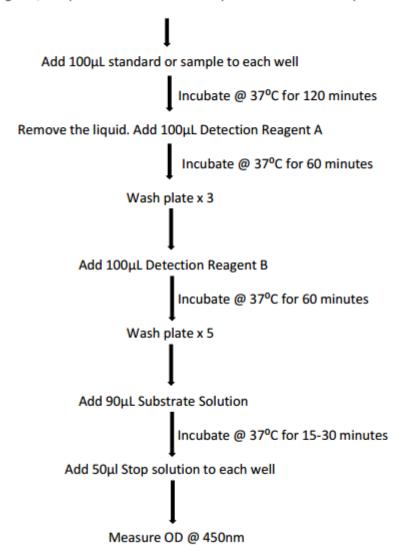
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Guidelines

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Workflow Overview

Prepare reagents, samples and standards and equilibrate to room temperature



4. Kit Contents

Product Size Cat. Code

FIRELISA ELISA Kit Assay 96 assays ELISA

Each kit contains reagents for 96 assays in a 96 well plate including:

Item	Component	Qty	Item	Component	Qty
1	Standard	2 vials	7	Detection reagent A	120μΙ
2	Sample Diluent	20ml	8	Detection reagent B	120μΙ
3	ELISA Strip plate coated with monoclonal antibodies	12w×8s	9	Stop Solution	10ml
4	Concentrated Wash Buffer (25×)	30ml	10	Substrate	10ml
5	Assay Diluent A	10ml	11	Plate Sealer	5 pieces
6	Assay Diluent B	10ml	12	Manual	1

Additional Materials required

- 37°C incubator
- 2. Plate shaker
- 3. Plate Reader with 450nm filter
- 4. Precision pipettes and disposable pipette tips
- 5. Distilled water
- 6. Disposable tubes for sample dilution
- 7. Absorbent paper

Shipping and Storage

The Assay Plate, Standard, Detection Reagent A and Detection Reagent B should be stored at -20°C upon being received. After receiving the kit, the Substrate should be stored at 4°C. Other reagents are kept according to the labels on vials. But for long term storage, please keep the whole kit at -20°C (Except the substrate). The unused strips should be kept in a sealed bag with the desiccant provided to minimize exposure to damp air. The test kit may be used throughout the expiration date of the kit (six months from the date of manufacture). Opened test kits will remain stable until the expiring date shown, provided it is stored as prescribed above.

Sample Preparation

General considerations: extract samples as soon as possible after specimen collection. According to best practices, experiments should be carried out as soon as possible after the extraction. Alternatively, extract can be kept at -20°C but for optimal results, avoid repeated freeze-thaw cycles. Samples that contain NaN3 cannot be detected as it interferes with HRP.

Serum: Use a serum separator tube (SST) and allow samples to clot for 30 minutes before centrifugation for 15 minutes at approximately $1000 \times g$. Remove serum and assay immediately or aliquot and store samples at -20°C or -80°C.

Plasma: Collect plasma using EDTA or heparin as an anticoagulant. Centrifuge samples for 15 minutes at $1000 \times g$ at $2^{\circ}C$ - $8^{\circ}C$ within 30 minutes of collection. Store samples at $-20^{\circ}C$ or $-80^{\circ}C$. Avoid repeated freeze-thaw cycles. Note: over hemolyzed samples are not suitable for use with this kit.

Urine: collect in a sterile container, centrifuge for 20 mins @ 2000-3000 rpm. Remove supernatant and if any precipitation is detected repeat centrifugation step. A similar protocol can be used for cerebrospinal fluid.

Cell culture supernatant: collect supernatant and centrifuge @ 4°C for 20 mins @ 2000-3000 rpm. Remove supernatant and rinse cells x2 times with PBS (pH 7.2-7.4) and perform a total cell count. Optimal cell concentration is 1 million / ml. To release cellular components, dilute the cell pellet in PBS and use 3-4 freeze-thaw cycles in liquid Nitrogen (commercial lyses buffers can be used according to manufacturer's instructions). Centrifuge @ 4°C for 20 mins @ 2000-3000 rpm to pellet debris and remove clear supernatant to clean microcentrifuge tube for ELISA or storage.

Tissue samples: the preparation of tissue homogenates will vary depending upon tissue type. For this assay, tissue was rinsed with 1X PBS to remove excess blood, homogenized in 20mL of 1X PBS and stored overnight at \leq -20°C After two freeze-thaw cycles were performed to break the cell membranes, the homogenates were centrifuged for 5 minutes at 5000 x g. Remove the supernate and assay immediately or aliquot and store at \leq -20°C.

Notes:

- 1. Samples to be used within 5 days may be stored at $2-8^{\circ}$ C, otherwise samples must be stored at 20° C (1 month) or -80° C (2 months) to avoid loss of bioactivity and contamination.
- 2. Tissue or cell extraction samples prepared by chemical lysis buffer may cause unexpected ELISA

results due to the impacts of certain chemicals.

- 3. Influenced by the factors including cell viability, cell number and also sampling time, samples from cell culture supernatant may not be detected by the kit
- 4. Sample hemolysis will influence the result, so hemolytic specimen cannot be detected.
- 5. When performing the assay slowly bring samples to room temperature

Important: After removal from storage @ 2-8°C, the kit should be equilibrated for 30 minutes @ ambient temperature before use. If the coated plates haven't been used after opening, the remaining plates should be stored in the sealed bag.

Procedure using 96-well plate:

Wash Buffer - If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Dilute 30 mL of Wash Buffer Concentrate into deionized or distilled water to prepare 750 mL of Wash Buffer.

Standard dilution - Prepare standard within 15 minutes before use. Centrifuge at $10,000 \times g$ for 1 minute, and reconstitute the Standard with Sample Diluent. Tighten the lid, let it stand for 10 minutes and invert tube several times. After it dissolves fully, mix it thoroughly with a pipette. This reconstitution produces a stock solution. Make serial dilutions as needed (making serial dilution in the wells directly is not recommended). The undiluted stock serves as the standard with the highest concentration. The Sample Diluent serves as the zero blank (0 pg/mL). (Standards can also be diluted according to the actual amount, such as $200\mu L/tube$).

Standard No.2	500μl Original Standard + 500μl Sample Diluent		
Standard No.3	500μl Standard No.2 + 500μl Sample Diluent		
Standard No.4	500μl Standard No.3 + 500μl Sample Diluent		
Standard No.5	500μl Standard No.4 + 500μl Sample Diluent		
Standard No.6	500μl Standard No.5 + 500μl Sample Diluent		
Standard No.7	500μl Standard No.6 + 500μl Sample Diluent		
Standard No.8	500μl Sample Diluent		
500	 µl 500µl 500µl 500µl		
7 1	MMMMM		

Detection Reagent A and B - Dilute to the working concentration using Assay Diluent A and B (1:100), respectively.

Washing Procedure:

- **1. Automated Washer**: Add 400µL wash buffer into each well, the interval between injection and suction should be set about 60s.
- **2. Manual wash**: Add 400μ L Wash Buffer into each well, soak it for $1\sim2$ minutes. After the last wash, decant any remaining Wash Buffer by inverting the plate and blotting it dry by rapping it firmly against clean absorbent paper on a hard surface

Assay procedure

Allow all reagents to reach room temperature (Please do not dissolve the reagents at 37°C directly). All the reagents should be mixed thoroughly by gently swirling before pipetting. Avoid foaming. Keep appropriate numbers of strips for 1 experiment and remove extra strips from

microtiter plate. Removed strips should be resealed and stored at -20°C until the kits expiry date. Prepare all reagents, working standards and samples as directed in the previous sections. Please predict the concentration before assaying. If values for these are not within the range of the standard curve, users must determine the optimal sample dilutions for their particular experiments. We recommend running all samples in duplicate.

Additional Information on protocol

- 1. Absorbance is a function of the incubation time. Therefore, prior to starting the assay it is recommended that all reagents should be freshly prepared prior to use and all required strip-wells are secured in the microtiter frame. This will ensure equal elapsed time for each pipetting step, without interruption.
- 2. Please carefully reconstitute Standards or working Detection Reagent A and B according to the instruction, and avoid foaming and mix gently until the crystals have completely dissolved. The reconstituted Standards Detection Reagent A and B can be used only once. This assay requires pipetting of small volumes. To minimize imprecision caused by pipetting, ensure that pipettors are calibrated.
- 3. To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary. Do not allow wells to sit uncovered for extended periods between incubation steps. Once reagents have been added to the well strips, DO NOT let the strips DRY at any time during the assay.
- 4. For each step in the procedure, total dispensing time for addition of reagents to the assay plate should not exceed 10 minutes.
- 5. To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.
- 6. The wash procedure is critical. Insufficient washing will result in poor precision and falsely elevated absorbance readings.
- 7. Duplication of all standards and specimens, although not required, is recommended.
- 8. Substrate Solution is easily contaminated. Please protect it from light.
- 9. If samples generate values higher than the highest standard, further dilute the samples with the Sample Diluent and repeat the assay. Any variation in standard diluent, operator, pipetting technique, washing technique, incubation time, temperature or kit age can cause variation in binding.

Data analysis

Average the duplicate readings for each standard, control, and sample and subtract the average zero

standard optical density. Create a standard curve by reducing the data using computer software capable of generating a four parameter logistic (4-PL) curve-fit. As an alternative, construct a standard curve by plotting the mean absorbance for each standard on the x-axis against the concentration on the y-axis and draw a best fit curve through the points on the graph. The data may be linearized by 9 plotting the log of the protein concentrations versus the log of the O.D. and the best fit line can be determined by regression analysis. It is recommended to use some related software to do this calculation, such as curve expert 1.3. This procedure will produce an adequate but less precise fit of the data. If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.

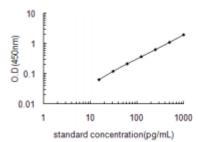


Figure 1: This graph data is shown as an example.

A standard curve must be generated each time the assay is run.

Important General Notes

- 1. The final experimental results will be closely related to validity of the products, laboratory skills of the end-users and the experimental conditions. Please make sure that sufficient samples are available.
- 2. Kits from different batches may be a little different in detection range, sensitivity and color developing time. Please perform the experiment exactly according to the instructions.
- 3. There may be some foggy substance in the wells when the plate is opened at the first time. It will not have any effect on the final assay results.
- 4. Do not remove microtiter plate from the storage bag until needed.
- 5. A microtiter plate reader with a bandwidth of 10nm or less and an optical density range of 0-3 OD or greater at 450nm wavelength is acceptable for use in absorbance measurement.
- 6. Use fresh disposable pipette tips for each liquid transfer to avoid contamination.
- 7. Do not substitute reagents from one kit lot to another. Use only the reagents supplied by manufacturer.
- 8. In order to achieve reproducible results, the operation of every step in the assay should be

controlled. Furthermore, a preliminary experiment before every assay for each batch is recommended.

9. Each kit has been strictly passed Q.C tested. However, results from end-users might be inconsistent with our in-house data due to some unexpected transportation conditions or different lab equipment. Intra-assay variance among kits from different batches might arise from aforementioned factors. Safety Precaution 1. The Stop Solution suggested for use with this kit is an acid solution. Wear eye, hand, face, and clothing protection when using this material.

Safety Precaution

The Stop Solution suggested for use with this kit is an acid solution. Wear eye, hand, face, and clothing protection when using this material.

Before start

Important: After removal from storage @2-8 °C, the kit should be equilibrated for 30 minutes @ambient temperature before use. If the coated plates haven't be en used after opening, the remaining plates should be stored in the sealed bag.

Note: Allow all reagents to reach room temperature (Please do not dissolve the reagents at 37 °C directly). **All the reagents should be mixed thoroughly by gently swirling before pipetting. Avoid foaming**. Keep appropriate numbers of strips for 1 experiment and remove extra strips from microtiter plate. Removed strips should be resealed and stored at -20 °C until the kits expiration date. Prepare all reagents, working standards and samples as directed in the previous sections. Please predict the concentration before assaying. If values for these are not within the range of the standard curve, users must determin e the optimal sample dilutions for their particular experiments. We recommend running all samples in duplicate.

Protocol

Add Sample

Step 1.

Add 100μ L of Standard, Blank, or Sample per well. The blank well is added with S ample diluent. Solutions are added to the bottom of micro ELISA plate well, avoid inside wall touching and foaming as possible.

Add Sample

Step 2.

Mix it gently.

Add Sample

Step 3.

Cover the plate with sealer we provided.

Add Sample

Step 4.

Incubate for 120 minutes at 37 °C.

© DURATION

02:00:00

Detection Reagent A

Step 5.

Remove the liquid from each well, don't wash.

Detection Reagent A

Step 6.

Add 100µL of Detection Reagent A working solution to each well.

Detection Reagent A

Step 7.

Cover with the Plate sealer.

Detection Reagent A

Step 8.

Gently tap the plate to ensure thorough mixing.

Detection Reagent A

Step 9.

Incubate for 1 hour at 37°C.

Wash

Step 10.

(wash 1/3) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400μL) (a squirt bottle, multi-channel pipette, manifold dispenser orautomated washer are needed). **Complete removal of liquid at each step is essential.**

Wash

Step 11.

(wash 2/3) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400µL)

Wash

Step 12.

(wash 3/3) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400µL)

Wash

Step 13.

After the last wash, completely remove remaining Wash Buffer by aspirating or decanting.

Wash

Step 14.

Invert the plate and pat it against thick clean absorbent paper.

Detection Reagent B

Step 15.

Add 100µL of Detection Reagent B working solution to each well.

Detection Reagent B

Step 16.

Cover withthe Plate sealer.

Detection Reagent B

Step 17.

Incubate for 60 minutes at 37°C.

O DURATION

01:00:00

Wash

Step 18.

(wash 1/5) Aspirate each well and wash by filling each well with Wash Buffer (approximately $400\mu L$) Complete removal of liquid at each step is essential.

Wash

Step 19.

(wash 2/5) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400µL)

Wash

Step 20.

(wash 3/5) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400µL)

Wash

Step 21.

(wash 4/5) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400μL)

Wash

Step 22.

(wash 5/5) Aspirate each well and wash by filling each well with Wash Buffer (approximately 400μL)

Wash

Step 23.

After the last wash, completely remove remaining Wash Buffer by aspirating or decanting.

Wash

Step 24.

Invert the plate and pat it against thick clean absorbent paper.

Substrate

Step 25.

Add 90µL of Substrate Solution to each well.

Substrate

Step 26.

Cover with a new Plate sealer and incubatefor 15-30 minutes at 37°C. Protect the plate from light. The reaction time can be shortened orextended according to the actual color change, but this should not exceed more than 30 minutes. When apparent gradient appears in standard wells, user should terminate the reaction.

O DURATION

00:15:00

Stop

Step 27.

Add $50\mu L$ of Stop Solution to each well. If color change does not appear uniform, gently tap the plate to ensure thorough mixing.

OD Measurement

Step 28.

Determine the optical density (OD value) of each well at once, using a microplatereader set to 450 nm. User should open the micro-plate reader in advance, preheat the instrument, and set the testing parameters.

Step 29.

After experiment, store all reagents according to the specified storage temperature respectively until their expiry.

Warnings

The Stop Solution suggested for use with this kit is an acid solution. Wear eye, hand, face, and clothing protection when using this material.