

osmFISH

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Abstract

osmFISH is a cyclic single molecule fluorescent *in situ* hybridization protocol used to quantify the expression level of specific transcripts in tissue sections by direct labeling of individual RNA molecules. The number of transcripts quantified in each round correspond the numbers of fluorophores available in the microscope setup. In order to quantify a large number of genes, osmFISH provides a method to remove the probes/labelling (stripping) from their targets and get the tissue ready for the next round of labeling - imaging - stripping.

Even though the osmFISH protocol has been developed to perform multiple smFISH rounds, it can also be used as a quick and simple method for one-round smFISH. Furthermore, the protocol can be further extended to include more complex encoding/barcoding schemes that can be used to resolve a larger number of targets.

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Guidelines

The volume of the wash steps are determined by the volume of the flow cell. At least replace the volume once. The wash volume we use is double that of the flow cell. So $2 \times 500\mu\text{l} = 1\text{ml}$ per wash, in our case.

[Stellaris RNA FISH probes](#) were orderd from Biosearch Technologies

Before start

Please reed our considerations about the imaging and hybridization chamber setup on our [website](#).

Prepare the Hybridization mix. We tipically make 10-40ml, aliquot and freeze at -20°C untill use.

Aliquot the formamide in 200ml aliquots and freeze at -20°C. At the start of each week we thaw what we need that week.

Protocol

Tissue Collection

Step 1.

Transcardially perfuse a mouse with cold oxygenated artificial spinal fluid solution.

Tissue Collection

Step 2.

Quickly dissect out the brain on a cold surface.

Tissue Collection

Step 3.

Place the brain in cryomold and fill it up with Tissue-Tek O.C.T. (Sakura)

Tissue Collection

Step 4.

Snap freeze the sample by lowering the cryomold in a slush of isopentane and dry ice. Make sure to prepare the slush before dissection and wait to use it until the bubbling stops.

Tissue Collection

Step 5.

Store sample at -80°C.

TEMPERATURE

-80 °C Additional info:

Coverslip Cleaning

Step 6.

Empty a box of coverslips (#1.5) in a beaker. Rinse coverslips in distilled water two times for 20 min.

ANNOTATIONS

Alexander Chamessian 28 Apr 2018

Do you have any recommendations for coverslips you used? (Cat#/vendor)?

Also, why do you mount the tissue on a coverslip as opposed to a slide? To reduce volume? I'm thinking about how fragile a coverslip is and how easy it would be to break. If I wanted to do just

one round to test this protocol, would it be OK to mount to a Superfrost slide?

Coverslip Cleaning

Step 7.

Incubate the coverslips in concentrated nitric acid for 24 hours.

■ ANNOTATIONS

Alexander Chamessian 28 Apr 2018

Would HCl be an acceptable alternative?

Coverslip Cleaning

Step 8.

Rinse coverslips in water 4 times for 1 hour.

Coverslip Cleaning

Step 9.

Fill the beaker with distilled water and sterilize the coverslips by autoclaving.

Coverslip Cleaning

Step 10.

Wash coverslips once with 95% ethanol and store them indefinitely in 95% ethanol.

Coverslip Functionalization

Step 11.

Place the coverslips to use in a rack and air dry to remove the ethanol.

Coverslip Functionalization

Step 12.

Prepare 2% (3-Aminopropyl)triethoxysilane, APS (v/v)(Sigma) in acetone in a staining jar. Make sure to use fresh APS that has been stored in a dry environment.

Dip the rack with the coverslips for 1 minute in the solution, followed by a 1 minute dip in RNase free water.

Coverslip Functionalization

Step 13.

Air dry the coverslips and store them in a desiccated environment.

Tissue sectioning

Step 14.

Cryocut 10µm thick sections of the fresh frozen tissue and mount the section on the functionalized

coverslips. In order to remove the electrostatic charge of the coverslip clean one side of the coverslip with a kimwipe wetted with ethanol.

Tissue sectioning

Step 15.

Make a fixing chamber by cutting a hole in a piece of parafilm and place it in a petri dish. The parafilm functions as a spacer to separate the tissue section from the bottom of the petri dish. The number of chambers matches the number of sections that will be cut. Place a drop of 4% PFA in the a clean petri dish inside the hole in the parafilm.

Directly after capture, fix the section with 4% PFA for 10minutes by placing the tissue section face down on the PFA drop.

Suggestion

We saw that PFA soultion prepared from powder causes lower background compared to commercial PFA solutions. However, we didn't test all the solutions available in the market.

Tissue sectioning

Step 16.

After fixation transfer the glass to a clean petri dish and rinse twice with PBS.

Tissue sectioning

Step 17.

Remove the excess of PBS and dry the slide with a tissue without touching the tissue.

Tissue sectioning

Step 18.

Dehydrate the slide in >1ml of isopropanol for 3 minutes. Followed by air drying.

Tissue sectioning

Step 19.

Store the slide at -80°C untill use.

🔧 TEMPERATURE

-80 °C Additional info:

Flow cell setup

Step 20.

Assemble the sample in the flow cell.

We use a custom flow cell that was manufactured by [Microliquid](#). A flow cell facilitates the automation. Please see our notes on the osmFISH [website](#).

osmFISH First Round

Step 21.

Rehydrate the tissue for 5 minutes with 2X SSC buffer.

osmFISH First Round

Step 22.

Clear the tissue by incubating the tissue with 4% SDS in 200mM boric-acid pH 8.5 4 times for 5 minutes.

📌 NOTES

Lars Borm 27 Apr 2018

Adjust the volume of the buffer to the volume of the flow cell. At least replace the liquid once. The wash volume that we use is double that of the flow cell. So 2x 500ul = 1ml

osmFISH First Round

Step 23.

Wash the section with SSC 2X 5 times.

osmFISH First Round

Step 24.

Wash the tissue twice with Tris EDTA buffer pH 8.

osmFISH First Round

Step 25.

Perform a heat shock by placing the sample at 70°C for 10 min.

🌡 TEMPERATURE

70 °C Additional info:

osmFISH First Round

Step 26.

Promptly wash 3 times with SSC 2X

osmFISH First Round

Step 27.

Incubate the tissue with hybridization mix without probes for 5 minutes at room temperature.

Hybridization mix without probes:

2X SSC (Sigma)
10% (w/v) Dextran sulfate (Sigma)
10% (v/v) Formamide (Ambion)
1 mg/ml E. coli tRNA (Roche)
2mM Ribonucleoside vanadyl complexes (RVC) (Sigma)
0.2 ml/ml Bovine Serum Albumin (Sigma)

osmFISH First Round

Step 28.

Incubate the tissue with hybridization mix with probes for 4 hours at 38.5°C.

Hybridization mix with probes:

2X SSC (Sigma)
10% (w/v) Dextran sulfate (Sigma)
10% (v/v) Formamide (Ambion)
1 mg/ml E. coli tRNA (Roche)
2mM Ribonucleoside vanadyl complexes (RVC) (Sigma)
0.2 ml/ml Bovine Serum Albumin (Sigma)
250nM Probes (Sellaris, LGC Biosearch technologies). 48 probes/target. The final concentration of each probe set needs is 250nM.

TEMPERATURE

38.5 °C Additional info: Hybridization temperature

NOTES

Lars Borm 26 Apr 2018

The hybridization temperature is a sensitive parameter and can depend on the calibration of the incubator. Please, make a test to optimize the temperature for your specific incubator. If there is too much background increase the temperature. If there is too little staining decrease the temperature.

osmFISH First Round

Step 29.

Wash 4 times 15 minutes with 20% formamide in 2X SSC at 38.5°C. Add a nuclear staining (ex. Hoechst, Dapi) if needed.

TEMPERATURE

38.5 °C Additional info: Stringency wash temperature

osmFISH First Round

Step 30.

Wash with 2X SSC.

osmFISH First Round

Step 31.

Inject Slow Fade Diamond imaging buffer (Thermo). Do not use hardening mounting media in the flow cell. You can use hardening mountine media if the coverslips will be mounted on a slide before imaging.

Imaging

Step 32.

Perform imaging of the region of interest.

It is important to save the field of views that are imaged in order to repeat the imaging of the same region. For an extensive discussion on the imaging setup and repeated imaging of the same tissue section please see our [website](#).

osmFISH Repeat Round

Step 33.

Wash 5 times with SSC 2X to remove the mounting media.

osmFISH Repeat Round

Step 34.

Strip the probes off of their targets by washing 3 times 10 minutes with 65% formamide in 2X SSC at 30°C.

TEMPERATURE

30 °C Additional info:

osmFISH Repeat Round

Step 35.

Wash 5 times with SSC 2X

osmFISH Repeat Round

Step 36.

Optional: verify if the signal is stripped by imaging.

osmFISH Repeat Round

Step 37.

Incubate the tissue with Hybridization mix without probes for 5 minutes at room temperature.

Hybridization mix without probes:

2X SSC (Sigma)

10% (w/v) Dextran sulfate (Sigma)

10% (v/v) Formamide (Ambion)

1 mg/ml E. coli tRNA (Roche)

2mM Ribonucleoside vanadyl complexes (RVC) (Sigma)

0.2 ml/ml Bovine Serum Albumin (Sigma)

osmFISH Repeat Round

Step 38.

Incubate the tissue with Hybridization mix with probes for 4 hours at 38.5°C.

Hybridization mix with probes:

2X SSC (Sigma)

10% (w/v) Dextran sulfate (Sigma)

10% (v/v) Formamide (Ambion)

1 mg/ml E. coli tRNA (Roche)

2mM Ribonucleoside vanadyl complexes (RVC) (Sigma)

0.2 ml/ml Bovine Serum Albumin (Sigma)

250nM Probes per target (Sellaris, LGC Biosearch technologies)

TEMPERATURE

38.5 °C Additional info: Hybridization temperature

NOTES

Lars Borm 26 Apr 2018

The hybridization temperature is a sensitive parameter and can depend on the calibration of the incubator. Please, make a test to optimize the temperature for your specific incubator. If there is

too much background increase the temperature. If there is too little staining decrease the temperature.

osmFISH Repeat Round

Step 39.

Wash 4 times 15 minutes with 20% formamide in 2X SSC at 38.5°C. Add a nuclear staining (ex. Hoechst, Dapi) if needed.

TEMPERATURE

38.5 °C Additional info: Stringency wash temperature

osmFISH Repeat Round

Step 40.

Wash with 2X SSC.

osmFISH Repeat Round

Step 41.

Inject Slow Fade Diamond imaging buffer (Thermo). Do not use hardening mounting media in the flow cell. You can use hardening mountine media if the coverslips will be mounted on a slide before imaging.

Imaging Repeat Round

Step 42.

Perform imaging of the region of interest.

Repeat

Step 43.

Repeat the "osmFISH Repeat Round" (Steps 33-42) untill all targets have been labeled

GOTO

-> go to step #33

Warnings

The protocol requires the handling of PFA, SDS and formamide. Please read the safety data sheet on these chemicals and handle accordingly. Furthermore the imaging buffer Slow Fade Diamond contains Phenol.