

# Coomassie Blue Stain

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## Abstract

To visual total protein in a given sample

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## Protocol

### Step 1.

Repeat steps 1-8 of the Western Blot protocol.

### Step 2.

Once gels have finished running, cover gel with Coomassie Brilliant Blue, cover with lid, and incubate for 30 min

### Step 3.

Rinse with water twice

### Step 4.

Add enough destain solution to cover the gel and leave overnight, gently shaking at room temperature