

# Super simple In vivo Hoechst staining of unicellular protists

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## Abstract

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## Protocol

Add 1/1000 Hoechst dye and incubate at room temperature for 10 minutes

### Step 1.

1 uL into 1 mL volume of cells

Keep cells with dye protected from light.

Centrifuge cells at 1000g for 5 minutes

### Step 2.

Resuspend with fresh growing medium

### Step 3.

Resuspend with minimum volume of medium in order to plate in to the slide immediately

Mount your slide and ready for observation under microscope

### Step 4.