





ABSTRACT

Summary:

Periodic acid-Schiff (PAS) is a staining method used to detect glycogen on formalin-fixed, paraffin-embedded kidney tissue sections. PAS staining highlights basement membranes and is frequently used to diagnose glomerular mesangial matrix expansion.

EXTERNAL LINK

https://mmpc.org/shared/document.aspx?id=312&docType=Protocol

MATERIALS

NAME ~	CATALOG #	VENDOR \(\times \)
Staining Jars	22038493	Fisher Scientific
Periodic acid	P7875-25G	Sigma Aldrich
Schiff's reagent	3952016-500ML	Sigma Aldrich
Gill 2 Hematoxylin	72511	Richard-Allan Scientifi
Xylene	X3P-1GAL	Fisher Scientific
Ethanol (EtOH) 200 Proof	2701	Decon-Laboratories Inc
Tissue sections		
Mounting Medium	8312-4	Thermo Scientific
Cover Glass	12-542-B	Fisher Scientific
Universal Imaging MetaMorph® Imaging System		Molecular Devices
Scientific grade digital color CCD camera		RT SLIDER DIAGNOSTIC
Microscope and Lense		Leica DM IRB

MATERIALS TEXT

Note:

Thermo Fisher Scientific, RRID:SCR_008452 Sigma-Aldrich, RRID:SCR_008988 Leica Microsystems, RRID:SCR_008960

Protocol 1: PERIODIC ACID SCHIFF (PAS) STAINING

- 1 1. Wash 2x 4 minutes in Xylene.
 - 2. Wash in 100% EtOH 2x minutes
 - 3. Wash in 95% EtOH 1x 2minutes.
 - 4. Wash in 70% EtOH 1x 2minutes
 - 5. Rinse in dH₂O.
 - 6. Incubate in 0.5% Periodic Acid solution for 5min.
 - 7. Rinse 3x in dH₂O.
 - 8. Incubate in Schiff's reagent for 15minutes
 - 9. Rinse under running lukewarm tap water for 5minutes.
 - 10. Incubate in Hemotoxylin for 90 second.
 - 11. Rinse 6x in dH₂O.
 - 12. Wash in 70% E_tOH 1x 2minutes.
 - 13. Wash in 95% E_tOH 1x 2minutes.
 - 14. Wash in 100% E_tOH 2x 2minutes.
 - 15. Incubate in Xylene for at least 5minutes.
 - 16. Mount slides with mounting medium 1 drop
 - 17. Insert cover glass carefully, avoid bubble

Note: Schiff is light sensitive, mutagenic and has bad smell. Use fume hood or flow hood for handling Schiff's reagent.

Protocol 2: MESANGIAL MATRIX QUANTIFICATION

9 Pre-Operating Instructions:

Camera and Microscope should be calibrated and values loaded into MetaMorph® Program

- 1. Using the camera or MetaMorph® software digitizes 30 cortical glomeruli per case with a 40 X lens. Glomeruli should be chosen for a similar diameter of maximal size. Save images as uncompressed Tiff files.
- 2. Open the glomerulus Tiff file in MetaMorph®. Scale the image in such a way that the entire glomerulus can be seen on the screen (50-75%).
- 3. Using the polygon tool carefully outline the glomerular tuft. Double click to close the polygon tool.
- 4. From the tool bar choose **Measure**, **Calibrate Distances** and in the **Apply** window choose the calibration file for the camera from which the image was taken. Then choose **Apply**.
- 5. The area of the glomerular tuft can then be calculated by choosing **Measure** from the tool bar and then **Region Measurements**. Record the glomerulus area displayed.
- 6. To calculate the area that is PAS stained the tuft will have to be removed from the background. Select the outlined tuft and then from the tool bar choose **Edit, Duplicate, Image.** Close the full size image.
- 7. Size the edited image to 150 200 %.
- 8. From the tool bar select **Measure** and **Set Color Threshold**.
- 9. In the Set Color Threshold window select Set By Example.
- 10. Using **Display** on the tool bar and **Adjust Digital Contrast** the color brightness and contrast can be adjusted to best suit thresholding the area of PAS stain.
- 11. Once the image is adjusted use the cursor to choose the area of staining. Continue clicking the cursor over the area until the entire **PAS** stained area is highlighted. As each pixel is selected every pixel that color is also selected. Care must be taken to ensure that *only* **PAS** stained tissue is highlighted.
- ♦ NOTE: If an area is mistakenly selected selecting Undo Last Click in the Set Color Threshold box will remove the last selection
- ♦ To clear all selections check the box next to **Reset color threshold range on next click** in the **Set Color Threshold** box. The next pixel chosen in the image will clear the screen. Continue selecting pixels.
 - ♦ To toggle between the selected and unselected screen, select OFF and Inclusive in the Set Color Threshold box
- 12. Once all the PAS stained area is selected choose **Measure** and **Integrated Morphometry Analysis**.

- 13. In the Integrated Morphometry Analysis box under Set Up Parameters For: choose Measuring and then Total Area and then Classifying and Total Area.
- 14. Under **Display** choose **Summary**.
- 15. Under Show/Log Data choose Current.
- 16. Now choose Measure and the "area of PAS staining" will be the last cell in the Summary window under Total.
- 17. To close the Integrated Morphometry Analysis box choose Reset Current and then Close.
- 18. The percent of the glomerulus that is PAS stained is calculated as:

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