

# Protein Coomassie Blue Staining

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## Abstract

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## Protocol

### Step 1.

Submerge protein acrylamide gel in coomassie blue stain and shake at room temperature for two hours.

 DURATION

02:00:00

### Step 2.

Pour off stain into a bottle (you can reuse it a few times), wash gel with water, then pour more stain on and shake at room temperature for another two hours.

 DURATION

02:00:00

### Step 3.

Pour off stain into a bottle, wash gel with water, you should be able to see a little something at this point so take a picture, then pour more stain on and shake at room temperature overnight.

 DURATION

12:00:00

### Step 4.

Pour off stain and take a picture of the protein bands.

### Step 5.

Submerge gel in destain buffer (50 mL Acetic Acid, 100 mL Methanol, 350 mL Water) for an hour and shake at room temperature.

 DURATION

01:00:00

 PROTOCOL

## . [Destain Buffer](#)

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### Step 5.1.

To a 500 mL Bottle, add 350 mL Water

 [AMOUNT](#)

350 ml Additional info:

 [REAGENTS](#)

✓ Distilled Water by Contributed by users

### Step 5.2.

Add 100 mL 100% Methanol

 [AMOUNT](#)

100 ml Additional info:

 [REAGENTS](#)

 Methanol [PA-33900HPLCCS4L](#) by [P212121](#)

### Step 5.3.

Add 50 mL Glacial Acetic Acid

 [AMOUNT](#)

50 ml Additional info:

 [REAGENTS](#)

Acetic acid, glacial [537020](#) by [Sigma Aldrich](#)

### Step 6.

Wash with water then repeat step 5 until you can clearly see the protein bands distinct from the background of the gel.