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Working

# Glycolysis Stress Test for Monocyte Glycolytic Function

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## PROTOCOL STATUS

### Working

We use this protocol in our group and it is working

## MATERIALS

| NAME  | CATALOG #            | VENDOR               |
|---|----------------------|----------------------|
|  Cell-Tak  | 354240               | Corning              |
|  Seahorse XFp FluxPak                                | 103022-100           | Agilent Technologies |
|  Seahorse Base Medium DMEM                           | 102353-100           | Agilent Technologies |
|  200 mM L-Glutamine                                  | G7513                | Sigma                |
|  0.1 M Sodium Hydroxide Solution                     | 71395                | Sigma                |
|  Seahorse XFp Glycolysis Stress Test               | 103017-100           | Agilent Technologies |
|  0.1M sodium bicarb buffer pH 8.0 sterile filtered | <a href="#">View</a> | Contributed by users |
|  Pipettes and P1000 P200 P10 tips                  | <a href="#">View</a> | Contributed by users |

## Day Prior to Assay

### 1 Turn on XFp analyzer to warm up overnight

Hydrate XFp sensor cartridge

Add 200 µl XF calibration solution (included with FluxPak) to each well.

Add 400 µl sterile PBS or H<sub>2</sub>O to each moat.Incubate overnight at 37°C in non-CO<sub>2</sub> incubator.

## Materials to Prepare

### 2 Seahorse DMEM Media

Add 50 µl pyruvate, 50 µl L-glutamine, to 5 ml Seahorse Base Medium. Sterile filter before use.

#### Cell-Tak coated XFp plate

Prepare Cell-Tak. Add Cell-Tak and sodium hydroxide to 0.1 M sodium bicarbonate so that each well will receive 0.56 µg Cell-Tak, and sodium hydroxide concentration will be 0.63 mM. Cell-Tak concentration varies by batch, so calculations for each new batch will need to be performed. Add 25 µl Cell-Tak solution to each well. Plate can be stored at room temperature (at least 20 minutes) until use (for a few hours). Plates can also be prepped prior to assay day by incubating plates in Cell-Tak (at least 20 minutes), then aspirating remaining solution, air drying, and storing at 4°C until use.

#### Monocytes

Monocytes should be prepared as directed in the monocyte isolation protocol. Isolated monocytes should be diluted to a concentration of  $3 \times 10^6$  cells / ml in prepared Seahorse DMEM media prior to use in the assay. Use monocytes immediately.

## Procedure

- 3 Aspirate Cell-Tak solution if not already done.
  - 4 Add 50 µl medium to wells A and H and 50 µl cells to wells B-G. Samples are generally run in duplicate or triplicate on each plate. Cell number is  $1.5 \times 10^5$  cells per well.
  - 5 Place plate in the carrier and place in centrifuge. Spin 300×g for 1 minute without brake.
  - 6 Add 130 µl assay medium to each well A-H (final volume 180 µl).
  - 7 Incubate plate at 37°C in non-CO<sub>2</sub> incubator for 1 hour.
  - 8 While plate is incubating, perform steps 9-13
  - 9 Prepare preliminary drug dilutions (mix by pipetting up and down)  
100 mM glucose (blue cap) - add 300 µl medium  
50 µM oligomycin (light blue cap) - add 288 µl medium  
500 mM 2-deoxyglucose (green cap) - add 300 µl medium - vortex 1 minute
  - 10 Prepare final drug dilutions  
100 mM glucose - use as-is  
10 µM oligomycin - 120 µl of 50 µM oligomycin in 480 µl medium  
500 mM 2-deoxyglucose - use as-is
  - 11 Remove sensor cartridge from incubator and remove and reinsert sensors briefly to clear air bubbles.
  - 12 Fill cartridge:  
Port A (all wells): 20 µl glucose (10 mM final concentration)  
Port B (all wells): 22 µl oligomycin (1 µM final concentration)  
Port C (all wells): 25 µl oligomycin (2 µM final concentration)  
Port D (all wells): 27 µl 2-deoxyglucose (50 mM final concentration)
- NOTE**
- We do two separate injections of oligomycin, although one seems to work (although less consistently). If one injection is desired, prepare oligomycin so that final concentration after the first injection is 2 µM.
- 13 Select Glycolysis Stress Test program on Seahorse XFp and calibrate sensor cartridge (remove lid).

**NOTE**

If two oligomycin injections are used, a custom program will need to be run.

- 14 After 1 hour cell incubation, remove utility plate from XFp and insert cell plate (remove lid).
- 15 Run Assay. 3 measurements per injection (including basal) is sufficient.
- 16 After run is completed, image each well by photomicroscopy or collect and isolate protein from each well to normalize cell numbers.

### Data Analysis

- 17 Data can be analyzed in the following manner. Averages or min/max for each condition can be used.

**Glycolysis:** (glucose ECAR) - (2-deoxyglucose ECAR)

**Glycolytic Capacity:** (oligomycin ECAR) - (2-deoxyglucose ECAR)

**Glycolytic Reserve:** (oligomycin ECAR) - (glucose ECAR)

Calculations are depicted in Figure 1.

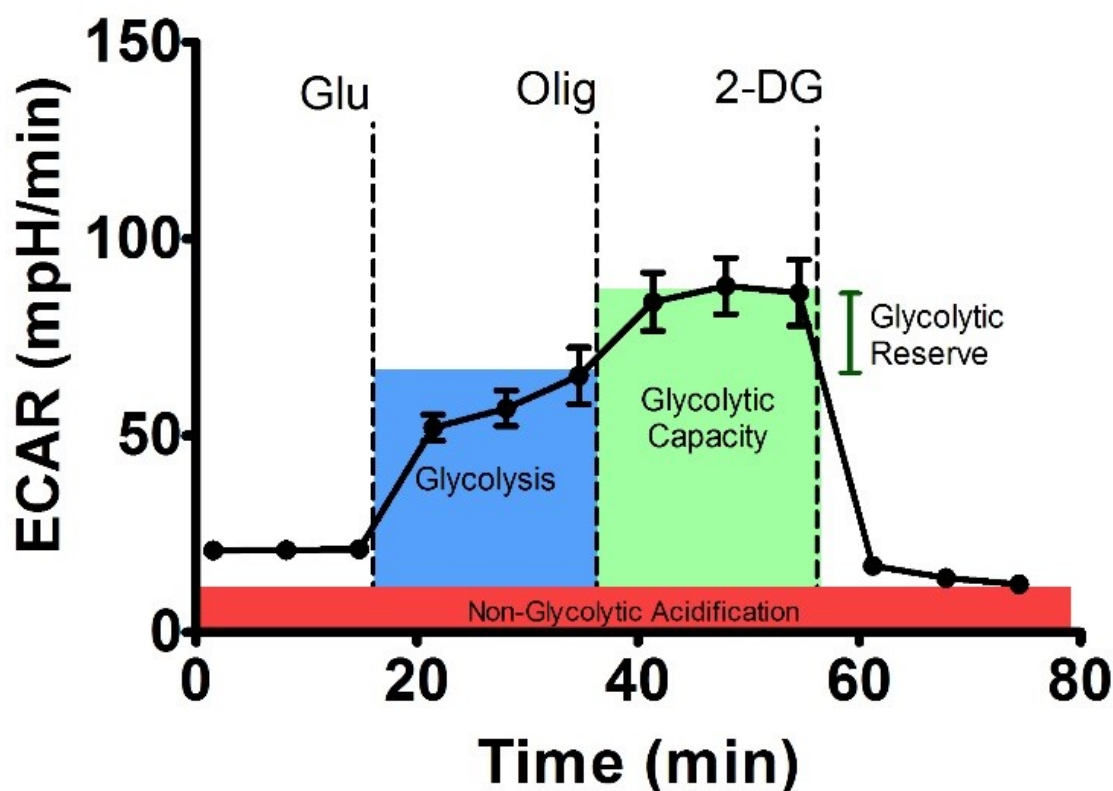


Figure 1. Calculations for Glycolysis Stress Test. Notes



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