



Jul 16, 2019

A rat model of contrast-induced acute kidney injury following intra-arterial contrast administration V.1

PLOS One

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ABSTRACT

Contrast-induced acute kidney injury (CI-AKI) is an iatrogenic complication frequently developed after cardiac catheterization procedures with the administration of [iodinated contrast media](#). However, the precise pathological mechanisms remain obscure. Thus, the establishment of a reproducible rat model following [intra-arterial contrast medium \(CM\) injection](#) to simulate [the process of arteriography](#) is of great importance. Here, a detailed protocol for establishing a CI-AKI model was describe. Three-month-old male Sprague-Dawley rats, weighing approximately 300~400g at the start of the experiment, were used. The rats were pretreated with water dehydration for 48 hours, plus indomethacin and N-ω nitro-L-arginine methyl ester (L-NAME) injection, before intra-arterial contrast medium (CM) administration. Levels of serum creatinine (SCr) were measured and histopathological assessment of the kidney tissue by H&E staining were conducted. As expected, the administration of CM, following the pretreatment by indomethacin and L-NAME, induced remarkable renal dysfunction at 12hours [post-procedure](#) in comparing with controls. The pronounced histopathological alterations in the tubular epithelial cells of the inner medulla and outer medulla were also observed in the CI-AKI rats. Thus, this rat model was reliable as a valuable tool for exploring the pathogenesis of CI-AKI.

EXTERNAL LINK

<https://doi.org/10.1371/journal.pone.0218574>

MATERIALS

NAME	CATALOG #	VENDOR
Indomethacin	I7378-10G	Sigma-aldrich
N-ω nitro-L-arginine methyl ester	N5717-1G	Sigma-aldrich

MATERIALS TEXT

Indomethacin and N-ω nitro-L-arginine methyl ester (L-NAME) were purchased from Sigma Chemical Co. (St. Louis, MO, USA). Indomethacin, an inhibitor of the synthesis of prostaglandin, was dissolved in phosphate buffer (pH 8.4) at a concentration of 5mg/ml. Iopromide (Ultravist 370; 370 mg/ml iodine), a nonionic monomeric low-osmolar CM widely used in the clinical practice, was obtained from Bayer Co. (Leverkusen, Germany).

Surgical Procedure

- 1 Rats were deprived of water for 48 [hours](#).
- 2 Body weight of each rat was measure.
- 3 Deeply anaesthetized was conducted by pentobarbital sodium (40 [mg/kg i.p.](#)).

- 4 The right femoral vein and carotid artery were both cannulated by short peripheral catheters which were widely used in the nursing practice (24 G×21 mm).
- 5 A baseline blood sample was drawn (1 ml) from the carotid artery for determination of SCr.
- 6 Indomethacin was dissolved in phosphate buffer (pH 8.4) at a concentration of 5mg/ml, then administrated intravenously at the dose of 10 mg/kg.
- 7 After 15 min, L-NAME (dissolved in 0.9% normal saline at a concentration of 10mg/ml) was administrated intravenously at the dose of 10 mg/kg.
- 8 After another 15 min, these rats were randomized to receive iopromide (CI-AKI group) or normal saline (Control group) at the dose of 7.8 ml/kg via the carotid artery cannulation over a time course of 5 min.
- 9 The rats were then allowed to recover in individual cages with free access to tap water and standard chow.

Sample Collection

- 10 At 12 hours post CM injection, the rats were deeply anaesthetized by pentobarbital sodium (40 mg/kg, i.p.).
- 11 A second set of arterial blood sample was obtained from the ventral aorta.
- 12 The blood cells were removed by perfusing with 0.9% normal saline through the bilateral renal arteries.
- 13 Both kidneys were harvested and bisected longitudinally. The right kidney, containing cortex and medulla, was fixed in 10 % neutral formalin liquid for [histological](#) analysis.
- 14 The rats were euthanized with an overdose of pentobarbital anesthesia (200 mg/kg, i.p.).

Measurement of SCr level

- 15 Blood samples were centrifuged within 2 hours at 1000 × g for 15 min.
- 16 The levels of SCr were measured at the hospital clinical laboratory by a standard method.

Histopathological assessment of the kidney tissue by H&E staining

- 17 The [histological](#) samples were embedded in paraffin and sectioned at 3 to 4 µm thick.
- 18 Deparaffinize each slide with xylene (repeated 3 times, 2 min each).

- 19 Hydrate tissue sections with gradient ethanol (100% ethanol repeated 3 times, 1 min each; 80% ethanol for 1 min) to distilled water in a fume hood.
- 20 Incubate the slides with hematoxylin solution in a staining jar for 4 min, [and then rinse with tap water for 2 min to remove the unbound dye from slides.](#)
- 21 Transfer the slides to 0.1% hydrochloric acid in alcohol for 30 sec. Then rinse with tap water for 1 min.
- 22 Transfer the slides to 0.5% ammonia solution for 1 min until the background turns light blue. Then rinse with tap water for 1 min.
- 23 Transfer the slides to 80% ethanol for 1 min.
- 24 Incubate the slides with 1% eosin in a staining jar for 50 sec, and then rinse with tap water to remove the unbound dye from slides.
- 25 Dehydrate with 100% ethanol (repeated 3 times, 1 min each) and clear in xylene (repeated 3 times, 1 min each).
- 26 The slides were then mounted with resinous mounting medium and stored at room temperature.
- 27 After being visualized by [hematoxylin and eosin \(H&E\) staining](#), the slides of each sample were reviewed by [light microscope](#).
- 28 FTubular injury was graded by the Paller score, a semi-quantitative evaluation. For each kidney, 100 tubules from 10 highmagnification (×200) fields of the medulla and the outer [medulla](#) were scored.



As expected, the administration of CM, following the pretreatment by indomethacin and L-NAME, induced remarkable renal dysfunction at 12 hours post-procedure. The average elevation of SCr was (59.9±23.0) % over baseline in the CI-AKI rats, comparing to (-10.5±17.1) % in the control rats injected with normal saline (Fig 1, $p < 0.05$). [The pronounced histopathological alterations in the tubular epithelial cells of the inner medulla and outer medulla were observed in the CI-AKI rats, including vacuole-like denaturation, nucleus pycnosis and apoptotic body formation](#) (Fig 2A). Additionally, the mean Paller score for the contrast treated kidneys was 8.2 ± 0.9 , whereas that for controls was 3.6 ± 1.2 (Fig 2B, [p < 0.05](#)), indicating of a greater extent of tubular injury after the intervention of contrast.

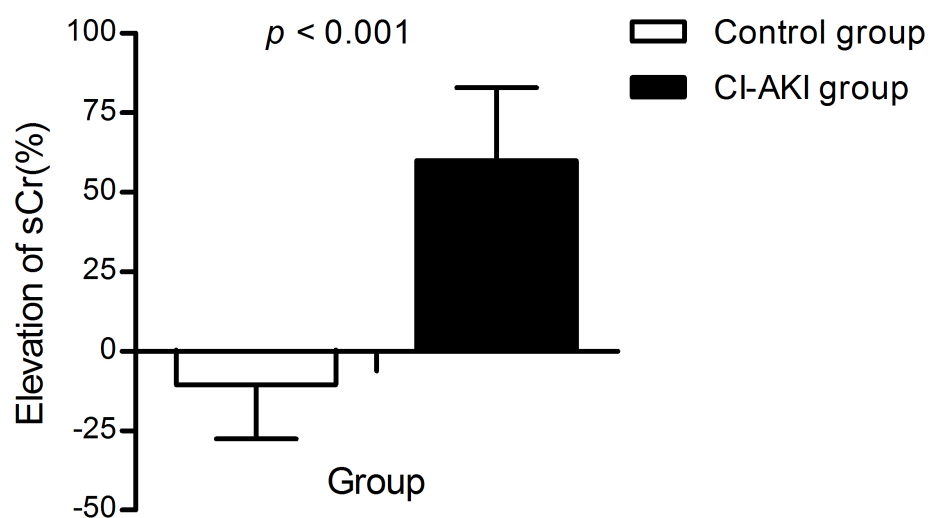


Fig 1. The average elevation of sCr in CI-AKI rats was (59.9±23.0) % over baseline, compared with (-10.5±17.1) % in controls ($p < 0.001$).

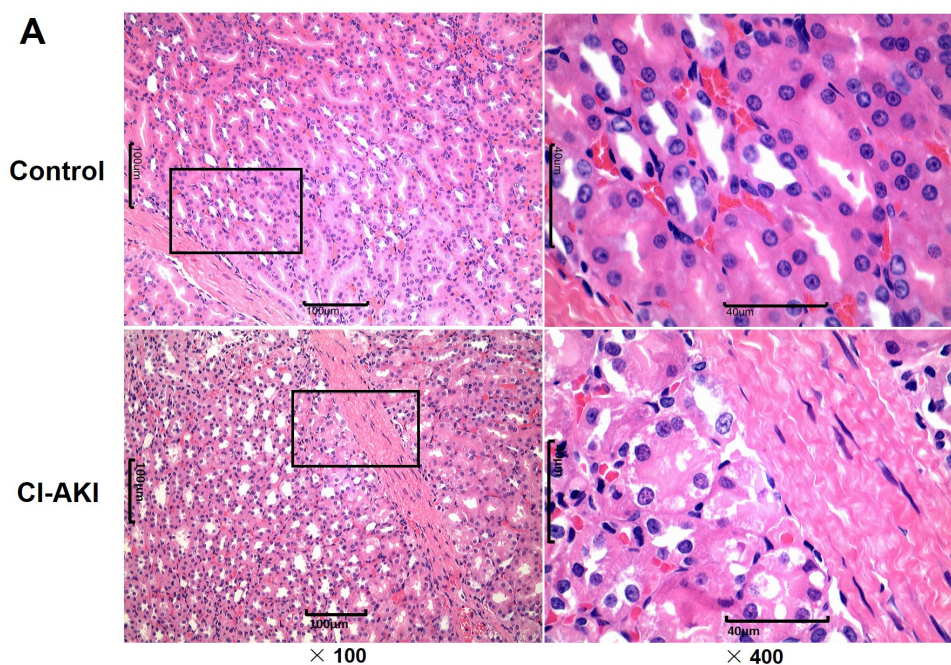


Fig 2A. Contrast medium treatment induced representative histopathological changes in the extrarenal medulla of H&E-stained kidney sections.

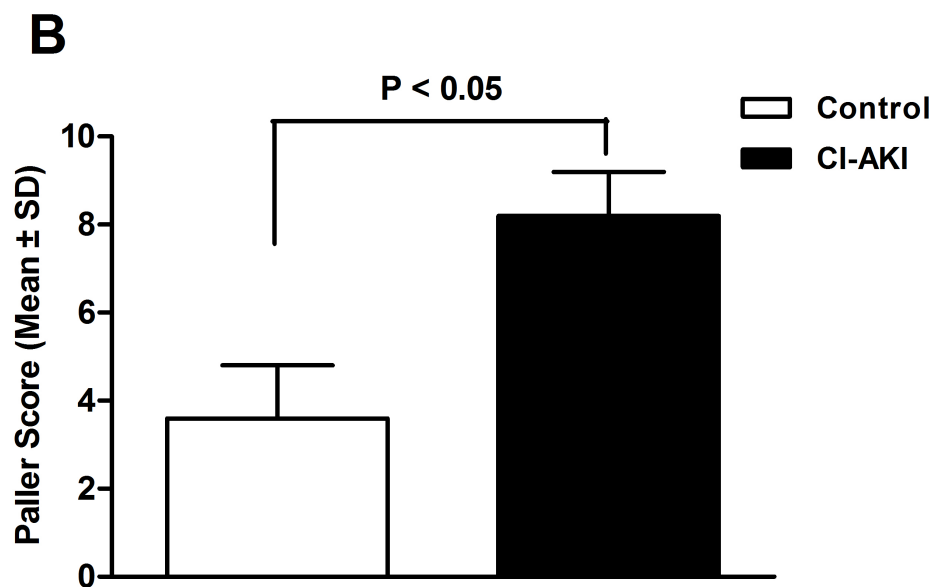


Fig 2B. The average Paller score was much higher in CI-AKI rats than controls (8.2 \pm 0.9 vs. 3.6 \pm 1.2, $P < 0.05$)



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