

## Mammalian Cell Staining

Version 2

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[dx.doi.org/10.17504/protocols.io.xs7fnhn](https://dx.doi.org/10.17504/protocols.io.xs7fnhn)

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### ABSTRACT

This protocol details how to stain mammalian cells cultured on a 96-well plate. Actin filaments, focal adhesion sites (as indicated by the presence vinculin), and nuclei will be stained.




### PROTOCOL STATUS

**Working**


### MATERIALS TEXT

- 4% Paraformaldehyde solution
- 0.1% Triton X-100
- Blocking buffer
- Anti-vinculin with blocking buffer
- TRITC and FITC-conjugated secondary antibody solution
- NucBlue™ LiveReady Probes™ Reagent solution
- Phosphate buffered saline (PBS)
- Dulbecco's phosphate buffered saline (DPBS)

### Fix the cells

- 1 Remove cell culture media.
- 2 Add  100 µl of  4 Volume Percent paraformaldehyde solution.
- 3 Incubate for  00:05:00 .

### Perforate cell membrane

- 4 Remove paraformaldehyde solution.
- 5 Wash twice with  100 µl DPBS.

6 Add  100 µl of [M]0.1 Volume Percent Triton X-100.

7 Incubate for  00:05:00 .

#### Block Unspecific Binding

8 Remove Triton X-100.

9 Wash twice with DPBS.

10 Add  100 µl blocking buffer.

11 Incubate for  00:10:00 .

#### Stain for focal adhesion sites and actin filaments

12 Remove blocking buffer.

13 Wash twice with DPBS.

14 Add  250 µl of Anti-Vinculin and blocking buffer mixture.

15 Incubate for  00:20:00 .

16 Add  100 µl FITC-conjugated secondary antibody and TRITC.

17 Incubate for  00:30:00 .

#### Stain nucleus

18 Remove stains.

19 Add  100 µl of NucBlue™ solution.



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