

## APPROVAL SHEET

The thesis attached hereto, entitled “Generalized Anxiety Disorder During Covid-19 Among Students”, prepared and submitted by JENJIE V. DELA PENA, MARK ANGHELO GUEGERRERO, ACEY ALJORIE V. PONILAS, and JESSICA ANNE S. SAMBRANO, in partial fulfillment of the requirements in Bachelor of Science in Industrial Education, is hereby accepted.

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## ABSTRACT

The purpose of this study was to investigate the prevalence of Generalized Anxiety Disorder (GAD) among TUP's students during the COVID-19 pandemic. It also aimed at identifying the determinants of GAD. A total of 178 students participated in this cross-sectional web-based survey. A standardized e-questionnaire was generated using the Google Form, and the link was shared through social media—Facebook. The information was analyzed in three consecutive levels, such as univariate, bivariate, and multivariate analysis. Students were experiencing heightened GAD. Around more than two-thirds of the students reportedly had experienced mild to severe GAD (84.8%), whereas 15.1% were minimal from GAD. The binary logistic regression suggests that students living with families have greater anxiety (OR = 4.36, 95% CI: 1.30-14.65). It is also evident that students who thought that s/he was lagging behind others in academic activities had GAD (OR = 2.28, 95% CI: 0.78-6.65). It is expected that both families and teachers could work together to fix the academic delays and family problems to reduce GAD among university students.

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