

# Growth *Mindset*



Fixed or  
Growth  
Mindset  
Quiz



**Free  
Quiz**



# **Growth Mindset Quiz**

## **Teacher Information**

### **Objective:**

Students will take a Growth Mindset Quiz.

Teacher will know if his/her student has a fixed mindset or growth mindset.

### **Grade Level(s):**

Grades 3-12

### **Directions:**

1. Students will take the quiz independently.
2. Teacher will use the Scorer's Guide to determine the student's mindset.

*Note: This quiz can be used as a pre-test and post-test before and after teaching about the Growth Mindset.*



Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Growth Mindset Quiz

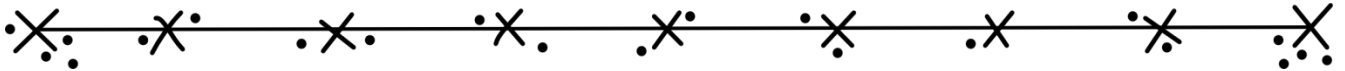
*Read the statements carefully, then choose the answer that best fits your opinion.*

1. You can learn new things, but you can't get more intelligent.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
2. If your parents are not smart, you can't be smart.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
3. You can get more intelligent.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
4. Through hard work, you can get smarter.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
5. You are born with your level of intelligence and that won't change.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
6. No matter how much you try, you can't get smarter.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
7. If you have a hard life, you won't be successful.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure
  
8. There is a limit on how intelligent you can get.
  - a) Strongly agree
  - b) Agree
  - c) Strongly Disagree
  - d) Not sure

## Growth Mindset Quiz

### Scorer's Guide

*Each question has a point value aligned to it. You can score the text or your students can score it themselves. After you have scored the quiz, please read the narratives below to learn more about your student's mindset.*

**Question 1:***A- 0 points**B- 1 point**C- 3 points**D- 2 points***Question 2:***A- 0 points**B- 1 point**C- 3 points**D- 2 points***Question 3:***A- 3 points**B- 2 points**C- 0 points**D- 1 point***Question 4:***A- 3 points**B- 2 points**C- 0 points**D- 1 point***Question 5:***A- 0 points**B- 1 point**C- 3 points**D- 2 points***Question 6:***A- 0 points**B- 1 point**C- 3 points**D- 2 points***Question 7:***A- 0 points**B- 1 point**C- 3 points**D- 2 points***Question 8:***A- 0 points**B- 1 point**C- 3 points**D- 2 points*

### 16-24 Points: Growth Mindset

Your student has agreed or strongly agreed with every statement that expressed a belief in a growth mindset and/or has disagreed, or strongly disagreed with every statement that expressed a belief in a fixed mindset. This means that your student has a Growth Mindset. He/she believes that they can grow his/her intelligence.

### 9-15 Points: Uncertain

Your student's answers were inconsistent. It appears that he/she is confused about what he/she believes about his/her mindset. This means that there is probably a fixed mindset.

### 0-8 Points: Fixed Mindset

Your student has disagreed or strongly disagreed with every statement that expressed a belief in a growth mindset and/or has agreed or strongly agreed with every statement that expressed a belief in a fixed mindset. This means that your student has a Fixed Mindset. He/she does not believe that he/she can grow his/her intelligence.

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