Shrimp with Tomato Lemon Sauce

<u>Dinner</u> <u>Food Prep</u> <u>Lunch</u> <u>Quick 'n Easy</u> <u>Recipes</u>

Persons 4

Ingredients

2 lbs raw shrimp, peeled and deveined sea salt and ground pepper, to taste

1 Tbsp olive oil or avocado oil

1 Tbsp grass-fed butter or ghee

2 shallots, finely diced

5 cloves fresh garlic, thinly sliced

2 cups cherry tomatoes, halved

1/2 cup chicken bone broth

1 Tbsp white wine vinegar

1 Tbsp fresh lemon juice

2 tsps fresh lemon zest

2 Tbsps freshly chopped Italian parsley, to garnish

fresh basil if desired

Instructions

- 1. Pat your shrimp dry with a paper towel and season lightly with sea salt and pepper on both sides.
- 2. Heat the oil and melt the butter in a large skillet over medium heat.
- 3. Cook your shrimp until pink and opaque, around 3-4 minutes, then set aside on a plate and cover to keep warm.
- 4. In the same preheated skillet, saute the shallots for 2-3 minutes.
- 5. Add in the cherry tomatoes, garlic, chicken broth, white wine vinegar, lemon juice, and zest to the skillet and bring the sauce to a simmer, reducing the heat to medium-low.
- 6. Allow the sauce to cook for 5 minutes, or the sauce thickens a bit.
- 7. Return your cooked shrimp into the sauce, stir to heat through, and garnish with freshly chopped parsley and basil.