

THUNDER TRACK AND FIELD

Order of Events

2:30 JAVELIN

3:45 ALL OTHER FIELD EVENTS

*GIRLS SHOT PUT *followed by* BOYS

*GIRLS/BOYS POLE VAULT

*BOYS DISCUS *followed by* GIRLS

*OPEN LONG JUMP

*GIRLS HIGH JUMP *followed by* BOYS

*OPEN TRIPLE JUMP

4:00 4 X 800 METER RELAY (B&G)

4:15 100/110 HIGH HURDLES

4:35 100 METER DASH

4:55 1600 METER RUN

5:15 4 X 100 METER RELAY

5:30 400 METER DASH

5:45 300 LOW HURDLES

6:00 800 METER RUN

6:15 200 METER DASH

6:30 3200 METER RUN (B&G)

6:45 4 X 400 METER RELAY