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at flourish, we believe in promoting health and wellbeing for all. that's why we made the commitment to be organic, gluten-free, and fairly traded.

being an online only shop allows us keep costs low while being able to fully support our farm partners.

the result is specially curated products that are good for you, good for the farmers, and good for the earth.

[learn more](#)

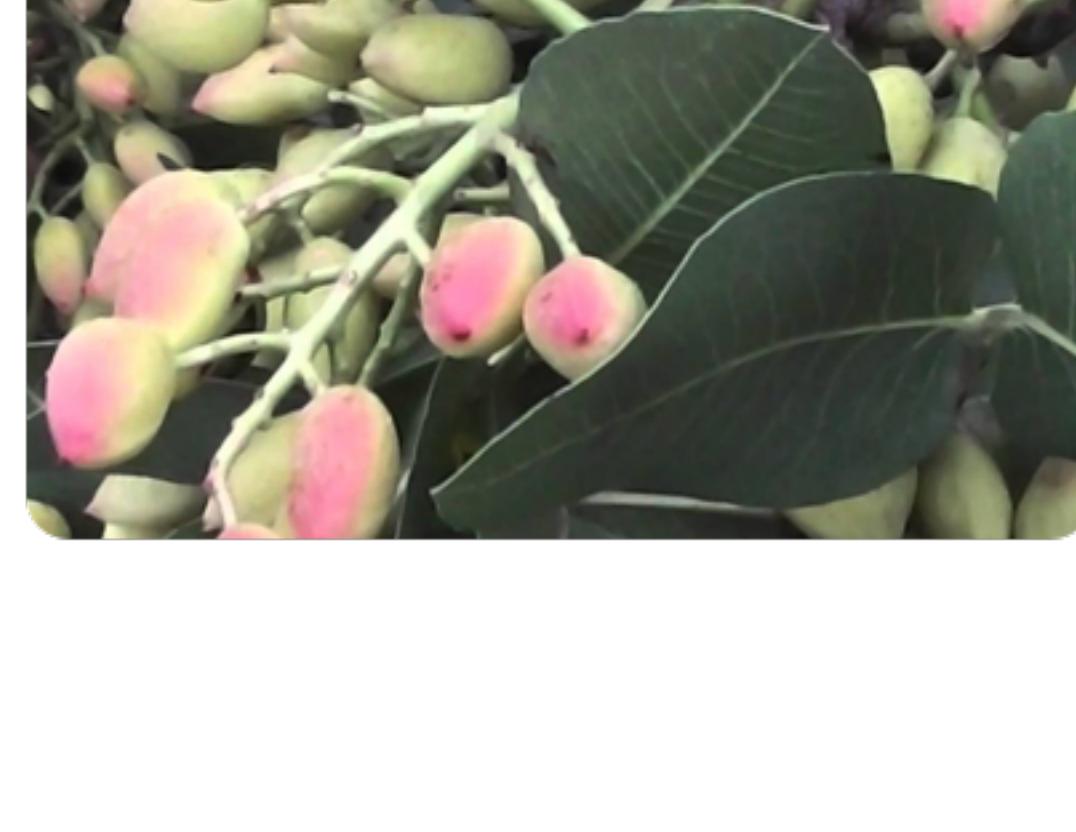
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[meet Ndalamia](#)[meet Pablo](#)[meet Dhanvi](#)

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4.5/5

[add to basket](#)**organic quinoa flour**

4.5/5

[add to basket](#)**organic cassava flour**

4.5/5

[add to basket](#)**organic almond flour**

4.5/5

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4.5/5

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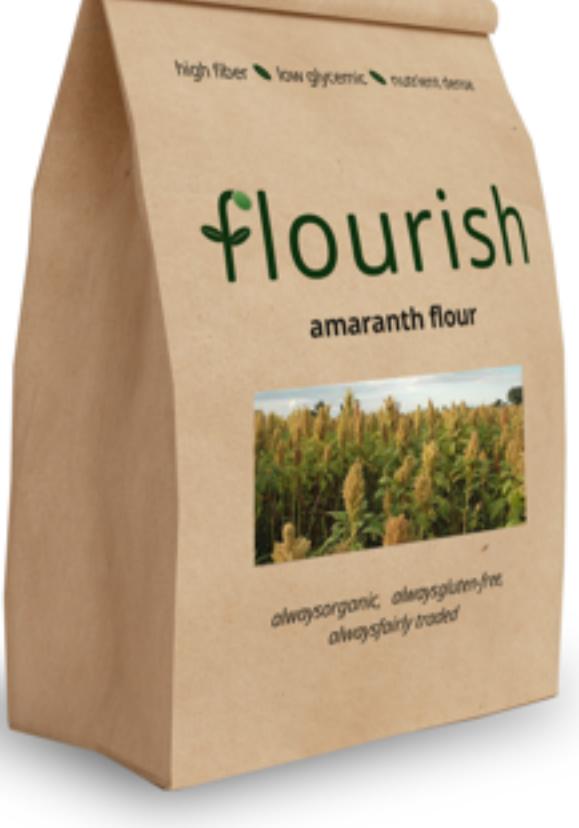
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4.5/5

[add to basket](#)**organic amaranth flour**

4.5/5

[add to basket](#)**organic cassava flour**

4.5/5

[add to basket](#)**organic almond flour**

4.5/5

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4.5/5

[add to basket](#)**organic cassava flour**

4.5/5

[add to basket](#)**organic almond flour**

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[add to basket](#)**organic amaranth flour**

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4.5/5

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filter by

[allergy ^](#)[health benefits ▼](#)[best use ▼](#) nut rice soy grain coconutfilters applied: grain allergy[x clear all](#)

search results

**organic almond flour**

4.5/5

[add to basket](#)**organic amaranth flour**

4.5/5

[add to basket](#)**organic cassava flour**

4.5/5

[add to basket](#)**organic almond flour**

4.5/5

[add to basket](#)**organic amaranth flour**

4.5/5

[add to basket](#)**organic cassava flour**

4.5/5

[add to basket](#)**organic almond flour**

4.5/5

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filters applied: grain allergy high protein

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best use ^

 pastries breads savory goods thickening noodlesfilters applied: grain allergy high protein good for breads clear all

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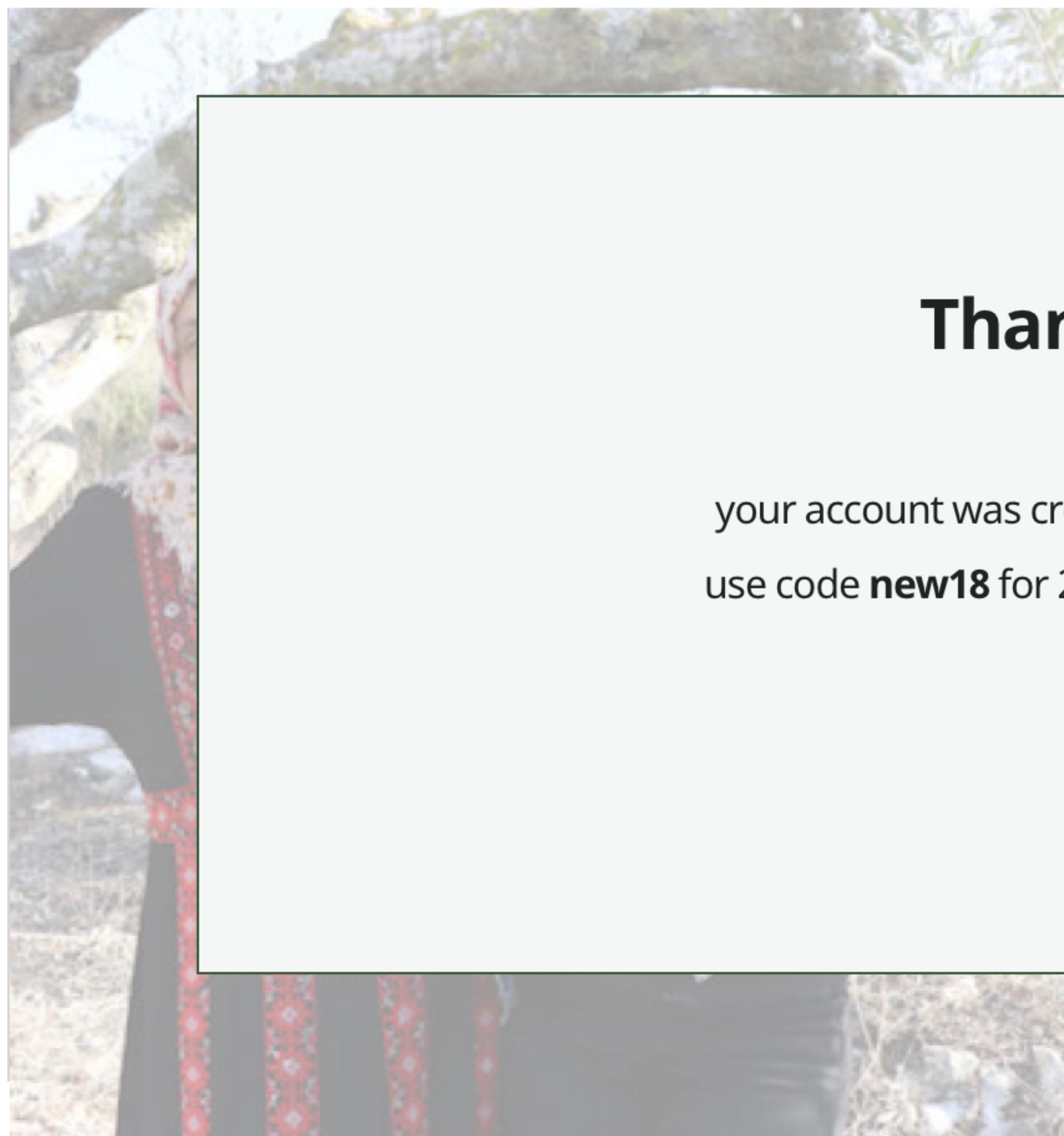
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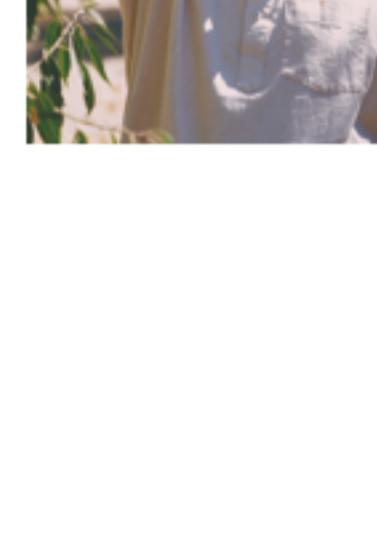
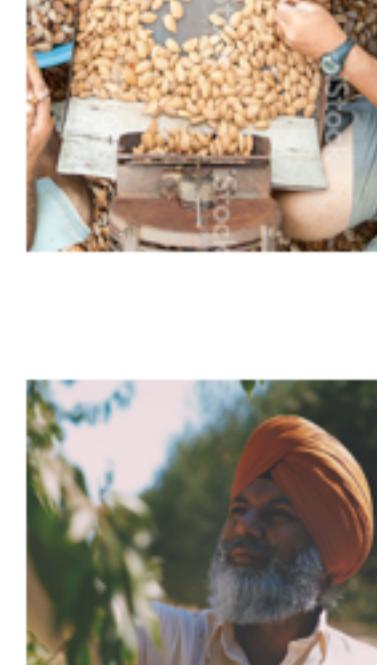
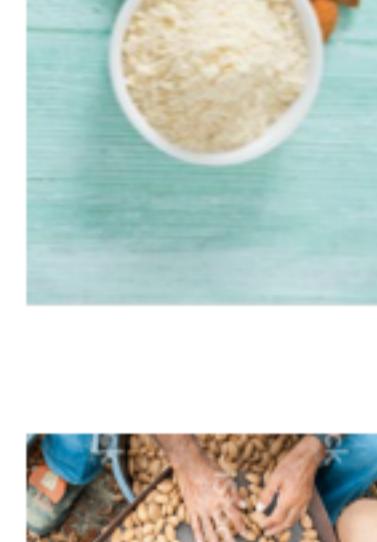
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3 lbs organic almond flour

\$11.95

3.9/5

263 reviews - [read reviews](#)

veggies es bonus vobis, proinde vos postulo
essum magis kohlrabi welsh onion daikon
amaranth tatsoi tomatillo melon azuki bean
garlic.

gumbo beet greens corn soko endive gumbo
gourd. parsley shallot courgette tatsoi pea
sprouts fava bean collard greens.

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ingredients and nutrition

ingredients:

organic almond flour

nutrition facts:

serving size: 1 cup | calories: 648 |
total fat: 56g grams | 0% cholesterol | sodium
23% | potassium 8% | total carbohydrates
24g grams |
dietary fiber 14g grams |
sugars 4.9g grams | protein 24g grams |

best uses

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Reviews

3.9 / 5

[write review](#)

march 1, 2018

this flour is so versatile. i use it in all my baking projects and the taste and texture are superb.

Julie, CA

march 1, 2018

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in your basket



x	item	qty	subtotal
x	3lbs org almond flour	1	\$1195
x	3lbs org buckwheat flour	1	\$1195
x	3lbs org coconut flour	1	\$1195
subtotal			\$35.85
tax			\$3.26
estimated shipping			\$7.17
spend \$40 or more to qualify for free shipping!			
estimated total			\$46.28
continue shopping			
continue to checkout			

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review order details

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x	item	qty	subtotal
x	3lbs org almond flour	1	\$1195
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continue checking out			

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review order - **shipping and payment info** - confirm order

shipping and payment options

shipping address

first name	last name
company name	
address line 1	
address line 2	
city	
state	zip code

billing address

same as shipping address

first name	last name
company name	
address line 1	
address line 2	
city	
state	zip code

payment details

credit card number	
expiration mo/yr	cvc

x	item	qty	subtotal
x	3lbs org almond flour	1	\$1195
x	3lbs org buckwheat flour	1	\$1195
x	3lbs org coconut flour	1	\$1195
<input type="text" value="promo code"/>			apply
			subtotal \$35.85
			tax \$3.26
			shipping \$7.17
			total \$46.28
			complete order

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x	item	qty	subtotal
x	3lbs org almond flour	1	\$1195
x	3lbs org buckwheat flour	1	\$1195
x	3lbs org coconut flour	1	\$1195
<input type="text" value="new18"/>			apply
			subtotal \$35.85
			tax \$3.26
			shipping \$7.17
			total \$46.28
			complete order

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company name	
address line 1	
address line 2	
city	
state	zip code

billing address

same as shipping address

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company name	
address line 1	
address line 2	
city	
state	zip code

payment details

credit card number	
expiration mo/yr	cvc
 amazon pay	

x	item	qty	subtotal
x	3lbs org almond flour	1	\$1195
x	3lbs org buckwheat flour	1	\$1195
x	3lbs org coconut flour	1	\$1195
new18		apply	
		subtotal	\$35.85
	discount applied	-	\$7.17
	tax		\$3.26
	shipping		\$7.17
	total		\$39.11
complete order			

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shipping and payment options

ship

first name

company name

address line 1

address line 2

city

state

zip code

Thanks!

your order was received

check your email for tracking updates

total

\$1195

\$1195

\$1195

promo code

apply

billing address

 same as shipping address

first name

last name

company name

address line 1

address line 2

city

state

zip code

subtotal

\$35.85

tax

\$3.26

shipping

\$7.17

total

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complete order

payment details

credit card number

expiration mo/yr

cvc

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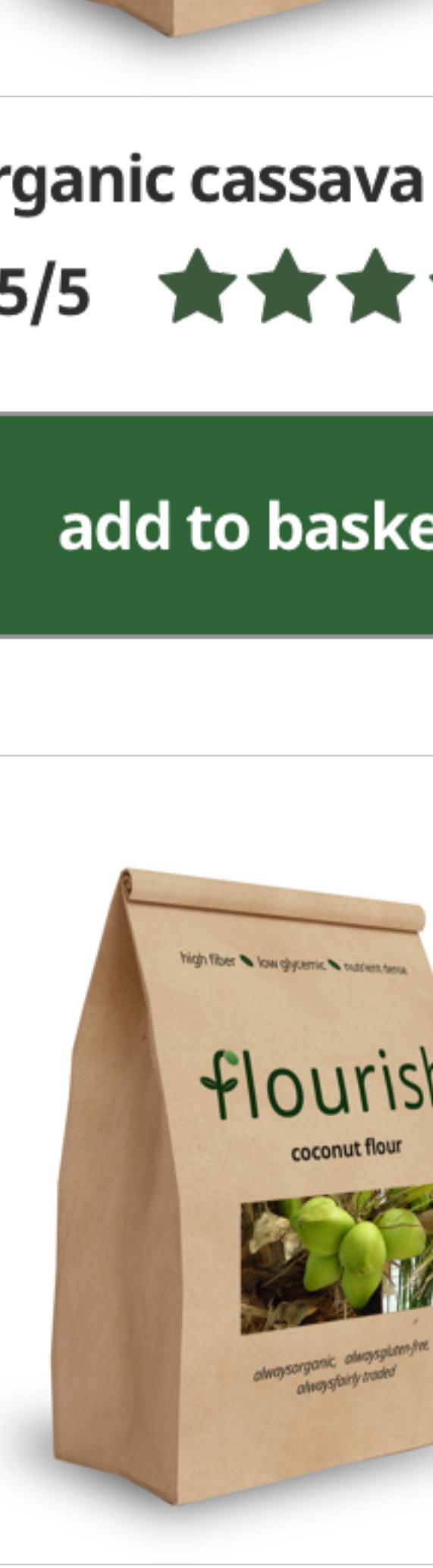
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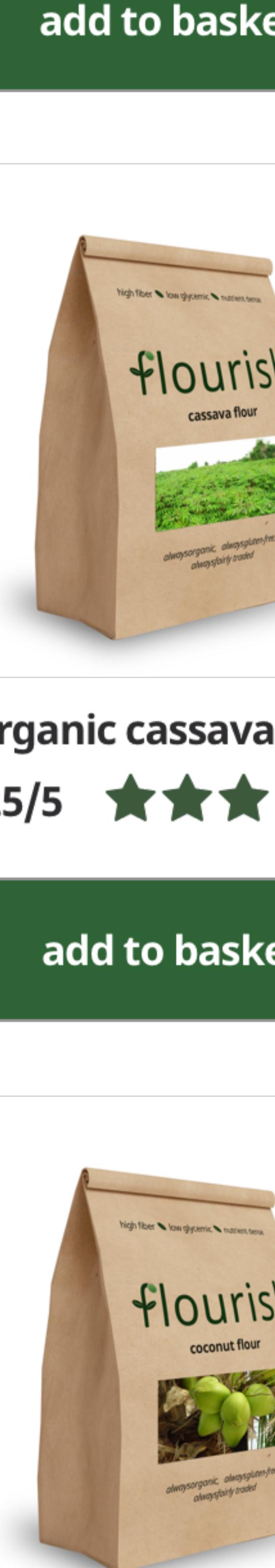
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organic almond flour

4.5/5 ★★★★★☆

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organic cassava flour

4.5/5 ★★★★★☆

[add to basket](#)



organic coconut flour

4.5/5 ★★★★★☆

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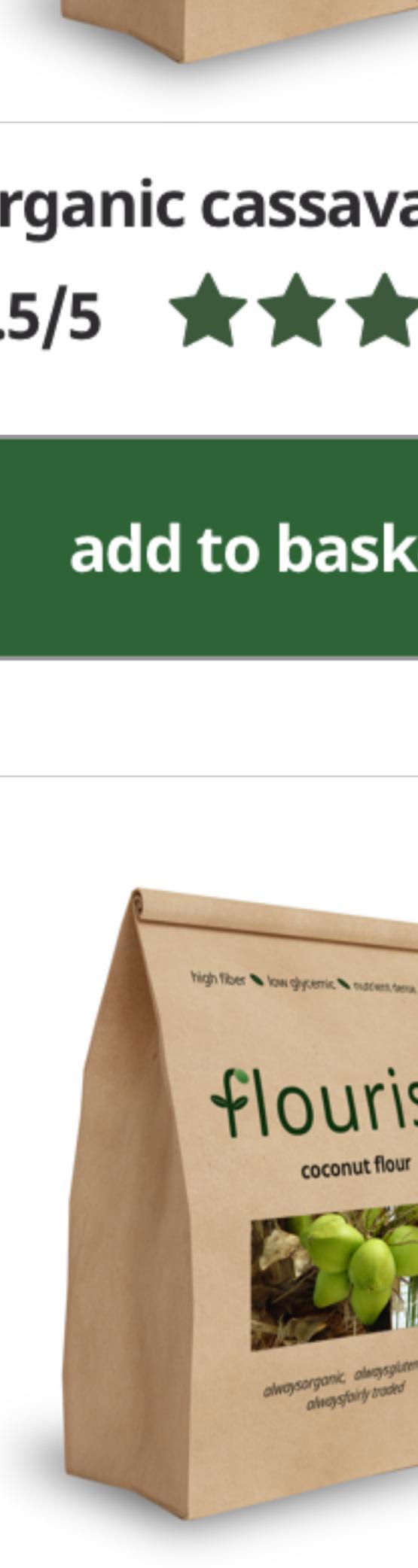
filters applied



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add to basket



organic cassava flour

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add to basket



organic coconut flour

4.5/5 ★★★★★☆

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