coles

1/2 PRICE

LYNX
Excludes clearance items

$2.99 ea
SAVE $3
~~WAS $5.99~~

Lynx Body Spray 100g or Antiperspirant 96g

NEW FLAVOUR

$3.99 ea
SAVE $4
~~WAS $7.99~~

Peters Drumstick 4 Pack-6 Pack

1/2 PRICE

$1.65 ea
SAVE $1.65
~~WAS $3.30~~

Doritos Corn Chips 150g-170g

$3.25 ea
SAVE $3.25
~~WAS $6.50~~

Old El Paso Soft Taco Kit 405g
$0.80 per 100g

$21 kg

SAVE $2kg
~~WAS $23kg~~ JAN 2017

Coles Australian Beef T-Bone Steak

$30 kg

SAVE $3kg
~~WAS $33kg~~ JAN 2017

Coles Australian Beef Scotch Fillet Steak

online | in store | mobile

On sale Wed 11th January to Tue 17th January 2017. See page 17 for details.

FP-VIC-METRO-1101-17-558656

SUMMER LEGENDS

1/2 PRICE

$2 ea
SAVE $2
WAS $4

Pascall or Sour Patch
185g-350g

$1.85 ea
SAVE $1.85
WAS $3.70

Grain Waves Chips 175g
$1.06 per 100g

$1.85 ea
SAVE $1.85
WAS $3.70

Green's Drizzles Cookies 200g
$0.93 per 100g

$2.25 ea
SAVE $2.25
WAS $4.50

Tyrrell's Crisps 165g
$1.36 per 100g

2 for $5
SAVE $1.40

Thins Potato Chips 175g
$1.43 per 100g

2 for $5
SAVE $2.60

Golden Circle Juice 2 Litre
$1.25 per litre

2 for $5
SAVE $1.28

Smith's Potato Chips 6 Pack 114g
$2.19 per 100g

$4 ea
SAVE $2
WAS $6

Solo Brew Soda 4x330mL
$3.03 per litre

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p02-03.indd 1 3/01/2017 7:50 am

SUMMER LEGENDS

1/2 PRICE

$2.25 ea
SAVE $2.25
WAS $4.50

Arnott's Family Assorted Biscuits 500g
$0.45 per 100g

$4.67 ea
SAVE $4.68
WAS $9.35

V Energy Drink 4x275mL
$4.25 per litre

91¢ ea
SAVE 94¢
WAS $1.85

Cheetos, Twisties or Burger Rings Snacks 50g-90g

$1 ea
SAVE $1
WAS $2

Ritz Snackz Crackers 100g
$1.00 per 100g

$3 ea
SAVE $1.25
WAS $4.25

Berri Juice 2 Litre
$1.50 per litre

2 for $5
SAVE $1.50

Natural Chip Company Potato Chips 175g $1.43 per 100g

2 for $4
SAVE $2

Arnott's Savoy Crackers 180g-225g

2 for $4
SAVE $2

Allen's Medium Bag 150g-200g

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p02-03.indd 2 30/12/2016 12:16 pm

Frantelle

THE perfect SERVE

FOR PLAYERS & FANS

australian open

OFFICIAL WATER

$1 ea

EVERY DAY

~~WAS $1.25~~ NOV 2016

Frantelle Spring Water 1.5 Litre

$0.67 per litre

Frantelle THE Big QUENCHER 1.5L

Frantelle THE perfect SERVE 24x600mL

australian open

OFFICIAL WATER

$8 ea

SAVE $3.50

~~WAS $11.50~~

Frantelle Spring Water 24x600mL $0.56 per litre

ADVERTISER PROMOTION

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p04-05.indd 1 30/12/2016 10:32 am

SUMMER LEGENDS

$8 ea
SAVE $4.30
WAS $12.30

Coca-Cola, Fanta or Sprite Soft Drink 10x375mL $2.13 per litre

$2 ea
SAVE $1.80
WAS $3.80

Golden Circle Drink 6x250mL
$1.33 per litre. Excludes Pineapple 6x250mL

$2 ea
SAVE $1.25
WAS $3.25

Pepsi or Solo Soft Drink 2 Litre $1.00 per litre

$3 ea
SAVE $1.50
WAS $4.50

Red Rock Deli Potato Chips 165g
$1.82 per 100g

$12 ea
SAVE $8.70
WAS $20.70

Pepsi, Solo or Schweppes Soft Drink 24x375mL $1.33 per litre

Any 2 for $7
SAVE $2.20

Cadbury Family Block 180g-200g or Sharepack 160g-180g or Campbell's V8 or V8 PowerBlend Juice 1.25 Litre

$20 ea
SAVE $14.45
WAS $34.45

Coca-Cola Soft Drink 30x375mL
$1.78 per litre

Any 2 for $4
SAVE $1.70

Coca-Cola, Fanta or Sprite Soft Drink 1.25 Litre or Powerade Sports Drink 600mL

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p04-05.indd 2 30/12/2016 10:33 am

SUMMER LEGENDS

1/2 PRICE

$2.82 ea
SAVE $2.83
WAS $5.65

Creative Gourmet Fruit 300g $9.40 per kg

$4 ea
SAVE $2.69
WAS $6.69

Peters Frosty Fruits or Lifesavers 8 Pack 536mL-600mL

$5 ea
SAVE $1.99
WAS $6.99

Weis Sorbet 1 Litre
$0.50 per 100mL

$5 ea
SAVE $1.99
WAS $6.99

Streets Blue Ribbon Tub 1.25 Litre
$0.40 per 100mL

1/2 PRICE

$3.74 ea
SAVE $3.75
WAS $7.49

Baileys Tub 500mL or Bulla Frozen Greek Yoghurt 1 Litre

$7 ea
SAVE $2.49
WAS $9.49

Peters Original 4 Litre
$0.18 per 100mL

$5 ea
SAVE $2.69
WAS $7.69

Bulla Creamy Classics Ice Cream 2 Litre
$0.25 per 100mL

$4 ea
EVERY DAY

Coles Frozen Fruit 500g
$8.00 per kg

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p06-07.indd 1 30/12/2016 10:33 am

SUMMER LEGENDS

$8 ea
SAVE $3
WAS $11

AUSTRALIAN SEAFOOD

Tassal Sliced Smoked Salmon 200g
$40.00 per kg. From the Dairy department

1/2 PRICE

$3.59 ea
SAVE $3.60
WAS $7.19

Castello Half Moon Cheese 150g
$23.93 per kg

$4.50 ea
SAVE $1.50
WAS $6

South Cape Cheese Trilogy or Wedge 140g-200g

$2 ea
EVERY DAY

Coles Dip 200g
$1.00 per 100g

$10 ea
SAVE $2
WAS $12

John West Cooked Prawns with Cocktail Sauce 260g $38.46 per kg. From the Meat department

$3 ea
SAVE $1
WAS $4

Wattle Valley Delish Dips 200g
$1.50 per 100g

2 for $6
SAVE $2

Chobani Dip 150g
$2.00 per 100g. On sale for 2 weeks

$3.50 ea
SAVE $1.49
WAS $4.99

Tasmanian Heritage Cheese Oval 125g
$28.00 per kg

Barbecued T-Bone Steak & Capsicum With Avocado Salsa

- 4 x 250g-300g Coles Australian Beef T-bone Steak
- 3 medium (about 500g total) red capsicum
- 2 tbsp olive oil plus ½ cup extra
- ¼ cup fresh lemon juice
- ¼ cup red wine vinegar
- 2 cloves garlic crushed
- 1 tsp dried chilli flakes
- ¾ cup fresh coriander chopped
- ¼ cup spring onion chopped
- 2 firm but ripe avocados peeled, pitted and cubed
- 4 x 2cm thick slices ciabatta bread

1. Prepare the barbecue for high heat. In a medium bowl, toss the capsicums with 1 tablespoon of the oil. Barbecue the capsicums, turning as needed, for about 10 minutes, or until charred all over. Return the capsicums to the bowl, cover with cling wrap, and set aside until they are cool enough to handle. Remove the skins and seeds and cut each capsicum into 4 strips about 2cm wide.
2. Rub the steaks with 1 tablespoon of oil and season generously with salt and pepper. Barbecue the steaks, turning as needed, for about 5 minutes, or until nicely charred on both sides and the internal temperature is 50°C for medium-rare doneness. Transfer to 4 plates and rest for 3 minutes before serving.
3. To make the salsa, in a small bowl, stir the lemon juice, vinegar, garlic, chilli flakes, 1 ½ teaspoons fine sea salt, and ½ teaspoon pepper. Whisk in the remaining ½ cup oil to blend, then stir in the coriander and spring onion. Fold in the avocado.
4. Grill the bread for about 2 minutes per side, or until warm, golden, and crisp on the outside. Place the toast and capsicum strips alongside the steak on the plate. Spoon the avocado salsa atop the toast and over the steak and capsicum then serve.

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p08-09.indd 1 3/01/2017 7:54 am

SUMMER LEGENDS

BBQ Sausages 1.8kg
$4.44 per kg

Coles Australian Lamb Forequarter Chops

Coles Grill RSPCA Approved Chicken Skewers Honey Soy 450g $13.33 per kg. From the Meat department

Lilydale Free Range Whole Chicken
From the Meat department

British Sausage Co. Breakfast Pork Chipolatas or Pork Cumberland Sausages 500g
$14.00 per kg

Coles Australian Pork Leg Roast Boneless

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p08-09.indd 2 30/12/2016 10:33 am

SUMMER LEGENDS

Oliving Twiggy Sticks
From the Deli

FARMED RESPONSIBLY asc CERTIFIED ASC-AQUA.ORG
ASC-C-00821

ASC Basa Fillets Thawed
From the Deli

Primo Short Cut Bacon
From the Deli

Australian Cooked King Prawns Thawed
From the Deli

Primo Frankfurt
From the Deli

Don Hungarian Salami
From the Deli

LH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p.1.0-1.1.indd 1 30/12/2016 10:33 am

2 for $5

AUSTRALIAN GROWN

Australian Basil Bunch
$2.50 each when you buy 2

$20 kg

AUSTRALIAN GROWN

Australian Garlic

$2.50 pk

AUSTRALIAN GROWN

Australian Cherry Burst 200g or Vine Ripened Cherry Tomatoes 250g

$2 kg

AUSTRALIAN GROWN

Australian Red Onions

CARAMELISED TOMATO BRUSCHETTA

INGREDIENTS

- 500g truss tomatoes, cut into wedges
- 2 tbsp brown sugar
- 1 tbsp olive oil
- 1 tbsp red wine vinegar
- ½ garlic clove, crushed
- ¼ cup chopped basil
- 1 small red onion, finely chopped
- 4 Coles Bakery Light Rye Sourdough Rolls*, split, chargrilled or sliced Coles Bakery Rustic Baguette
- Chopped basil, extra, to serve

METHOD

1. Combine the tomato, sugar and oil in a medium bowl. Heat a barbecue flat plate or large frying pan on high. Cook the tomato, stirring occasionally, for 2 mins or until charred and just softened. Return to the bowl. Set aside for 5 mins to cool.
2. Add the vinegar, garlic, basil and onion to the tomato mixture. Toss to combine. Season. Divide the tomato mixture among the bread slices. Top with the extra basil and serve immediately.

*Available in selected stores

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p10-11.indd 2 3/01/2017 8:00 am

Coles Bakery Stone Baked Pane Di Casa 500g
$0.60 per 100g. Selected stores only

Coles Bakery Continental Rolls 3 Pack or 4 Pack Selected stores only

Coles Mud Cake 600g
$0.75 per 100g

Coles Bakery Cookies 6 Pack-12 Pack
Selected stores only

Coles Traditional High Top Bread 680g-850g

Golden Crumpet Rounds 6 Pack
$0.28 per crumpet

Mission Wraps 8 Pack 567g
$0.62 per 100g

Coles Bakery Hot Cross Buns Traditional Fruit 6 Pack or Mini Fruit 9 Pack
Selected stores only

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p12-13.indd 1 30/12/2016 10:33 am

2 for $5

SAVE $2.30

Arnott's Chocolate Mint Slice Biscuits 200g
$1.25 per 100g

$3 ea

SAVE $1.25
WAS $4.25

Mars M&M's, Maltesers, Pods 140g-180g or Medium Funsize 144g-216g

2 for $4

SAVE $1.20

Wrigley's Eclipse Mints 34g
$5.88 per 100g

$3 ea

SAVE $1
WAS $4

Belvita Breakfast Biscuits 300g
$1.00 per 100g

1/2 PRICE

$9.50 ea

SAVE $9.50
WAS $19

Cadbury Favourites Boxed Chocolates 540g
$1.76 per 100g

$1 ea

EVERY DAY

Coles Custard Cream Biscuits 200g
$0.50 per 100g

$3 ea

SAVE $1.50
WAS $4.50

Nestlé Block Chocolate 118g-200g

1/2 PRICE

$2.49 ea

SAVE $2.51
WAS $5

Cottee's Cordial 1 Litre
$2.49 per litre

SUMMER LEGENDS

TAKE HOME A SUMMER FAVOURITE

2 for $2.60

SAVE 70¢

Kirks Soft Drink 1.25 Litre
$1.04 per litre

2 for $10

SAVE $7.80

Kirks Soft Drink 10x375mL
$1.33 per litre

ADVERTISER PROMOTION

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p14-15.indd 1 30/12/2016 10:33 am

$5 ea
SAVE $1.30
WAS $6.30

Kellogg's Nutri-Grain 500g, Coco Pops 650g or Special K 535g

$7 ea
SAVE $3.99
WAS $10.99

Lavazza A Modo Mio Coffee Capsules 16 Pack 112g-120g

$5 ea
SAVE $2
WAS $7

Jordans Granola or Muesli 500g
$1.00 per 100g

$11 ea
SAVE $3.32
WAS $14.32

Moccona Specialty Blend Coffee 150g $7.33 per 100g

$5 ea
SAVE $3
WAS $8

Kraft Peanut Butter 780g
$0.64 per 100g

$3 ea
SAVE 99¢
WAS $3.99

Uncle Tobys Muesli Bars 185g, Roll Ups 94g or Le Snak 132g

$2 ea
SAVE 86¢
WAS $2.86

Devondale Long Life Milk 2 Litre
$1.00 per litre

$4 ea
SAVE $1.30
WAS $5.30

Kellogg's Be Natural 405g-415g or All Bran 530g

$7 ea
SAVE $2.39
WAS $9.39

Nescafé Blend 43 140g-150g or Gold 95g-100g

$4.80 ea
SAVE $1.20
WAS $6

Capilano Twist & Squeeze Honey 375g
$1.28 per 100g

$14 ea
SAVE $4.95
WAS $18.95

Lavazza Coffee Beans or Ground 500g
$2.80 per 100g

$5 ea
SAVE $1.59
WAS $6.59

Nescafe Café Menu 10 Pack 132g-185g

$2.80 ea
SAVE 70¢
WAS $3.50

IXL Jam 480g
$0.58 per 100g

$2.60 ea
SAVE 90¢
WAS $3.50

Musashi P30 High Protein Drink Iced Chocolate 375mL $6.93 per litre

1/2 PRICE

$1.74 ea
SAVE $1.75
WAS $3.49

Pureharvest Coco Quench Long Life Milk 1 Litre $1.74 per litre

$7 ea
SAVE $2.40
WAS $9.40

Robert Timms Coffee Bags 28 Pack 160g
$4.38 per 100g

LH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p.16-17.indd 1 3/01/2017 8:02 am

$1.50 ea

SAVE 80¢
~~WAS $2.30~~

John West Salmon Tempters 95g
$15.79 per kg

1/2 PRICE

$4.50 ea

SAVE $4.50
~~WAS $9~~

Maggi 2 Minute Noodles 12 Pack
828g-888g

2 for $2.50

SAVE $2.10

Lee Kum Kee Ready Sauce
90g-145g

$2 ea

SAVE $1.04
~~WAS $3.04~~

King Oscar Sardines 105g or
Mackerel 115g

2 for $3

SAVE $1.20

Heinz Full Of Beanz or Spaghetti
400g-420g

$3.80 ea

SAVE 95¢
~~WAS $4.75~~

Sandhurst Pitted Kalamata
Olives 500g $7.60 per kg

$4 ea

SAVE $2
~~WAS $6~~

John West Tuna Tempters Multi Pack 4x95g
$10.53 per kg

Any 2 for $5

SAVE $1.80

Praise Salad Dressing 330mL or
Mayonnaise 365g-410g

On sale Wednesday 11th January 2017 until Tuesday 17th January 2017 or until Tuesday 24th January 2017 where indicated. Selected specials commenced Wednesday 4th January 2017.
Promotional prices commence 7am Wednesday. Promotional prices not available at Coles Express (unless otherwise indicated). **Some promotional products and prices may not be available at coles.com.au.** We reserve the right to limit sale quantities. Some products or varieties may not be available at all stores. While stocks last. Savings, single sell prices and unit prices shown are off Victorian regular selling prices. Some advertised products may already be priced below the Victorian selling price. Savings and unit prices may therefore vary. Promotional prices may extend beyond the advertised date. Multi Save price only available when purchased in the multiples specified.

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p16-17.indd 2 3/01/2017 8:28 am

SPECIALS

$2.50 ea

SAVE 25¢
~~WAS $2.75~~

Heinz Fiery Chilli or American Mustard 220mL
$1.14 per 100mL

$2.50 ea

SAVE 69¢
~~WAS 3.19~~

Heinz Smokey BBQ Sauce 500mL
$0.50 per 100mL

$2.50 ea

SAVE 70¢
~~WAS 3.20~~

Heinz Tomato Ketchup Sauce 500mL
$0.50 per 100mL

$2.50 ea

SAVE $1.49
~~WAS $3.99~~

Heinz Seriously Good Aioli or Mayonnaise 295mL
$0.85 per 100mL

ADVERTISER PROMOTION

LH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p.1.8-1.9.indd 1 30/12/2016 10:33 am

1/2 PRICE

$8.50 ea
SAVE $8.50
WAS $17

Moro El Primero Extra Virgin Olive Oil 1 Litre
$0.85 per 100mL

90¢ ea
SAVE 90¢
WAS $1.80

Golden Circle Beetroot Slices 450g
$2.00 per kg

2 for $7
SAVE $3

White Wings Baking Mix
230g-570g

$2 ea
SAVE $1.25
WAS $3.25

Uncle Ben's Microwave Rice
250g-300g

$2 ea
SAVE 55¢
WAS $2.55

Gravox Liquid Gravy or Finishing Sauce 165g
$1.21 per 100g

2 for $4
SAVE $1.40

Fountain Sauce 250mL
$0.80 per 100mL

2 for $5
SAVE $1.98

Heinz Classic or Big N Chunky Soup
520g-535g

$2 ea
SAVE 99¢
WAS $2.99

Continental Gourmet Pasta & Sauce,
Rice or Risotto 90g-115g

RH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p.1.8-1.9.indd 2 30/12/2016 10:33 am

1/2 PRICE

$4 ea
SAVE $4
WAS $8

Ingham's Original Chicken Breast Tenders 400g
$10.00 per kg

$6 ea
SAVE $2.79
WAS $8.79

Birds Eye Oven Bake Fish Fillets 425g $14.12 per kg

$5 ea
SAVE $2
WAS $7

McCain Red Box Plated Meals 320g $1.56 per 100g

$6 ea
SAVE $2.50
WAS $8.50

McCain Pizza Takeaway 530g
$1.13 per 100g

$2.50 ea
SAVE $1.19
WAS $3.69

Birds Eye Deli Chips 600g
$4.17 per kg

$5 ea
SAVE $1.70
WAS $6.70

Lean Cuisine Steam Meal 350g-390g

$2.50 ea
SAVE 90¢
WAS $3.40

Birds Eye SteamFresh Vegetables 450g $5.56 per kg

1/2 PRICE

$5.50 ea
SAVE $5.50
WAS $11

Pacific West Cocktail Spring Rolls 1kg
$0.55 per 100g

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p20-21.indd 1 30/12/2016 10:33 am

$10 ea
SAVE $6.45
~~WAS $16.45~~

Don Short Cut Bacon 1kg
$10.00 per kg. From the Dairy department

$2 ea
SAVE 75¢
~~WAS $2.75~~

Oak or Icebreak Flavoured Milk 500mL-600mL

$6 ea
SAVE $1.99
~~WAS $7.99~~

Flora Pro-activ 500g
$1.20 per 100g

$2 ea
SAVE 79¢
~~WAS $2.79~~

Jalna Pure Yoghourt 200g
$1.00 per 100g. 2nd week on sale

1/2 PRICE
$2.65 ea
SAVE $2.65
~~WAS $5.30~~

Vaalia Low Fat Yoghurt 4x150g
$0.44 per 100g

$6 ea
SAVE $1.65
~~WAS $7.65~~

Perfect Italiano Grated Cheese 450g $13.33 per kg

$9 ea
SAVE $4.19
~~WAS $13.19~~

Bega Cheese Block 1kg
$9.00 per kg

$7 ea
SAVE $2
~~WAS $9~~

Bega Natural Cheese Slices 500g
$14.00 per kg

4 for $6
SAVE $1.80

Vaalia Yoghurt Pouch 140g or Tub 160g

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p20-21.indd 2 30/12/2016 10:34 am

$5 ea
SAVE $1.29
WAS $6.29

Tamar Valley Greek Style Yoghurt 1kg or Gourmet Yoghurt 700g

$6 ea
SAVE $1.50
WAS $7.50

Latina Gluten Free Filled Pasta 280g
$2.14 per 100g

$3.80 ea
SAVE $1.45
WAS $5.25

Oak Flavoured Milk 2 Litre
$1.90 per litre

$4 ea
SAVE $1.50
WAS $5.50

Original Black Label Juice 1.5 Litre
$2.67 per litre

$5.50 ea
SAVE $2
WAS $7.50

Latina Meal 350g
$1.57 per litre. On sale for 2 weeks

$3 ea
SAVE $1.38
WAS $4.38

Danone Greek Yoghurt 4x125g
$0.60 per 100g. 2nd week on sale

$4.50 ea
SAVE $1.95
WAS $6.45

Kraft Cheese Singles 432g
$10.42 per kg

$4 ea
EVERY DAY

Western Star Butter 500g
$0.80 per 100g

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p22-23.indd 1 30/12/2016 10:34 am

$5 ea
SAVE $2.00
WAS $7.00

McCain Pizza Slices 6 Pack 600g or Singles 4 Pack 400g From the Freezer department

1/2 PRICE

$4.49 ea
SAVE $4.50
WAS $8.99

Sara Lee Ice Cream 1 Litre
$0.45 per 100mL. From the Freezer department

$3 ea
EVERY DAY

Coles Easy Squeeze Dip 250g
$1.20 per 100g. From the Dairy department

$5 ea
SAVE $1.30
WAS $6.30

Herbert Adams Slow Cooked Chunky Beef Pies 2 Pack 400g $1.25 per 100g.
From the Freezer department

$5.50 ea
SAVE $1.50
WAS $7

The Good Meal Co Gluten Free Lentil & Veg Cottage Pie 400g $1.38 per 100g.
From the Freezer department

$5 ea
EVERY DAY

Farmers Union Greek Style Yogurt 950g-1kg
From the Dairy department

$7.40 kg
SAVE $3.30 kg
WAS $10.70 kg

Pantalica Ricotta
From the Deli

$10 ea
SAVE $3
WAS $13

AUSTRALIAN SEAFOOD

Coles Fresh Salmon Skin On 2 Pack
$33.33 per kg. From the Meat department

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p22-23.indd 2 3/01/2017 8:06 am

$3 ea
SAVE $1
WAS $4

Dare Flavoured Milk 750mL
$4.00 per litre

$4 ea
SAVE $1.99
WAS $5.99

Mersey Valley Cheese 180g
$22.22 per kg. 2nd week on sale

$3.50 ea
SAVE 79¢
WAS $4.29

South Cape Cream Cheese 200g
$17.50 per kg

$9 ea
SAVE $3
WAS $12

King Island Double Brie or Camembert 200g
$45.00 per kg

2 for $6
EVERY DAY

Berri Australian Grown Juice 1 Litre
$3.00 per litre

$4 ea
SAVE $1
WAS $5

Real Wholesome Juice 750mL
$5.33 per litre

5 for $4.50
EVERY DAY

Yoplait Kids Squeezie Yoghurt 70g $1.29 per 100g

FREE COOKBOOK
With any shop over $50
or $5 ea

4 TO COLLECT OVER SUMMER

while stocks last

coles taste

One free cookbook per transaction over $50. Qualifying purchases exclude any value spent on Tobacco and Tobacco related products, Gift Cards, Mobile Phone, Recharge, Calling Cards and Lottery.

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p24-25.indd 1 30/12/2016 10:34 am

30% OFF

SELECTED DOVE ROLL ON & AEROSOL ANTIPERSPIRANT DEODORANT
Excludes clinical & clearance items

$4.50 ea
SAVE $2.49
WAS $6.99

Dove Antiperspirant Deodorant 250mL-254mL

$2 ea
SAVE $1
WAS $3

Colgate Total Toothpaste 110g, Plax Mouthwash 250mL or Zig Zag Medium Toothbrush 1 Pack

1/2 PRICE

$4.97 ea
SAVE $4.98
WAS $9.95

Batiste Dry Shampoo 200mL
$2.49 per 100mL

2 for $22
SAVE $9.40

Pantene Shampoo or Conditioner 900mL
$1.22 per 100mL

$5.30 ea
SAVE $3.69
WAS $8.99

Sensodyne Daily Care + Whitening Toothpaste 110g $4.82 per 100g

40% OFF

TONI & GUY
Excludes clearance items

$9.50 ea
SAVE $6.49
WAS $15.99

Toni & Guy Shampoo or Conditioner 250mL
$3.80 per 100mL

$4 ea
SAVE $1.49
WAS $5.49

Sunsilk Shampoo or Conditioner 350mL
$1.14 per 100mL

$10 ea
SAVE $2.50
WAS $12.50

Clairol Nice 'N Easy Root Touch-Up Hair Colour 1 Pack

RH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p24-25.indd 2 30/12/2016 10:34 am

$7.50 ea
SAVE $7.50
WAS $15

Nature's Way Fish Oil 1000mg True Odourless Capsules 200 Pack $3.75 per 100 each

$20 ea
SAVE $20
WAS $40

Nature's Way Glucosamine 1500mg Joint Repair Tablets 180 Pack $11.11 per 100 each

1/2 PRICE

$10 ea
SAVE $10
WAS $20

Nature's Way Restore Daily Probiotic Capsules 28 Pack $35.71 per 100 each

$10 ea
SAVE $4.50
WAS $14.50

Nature's Way Kids Smart Vita Gummies Multi-Vitamin 60 Pack $16.67 per 100 each

$10 ea
SAVE $4.50
WAS $14.50

Nature's Way Kids Smart Vita Gummies Calcium + Vit D 60 Pack $16.67 per 100 each

$10 ea
SAVE $4.50
WAS $14.50

Nature's Way Kids Smart Vita Gummies Omega 3 Fish Oil 60 Pack $16.67 per 100 each

30% OFF
BIC RAZORS
Excludes clearance items

$5 ea
SAVE $2.50
WAS $7.50

Bic Flex 5 Razors 2 Pack
$2.50 per each

40% OFF
SALLY HANSEN NAIL POLISH
Excludes clearance items

$4 ea
SAVE $3.10
WAS $7.10

Sally Hansen Xtreme Wear Black Out Nail Polish 12mL $3.33 per 10mL

$4 ea
SAVE $1.39
WAS $5.39

Palmolive Naturals Shower Gel 500mL
$0.80 per 100mL

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p26-27.indd 1 30/12/2016 10:34 am

$11 ea
SAVE $2.50
~~WAS $13.50~~

BabyLove Cosifit Nappies 30 Pack-54 Pack

$27 ea
EVERY DAY
~~WAS $29.99~~ JUL 2016

BabyLove Jumbo Nappy Pants 38 Pack-52 Pack

$10 ea
SAVE $1.99
~~WAS $11.99~~

Huggies Convenience DryNites Pyjama Pants 9 Pack-11 Pack or Little Swimmers 10 Pack-12 Pack

$16 ea
SAVE $4
~~WAS $20~~

S-26 Gold Toddler Step 3 Formula 900g
$1.78 per 100g

3 for $5
SAVE 94¢

Organic Bubs Baby Food Pouch 110g-120g

$1.50 ea
EVERY DAY

Heinz Baby Food Pouch 120g, Glass Jar 170g or Farex On The Go 120g

$10 ea
SAVE $4
~~WAS $14.00~~

Huggies Baby Wipes 240 Pack
$4.17 per 100 each

30% OFF
SELECTED CURASH
Excludes Every Day & clearance items

$12.25 ea
SAVE $5.25
~~WAS $17.50~~

Curash Fragrance Free Baby Wipes 480 Pack $2.55 per 100 each

RH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p26-27.indd 2 30/12/2016 10:34 am

SPECIALS

Natural looking, *shiny nails* effortlessly.

$36 ea

SAVE $24
~~WAS $60~~

Scholl Velvet Smooth Pink Electronic Nail Care System 1 Pack
While stocks last

GIVES YOUR
HIGH HEELS
THE SNEAKER FEEL

HIGH HEELS

$15 ea

SAVE $5
~~WAS $20~~

Scholl Gel Activ Insoles 1 Pack

Scholl

ADVERTISER PROMOTION

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p28-29.indd 1 30/12/2016 10:34 am

40% OFF L'ORÉAL MEN EXPERT
Excludes clearance items

$4.10 ea
SAVE $2.89
WAS $6.99

L'Oréal Men Expert Hydra Sensitive Shave Gel 200mL $2.05 per 100mL

$3.50 ea
SAVE $2.45
WAS $5.95

L'Oréal Elvive Shampoo or Conditioner 250mL $1.40 per 100mL

$24 ea
SAVE $9
WAS $33

Thank you Nappies 64 Pack-108 Pack

40% OFF L'ORÉAL WOMEN'S SKINCARE
Excludes clearance items

$19.70 ea
SAVE $13.20
WAS $32.90

L'Oréal Revitalift Anti-Wrinkle Night Cream 50mL $39.40 per 100mL

$10 ea
SAVE $7.49
WAS $17.49

L'Oréal Excellence Hair Colour 1 Pack

BUY ANY 2 GET THE 3RD FREE
CAREFREE & STAYFREE PADS, TAMPONS & LINERS
Lowest priced item free. Excludes Every day & clearance items

$5 ea

Carefree Regular Tampons 20 Pack
$0.25 per each

$10 ea
SAVE $6.30
WAS $16.30

Banana Boat Ultra Sunscreen Spray SPF50+ 175g $5.71 per 100g

$12 ea
SAVE $8.40
WAS $20.40

Banana Boat Kids Sunscreen Pump SPF50+ 400g $3.00 per 100g

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p28-29.indd 2 30/12/2016 10:34 am

$4.40 ea
SAVE $1.10
WAS $5.50

Panadol Rapid Caplets 20 Pack
$0.22 per each

$15.80 ea
SAVE $4.05
WAS $19.85

Metamucil Multi-Health Fibre Orange Smooth Powder 72 Doses 425g $3.72 per 100g

$15.60 ea
SAVE $3.90
WAS $19.50

Berocca Performance Effervescent Tablets 45 Pack $34.67 per 100 each

30% OFF
POISE
Excludes clearance items

$3.50 ea
SAVE $1.60
WAS $5.10

Poise Liners 26 Pack
$0.13 per each

NEW
Nicabate® GUM LOVE THE TASTE

CHOOSE FROM A RANGE OF FORMATS

gsk

$26 ea
SAVE $8
WAS $34

Nicabate 2mg Extra Fresh Mint Gum or Nicabate 4mg Extra Fresh Mint Gum 100 Pack
$0.26 per each

LONG-LASTING MINT FLAVOUR
8/10 SMOKERS AGREE

$28 ea
SAVE $7
WAS $35

Nicabate 21mg Clear Patches 7 Pack
$4.00 per each

$28 ea
SAVE $7.69
WAS $35.69

Nicabate 4mg Mint Lozenges 72 Pack $0.39 per each

$26 ea
SAVE $7.20
WAS $33.20

Nicabate Minis 4mg Mint Lozenges 60 Pack
$0.43 per each

Contains nicotine. Stop smoking aid. Use only as directed.
†Data on file: Study RH02395 (financial sponsor GSK).
NICABATE is a registered trade mark of the GSK group of companies or its licensor.

LH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p30-31.indd 1 30/12/2016 10:34 am

1/2 PRICE

SISTEMA TO GO
Excludes clearance items

$5.50 ea
SAVE $5.50
~~WAS $11~~

Sistema To Go Gripper Bottle 800mL

$5 ea
SAVE $5
~~WAS $10~~

Sistema To Go Lunch Cube 2 Litre

NEW RELEASE

$20 ea

Introductory offer

Miss Peregrine's Home for Peculiar Children DVD M - Recommended for mature audiences.
Price after introductory period $22ea

$3.20 ea
SAVE $1.35
~~WAS $4.55~~

Redheads Firelighters 24 Pack
$0.13 per each

30% OFF
WILTSHIRE BAKEWARE & GADGETS Excludes clearance items

$11.20 ea
SAVE $4.80
~~WAS $16~~

Wiltshire Round Springform Pan 24cm

$4 ea

Australia Day Frosted Schooner
While stocks last. No rainchecks

$5 ea

Australia Day Big Flag
While stocks last. No rainchecks

$1 ea

Australia Day Tattoos
While stocks last. No rainchecks

15% OFF

$30, $50 & $100 iTunes Gift Cards

Excludes $20 iTunes Gift Card and Apple Music Cards

Excludes $20 iTunes gift card and Apple Music cards. Maximum 5 gift cards per customer. While stocks last. No rainchecks. Offer valid from 11/01/17 - 17/01/17. Refer to gift card for terms & conditions.

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p30-31.indd 2 3/01/2017 8:08 am

BACK TO SCHOOL

$5 ea
SAVE $1.99
WAS $6.99

Reflex A4 Copy Paper 500 Sheets

1/2 PRICE
$10 ea
SAVE $10
WAS $20

Bic Mark It Markers 24 Pack

$3.50 ea
SAVE $1.50
WAS $5

Faber-Castell Connector Pens 10 Pack

30% OFF
SHARPIE PENS
Excludes clearance items

$5 ea
SAVE $3
WAS $8

Sharpie Fluo XL Highlighters 4 Pack

$12 ea

Cool Gear Flip Lock Zen Bottle 946mL
While stocks last. No rainchecks. Styles and colours may vary

$7 ea

Cool Pod Freezable Yoghurt Cooler Bag
While stocks last. No rainchecks.
Styles and colours may vary

$10 ea
SAVE $2
WAS $12

Décor Elements Flipseal Stainless Steel Bottle 750mL Styles and colours may vary

$15 ea

Smash Layla Lunchbag
While stocks last. No rainchecks.
Styles and colours may vary

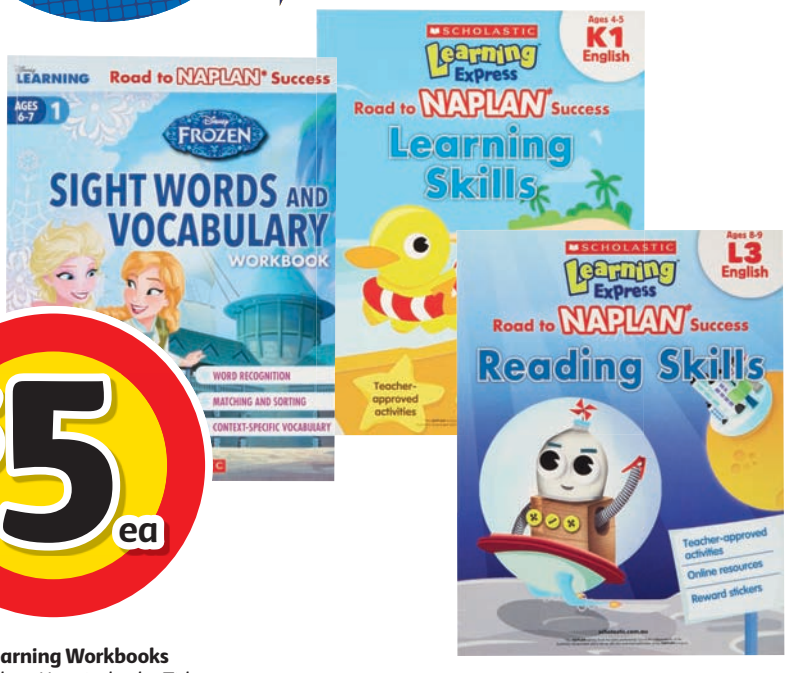
LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p32-33.indd 1 3/01/2017 8:12 am

BACK TO SCHOOL

$15 ea

Paw Patrol, Batman, Star Wars, Finding Dory, Frozen or Shopkins Backpacks
While stocks last. No rainchecks. Styles and colours may vary



$5 ea

Assorted Learning Workbooks
While stocks last. No rainchecks. Titles may vary

$12 ea

Cool Gear Grip Flip Chug Bottle 710mL
While stocks last. No rainchecks. Styles and colours may vary

$10 ea

Mix Girls Shortie 3 Pack Sizes 6-14
While stocks last. No rainchecks

$6 ea

Mix Kids Low Cut Sports Socks 5 Pack Sizes 9-12, 13-3 & 2-8 While stocks last. No rainchecks

$4 ea

Smash Nude Food Mover Sandwich Box
While stocks last. No rainchecks.
Styles and colours may vary

$2.50 ea

SAVE $1
~~WAS $3.50~~

Dettol Hand Sanitizer 50mL
$5.00 per 100mL

$2 ea

SAVE 59¢
~~WAS $2.59~~

Hercules Clickzip Sandwich Bags Cartoon 30 Pack $0.07 per each

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p32-33.indd 2 3/01/2017 8:12 am

BACK TO SCHOOL

$29 ea
RRP $59

Telstra Smart Plus®
- 4" display
- 2MP camera

$39 ea
SAVE $20
~~WAS $59~~

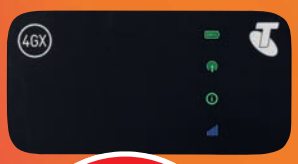
Alcatel Pixi Vibe
- 4" screen
- 2MP camera

$49 ea
SAVE $30
~~WAS $79~~

Telstra Slim Plus™
- 5" display
- 5MP main camera

$79 ea
RRP $99

Telstra 4GX Plus
- 5" display
- 5MP main camera



$29.50 ea
RRP $59

Telstra Pre-Paid 4GX Wi-Fi
- 3GB Included Data
- To use in Australia within 30 days
- Connect up to 10 Wi-Fi devices

6GB for $10 ea

1GB + 5GB when you purchase a $10 SIM Starter Kit and activate on **Telstra Pre-Paid Plus.™**

All to use in Australia within 7 days. Your data expires after 7 days unless you recharge $30+ on **Telstra Pre-Paid Plus.™** Any unused data will then roll over and expire at the end of the next 28 day period. **Activate before 13th February 2017.**

$20 ea 1/2 PRICE
SAVE $20
~~WAS $40~~

WITH UP TO 9GB
UP TO 28 DAYS EXPIRY. ALL FOR USE WITHIN AUSTRALIA
boostmobile™
GRAB A SIM TODAY!

9GB is made up of 5GB standard data and 1GB of data every weekend. Recharge inclusions expire on next recharge or recharge expiry date, whichever is earlier.

$34.50 ea 1/2 PRICE
SAVE $34.50
~~WAS $69~~

Vodafone Prepaid Smart Mini 7 3G
- 4 " touchscreen
- 2 MP camera

$10 ea
SAVE $20
~~WAS $30~~

Optus $30 Prepaid Mobile SIM Starter Kit
- Inc ludes $30 recharge

Better than 1/2 Price

$14.50 ea 1/2 PRICE
SAVE $14.50
~~WAS $29~~

Optus Prepaid 4G USB
- Includes 4GB start-up data for use in Australia within 14 days
- O ffer ends 17/01/17
- Ac tivate by 17/02/17

Telstra: The Telstra mobile network offers 4GX in all capital CBDs and selected suburban and regional areas and is progressively rolling out to more places. In other coverage areas around Australia you'll automatically switch to our fastest available 4G or 3G. Check coverage at telstra.com/coverage. **$10 Credit:** Get Started Credit expires after 14 days and can only be used on calls/ text to standard Australian numbers (no 19xx or 12xx numbers) and calls/diversions to MessageBank®, only within Australia. **Telstra Pre-Paid Plus™:** Unused data will then roll over and expire at the end of the next 28 day period. ™ and ® are trade marks and registered trade marks of Telstra Corporation Ltd, ABN 33 051 775 556. **Optus:** Optus SIM Starter Kits: Credit expiry and included value will depend on your plan. Modem model name: Huawei E3372. If activated later than 30 days from purchase date, advertised inclusions may vary. **General:** Handsets are locked, unlocking fee applies. Limit 1 per customer.

LH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p34-35.indd 1 3/01/2017 8:16 am

1/2 PRICE

$8.24 ea
SAVE $8.25
WAS $16.49

Oates Tilt-A-Matic Squeeze Mop

$10 ea
SAVE $10
WAS $20

Biozet Laundry Powder 2kg or Liquid 2 Litre

$3 ea
SAVE $2
WAS $5

Pine O Cleen Disinfectant 1.25 Litre
$0.24 per 100mL

$12 ea
SAVE $8
WAS $20

Vanish Gold Stain Remover Powder 2kg
$6.00 per kg

$3.95 ea
SAVE $1.04
WAS $4.99

Cuddly Fabric Softener 450mL-500mL

$3 ea
EVERY DAY

Ajax Spray n'Wipe Multipurpose Trigger 500mL $0.60 per 100mL

$2.50 ea
SAVE $1
WAS $3.50

Emporia 4 Ply Facial Tissues 125 Pack
$2.00 per 100 sheets

$4.40 ea
EVERY DAY

Handee Ultra Paper Towel 3 Pack $2.44 per 100 sheets

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p34-35.indd 2 30/12/2016 10:49 am

$10 ea
SAVE $4.30
WAS $14.30

Supercoat Dry Dog Food 3kg
$0.33 per 100g

$16 ea
SAVE $7
WAS $23

Pedigree Dry Dog Food 8kg
$0.20 per 100g

$1.30 ea
SAVE 59¢
WAS $1.89

Natures Goodness Dog Food 400g
$0.33 per 100g

$11 ea
SAVE $3
WAS $14

My Dog Dog Food 12x100g
$0.92 per 100g. Excludes Home Recipe

$4 ea
SAVE $1.20
WAS $5.20

Pedigree Dentastix 7 Pack
$0.57 per each

80¢ ea
SAVE 40¢
WAS $1.20

Fancy Feast Classic Cat Food 85g
$0.94 per 100g. Excludes Fancy Feast A La Carte or Royale

$3.50 ea
SAVE 99¢
WAS $4.49

Friskies Dry Cat Food 1kg
$0.35 per 100g

$7.50 ea
SAVE $2.50
WAS $10

Whiskas Oh So or Gold Cat Food 12x85g
$0.74 per 100g. Excludes Favourites

LH-VIC-METRO-1101-17-558656

c-vic-met-1101-p36-37.indd 1 30/12/2016 10:35 am

1/2 PRICE

$10 ea
SAVE $10
WAS $20

Mortein Peaceful Nights Mozzie Zapper

$3.47 ea
SAVE $3.48
WAS $6.95

Morning Fresh Dishwashing Liquid 900mL $0.39 per 100mL

$12 ea
SAVE $8.99
WAS $20.99

Fairy Dishwasher Tablets 30 Pack-34 Pack

$3 ea
SAVE $1
WAS $4

Duck Power Bleach Toilet Cleaner 650mL $0.46 per 100mL

$6 ea
SAVE $1.70
WAS $7.70

Mortein NaturGard Eucalyptus Fly & Mosquito Killer 320g $1.88 per 100g

$5.50 ea
EVERY DAY

Multix Foil 30 Metres
$0.18 per metre

$12 ea
SAVE $4.70
WAS $16.70

Energizer Advanced AA or AAA Batteries 10 Pack $1.20 per each

$14 ea
EVERY DAY

Coles LED 10W Light Globes 2 Pack
$7.00 per each

RH-VIC-METRO-1101-17-558656

c-vic-met-1101-p36-37.indd 2 3/01/2017 8:19 am

1/2 PRICE

OUR BBQ FAVE

SAVE $7 — $7 ea
Cradle Bay Marlborough Sauvignon Blanc

SAVE $5 — $5 ea
Lindeman's Bin Range

SAVE $7.50 — $7.50 ea
Sorellina Prosecco

SAVE $10 — $10 ea
Pensilva McLaren Vale Shiraz

LOW PRICE $8 ea
Rosemount Roseglen Range 1 Litre
1 LITRE
OUR BBQ FAVE

SAVE $3 $10 ea
Wolf Blass Yellow Label Range
OUR BBQ FAVE

LOW PRICE $10 ea
Choosy Beggars Rose

LOW PRICE $10 ea
Curious Kiwi Marlborough Sauvignon Blanc

SAVE $4 $12 ea
Portrait Barossa Range
OUR BBQ FAVE

LOW PRICE $12 ea
The Ned Marlborough Sauvignon Blanc

SAVE $18
BUNDLE
$28
1 x Villa Maria Private Bin Marlborough Sauvignon Blanc & 2 x Lana's Bike Marlborough Sauvignon Blanc

SAVE $12
ANY 2 FOR
$26
De Bortoli Premium Cask Range 4 Litre
Excludes Fortified

OUR BBQ FAVE
10 PACK

SAVE $8
ANY 2 FOR
$62
10x375mL Pre-Mixed Varieties as pictured

LH-VIC-METRO-1101-17-558656

c-vic-met-1.1.01.-p38-39.indd 1 30/12/2016 10:35 am

IT'S BBQ SEASON

Gotta love that.

LOW PRICE $49 ea

1 Litre Spirits as pictured

1 LITRE

LOW PRICE $26 ea

700mL Spirits as pictured

LOW PRICE $40 ea

OUR BBQ FAVE

Tanqueray Gin 700mL

LOW PRICE $42 ea

700mL Spirits as pictured

LOW PRICE $20 10 pk

Somersby Apple or Pear Cider Cans 10x375mL

10 PACK

OUR BBQ FAVE

SAVE $10 2 FOR $20

Pimm's Sparkling Cup 750mL

OUR BBQ FAVE

LOW PRICE $42 24 pk

Stella Artois Bottles 24x330mL

LOW PRICE $44 30 pk

XXXX Gold Block Cans 30x375mL

30 PACK

OUR BBQ FAVE

LOW PRICE $47 24 pk

Coopers Pale Ale Bottles 24x375mL

LOW PRICE 2 FOR $88

VB Bottles 24x375mL

LOW PRICE 2 FOR $94

Corona Bottles 24x355mL

GOTTA LOVE LOW PRICES

LIQUORLAND

LIKE US

RH-VIC-METRO-1101-17-558656

Offers apply from 11/01/17 until 17/01/17 while stocks last. Specials not available through coles.com.au, Liquorland Direct, Liquorland Warehouse, Bourke Street and Spencer Street stores. Prices may vary in country areas. Some products and offers may not be available in all stores or Coles Liquor Supermarkets. Save statements are based on the lowest of the regular single selling price across our Victorian Metro stores. All wine, sparkling and champagne bottles are 750mL unless otherwise stated. Not valid in conjunction with any other offer. Price available on products featured in the multiples specified. Retail limits apply. No further discount. Liquor and tobacco not sold to under 18's. **www.liquorland.com.au**

I.D. REQUIRED IF YOU LOOK UNDER 25

c-vic-met-1.1.01.-p38-39.indd 2 30/12/2016 12:43 pm

coles

FREE COOKBOOK with any shop over $50 or $5 ea
See page 24 for details

1/2 PRICE

$1 ea
SAVE $1
~~WAS $2~~

Cadbury Medium Chocolate Bars 30g-60g

$1.15 ea
SAVE $1.15
~~WAS $2.30~~

Schweppes Soft Drink, Mineral Water or Mixers 1.25 Litre $0.92 per litre

Better than 1/2 Price

$5 ea
SAVE $5.50
~~WAS $10.50~~

Tresemmé Shampoo or Conditioner 750mL-900mL

$8.75 ea
SAVE $8.75
~~WAS $17.50~~

Dynamo Laundry Liquid 2 Litre or Professional 1.8 Litre

$25 ea
SAVE $6.50
~~WAS $31.50~~

Moro El Primero Extra Virgin Olive Oil 4 Litre $0.63 per 100mL

$12 ea
SAVE $4
~~WAS $16~~

38¢ PER ROLL

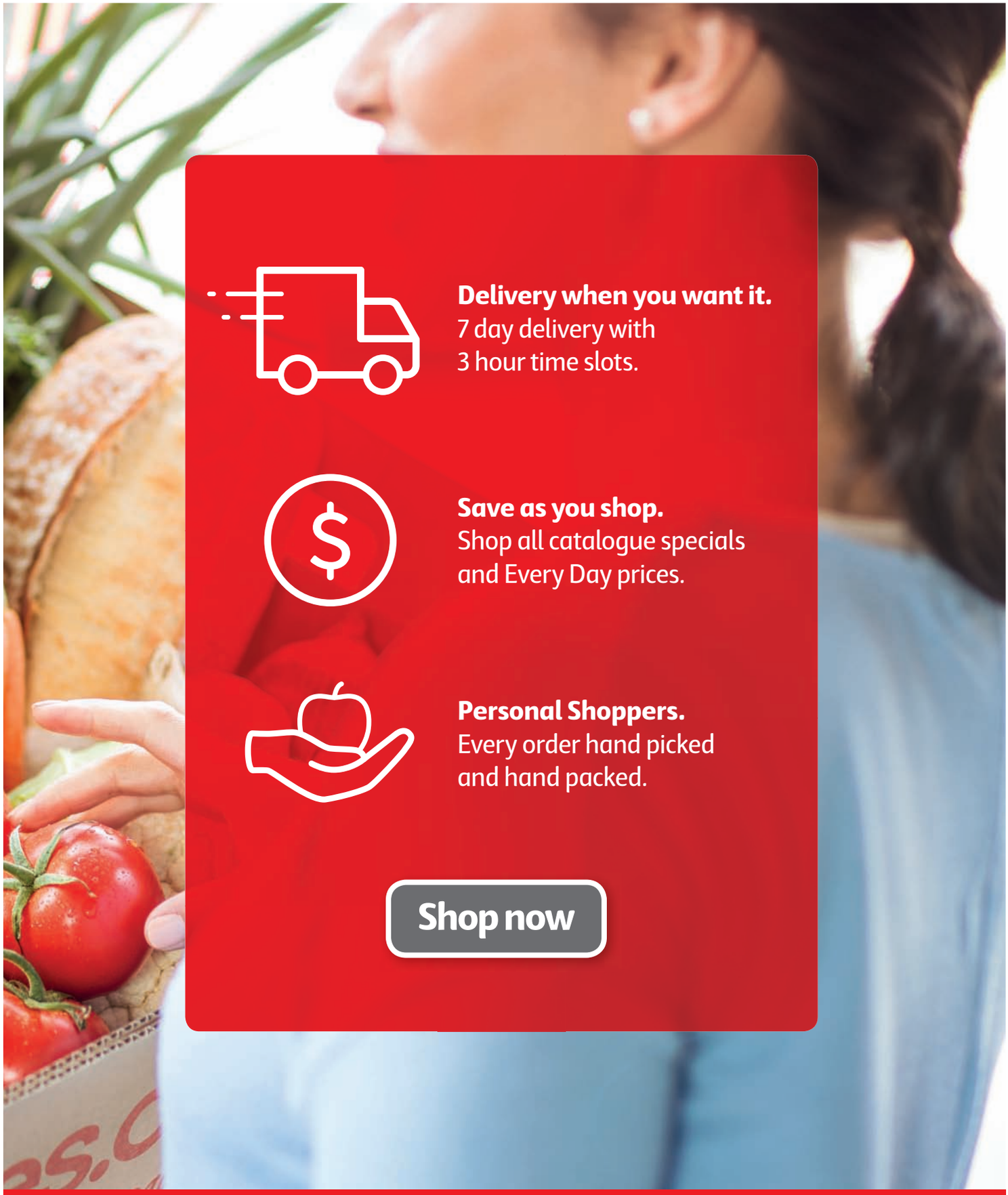
Kleenex Cottonelle Toilet Tissue 32 Pack
$0.21 per 100 sheets

online | in store | mobile

On sale Wed 11th January to Tue 17th January 2017. See page 17 for details.

BP-VIC-METRO-1101-17-558656

Save time. Shop online.



coles.com.au

*Free delivery on your first shop at Coles online for new customers when you spend $100 or more, after savings and discounts, excluding tobacco products and will automatically be applied at checkout. Excludes remote deliveries.