

## **Maths Anxiety Version of the STARS (Statistics Anxiety Rating Scale)**

**Cruise, Cash, & Bolton (1985)**

Below is a list of statements describing different situations relating to **maths**.

Please read each statement carefully and **indicate how much anxiety you would feel** in each of the following scenarios where 1 = "no anxiety" and 5 = "a great deal of anxiety".

1. Studying for an examination in a maths course.
2. Interpreting numbers in a table in a journal article.
3. Going to ask my maths teacher for individual help with material I am having difficulty understanding.
4. Doing the coursework for a maths course.
5. Making an objective decision based on numerical information.
6. Reading a journal article that includes some mathematical analyses.
7. Trying to decide how to approach a mathematical problem in order to solve it.
8. Doing an examination in a maths course.
9. Reading an advertisement for a car which includes figures on miles per gallon, depreciation, etc.
10. Walking into the room to take a maths test.
11. Interpreting the probability of it raining on a weather app.
12. Arranging to have a body of data put into the computer.
13. Finding that another student in class got a different answer than I did to a mathematical problem.
14. Determining whether a mathematical statement is true or false.
15. Waking up in the morning on the day of a maths test.
16. Asking one of my teachers for help in understanding a mathematical solution.
17. Trying to understand the odds in a lottery.
18. Watching a student search through a load of computer output from his/her maths project.
19. Asking someone in the computer lab for help in understanding a mathematical solution.
20. Trying to understand numerical information described in an article.
21. Enrolling in a maths course.
22. Going over a final examination in maths after it has been marked.
23. Asking a fellow student for help in understanding a mathematical solution.