# Simple Markdown Example

PDF/LaTex version

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## Introduction

For reference, see RMarkdown Driven Development by Emily Riederer for a comprehensive overview of how to best structure RMarkdown for projects, packages, and other development-driven tasks.

In general for this RMarkdown file we follow Emily's fourth example with a directory structure, minimized redundancies, and heavy-duty code elsewhere. This RMarkdown, generally, serves as place to describe, analyze, and visualize our data. Thus, this text is shown at the top of the output, but actually appears after several R code chunks, which exist between the Introduction heading and YAML header information (which you see as title, authors, dates, etc...).

Most of the RMarkdown files in this directory will show generally the same content, but help highlight the different ways you can use RMarkdown, knitr, pandoc, LateX, and various package built for those, such as beamer (LateX) for presentations, and papaja & rticles (R/RMarkdown) for writing manuscripts that export to LaTeX or MS Word. If you decide to write MS Word documents through RMarkdown, you should also use the redoc package.

#### R chunks: A word of caution

It is good practice to name your R chunks. If you do not, then the R chunks will still produce the intended material. However, when you do name them, you should ensure they have unique names (else, you will likely see some cryptic and not always informative error messages).

### **Tables**

There are multiple approaches and packages to help visualize tables or tabular information. Let's start by looking at a simple summary of all the continuous variables. First, we will visualize the summary table through two methods within R: knitr::kable and the kablextra package, followed by grid and gridExtra. Next, we will use the same data and illustrate what happens when we pass it to Python through reticulate.

In this section we wil also show the code chunks that generate these tables and visuals, which are embedded in the RMarkdown document.

#### knitr and kableExtra

To make HTML and LaTeX tables in RMarkdown, one of the easiest and most common options is through knitr. The knitr package is, effectively, the tool to make RMarkdown documents go from R & RMarkdown (plus other code and LaTeX) into PDFs or HTML pages. We'll start with the knitr::kable().

 AGE	MOCA	CDRSB	WholeBrain	Hippocampus	MidTemp
Min. :55.00	Min. :16.00	Min. :0.000	Min.: 817421	Min. : 3731	Min. :12213
1st Qu.:67.20	1st Qu.:22.00	1st Qu.:0.000	1st Qu.: 984410	1st Qu.: 6510	1st Qu.:18535
Median :71.90	Median :24.00	Median :1.000	Median :1051621	Median: 7223	Median :20186
Mean :71.92	Mean :23.89	Mean :1.202	Mean :1057026	Mean: 7150	Mean :20302
3rd Qu.:76.60	3rd Qu.:26.00	3rd Qu.:2.000	3rd Qu.:1120570	3rd Qu.: 7834	3rd Qu.:22088
Max. :89.60	Max. :30.00	Max. :5.500	Max. :1486036	Max. :10602	Max. :32189

But that is not particularly nice looking. So we can use some parameters to make this table look better (which depend on having LaTeX).

kable(summary(example\_table), format = "latex", booktabs = T)

AGE	MOCA	CDRSB	$\label{eq:wholeBrain} Whole Brain$	Hippocampus	MidTemp
Min. :55.00	Min. :16.00	Min. :0.000	Min.: 817421	Min.: 3731	Min. :12213
1st Qu.:67.20	1st Qu.:22.00	1st Qu.:0.000	1st Qu.: 984410	1st Qu.: 6510	1st Qu.:18535
Median :71.90	Median :24.00	Median :1.000	Median :1051621	Median: 7223	Median :20186
Mean :71.92	Mean :23.89	Mean :1.202	Mean :1057026	Mean: 7150	Mean :20302
3rd Qu.:76.60	3rd Qu.:26.00	3rd Qu.:2.000	3rd Qu.:1120570	3rd Qu.: 7834	3rd Qu.:22088
Max. :89.60	Max. :30.00	Max. :5.500	Max. :1486036	Max. :10602	Max. :32189

With booktabs and latex format, we've made the table look a little better. But can we make it look even better than that? We can with kableExtra.

```
kable(summary(example_table), format = "latex", booktabs = T) %>%
kable_styling(font_size = 10, position = "center")
```

AGE	MOCA	CDRSB	WholeBrain	Hippocampus	MidTemp
Min. :55 1st Qu.: Median Mean :7 3rd Qu.:	57.20 1st Qu.:22.00 :71.90 Median :24.00 1.92 Mean :23.89	Median :1.000 Mean :1.202	Min.: 817421 1st Qu.: 984410 Median:1051621 Mean:1057026 3rd Qu.:1120570	Min.: 3731 1st Qu.: 6510 Median: 7223 Mean: 7150 3rd Qu.: 7834	Min. :12213 1st Qu.:18535 Median :20186 Mean :20302 3rd Qu.:22088
Max. :89	9.60 Max. :30.00	Max. :5.500	Max. :1486036	Max. :10602	Max. :32189

We can take the table look even further with additional options, like "stripes".

```
kable(summary(example_table), format = "latex", booktabs = T) %>%
   kable_styling(font_size = 10, position = "center", latex_options = "striped")
```

AGE	MOCA	CDRSB	WholeBrain	Hippocampus	MidTemp
Min. :55.00	Min. :16.00	Min. :0.000	Min.: 817421	Min.: 3731	Min. :12213
1st Qu.:67.20	1st Qu.:22.00	1st Qu.:0.000	1st Qu.: 984410	1st Qu.: 6510	1st Qu.:18535
Median: $71.90$	Median $:24.00$	Median $:1.000$	Median: 1051621	Median: 7223	Median: 20186
Mean : $71.92$	Mean $:23.89$	Mean $:1.202$	Mean $:1057026$	Mean: 7150	Mean $:20302$
3rd Qu.:76.60	3rd Qu.:26.00	3rd Qu.:2.000	3rd Qu.:1120570	3rd Qu.: 7834	3rd Qu.:22088
Max. :89.60	Max. $:30.00$	Max. :5.500	Max. :1486036	Max. :10602	Max. :32189

Given that we have redundant information in the table (min/max, etc...) we can do a better job and make an even nicer table with an apply(), and then use multiple kable and kableExtra features to make a really nice table.

```
better_example_table <- apply(example_table, 2, summary)

kable(better_example_table, format = "latex", booktabs = T, digits = 2) %>%
   kableExtra::add_header_above(c(Statistic = 1, Demographic = 1,
        Clinical = 2, Brain = 3)) %>% kable_styling(font_size = 10,
   position = "center", latex_options = "striped") %>% row_spec(0,
   angle = 15, bold = T)
```

Statistic	Demographic	Clinical		Brain		
	AGE	MOCA	CDRSB	WholeBrain	Hippocampus	$_{ m MidTemp}$
Min.	55.00	16.00	0.0	817421.2	3731.00	12213.00
1st Qu.	67.20	22.00	0.0	984409.9	6510.00	18535.00
Median	71.90	24.00	1.0	1051621.3	7223.00	20186.00
Mean	71.92	23.89	1.2	1057025.6	7149.61	20301.93
3rd Qu.	76.60	26.00	2.0	1120569.5	7834.00	22088.00
Max.	89.60	30.00	5.5	1486035.6	10602.00	32189.00

## grid and gridExtra

Sometimes we need tables to be graphics. This is where the grid and gridExtra packages come in. The grid package uses grobs to turn items—tables, figures, all sorts of things—into configurable parts of a figure. grid.table(better\_example\_table)

	MOCA	CDRSB	WholeBrain	Hippocampus
	16	0	817421.228648	3731
	22	0	984409.906002	6510
	24	1	1051621.329331	7223
9774	23.8902255639098	1.20225563909774	1057025.5509328	7149.613533834
	26	2	1120569.496532	7834
	30	5.5	1486035.644341	10602

But it's clear we have a few extra things we should do to make this figure of a table look better.

	AGE	MOCA	CDRSB	WholeBrain	Hippocampus	MidTemp
Min.	55.00	16.00	0.00	817421.23	3731.00	12213.00
1st Qu.	67.20	22.00	0.00	984409.91	6510.00	18535.00
Median	71.90	24.00	1.00	1051621.33	7223.00	20186.00
Mean	71.92	23.89	1.20	1057025.55	7149.61	20301.93
3rd Qu.	76.60	26.00	2.00	1120569.50	7834.00	22088.00
Мах.	89.60	30.00	5.50	1486035.64	10602.00	32189.00

However, the grid and gridExtra packages can be difficult to customize many of the pieces. Therefore it might be easier to stick to the LaTeX approaches with kable or it is well worth checking out the gt package.

### Python via reticulate

What if you now love RMarkdown but are still really into Python? Not a problem. The reticulate package has you covered. It's an R package to connect to your Python installation and bring the data or results back into R, but with some of the same features as you're used to in either Python or R. Let's start out with a head to head of R's head() vs. Python's .head().

In R we write the call in RMarkdown as if we would normally in R:

head(example\_table)

```
##
         AGE MOCA CDRSB WholeBrain Hippocampus MidTemp
## 2002 64.8
               28
                    2.5 1135556.6
                                            7960
                                                   21867
## 2003 63.6
               24
                    2.0
                          1070369.5
                                            7611
                                                   21580
## 2007 83.4
               23
                    2.5
                           920710.1
                                            5614
                                                   20567
## 2010 62.9
               27
                    0.5
                           986402.9
                                            8004
                                                   20358
## 2011 69.9
               25
                    1.5
                           987822.5
                                            6686
                                                   20366
## 2018 76.4
               26
                    1.5 1004817.0
                                            7774
                                                   19531
```

Unlike the previous code chunks, we have to tell RMarkdown that the language it should expect is python instead of R.

```
print(r.example_table.head())
```

```
##
          AGE
               MOCA
                     CDRSB
                               WholeBrain
                                           Hippocampus
                                                         MidTemp
## 2002
         64.8
               28.0
                        2.5
                            1.135557e+06
                                                 7960.0
                                                         21867.0
## 2003
         63.6
               24.0
                        2.0
                             1.070369e+06
                                                 7611.0
                                                         21580.0
## 2007
         83.4
               23.0
                        2.5
                                                 5614.0
                            9.207101e+05
                                                         20567.0
## 2010
         62.9
               27.0
                        0.5
                            9.864029e+05
                                                 8004.0
                                                         20358.0
                                                 6686.0
## 2011
         69.9
               25.0
                        1.5
                            9.878225e+05
                                                         20366.0
```

For Python via R we also need to use the . (dot notation) because of Python's object oriented approach. From the r object, we get the example\_table attribute and then perform the head method. That's because Python needs to know about the object coming from R.

### Here be .dragons

For those more familiar with R style that stems from the S language origin or Google's style guide, the . can be a substantial source of confusion both here and in the tidyverse. In base R, it is a valid character for user defined items. But in base R it is *also* used for objects and classes (see, e.g., .print()). In the tidyverse the . has a special purpose when alone (not amongst other characters), often as a placeholder for where to pass a variable as an argument into a function.

In R: use . either with caution or reckless abandon.

#### Passsssing back and foRth

That subtitle is a stretch! With the reticulate package and R we can pass items between the two languages/environments. And, depending on which language, we use that language's preferred/standard approach of referring to attributes or objects. In this next example we call into the .describe() method in Python, which is similar to R's summary(), but allows/requires us to define certain parameters. We use the r object to pass example\_table through to Python and call the describe() method. We can visualize the results directly using the print() method.

```
perc = [.25, .50, .75]
desc = r.example_table.describe(percentiles = perc)
print(desc)
```

```
##
                 AGE
                             MOCA
                                         CDRSB
                                                  WholeBrain
                                                               Hippocampus
## count
          665.000000
                      665.000000
                                   665.000000
                                                6.650000e+02
                                                                 665.000000
           71.922556
                        23.890226
                                     1.202256
                                                1.057026e+06
                                                                7149.613534
## mean
## std
            6.868621
                         3.279405
                                     1.343238
                                                1.036727e+05
                                                                1086.040463
## min
           55.000000
                        16.000000
                                     0.000000
                                                8.174212e+05
                                                                3731.000000
## 25%
           67.200000
                        22.000000
                                     0.000000
                                                9.844099e+05
                                                                6510.000000
## 50%
           71.900000
                        24.000000
                                     1.000000
                                                1.051621e+06
                                                                7223.000000
## 75%
           76.600000
                        26,000000
                                     2,000000
                                                1.120569e+06
                                                                7834.000000
           89.600000
                        30.000000
## max
                                     5.500000
                                               1.486036e+06
                                                               10602.000000
##
##
               MidTemp
            665.000000
## count
          20301.933835
## mean
## std
           2675.571327
## min
          12213.000000
          18535.000000
## 25%
## 50%
          20186.000000
## 75%
          22088.000000
```

```
## max 32189.000000
```

But like previous results shown in R, we can do a lot better with how we display the table. We can pass the desc object from Python back to R with the \$ notation (generally for lists or certain classes in R). When we retrieve an object from python (via py\$), we can then do what we would usually do in R. Here, we go back to kable() and kable\_styling() with some of the parameters to make very nice looking LaTeX tables.

```
kable(py$desc, digits = 2, format = "latex", booktabs = T) %>%
  kable_styling(font_size = 10, position = "center", latex_options = "striped")
```

	AGE	MOCA	CDRSB	WholeBrain	Hippocampus	MidTemp
count	665.00	665.00	665.00	665.0	665.00	665.00
mean	71.92	23.89	1.20	1057025.6	7149.61	20301.93
$\operatorname{std}$	6.87	3.28	1.34	103672.7	1086.04	2675.57
min	55.00	16.00	0.00	817421.2	3731.00	12213.00
25%	67.20	22.00	0.00	984409.9	6510.00	18535.00
50%	71.90	24.00	1.00	1051621.3	7223.00	20186.00
75%	76.60	26.00	2.00	1120569.5	7834.00	22088.00
max	89.60	30.00	5.50	1486035.6	10602.00	32189.00

Et voila!

## Analyses

In order to make work more reproducible, most analyses can—and should—be performed each time we knit an RMarkdown document. Here we show two examples of how to do this: (1) directly in an R chunk and (2) calling a separate file from an R chunk. To note, this latter option is best done early in the RMarkdown file but is located here for illustrative purposes.

#### Mixed data MCA

Here we perform a small analyses of mixed data types (continuous, categorical, ordinal) through multiple correspondence analysis. For more information on this, see this workshop.

This code is shown, but is directly show in the RMarkdown besides the code within the chunk. This is because the values are stored in their respective variables, and none of these are visuals (e.g., tables, figures).

### **CovSTATIS**

Finally, we will also perform an analysis called 'covSTATIS', which is a multi-table PCA technique that allows us to perform the analysis of multiple correlation or covariance matrices. Here we have one correlation matrix per group in the data (control, MCI, AD). For this analysis, we will actually use the R chunk to call off to a script in the correct folder. We introduce another package to help with reproducibility and sharing work across multiple places or individuals: the here package. However, for this example, we will actually hide the code chunk with parameters in the chunk header: echo=FALSE. thus, in order to see this, you'll have to look at the .Rmd file, as it will not appear in the .pdf file.

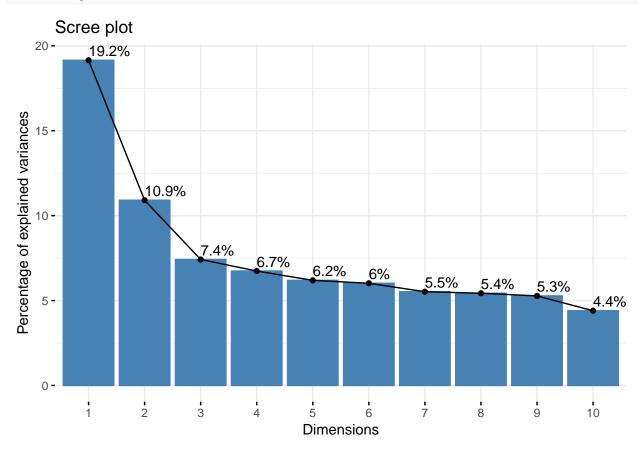
# Visualizations & Graphics

RMarkdown also allows us to include graphics directly from the code. In the global settings for this document (see the top), we have to set a specific knitr flag (fig.pos='H') which passes through to LaTeX to enforce that images appear in the document at their respective locations. Else, because of LaTeX's magic, figures end up in slightly different places than expected (but still in order).

In our first example, we performed MCA through the ExPosition package. We'd like to visualize these results, so, we will use a ggplot2-based package called factoextra, which provides standard visualizations for PCA-like techniques across multiple packages (e.g., ExPosition, ade4, ca, FactoMineR).

First we show a scree plot (explained variance per component) completely as is.

fviz\_screeplot(ca\_results, addlabels = TRUE)



```
plus_minus <- ifelse(grepl("\\-", rownames(ca_results$ExPosition.Data$fj)),
    "-", "+")

ca_col <- fviz_ca_col(ca_results, alpha = 0, labels = F, col.col = "white") +
    geom_text(aes(label = rownames(ca_results$ExPosition.Data$fj),
        color = plus_minus)) + theme(panel.grid.major = element_blank(),
    panel.grid.minor = element_blank(), axis.text.x = element_blank(),
    axis.ticks.x = element_blank(), axis.text.y = element_blank(),
    axis.ticks.y = element_blank(), legend.position = "none") +
    xlim(c(ca_results$Plotting.Data$constraints$minx, ca_results$Plotting.Data$constraints$maxx)) +
    ylim(c(ca_results$Plotting.Data$constraints$miny, ca_results$Plotting.Data$constraints$maxy)) +
    xlab(paste0("Component 1. Explained variance: ", round(ca_results$ExPosition.Data$t[1],
        digits = 2), "%")) + ylab(paste0("Component 2. Explained variance: ",
    round(ca_results$ExPosition.Data$t[2], digits = 2), "%")) +
    ggtitle("CA:\nVariable Component Scores")</pre>
```

This image is a bit big. So, we can resize and align this figure, as well as provide a caption for it directly from the header of the RMarkdown chunk. For this, we need to use and set the following parameters: fig.height=4, fig.width=4, fig.cap="Scree plot that shows the explained variance per component.", and fig.align="center" parameters in the chunk header.

fviz\_screeplot(ca\_results, addlabels = TRUE)

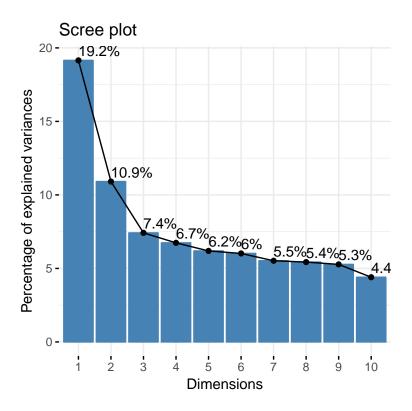


Figure 1: Scree plot that shows the explained variance per component.

That's much nicer! Next we have another hidden chunk (i.e., echo=FALSE) that performs required set up for the subsequent visuals.

The hidden code chunk makes graphics based on factoextra and ggplot2. To see this code, open this .Rmd file. From the chunks we can visualize multiple items, as opposed to just one at a time like we did with the

tables and the screeplot. One way is to just directly call for the graphic in the chunk.

ca\_col

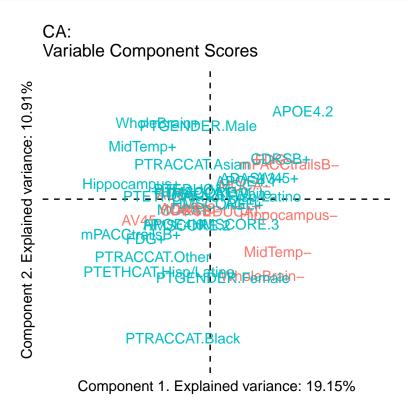


Figure 2: Multiple ggplot2 graphics

ca\_row

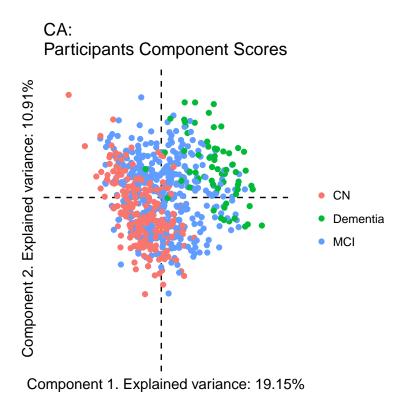


Figure 3: Multiple ggplot2 graphics

But the above figure shows the code chunks and figures in order. To prevent this, we need to hide the chunk with echo=FALSE.

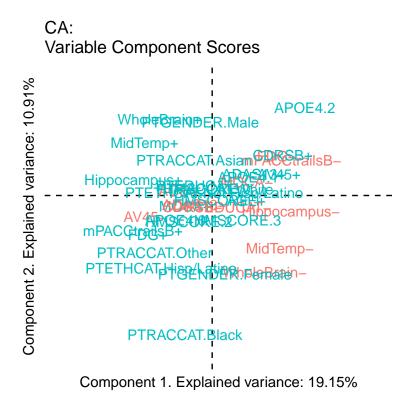


Figure 4: Multiple ggplot2 graphics

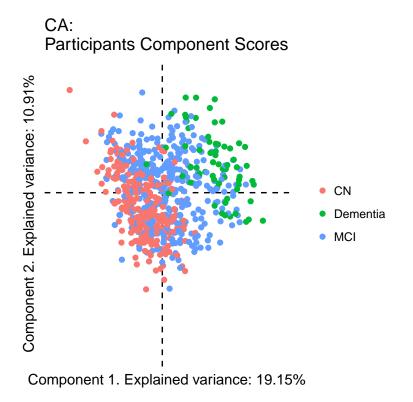


Figure 5: Multiple ggplot2 graphics

However, sometimes we may use "base" R or need much finer grained control over figure placements within the chunk. The subsequent chunk shows the results from the covSTATIS analysis, with the "compromise component scores" in each plot, but with each group in isolation with respect to the "compromise component scores", and then finally all items plotted at once.

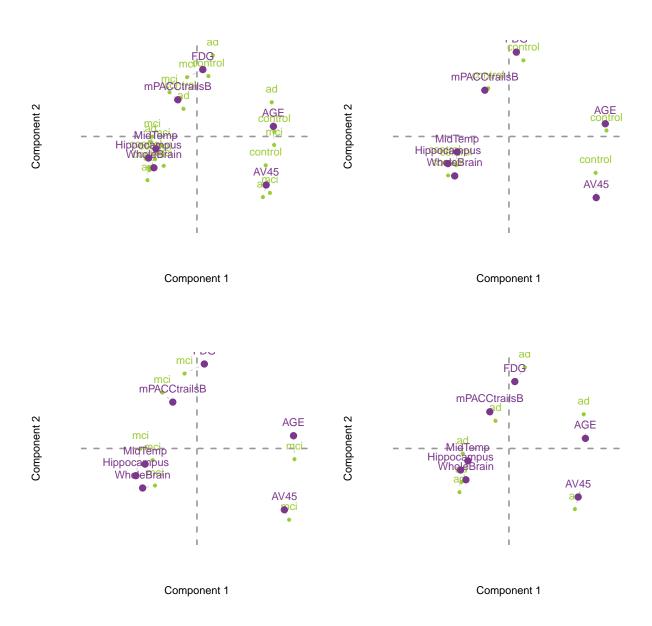


Figure 6: Using par() to make a layout of multiple base plots

# Conclusions

RMarkdown—and a number of other tools provided through RStudio—allow you to make relatively simple, integrated, and reproducible documents. This particular example includes a wide variety of tools (R, Python, multiple packages, in-chunk code, and external scripts), but relies only on relatively standard and simple RMarkdown options.