Self-regulation and mathematics learning in the college classroom

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Recap & Overview

- Motivation
- Self-regulation in the context of college mathematics
- Self-paced assessment in the setting of Math 40

Motivation

"Individual differences" in learners is a fact that can be demonstrated in many ways. That our students vary in many ways can never be forgotten ... Our basic task in education is to find strategies which will take individual differences into consideration but which will do so in such a way as to promote the fullest development of the individual.

- Benjamin Bloom

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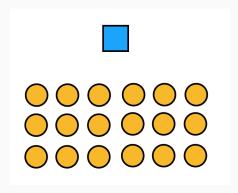
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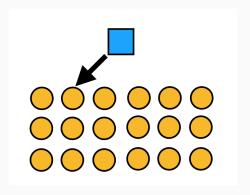
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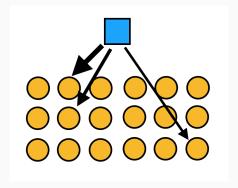
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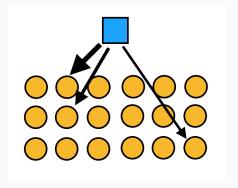
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- \bullet Faculty to student ratio $\approx 1:20$
- Generalized instruction, individualized assessment
- Common end goal









No arrow backwards.

How do we fix it?

Self-efficacy.

Self-efficacy.

• Feeling that one can succeed.

Self-regulation

Definition:

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PART I. GENERAL THEORIES AND MODELS OF SELF-REGULATION

self-managing environmental contingencies, but also the knowledge and the sense of personal agency to enact this skill in relevant contexts. Self-regulation refers to self-generated thoughts, feelings, and actions that are planned and cyclically adapted to the attainment of personal goals. This definition, in terms of actions and covert processes whose presence

Zeidner, M., Pintrich, P. R., & Boekaerts, M. (2005). Handbook of Self-

Regulation. Burlington, MA: Academic Press.

A form of self-regulation: self-assessment

- Qualitative or quantitative evaluation
- Metacognitive exercises
- Goal: boost self-efficacy, shift locus of power

Various types of self-assessment

- Self-instruction
 - ex. Flipped classrooms, inquiry-based learning
- Self-monitoring
 - Immediate feedback via checklist

Self-paced assessment

• What is it?

Self-paced assessment

- What is it?
- Considerations:
 - subject, type of class, size of class
 - existence of an honor code, TA's, other resources
 - amount of instructor effort
 - assessment

Case study: Math 40

- Ideal (school, size, subject)
- Implementation
 - Students in section A regular midterm/exam
 - Students in section B multiple take-home quizzes with multiple retries without penalty

Results from the case study

- ullet "No negatives" == equally effective
- Positive student experience