

Jensen O'Meara
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Education

Bachelor of Science
Environmental Sciences
University of Connecticut, Storrs, CT
August 2025

Expected Masters of Science
Biodiversity and Conservation Biology
University of Connecticut, Storrs, CT
May 2027

Research Experience and Internships

University of Connecticut Ecosystem Contaminants Laboratory October 2024-present
Research Credits

- Assist a graduate student with oyster sample preparation.
- Study mercury contamination in pea crabs.

University of Connecticut Facilities Operations

Hazardous Materials Intern October 2023-August 2024

- Assist with inspections due to mold intrusions, water leaks, lead paint, and other environmental safety testing.
- Data entry related to fire codes and hazardous material abatement.

University of Connecticut Technical Assistance to Brownfields September 2023-May 2024
Brownfields Intern

- Worked with a team of students to prepare grant materials for a town brownfield grant.
- Worked with a partner to create a brownfields inventory for Portland, Maine.
- Prepared and presented concise information about brownfield projects.

University of Southern Maine Aquatic Systems Laboratory January 2021-January 2025
Research Assistant

- Recorded Leach's storm petrel behavior in conjunction with a graduate student's thesis work.
- Assisted with the statistical analysis of petrel behavior.

Presentations/Publications

Blank, A., Hutchings, D., O'Meara, A., & Seliga, E. (2021). Consumer food waste behaviors in relation to open date label misinterpretation. Thinking Matters Symposium. The University of Southern Maine, Portland, Maine.

Andreason, D., France, K., Harkins, A., Morris, K., Kralik, K., O'Meara, A., Remley, C., & Van Der Steenhoven. (2020). AA MS 01 Gerald E. Talbot Collection Finding Aid. Special Collections, The University of Southern Maine, Portland, Maine

Teaching Experience

Spring Valley Student Farm

August 2024-present

Student Farmer/Student Supervisor–Started January 2025

- Work with a diverse team of student farmers to run a year round sustainable teaching farm.
- Regularly teach volunteers and new farmers harvesting and growing techniques, along with other organic practices.
- Assist with logistical planning, including hiring and recruitment.

Kelly Education

Paraprofessional

May 2023-present

- Assist students in a classroom setting to promote learning, inclusion, and personal growth.
- Work with students with special needs in small groups and one-on-one to address their individual needs.
- Provide classroom assistance and administrative support to full time teachers.

Four Arrows Challenge Course

Facilitator

August 2024–January 2025

- Facilitate experiential learning programs on high and low ropes courses for groups of college students.
- Assist with reservations, check-ins, and event planning.
- Work with a team to ensure the ropes course runs smoothly and is safe and enjoyable for participants.

Sustainable Food Systems Fellowship

Intern/Student Farmer

May 2024-August 2024

- Worked with a team of students to maintain and improve UConn's Spring Valley Student Farm.
- Assisted with running a 4H program for incoming 5th graders, with activities related to food justice, understanding where food comes from, and respecting and appreciating nature

Girl Scouts of Maine

Summers of 2021-2023

Program Instructor and Junior Maine Guide Unit Leader

- Planned and led lessons for intensive leadership programs for campers aged 12-17.
- Assisted with supervision and training of wilderness programming staff.
- Managed the safety and needs of 7-10 middle school and high school aged campers.

South Portland School Department

Education Technician III

January 2022-June 2022

- Led small group instruction for struggling students, including those with disabilities.
- Connected with high school students about their grades, schoolwork progress, and support plans.
- Work with a team of educators to ensure that lessons are accessible to all students

Rippleffect

Wilderness Guide

August 2021-October 2021

- Guided groups of 10-14 middle school and high school students through various leadership and team work challenges.
- Managed the health and safety of participants on wilderness trips.
- Facilitated high and low ropes elements.