

The effect of smoking on reaction times over lifespan

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Abstract

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Keywords: first keyword; second keyword

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Reaction times are shown to change across lifespan (Blomkvist et al., 2017).

Blomkvist et al. (2017) provided reaction time data for various ages. From these data we can test to what extent age-related changes are affected by smoking.

Method

Participants

We analysed the data from 266 participants. The median age of the sample is 59 years with a *SD* of 20.52 with a minimum of 20 and a maximum of 96 years of age.

Design and Materials

This is a reanalysis of data published in Blomkvist et al. (2017).

Results

Average response times larger than 5000 msec were removed from the analysis ($N = ,$ %). Reaction time changes over age are shown in Figure 1.

Theoretical model

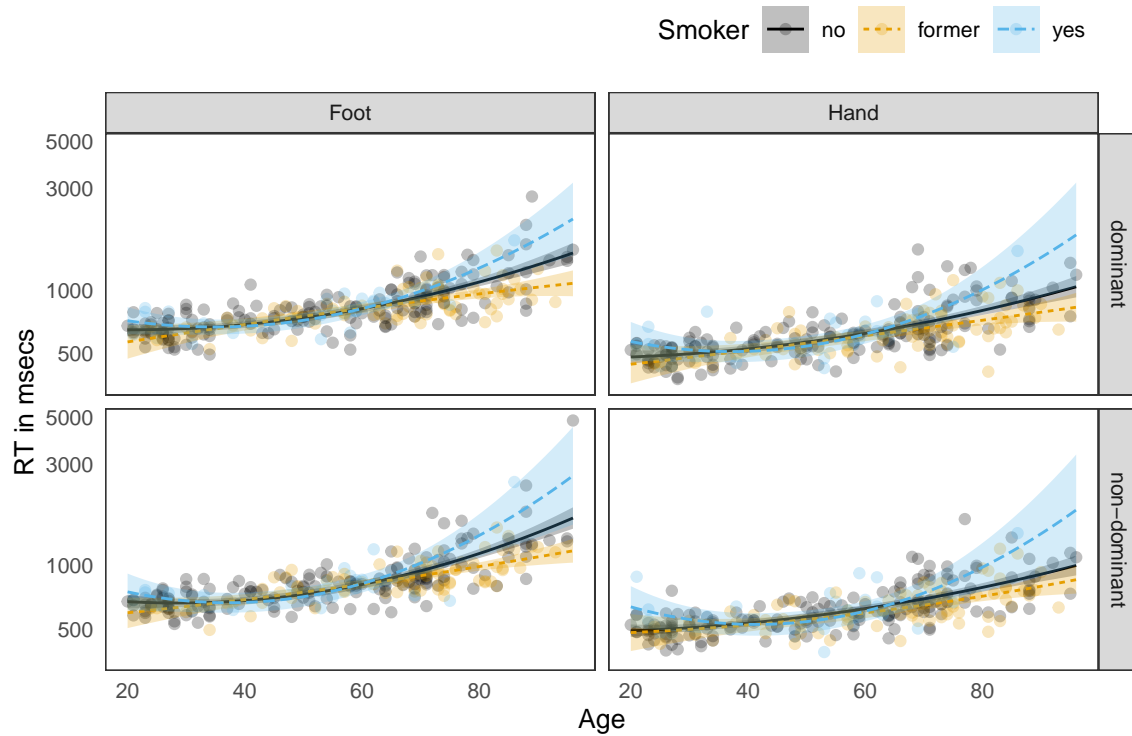
Equation 1 is a regression model with age, smoker (levels: yes, no, former) and their interaction as predictors (ANCOVA) formally expressed as

$$\begin{aligned} \mu_i = & \beta_0 + \beta_1 \cdot age_i + \beta_2 \cdot age_i^2 + \beta_3 \cdot smoker_i + \\ & \beta_4 \cdot age_i \cdot smoker_i + \beta_5 \cdot age_i^2 \cdot smoker_i \end{aligned} \quad (1)$$

with data y coming from a normal distribution $y_i \sim \mathcal{N}(\mu_i, \sigma^2)$ with a mean μ and a standard deviation σ^2 for $i \in 1 \dots N$ where N is the total number of observations.

Model results

Fixed effects were added incrementally and evaluated using a Likelihood-ratio test. Here is a table in Table 1 showing the results of the likelihood-ratio test.

**Figure 1**

Raw reaction times with locally fitted functions.

The Likelihood-ratio test revealed that including age as quadratic predictor rendered a better fitting model compared to age as linear predictor; $F(4, 521) = 5.08, p < 0.05$.

Model coefficients of the best fitting model can be found in Table 2.

The overall model is significant; $R^2 = .49, F(8, 521) = 63.43, p < .001$.¹ Slowdown in reaction times across age has a quadratic function; . The slowdown across age was more prominent for smokers compared to former smokers and non-smokers; .

Figure 2 shows marginal estimated development curves for the effect of smoking on reaction times in higher age. Towards the older ages, smokers shows longer reaction times but also a larger variability in reaction times compared to former smokers and non-smokers.

¹ Note, that this is just an example. This result is not surprising because the baseline is an intercept only model.

Table 1*Likelihood-ratio test*

Model	SumSq	RSS	df	df_{res}	F -statistic	p -value
M_0		33.53		529		
M_{age}	14.66	18.87	1	528	449.69	< 0.05
M_{age^2}	0.75	18.12	1	527	22.91	< 0.05
M_{smoker}	0.47	17.65	2	525	7.27	< 0.05
$M_{interaction}$	0.66	16.98	4	521	5.08	< 0.05

Note. This is a note**Table 2***Model coefficients*

Predictor	b	95% CI	t	df	p
Intercept	6.45	[6.43, 6.47]	533.19	521	$< .001$
Polyage, 21	4.49	[3.84, 5.14]	13.61	521	$< .001$
Polyage, 22	1.57	[1.01, 2.13]	5.51	521	$< .001$
Smoker, quit smoking	-0.03	[-0.05, -0.01]	-2.66	521	.008
Smoker, smoking	0.04	[0.02, 0.06]	3.63	521	$< .001$
Polyage, 21 \times Smoker, quit smoking	-0.34	[-0.85, 0.18]	-1.27	521	.203
Polyage, 22 \times Smoker, quit smoking	-0.27	[-0.75, 0.20]	-1.12	521	.262
Polyage, 21 \times Smoker, smoking	0.56	[-0.01, 1.14]	1.93	521	.054
Polyage, 22 \times Smoker, smoking	0.98	[0.49, 1.46]	3.93	521	$< .001$

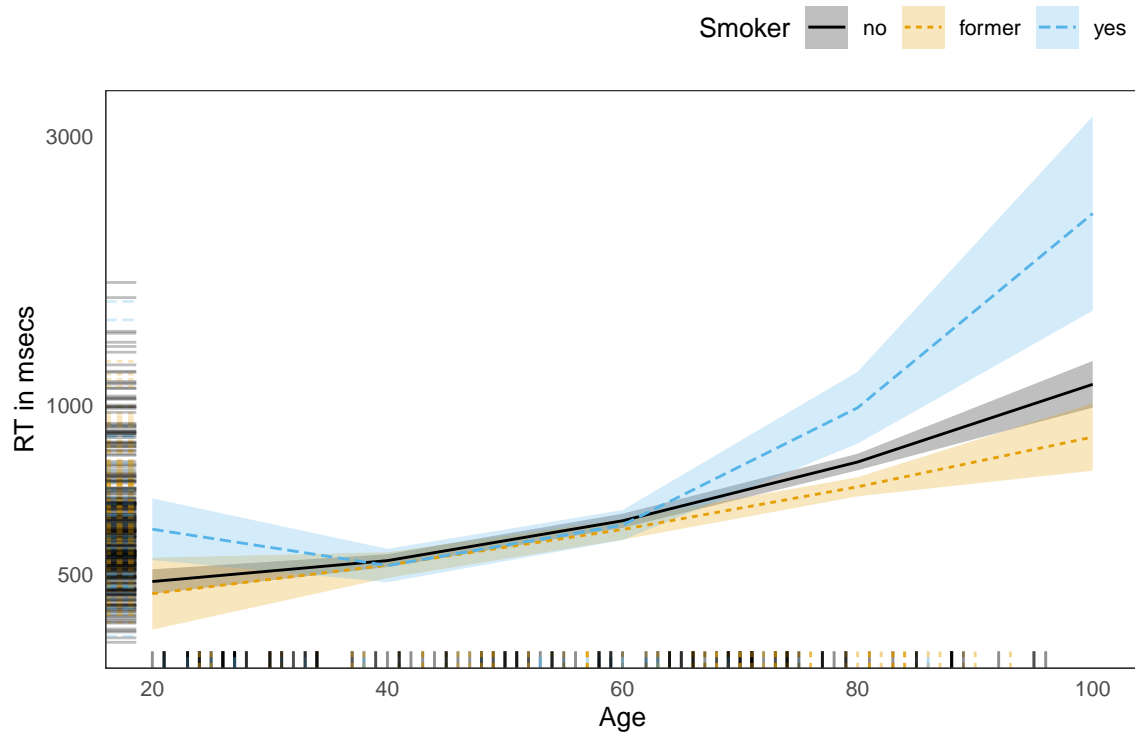


Figure 2

Marginal effects with distribution of raw data in the margins.

Discussion

Looks like smoking makes you slower in advanced ages.

References

- Blomkvist, A. W., Eika, F., Rahbek, M. T., Eikhof, K. D., Hansen, M. D., Søndergaard, M., Ryg, J., Andersen, S., & Jørgensen, M. G. (2017). Reference data on reaction time and aging using the Nintendo Wii Balance Board: A cross-sectional study of 354 subjects from 20 to 99 years of age. *PLoS One*, *12*(12), e0189598.
<https://doi.org/10.1371/journal.pone.0189598>