# 1 Introducing Social and Emotional Approaches to Teaching and Learning

Values and attitudes influence the educational process, are brought in by both students and educators, and can be developed through intentional efforts.

	Week Of	August 17-21
	Readings	The Need for Social and Emotional Learning (http://bit.ly/lWauXyA) Why Emotional Learning May Be As Important As The ABCs (http://n.pr/10Zuv01) How to Be Emotionally Intelligent (http://nyti.ms/lhrH6it) Nonacademic Skills are Key To Success. But What Should We Call Them? (http://n.pr/1Pe0tFh)
<b>∀</b> Pei	Check-In rformances	What Do I Notice? Due Friday, August 21

# Monday

# Warm-Up:

- Purposeful First Day Exercise
  - Name on one side
  - What kind of educator/person do you want to be?
  - What kind of impact do you want to have?
- Pair-Share, and then share with class. Additional question: How do you want this class to help you with these answers?

#### **Activities:**

- Discuss brief overview of class and review syllabus
- Read poem, discuss in hevrutah
  - Why is "ideal" important?
  - How does this poem relate to learning?
  - How does this poem relate to knowing?

#### Reflection:

• What's one thing you've found surprising today in class?

# Wednesday

#### Warm-Up:

• Second-Day Graffiti

#### **Activities:**

- Pause for questions about the course, requirements, or due dates
- "Lecture" on Framework

#### **Reflection:**

• Anonymous remaining questions on note cards

#### \*\*\*

	Week Of	August 24-28
	Readings	How Emotions Affect Learning (http://bit.ly/1TivmL9) The Science of Inside Out (http://nyti.ms/1TivSsn) Four Lessons from Inside Out to Discuss With Kids (http://bit.ly/1KY40Ng)
<b>≣</b> Performances		<b>48-Hour Social-Emotional Journal</b> Due Monday, August 31

#### **Monday**

#### Warm-Up:

• Go around room, identify the prominent emotion you are bringing in.

#### **Activities:**

- · Review Framework
- Matzli'ach Li reading
- Three groups and distribute books
- How is the framework represented in the books?
- Write on chart paper, then share out
- Watch each video (http://bit.ly/1h6UKY0 and http://bit.ly/1JdVx0B), students take notes on how represented, pair-share

#### Reflection:

• What's one thing you've found surprising today in class?

#### Wednesday

#### Warm-Up:

• Watch School Bully video (http://bit.ly/1EcBIda), and discuss what's going on: how does it relate to what we've been discussing?

#### **Activities:**

- Show both videos (https://youtu.be/xNY0AAUtH3g and https://www.youtube.com/watch?v=gAM-bkJk6gnE [six minutes and after])
- Link back to readings, release of neuropeptides and structures in the brain, physicalness of the process
- Teams of 2 and 3, create storyboard based on what they've learned for a PSA on the connections between emotions and learning
- · Share briefly

#### **Reflection:**

• What's one thing you've found surprising today in class?

# 2 Unit 2: The Impact of Stories on Teaching and Learning

The stories that we tell about ourselves and others influence the attitudes and values that we bring to our lives and learning experiences.

	Week Of	August 31-September 4
	Readings	Between the World and Me (http://theatln.tc/1J4PS2b) Rachel Dolezal, in Center of Storm, Is Defiant: 'I Identify as Black' (http://nyti.ms/1DAKIZQ) Inside Appalachia: WV Mine Wars, Red-Neck Folklore, & More (http://bit.ly/1DAKOAI up until the 20 minute mark, although you are welcome to listen to the whole episode)
<b>✓</b> Per	Check-In formances	Re-Remembering Rednecks Due Friday, September 4

# Monday

#### Warm-Up:

- Read Dialogue Guidelines
- Close-Far Mindful Examination of *The Problem We All Live With* (adapted from Zajonc)
  - Take in the painting as a whole for one minute, without judging and evaluating your thoughts, just noticing
  - Focus on one detail, big or small, without judging and evaluating your thoughts, just noticing
  - Start noticing the words that you associate with the detail, picture these words, arrange them around the detail, hold on to these words
  - Take in the painting as a whole again
  - Write down these words in the pattern you arranged them in
  - Share and discuss, ask for volunteers first

#### **Activities:**

- Show Michael Brown's mother video, the part about putting a black boy through high school
- What does this say to you? How can you connect this with the framework we have been discussing, the idea of mind-body, neurological pathways, and the readings?

# **Reflection:**

• What's one thing you've found surprising today in class?

# Wednesday

#### Warm-Up:

• Read Dialogue Guidelines

- Beholding Exercise with *The Problem We All Live With* (adopted from Barbezat & Bush)
  - Take in the painting as a whole for one minute, without judging and evaluating your thoughts, just noticing
  - Distribute question note cards, have them consider the questions while beholding the painting
  - Come back together, and share and discuss, ask for volunteers first

### **Activities:**

- Make shift from race to geography and social class (SES)
- · Ask for word associations with "Red Neck" and write on board
- · How does that make you feel?
- Show Wild and Wonderful Whites of WV trailer first, write down some words that come
  to mind after watching it, share and discuss. Include some discussion about how stories
  influence lives and the way we do things and experience things.
- Show Behind the WWWWV video, ask if it changes your minds about your words or reinforce them
- What does this say to you? How can you connect this with the framework we have been discussing, the idea of mind-body, neurological pathways, and the readings?
- Share information about history of Red Neck, Blair Mountain
- · Share some word associations of how you'd like to see Red Necks
- Share project

#### Reflection:

• What's one thing you've found surprising today in class?