My first equation is F = ma. My second is

$$F = ma (1)$$

$$a = F/m \tag{2}$$

is the same as

The period is in the right place. I have palce it inside the displayed equation (2). I want to write enough that there will be a few lines after the displayed equation blah blah blah. I added equation (1).

1 Method

Here we discuss the methods

In Sec. 1 it is shown how to bake a cake, for example.

- The first entry
- Then the second
- \bullet etc

Thank you!