

In just six short
years, we've
grown from a
hopeful startup
to a service
provider the
community
depends on.



Over 250,000 children under 18 years old are at risk for commercial sex trafficking in the US. ⁽¹⁾

The average age of entry into prostitution in the United States is between the ages 11 and 13. ⁽²⁾

An estimated 16% of men have purchased sex from a child. ⁽³⁾

1 in 3 teens on the street are recruited into prostitution within 48 hrs. of leaving home. ⁽⁴⁾

80-90% of girls involved in prostitution are under the control of a pimp and do not keep any money they make. ⁽⁵⁾

¹ Estes, R., & Weiner, N. The commercial sexual exploitation of children in the US, Canada, and Mexico. Philadelphia: University of Pennsylvania.

² Estes, Richard J. and Neil A. Weiner, The Commercial Sexual Exploitation of Children in the US, Canada, and Mexico. The University of Pennsylvania School of Social Work: 2001.

³ The Johns Chart. Procon.org

⁴ National Runaway Switchboard, August 2006.

⁵ Raphael, J. & Meyers-Powell, B. (April 2009). Interviews with 5 ex-pimps in Chicago. Research for DePaul University College of Law Schiller DuCanto & Fleck Family Law Center. March 22, 2010.

While a global problem,
it permeates our city.
On any given night in
Seattle, hundreds are
sold for sex. ⁽¹⁾



30% of shelter youth & 70% of street youth engaged in prostitution in order to meet their daily needs for food, shelter, drugs, etc. ⁽⁴⁾

There were over 1200 runaways reported from the 206, 360, and 253 area codes in 2011. ⁽⁵⁾

As many as 27,000 men in King County go online to solicit sex each day. ⁽⁶⁾

1 'Who Pays the Price.' Debra Boyer.

2 Estes, R., & Weiner, N. The commercial sexual exploitation of children in the US, Canada, and Mexico. Philadelphia: University of Pennsylvania.

3 National Runaway Switchboard, www.800runaway.org

4 Green, Sara. "‘Buyer Beware:’ King County Taking Aim at Those Who Pay for Sex." The Seattle Times. Oct. 2014.

Our Mission

REST was founded in 2009 to build pathways to freedom, safety and hope for victims of sex trafficking and people involved in the sex trade in Seattle and beyond.



Relationships are the key intervention.

One Over Many

There are many ways to join anti—trafficking efforts: awareness, education, legislation, etc. Though these efforts are necessary and vital, people are suffering the consequences of sexual exploitation and addiction who need hope for real and lasting change. Therefore, we bring care to the individual through direct one-to-one contact.

Helpers Over Heroes

The narrative surrounding the sex trade is often one of villains and heroes. The heroes are rescuers, and the villains are the traffickers and johns. We’ve learned it’s not that black and white. We are not rescuers. We are not better or more valuable than those we serve.

Persons Over People

We serve individuals. We get to know them by name and spend time with each one. This is not a factory and they are not products on an assembly line. We care for each one according to their individualized need.

Holistic Over Piecemeal

We’re in this till the end. As far as our clients are willing to walk, we will be with them. We don’t just want clients physically out of the sex trade; we want them to be whole, free from fears and filled with hope and dreams.

Arduous Over Effortless

Due to the nature of our approach, we know this is a long— suffering and painful work. We know not all people are called to this approach, but we are certain this is our purpose. We meet clients where they are and walk with them to the end. Relationships are hard work, but the highlights of joy throughout outweigh the suffering found within.

Men And Women

We serve both men and women. Those enslaved in the sex trade include those being exploited for sex, those soliciting commercial sex, and those profiting off the commercial exploitation of others. Like us, they all need redemption.

People Over Cause

We do not fight for a cause or an ideology. Though we have an ideology and are a part of a cause, it’s not why we’re here. We exist to serve suffering people who experience complex emotions. They are people of great value.

For Our Joy and His Glory

Our chief end is His glory and the joy of those serving and those being served.

Our passion to see change in this city is driven by the principles that we value.

“It must be really hard to
do what you do.”

From time to time I hear this sentiment from people who learn about REST and the challenges of confronting sexual exploitation. The truth is, what we do at REST is hard, but those who face the most hardship are the girls, women, and boys that we walk alongside.

To take that first step into a world of unknowns requires incredible courage. To get up every morning and fight against all odds to reawaken hopes and dreams that were buried by violence, fear, and shame requires remarkable tenacity. We get to witness this demonstration of strength and resilience every day at REST and it fuels us with an indescribable joy and determination.

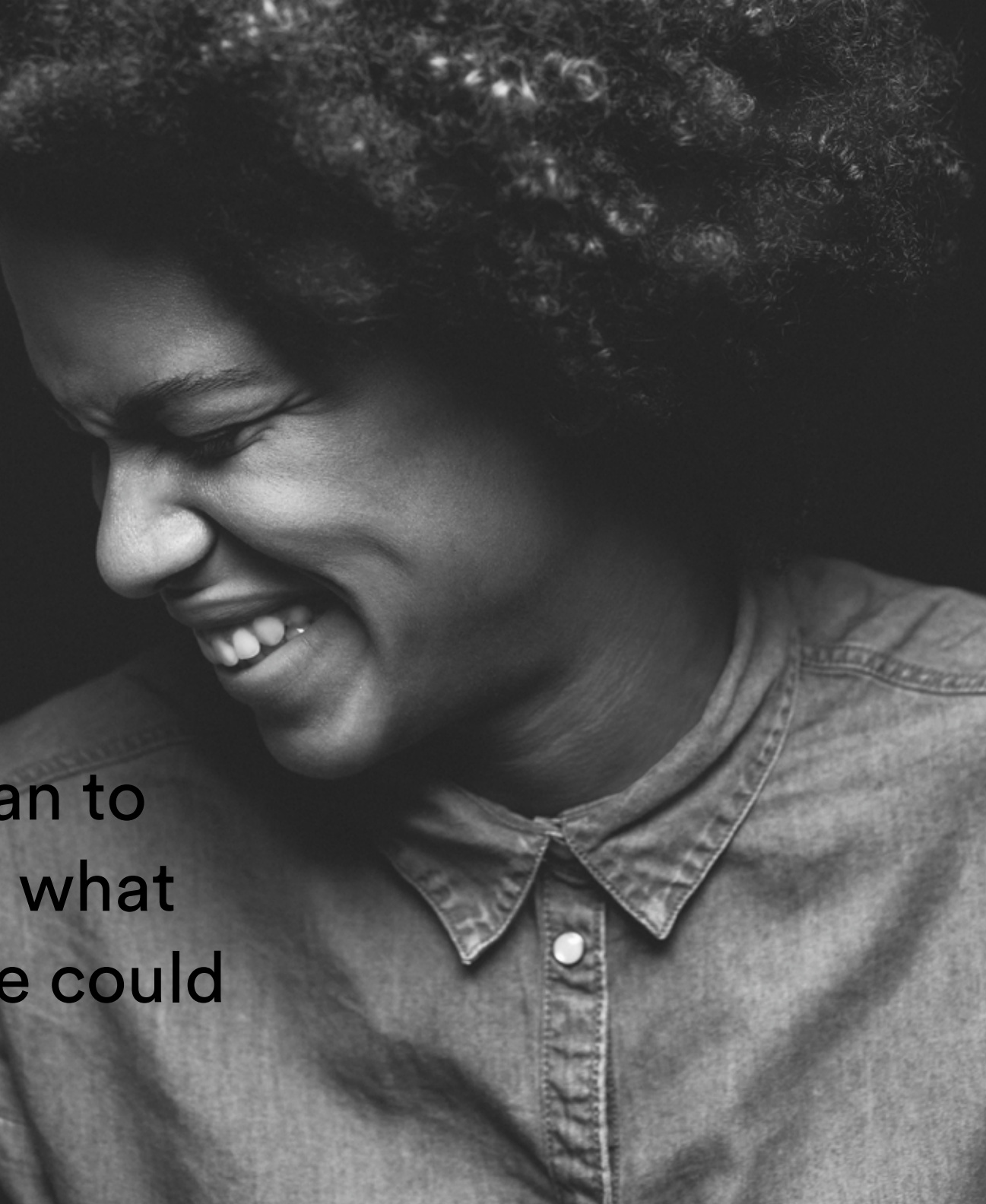
For me, it can all be summed up in a recent text message I received from one of the women we serve, “I never thought I was worth anything. No, I knew I was worthless. But I know something different now. Because of REST, I know that I matter.”

As you turn through these pages, I hope you too will witness the courage, sense the tenacity, and experience the joy that comes when hope is restored and dreams are accomplished.

Blessings,

A handwritten signature in black ink, appearing to read 'A. Hightower', with a stylized, flowing script.

Amanda Hightower
Executive Director, REST



“She began to
consider what
a new life could
entail.”

Brandy's Story

Brandy had been living on the streets for years, was addicted to heroine and felt stuck in prostitution for survival. She was only 23 years old. When our Street Outreach team first met her in 2013, we knew Brandy's chances of survival were low. At every encounter, we were relieved she was still alive, yet heartbroken for the continued evidence of the frequent violent attacks she endured. One night, during “Take a REST,” (an invitation for young women to take a break from working the streets to grab a meal, get warm and learn about supportive services available to them) Brandy ordered soup and orange juice. There, she began to consider what a new life could entail.

Through the many months of walking alongside her, she faced many victories and setbacks. Several times we spent the night with her in a hotel room or hospital waiting room waiting for a detox bed to become available, only to be told there weren't any. We provided Brandy a cell phone hoping that she would call for help when she encountered danger or needed to talk to someone. After a year of walking alongside Brandy, she was rushed to the hospital with a severe infection that almost took her life. The hospital staff prepared us for the likely event that she would not recover. Our team visited weekly, for months Brandy was unconscious and unresponsive. For almost a year, we sat, prayed, read books and sang to her. Slowly, Brandy made a miraculous recovery. Though she will remain in supportive care due to complications from the infection, her smile has returned.

She has been able to reconnect with her family and leave behind a life filled with exploitation, violence and addiction.



Two thousand and fifteen — by the numbers.

Prevention

Boys and girls in detention centers are at high risk for being exploited or participating in exploitation, if they haven't already. Our prevention team educates these boys and girls about trafficking and exploitation using a reputable and effective curriculum that we believe will reduce gender violence for the young people in our community.

REST has engaged 106 youth with preventative curriculum in local juvenile detention centers

106

208 visits have been made by mentors at local juvenile detention centers.

208

| Intervention | Through direct outreach, crisis intervention response through our hotline, or case management services, we have the opportunity to intervene. | Our advocates walk alongside women through their healing journeys for the path looks like. | Restoration |
|--------------|---|--|-------------|
| 74 | Helped 74 young women experience an interruption from sex trade (1 —30 days) | 6 women exited the sex trade for 1 year | 6 |
| 23 | Helped 23 young women escape the sex trade for more than 30 days | Has had 13 REST House residents in FY15 | 13 |
| 19 | Helped 19 young women escape the sex trade for more than 90 days | 61 women moved into transitional or perm. housing | 61 |
| 6 | Helped 6 young women fully escape the sex trade (at least 1 year) | 16 women have engaged in employment services or have a job | 16 |
| 76 | Enrolled 76 young women in community advocacy (case management service) | 2 women have enrolled in college | 2 |
| 13 | 13 young women were provided Restorative Housing | 43 women engaged in chemical dependency support services | 43 |
| 305 | Responded to 305 hotline calls, which led to meetings with 96 women seeking help | 17 women have enrolled in education | 17 |
| 120 | 120 different young women in the sex trade were provided ongoing relationships | 2 women have their own cars | 2 |
| 302 | Made contact with 302 women involved in the sex trade through direct outreach | 8 women have been connected to mentors | 8 |

Our Holistic Continuum of Care

Bikini Barista & Prevention Team

About 72 bikini barista stands operate in the Seattle Region. In partnership with Barista Love and Garden of Hope, we visit stands twice a month in hopes to build relationships with girls working there. We know that girls and boys in juvenile detention are at the very least are vulnerable to be both exploited for commercial sex or recruited into the sex trade. Many have already experienced exploitation. Prevention teams go through the CAASE curriculum in juvenile detention centers.

Street Outreach & Hotline

The street outreach team visits 2 major tracks from 11 pm - 3 am on Friday nights. Team members connect with dozens of girls each month and give gift bags full of hygiene items and our 24-hour hotline card. In addition to street outreach, this team also participates in monthly online intervention, offering help and hope to girls being exploited on backpage.com.

Our 24/7 hotline has become a vital resource to

our community and offers skilled advocates to connect girls to case management and resources

Emergency Receiving Center

Opening in 2016, the ERC will have 8-10 beds and intake clients 24/7. Read more at the end of this report.

Restorative Housing

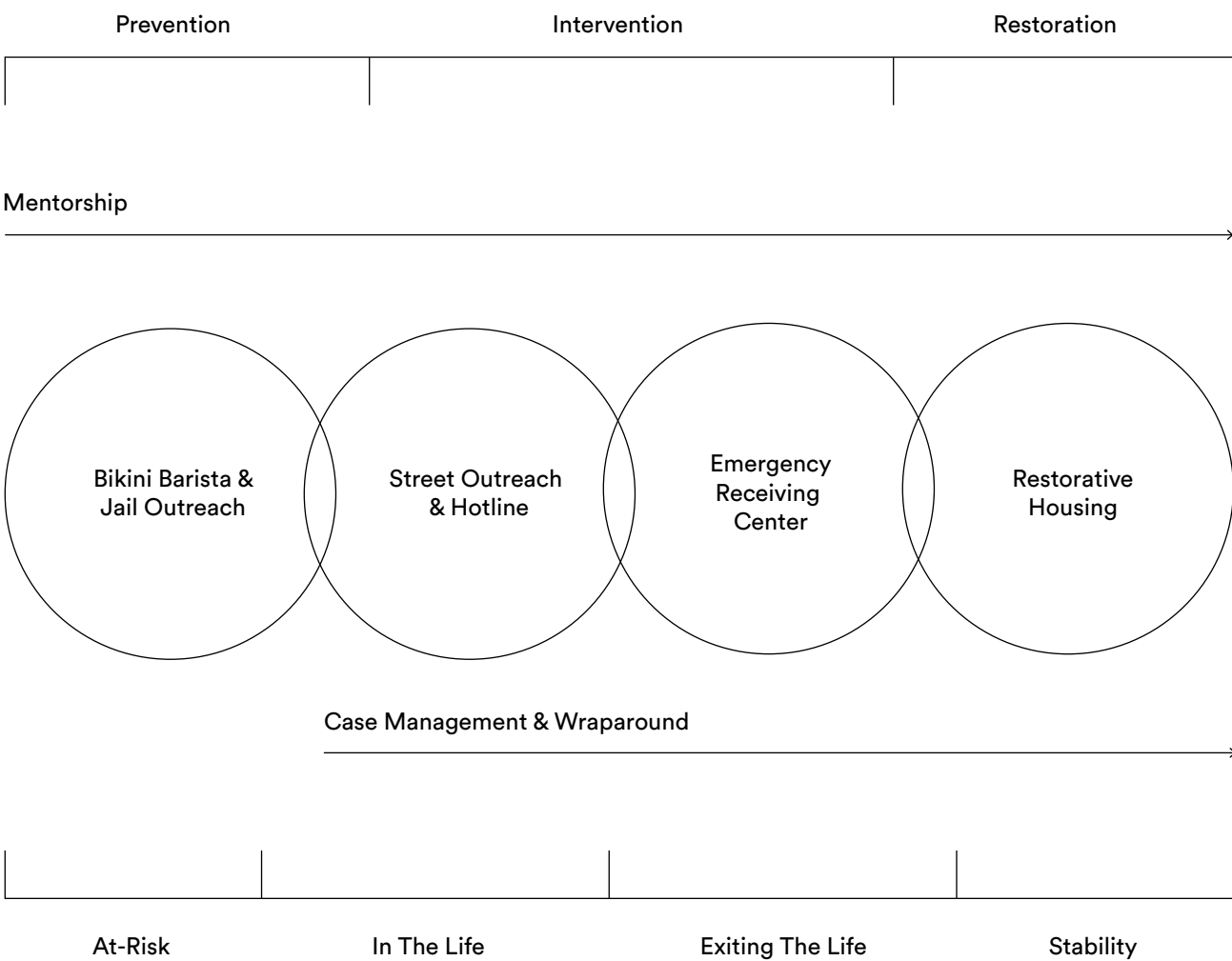
With 6 beds, the house receives 18-24 year-olds that can stay for up to 2 years. The care is individualized and trauma-informed.

Mentorship

Our mentors walk alongside clients in order to build a sense of trust and consistency. Mentors meet with clients for at least 2 hours a week for 2 years.

Case Management and Wraparound

Case managers give clients strengths-based, individualized care, helping them to stay in services and to set and accomplish goals.



Our Commitment:

A Learning Organization

Part of REST’s commitment to building a world—class organization is by gaining from the knowledge, experience, insights and skills of those who have gone before us and are considered to be experts in their fields. We are committed to creating a culture that encourages and provides continuous learning opportunities for our team. Below are a few of the trainings our teams have attended this year.

Trauma & Attachment

We learned effective assessment, therapeutic, and treatment techniques based on the latest research in neurobiology, resilience, and trauma and attachment therapy.

Recognition, Assessment, and Treatment of Suicidality

This workshop presented concepts in the development of suicidality as the brain’s coping mechanism and how the brain can be retrained to form new, healthful neural pathways. The healing process is supported through a specifically designed peer protocol based on evidence—based social support.

First Aid Arts - Healing Arts Toolkit Training

The training equipped staff and volunteers with tools needed to address the symptoms of trauma through carefully researched, arts—based activities.

Motivational Interviewing

We learned the principles that underpin Motivational Interviewing and how to express and practice Motivational Interviewing techniques used in counseling suicidal individuals and describe ethical considerations and documentation.

Mindfulness-Based Interventions

Practical methods were taught that can be used to help manage anxiety, depression, ADHD, and more.

Chicago Alliance Against Sexual Exploitation (CAASE Training): Empowering Young Men to End Sexual Exploitation.

Young men are exposed to a culture that glamorizes pimping and patronizing the sex made. CAASE has created and implemented the first curriculum in the country designed to enlist young men as allies in the movement to end violence against women and girls.

Applied Suicide Intervention Skills Training

ASIST provides practical training for caregivers including: first responders, mental health professionals, teachers, social workers, community volunteers, or anyone concerned about family or friends.

Implementing Survivor-Informed Services: A Training For Professionals

One-day training provided by Organization for Prostitution Survivors is meant for service providers, chemical dependency professionals, social workers, nursing professionals, mental health service providers and students on reducing barriers to social service support for survivors of prostitution.

Prostitution and Addressing the Demand

Peter Qualliotine, with Organization for Prostitution Survivors, presents a focus on reframing the issue of prostitution, addressing the demand, and focusing on the relationship between the prostituted person and his / her pimp/trafficker.

How Pimps Select Their Victims

Dr. Alexandra Pierce is long—time survivor of sex trafficking, and the principal investigator and author of Shattered Hearts, the first research report on the commercial sexual exploitation of American Indian girls and women ever published in the United States. Dr. Pierce recently partnered with the Lauren Martin Center at the University of Minnesota’s University Outreach—Engagement Center to produce a report on the overall market structure of juvenile sex trafficking in Minneapolis, titled Mapping the Market.

Our Commitment:

A Sharing Organization

There are dozens and dozens of individuals and organizations who seek our help to start or refine their work with victims of human trafficking. Although our time is limited, we are committed to sharing what we've learned. We are grateful for the many organizations who have freely shared information with us and ultimately know that by sharing what we've learned and built, we increase the effectiveness and consistency of care for those who have experienced sexual exploitation.

Below are the nonprofit organizations we've shared our experience, documents and best practices with.

Restoration Railroad, CA
Priceless, AK
The Refuge, TX
Artist Reformation, WA
Awaken, NV
Inheritance House, AL
Immanuel Church, TN
Terry's Place, WA
Unbound Hope House, WA
Mirror Ministries, WA



REST Training Day

This training covers the dynamics of sex trafficking and the sex trade, including adolescent development, risk factors, brain development, recruitment and exploitation by a trafficker, sex-buyers, complex trauma, direct outreach, and boundaries.

REST Direct Service & Mentorship Training

This training is meant for direct service providers serving victims of human trafficking and people who have experienced the negative effects of the sex trade. It focuses on providing quality, trauma-informed care to survivors of sex trafficking in a direct service role and/or as a mentor and looks at the impacts of trauma on the brain, understanding complex trauma, attachment disorders, stages of change model, cultural competency, motivational interviewing techniques, spiritual formation, safety and self-care.

A new year. A new home.

For almost exactly five years, REST was incredibly blessed to receive free office space so that we could operate with little-to-no overhead. That generous partnership allowed us the time and space to form a viable business model and concentrate on our mission. Eventually though, as the number of clients we served and our scope of work increased, not having dedicated space became a barrier to effectively meeting the needs of our clients.

Last year an exhaustive search for property throughout Seattle began, and we found an incredible location that would meet our needs and be easy to access for our clients. There was a catch. The space was a core and shell (meaning no plumbing, electrical, mechanical, walls or floors), and we would need to take on everything from permitting to design and procuring to project management. And that wasn't it. We only had three months to complete it, and the City of Seattle was quoting us 17 weeks for the initial building permit process alone.

Despite the tremendous undertaking and the various setbacks we faced, including what I affectionately call "REST's Big Dig" that threatened to derail our timeline and budget, some very generous contractors in our community

discounted and donated labor and materials to make this space happen. In total, REST was able to build our new \$150,000 office and drop-in space for only \$11,000 out of pocket.

This is the type of impact we can have when we all come together.

Within weeks, the new design and location immediately changed the ways in which our organization functioned. It, almost immediately, broke down some of the siloing that we've historically experienced across our teams due to the various rhythms and schedules. In its place, unity and cohesion were created. And because every wall, room, paint swatch and seating arrangement were designed with our clients in mind, the new space has also brought about a tremendous upswing in clients participating in our space! We've had lots of positive feedback over the years about the work we do, but hearing things like, "I can't believe this place is for me," are some of our all-time favorite words.



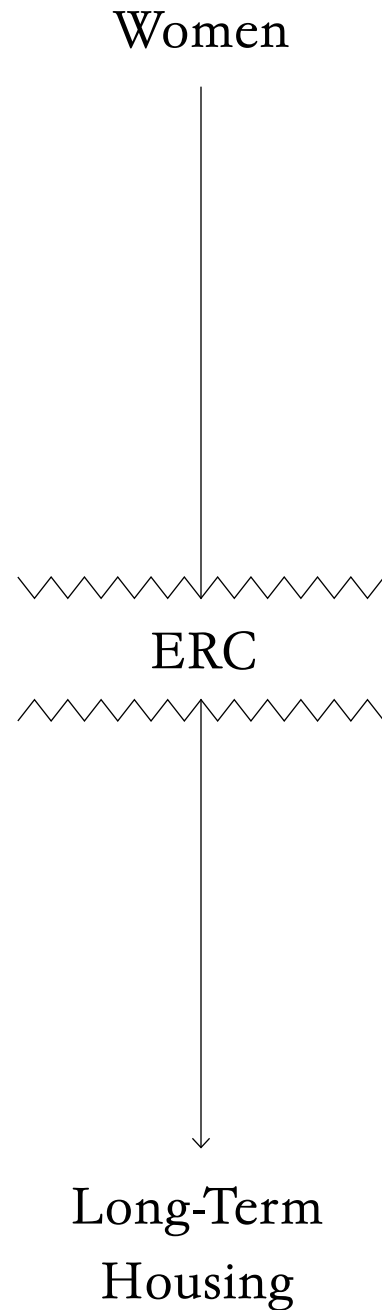
Where we’ve been.

| | | | | | | | | |
|---|---|------------------------------|--|--|--|-----------------------------------|--|---|
| Debra Boyer writes “Who Pays the Price” setting our hearts to address the problem | | REST has a town hall meeting | Demand Reduction efforts are piloted, along with the help from REST volunteer and former buyer | | The restorative housing program opens, starting with just two beds | | The pilot Emergency Receiving Center is launched | Secured permanent office space and drop-in services begin |
| 2008 | 2009 | 2010 | 2011 | 2012 | | 2013 | 2014 | 2015 |
| | We begin praying over REST and it begins with street, strip club, and bikini barista outreach | | REST officially becomes a nonprofit | REST starts outreach to at-risk children in juvenile halls | | Our mentorship program is created | Online intervention begins | |

What's next?

Local law enforcement, our partner agencies and those seeking to exit the sex trade all agree that crisis intervention resources and dedicated emergency beds are the biggest gap in services in our community. REST's Emergency Receiving Center will fill this gap.

All of our stakeholders agree. This is the one critical missing component to our continuum of care.



Emergency Recieving Center

The ERC is a place to go right now for crisis intervention, stabilization services, and referrals for long term restoration. REST's ERC model will be open 24 hours per day and available through self and agency referral. Serving between 8 and 12 women for as many as 60 days.

The impact that the ERC will have on our community and the young women we serve will be meaningful and immediate.

- The likelihood of young women fully escaping the sex trade rises. Awareness of immediate alternatives for girls will spread faster, accelerating exits from the sex trade.
- Law enforcement can more aggressively pursue the recovery and referral of exploited young women.
- Area advocates and partners will have an immediate option for safe shelter that has been specifically designed with trauma-informed practices.
- Reach of services will expand beyond Seattle to all of Puget Sound, and possibly beyond.

Board of Directors

- Brent Turner**
Chairman of the Board
- Karen Cobb**
Secretary of the Board
- Tim Gaydos**
Officer
- Will Little**
Officer
- Renee Wallace**
Officer
- Zac Davis**
Officer

Executive Staff



Amanda Hightower
Executive Director

amanda@iwantrest.com

Loved by Jesus, our greatest Advocate, Amanda is both pioneer and counselor at heart. She holds an MSW from the University of Washington and envisions a community free of exploitation.



Bridget Battistoni
Director of Operations
& Finance

bridget@iwantrest.com

Compelled by the love of Jesus, Bridget excels at envisioning, engineering and general chaos-wrangling. Dreams of a world free from exploitation. Leader. Writer. Counselor. Builder.



Edward Sumner
Director of Development

edward@iwantrest.com

Follower of Jesus. Sex-trafficking abolitionist. Compelled by a restorative Kingdom vision, Edward is a passionate advocate for the least of these. Inspiring champions to join the fight.

It has been a joy and privilege to connect so many new people to the work of REST over the last 12 months, and to strengthen our relationships with long-term supporters over the course of the year. As a result, together we have increased our annual revenue by nearly 100%. Thank you!

Our shared vision for a community free from commercial sexual exploitation has never been stronger. We celebrate that through the generous giving of our individual supporters, foundations, churches, and business partners, our capacity to serve people in the sex trade has been bolstered.

In addition, this generous giving has also met the goals of our partners to invest in changing our community. It is incredible to see such commitment to a transformative, restorative, and significant effort. REST is grateful to continue extending this invitation as we press on into the new fiscal year.

To learn more about the diversified giving and partnership opportunities, please contact our Director of Development, Edward Sumner at edward@iwantrest.com.

Thank you.



“Come to me,
all you who
are weary and
burdened, and
I will give you
rest.”

— Jesus



4215 Rainier Avenue S. Suite B
Seattle, Washington 98118

iwantrest.com