

## **Are You Lost in the World Like Me?**

### **A Reflection Paper**

In today's modern society where technology just inevitably continues to evolve and develop, it will be hard to visualize what our lives would have been without it. Humans have become so reliant on technology and it has played a significant role in our lives. Moreover, it has been around us for a long time, from simple devices like our smartphones, laptops, and televisions to the biggest emerging technological advancements that we have yet to achieve in the future. However, this also makes us think, have we become excessively dependent on technology? Is technology adversely affecting our society without us even realizing?

This is what the video is wanting us to consider and ponder upon. It is a short animation video that depicts a seemingly chaotic and disrupted society from the point of view of a boy, who appears to be lost in a huge crowd of people that have been overly obsessed with their smartphones, to the point where they have been unknowingly trapped and suppressed by it. Although it is undeniable that technology has provided us many advantages and benefits, the creator of this video is trying to suggest that we should not ignore the fact that technology, rather than making us more connected, can cause us to become disconnected from the world.

Furthermore, the video is also trying to tell that since we are too focused on our digital lives, we are becoming often unaware of the many societal issues and problems that we are facing, which is kind of ironic since the internet has been one of the biggest sources of information. In the end, this video made me realize that although technology is not necessarily causing the societal problems that were presented in the video, we should not let technology control and manipulate us so that we would not be lost and disconnected from this world.