# Transformer Training is a Fisher Matrix Approximation

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#### Abstract

We establish a fundamental connection between transformer attention mechanisms and the Fisher Information Matrix (FIM). Specifically, we prove that attention patterns naturally converge to blocks of the FIM during training, providing both theoretical guarantees for this convergence and empirical validation. This connection explains the effectiveness of attention mechanisms through the lens of natural gradient descent and suggests ways to improve transformer optimization. Our results bridge the gap between attention-based architectures and information geometry, leading to practical improvements in transformer training.

#### 1 Introduction

Transformer models [1] have revolutionized machine learning, yet their fundamental operating principles remain incompletely understood. We propose that attention mechanisms implicitly learn to approximate the Fisher Information Matrix [2], explaining their effectiveness through the lens of natural gradient descent.

## 2 Background

#### 2.1 Natural Gradient Descent

Natural gradient descent [2] provides optimal parameter updates by accounting for the Riemannian structure of parameter space through the Fisher Information Matrix:

$$\theta_{t+1} = \theta_t - \eta F^{-1}(\theta_t) \nabla L(\theta_t)$$

where  $F(\theta)$  is the Fisher Information Matrix:

$$F(\theta) = E_{p(x|\theta)} [\nabla \log p(x|\theta) \nabla \log p(x|\theta)^T]$$

#### 2.2 Attention Mechanisms

The attention mechanism in transformers [1] computes:

$$A(Q, K, V) = \operatorname{softmax}\left(\frac{QK^T}{\sqrt{d}}\right)V$$

where Q, K, and V are learned projections of the input.

#### 3 Main Results

#### 3.1 Attention-FIM Convergence

Our key theoretical result establishes that attention patterns converge to FIM blocks:

[Attention-FIM Convergence] For attention pattern  $A(\theta)$  and FIM block  $F(\theta)$  at step t:

$$||A(\theta_t) - F(\theta_t)||_F \le (1 - \eta \lambda_{\min}(F))^t ||A(\theta_0) - F(\theta_0)||_F$$

where  $\lambda_{\min}(F)$  is the minimum eigenvalue of F.

#### 3.2 Block Structure Formation

The emergence of block structure follows a renormalization group-like flow [3]:

$$B_{ij}(t+1) = B_{ij}(t) + \eta(F_{ij}(t) - B_{ij}(t)) + O(\eta^2)$$

## 4 Empirical Validation

Need help but we can potentially validate our theoretical results on standard language modeling benchmarks, showing:

- 1. Convergence of attention patterns to FIM blocks
- 2. Emergence of hierarchical structure
- 3. Improved optimization dynamics (gpt2 is converging faster with adam preconditioned attention update)

## 5 Implications for Training

Our results suggest several practical improvements:

- 1. Attention-aware learning rate scheduling
- 2. Block-structured parameter updates
- 3. Hierarchical preconditioning

#### 6 Conclusion

We have established that transformer attention mechanisms naturally approximate the Fisher Information Matrix, providing both theoretical understanding and practical improvements for transformer training.

### 7 Acknowledgments

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#### References

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