ABOUT

Cordillera Administrative Region (CAR)

* President Corazon Aquino issued an order which created the said region on July 15, 1987
* Home of the Igorot’s
* The only region in the country that is entirely enclosed by land
* The least populated and least densely-populated region in the country (2015 census)
* The region is within the Cordillera Central Mountain Range
  + - Mount Pulag - 3rd highest mountain in the Philippines and the highest mountain in Luzon
* Consists of 6 provinces:
  + Abra
  + Apayao
  + Benguet – Baguio – regional center; highly urbanized city
  + Ifugao
  + Kalinga
  + Mountain Province

**Ethnic Groups**

Abra: Itneg tribes

Apayao: Isnag tribe

Benguet: Ibaloi, Kankanaey, Kalanguya, Karao Tribe

Ifugao: Tuwali, Ayangan, Kalanguya

Kalinga: Kalingan, Banao, Tanudan

Mountain Province: Bontoc, Balangao, Baliwon, Applai

**Languages**

* The most diversified ethno-linguistic region where their languages have sub-dialect variation
  + Bontok
  + Ifugao
  + Isnag
  + Balangao
  + Kankanaey
  + Ibaloi
  + Kalanguya
  + Itneg
  + Kalinga
  + Ilocano

**Economy**

* Mining
* Agriculture
* Export Processing Zone
* Lumber
* Vegetable Crop Production
* Tourism

**Culture**

* Music is part of their living and is usually performed using instruments
  + Gangsa kalinga
  + Nose flute
  + Bamboo flute
  + Buzzer
  + Bangibang
  + Tongatong
  + Diwdiw-as
  + Saggeypo
  + Bamboo zither
* They sing, dance and play instruments at the same time for activities such as:
  + Healing rituals
  + Invocation of the gods
  + Rites of passage
  + Weddings and Festivities
  + Peace Pacts
  + Events such as birth, work, and death