**Healing Hearts**
Website Proposal

## Context

Our website will raise awareness of mental illness, specifically depression. According to the World Health Organization, it is defined as a common mental disorder that involves a depressed mood or loss of pleasure or interest in activities for long periods of time. Studies have shown less than 10% of adults in the US suffer from depression in some form. One major form being suicide. Society has looked down upon mental health such as depression which makes it hard for people to disclose their feelings due to ridicule and embarrassment.

## Purpose

Healing Hearts
Our website's purpose is to raise awareness on depression so that society can have a better understanding on how to deal with this mental illness from home, not to be ashamed of their loved ones or ridicule them because of this illness.

## Stakeholders

The direct stakeholders of our website would be the lives of the victims of depression and mental health. The families, friends, and co-workers of the victims are also direct stakeholders.

The indirect stakeholders would include mental health services and the general public. Our target audience are young adults within the age range of 15-29.

## Benefits for Stakeholders

- The direct stakeholders would benefit from the website by knowing that there's help available via mental health services, which can cause less tragedy. This can give the victims a second chance.
- The indirect stakeholders will benefit from this website by educating themselves on this mental illness and be able to support the victims that are going through it.

| **Corresponding Values** |
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| Two values would include Human welfare and Autonomy. Raising awareness on depression is a value of Human welfare, this value refers to everyone's wellbeing. In regards to autonomy, it gives the victims a more positive direction and a better understanding of the effects that this decision has on all their loved ones. |

| **Information Requirements** |
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| • Information on mental illnesses: Such as an introduction to the world of mental illness and its many different forms, also introducing our website's purpose and mission.<br>• Treatment and Support: We will have a section that gives options on how one can go about seeking help.<br>• Self-Help tools and strategies: Methods that can be used in a person's day to day life to help combat these mental health issues.<br>• Information for family and friends: Serving as a source of information that the victims' loved ones can use to play their part in helping. |

| **Wireframes** |
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| https://drive.google.com/file/d/1tfpgK4W4sF1gg-wa6k01zXjiY4O2PTBx/view?usp=sharing (Note: The wireframe was too large and it extended to 4 pages of the proposal.) |

**References**

*Depression*. Mental Health America. (n.d.).

https://mhanational.org/conditions/depression#:~:text=Basic%20Facts%20About%20

Depression,are%20affected%20by%20major%20depression.

World Health Organization. (n.d.). *Depressive disorder (depression)*. World Health

Organization.https://www.who.int/news-room/fact-sheets/detail/depression#:~:text=M

ore%20than%20700%20000%20people,%E2%80%9329%2Dyear%2Dolds.