# Abnormal psychology 12th edition soonie

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Abnormal Psychology: An Exploration of Unusual and Dysfunctional Behaviors\*\*

## What is Abnormal Psychology Class 12?

Abnormal psychology, also known as psychopathology, is a field of psychology that focuses on the study of unusual, distressing, or deviant behaviors that deviate significantly from societal norms. It aims to understand the causes, symptoms, classification, and treatment of mental disorders.

#### What is Abnormal Psychology Called Now?

The term "abnormal psychology" is still widely used, but the field has recently incorporated broader concepts, resulting in the preferred term "psychopathology."

#### What is the Difference Between Social Psychology and Abnormal Psychology?

Social psychology studies the thoughts, feelings, and behaviors of individuals in social contexts, focusing on how social factors influence human behavior. Abnormal psychology, on the other hand, focuses on understanding extreme or deviant behaviors that fall outside of typical social norms.

#### What is an Abnormal Psychology Class?

An abnormal psychology class provides an in-depth examination of the field, covering various topics such as:

- Definition and characteristics of abnormal behavior
- Diagnosis, classification, and treatment of mental disorders
- Etiology and causes of psychological disorders

• Biological, psychological, and sociocultural influences on abnormal behavior

#### What are the 4 D's of Abnormal Psychology?

- 1. Deviance: Behaviors that violate social norms and expectations.
- 2. Distress: Behaviors that cause personal suffering or impair functioning.
- 3. Dysfunction: Behaviors that disrupt an individual's ability to perform daily tasks.
- 4. Danger: Behaviors that pose a risk of harm to oneself or others.

#### What are the 12 Major Psychological Disorders?

The American Psychiatric Association (APA) recognizes 12 major categories of psychological disorders, including:

- Anxiety disorders
- Depressive disorders
- Bipolar disorder
- Schizophrenia
- Obsessive-compulsive disorder
- Post-traumatic stress disorder
- Eating disorders
- Personality disorders

#### Who is the Father of Abnormal Psychology?

Emil Kraepelin is considered the "father of abnormal psychology" for his groundbreaking contributions to the classification and diagnosis of mental disorders.

#### What is Abnormal Psychology Mainly Study of?

Abnormal psychology primarily studies:

- The causes, symptoms, and classification of psychological disorders.
- The biological, psychological, and sociocultural factors that contribute to abnormal behavior.
- Effective treatments and interventions for mental disorders.

### What is Abnormal Psychology APA?

According to the American Psychological Association (APA), abnormal psychology is the branch of psychology that focuses on the diagnosis, classification, and treatment of "abnormal" or "distressing" behaviors, which are defined as actions that cause personal suffering or prevent an individual from functioning effectively.

#### What is the Concept of Abnormal Psychology?

The concept of abnormal psychology is based on the idea that psychological disorders are deviations from what is considered "normal" or socially acceptable. It involves studying the symptoms, causes, and treatment of behaviors that are considered unusual, distressing, or disruptive.

#### What are the Three Definitions of Abnormal Psychology?

- 1. **Statistical definition:** Behaviors that fall outside a normal range of functioning.
- 2. **Social definition:** Behaviors that violate societal norms and expectations.
- Clinical definition: Behaviors that cause personal distress or impairment in daily life.

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