

CAPS BUSINESS STUDIES GRADE 12

2014

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How to study for business studies grade 12? Take note of the following: Refer to the glossary for specific important definitions of terminology. Prepare a study timetable- allow yourself enough time to study and focus on at least 3-4 sub-topics per week. Get yourself a study buddy- you will be able to assist one another on difficult concepts/skills.

How many topics are there in business studies grade 12? Business Studies, Grade 10 – 12, content is divided into four main topics, which are divided further into sub-topics as below. The amount of information that needs to be learned in Business Studies can feel overwhelming, especially to Grade 12 learners. Breaking it down into such categories makes it easier to digest.

What is assessment in business studies in detail? Assessment in Business Studies focuses on the knowledge, skills and values necessary for informed, ethical, productive and responsible participation in economic sectors.

When were caps introduced in South Africa? Having been introduced in 2012, CAPS was intended to enlighten teachers about what they should teach in class and how they should assess learners.

How to answer 12 mark questions in business studies?

Which is the best subject in business studies?

How many chapters are in business studies class 12? The 12th class Business Studies Syllabus for 2023-24 consists of 12 chapters which are divided into part A

and part B. Part A Principles and Functions of Management has 8 chapters and Part B Business Finance and Marketing consists of 4 chapters.

What is paper 1 in business? Paper 1: Influences of operations and HRM on business activity. What's assessed. Business in the real world. Influences on business. Business operations.

How many papers do you do for business GCSE? The course requires you to sit two exam papers. Paper 1 relates to the content of the investigating small business. Paper 2 relates to the content of building a business. Each paper may also draw some knowledge of the other theme.

How to study for business GCSE?

How to answer business paper 1? Plan your answer before you begin. The question points you to including two points of view, so make sure you include both for a balanced answer. Aim for two chains of analysis for and against. It's important to have balance, and show you understand both sides of the discussion.

How do I start a business studies business?

How do you start a business studies essay? Provide Topic Background Before diving into your main points, the business essay writing format implies giving your reader some context about the topic. Briefly introduce the key concepts, relevant facts, or historical background that will help readers understand the importance and relevance of your essay.

What are the management and treatment of temporomandibular disorders? Eat soft foods. Apply heat or cold to the face in combination with exercises to gently stretch and strengthen the jaw muscles. Take over-the-counter medications, for example nonsteroidal anti-inflammatory drugs (NSAIDs), like ibuprofen. Reduce habits such as jaw clenching, gum chewing, or nail biting.

What is orofacial pain management? One of the newest recognized advanced dental education disciplines, OFP is the specialty of dentistry that encompasses the diagnosis, management and treatment of pain disorders of the jaw, mouth, face, head and neck.

What is the first line of treatment for TMJ pain? Nonsteroidal anti-inflammatory drugs should be recommended for initial pharmacotherapy of TMD. The addition of a muscle relaxant is recommended if there is clinical evidence of muscle spasm. Cognitive behavior therapy and biofeedback improve short- and long-term pain management for patients with TMD.

How do you treat TMJ facial pain?

What is the gold standard treatment for TMJ? Splint Therapy for Effective TMJ Treatment While all of the therapies mentioned above have their place in treating TMJ pain and TMD, splint therapy continues to be the gold standard in effective treatment with long-lasting results.

What is the most successful treatment for TMJ? Customized dental splints have been found to prevent tooth grinding, keep the teeth aligned, and reduce overall clenching. Bite guards are the most widely recommended treatment for moderate TMJ symptoms. Research has found that splints can reduce TMJ pain and the risk of long-term side effects is minimal.

What are the four main classes of drugs in treating orofacial pain? Systemic approaches, such as tricyclic antidepressants, calcium channel blockers (pregabalin and gabapentin), sodium channel blockers (carbamazepine), and antiepileptics such as topiramate, can be used for the management of this condition.

What are the treatment options for facial pain?

What is orofacial treatment? Orofacial Myofunctional Therapy (OMT) is a type of therapy that certain Speech-Language Pathologists (also known as Speech Therapists) specialize in. OMT can help children with Orofacial myofunctional disorders, such as Tongue Thrusting, to eat, breath, or talk more efficiently.

What is the drug of choice for TMJ pain? There are several types of over-the-counter (OTC) and prescription medications that can ease TMJ symptoms, including: Pain relievers like acetaminophen. Nonsteroidal anti-inflammatory drugs (NSAIDs) like ibuprofen and naproxen. Muscle relaxers (particularly helpful for people who clench or grind their teeth).

How do you manage pain in patients with temporomandibular disorders? In summary, the drugs that can be used appropriately to treat chronic TMD-related pain are cyclobenzaprine (10 mg at night), TCAs (amitriptyline, nortriptyline, and desipramine) such as amitriptyline (25 mg/day) if side effects can be well-controlled, SNRIs such as milnacipran and gabapentin, etc.

What is the immediate treatment for TMJ? Use a hot or cold compress. Ice helps reduce swelling and pain, while heat can increase blood flow and relax your jaw muscles. Apply a hot or cold compress to your jaw for 15 to 20 minutes at a time using a light layer between the compress and your skin.

What is the 3 finger test for TMJ? The 3 Finger Test A quick and easy way to identify a possible case of Trismus is to place three of your fingers, stacked, between your upper and lower teeth, or dentures. If the mouth can open wide enough to accommodate them comfortably, then Trismus is unlikely to be a problem.

What not to do during a TMJ flare up?

What is the newest treatment for TMJ? TENS therapy uses a small device to deliver low-level electrical impulses to the affected TMJ area. This treatment helps reduce muscle tension and pain by stimulating the release of endorphins, the body's natural painkillers.

What is TMJ management? TMJ dysfunction (TMD) causes pain and tenderness in your jaw joints and surrounding muscles and ligaments. Causes include teeth grinding, jaw injuries, arthritis and everyday wear and tear. TMJ treatment varies from person to person and may include medication, physical therapy, custom mouth guards and jaw surgery.

What is conservative management of temporomandibular disorders? Physical therapy is the preferred conservative management approach for TMD. Physical therapists are professionally well-positioned to step into the void and provide clinical services for patients with TMD.

Is there any real treatment for TMJ? Nondrug therapies for TMJ disorders include: Oral splints or mouth guards (occlusal appliances). Often, people with jaw pain will benefit from wearing a soft or firm device inserted over their teeth, but the reasons

why these devices are beneficial are not well-understood. Physical therapy.

What is the best medication for TMJ? What is the best medicine for TMJ pain? The best medicines for TMJ pain are over-the-counter painkillers and anti-inflammatories, such as Tylenol and ibuprofen. In some extreme circumstances, a dentist may prescribe something stronger, but even then it's likely to be a prescription ibuprofen, not opioid painkiller.

How much power does a 1300 crossflow engine have? As standard, the 1300 Xflow is supposed to have 58bhp.

Where is the engine number on a Ford Kent? The Ford engine number is stamped on a horizontal flange on the top of the block below #1 plug.

What is the compression ratio for a 1600 crossflow? There is a cheaper option in that the compression can be raised using modified 1300 pistons in the 1600 engine, giving a ratio of around 10.3:1.

How much does a Ford Kent weigh? Kent weighs 225 lbs with iron head and flywheel/clutch.

How much power does a 250 crossflow have? It should be fairly easy to hit 200-225 hp with a very mild 250 Crossflow. Stock they were rated at over 170hp net for most versions and 180 for some of the EFi engines. My crossflow Mustang was easily doing 0-60 in the 6.5 - 7 second range which is pretty consistent with a ~200 hp engine.

What is a non crossflow engine? In engine technology, a reverse-flow or non-crossflow cylinder head is one that locates the intake and exhaust ports on the same side of the engine. The gases can be thought to enter the cylinder head and then change direction to exit the head. This is in contrast to the crossflow cylinder head design.

How to identify Ford engines? The Ford Motor Company has put identification number tags on some of its motors since the mid-1950s and on all of its motors since January 1964. These tags tell you the month and year of production, the model year, the change level number, and the CID (cubic inch displacement).

Where are Ford engines built? The Ford Motor Company Dearborn engine plant, also known as the Dearborn Engine and Fuel Tank plant, and formally identified as the The Rouge, is an engine manufacturing facility located alongside the Rouge River in Dearborn, Michigan, USA.

What is my Ford engine code? The engine code is usually stamped somewhere into the engine block.

What is the best compression ratio? Compression ratios usually vary between 1.05–7 per stage; however, a ratio of 3.5–4.0 per stage is considered maximum for most process operations. Quite often, the temperature rise of the gas during the compression dictates a limit for the safe or reasonable pressure rise.

What compression ratio is 210 psi? From memory 7.5:1 = about 145–150 psi, 8:1= about 150–155psi 8.5:1=about 160 -175psi, 9:1=about 180–190psi and 10:1= about 190–210 psi. The most important readings from compression checks are that all the cylinders should have about the same reading.

What compression ratio requires 93? With good cylinder head design that promotes high swirl and fast flame front propagation, a slightly higher compression ratio is possible. However, the practical limit for 93 octane pump gasoline is about 10.5:1.

How heavy is a Ford engine? The all-iron version weighs 610 lbs stock. By adding aluminum heads, manifold, and water pump they got the weight down to 520 lbs.

What does a model A Ford engine weigh? Weight: 350 lb (160 kg) (complete engine, without flywheel and clutch assembly, but including generator, manifolds, etc.).

How much does a Ford 170 engine weigh?

How does a crossflow engine work? A crossflow cylinder head is a cylinder head that features the intake and exhaust ports on opposite sides. The gases can be thought to flow across the head. This is in contrast to reverse-flow cylinder head designs that have the ports on the same side.

What is a pre crossflow engine? Pre-Crossflow Era The original Ford Over Head Valve OHV three main bearing Kent engine arrived in 1959 with the then brand new Anglia 105E. It widely referred to as the pre-crossflow Kent or pre-crossflow, in reverse-flow cylinder head configuration with both the inlet and exhaust being on the same side of the head.

What is the bore size of the 250 crossflow? Bore Size: +0.40" / 3.720"

What are the benefits of a crossflow engine? Crossflow is useful in a high-revving, short-stroke engine, because more power can be made at high rpm. Individual intake runners are also an advantage with higher rpm engines. Crossflow makes this easier to lay out. All 4-valve heads are crossflow, and this layout makes port inlet "tumble" possible.

What is the difference between crossflow and counterflow head? In a crossflow tower, air travels horizontally across the direction of the falling water whereas in a counterflow tower air travels in the opposite direction (counter) to the direction of the falling water.

What is the jet in crossflow? The jet in crossflow or transverse jet has been studied extensively because of its relevance to a wide variety of flows in technological systems, including fuel or dilution air injection in gas turbine engines, thrust vector control for high speed airbreathing and rocket vehicles, and exhaust plumes from power plants.

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What is the bore size of the Ford pre-crossflow? Pre-Crossflow With a 80.96 mm × 48.41 mm (3.19 in × 1.91 in) bore and stroke, combined with independent (non-siamesed) four intake and four exhaust ports, it was a departure from traditional undersquare English engine design.

What is the firing order of the Ford pre-crossflow? Crossflow firing order is 1-2-4-3.

Time Warrior: Defeating Procrastination, People-Pleasing, Self-Doubt, Over-Commitment, Broken Promises, and Chaos

In the realm of time management, procrastination, people-pleasing, self-doubt, over-commitment, broken promises, and chaos are formidable foes. But fear not, for you can emerge as a time warrior with the following strategies:

Q: How do I conquer procrastination? **A:** Challenge the fear that drives procrastination. Break tasks into smaller, manageable steps and set firm deadlines. Reward yourself for completing tasks to reinforce positive behavior.

Q: How can I overcome people-pleasing? **A:** Recognize your own needs and prioritize them. Learn to say no to requests that compromise your time and well-being. Practice assertiveness in communicating your boundaries.

Q: How do I silence self-doubt? **A:** Challenge negative thoughts and replace them with positive affirmations. Focus on your accomplishments and strengths. Surround yourself with supportive people who believe in you.

Q: How can I avoid over-commitment? **A:** Assess your time realistically and set limits. Delegate tasks to others when possible. Learn to decline commitments that conflict with your priorities.

Q: How do I break the cycle of broken promises? **A:** Be honest with yourself about your limitations. Only make commitments you can realistically fulfill. Overestimate the time required for tasks to avoid disappointment. Prioritize the most important commitments.

By embracing these strategies, you can shatter the chains that have held you captive to chaos. Remember, the battle against time management challenges is an ongoing

one, but with perseverance, you can emerge victorious as a time warrior.

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