

# SPRINGBOARD 11TH GRADE UNIT 1

## ACTIVITY 1 2 BY PETRA PALMER

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#### **Springboard 11th Grade Unit 1 Activity 1.2: "The Bridge Poem" by Petra Palmer**

Petra Palmer's evocative poem "The Bridge Poem" explores themes of identity, loss, and resilience. The poem's unique structure reflects its exploration of these complex concepts.

**Question 1:** How does the poem's title contribute to its meaning?

**Answer 1:** The title "The Bridge Poem" suggests a connection or transition between two states or experiences. The bridge represents the journey of self-discovery and healing that the narrator undergoes.

**Question 2:** What is the significance of the "I" and "you" perspectives in the poem?

**Answer 2:** The "I" and "you" perspectives create a dynamic tension within the poem. The "I" voice represents the narrator's present self, while the "you" voice addresses a past version of herself or someone else she has lost. This shift in perspective conveys the narrator's struggle with identity and the process of letting go.

**Question 3:** How does the imagery of the house and the river contribute to the poem's themes?

**Answer 3:** The house symbolizes the narrator's past and her sense of stability. The river represents the flow of time and the changes that have occurred. As the house is washed away by the river, it foreshadows the narrator's need to let go of her past and embrace the future.

**Question 4:** What is the role of the bridge in the poem's conclusion?

**Answer 4:** The bridge serves as a metaphor for the narrator's journey of healing. It connects her past and present, allowing her to reconcile her losses and move forward with hope. The bridge represents her strength and resilience in the face of adversity.

**Question 5:** How does the poem's structure reinforce its message?

**Answer 5:** The poem's three stanzas reflect the narrator's three stages of transformation: denial, acceptance, and renewal. Each stanza contains a different perspective, which highlights the narrator's shifting emotions and her gradual acceptance of her circumstances. By the end of the poem, the narrator has found a path forward, guided by the bridge of her own strength and resilience.

### **Theoretical Nursing Development: A Milestone by Meleis**

In 2011, renowned nurse theorist Afaf Ibrahim Meleis, PhD, FAAN, published "Theoretical Nursing Development and Progress," a seminal work that revolutionized the field of nursing theory. This comprehensive text explores the evolution and significance of nursing theory, providing a roadmap for further theoretical development.

**Q: What is the central theme of Meleis's book?** A: Meleis argues that nursing theory is essential for advancing the profession, providing a framework for understanding nursing practice, research, and education.

**Q: How does Meleis define nursing theory?** A: Meleis defines nursing theory as a systematic articulation of concepts, propositions, and relationships that explain and predict nursing phenomena. Theory provides a cognitive map that guides nurses in their work, clarifies the nature of nursing, and facilitates the development of new knowledge.

**Q: What are the key components of a nursing theory?** A: According to Meleis, a valid nursing theory includes:

- **Concepts:** Basic elements that represent specific phenomena or ideas.

- Propositions: Statements that explain relationships between concepts.
- Assumptions: Underlying beliefs about the nature of the phenomena being studied.
- Scope: The range and boundaries of the theory.
- Relevance: The applicability of the theory to nursing practice and research.

**Q: How has Meleis's work influenced nursing theory development?** A: Meleis's text has inspired numerous nurses to engage in theory development. It has become a standard reference for nursing students and researchers, shaping the way they think about and use theory in their work.

**Q: What are the implications of Meleis's book for the future of nursing?** A: By emphasizing the importance of ongoing theoretical development, Meleis's book encourages nurses to embrace innovation and continue pushing the boundaries of nursing knowledge. Strong theoretical foundations are crucial for the advancement of nursing practice, education, and research, ultimately leading to improved patient care and health outcomes.

### **The Practice of Adaptive Leadership: Q&A with Author Keith Walker**

Adaptive leadership is a style of leadership that is flexible and adaptable, enabling leaders to respond effectively to changing circumstances and complex challenges. In his book, "The Practice of Adaptive Leadership," Keith Walker outlines the key principles and practices of adaptive leadership. Here are excerpts from a Q&A with Walker about his work:

**Q: What is the central idea behind adaptive leadership?**

**A:** Adaptive leadership is about leading in ways that enable organizations and individuals to navigate uncertainty and change successfully. It emphasizes the need for leaders to be flexible, collaborative, and able to learn from their experiences.

**Q: How can leaders develop the mindset necessary for adaptive leadership?**

**A:** Fostering an adaptive mindset involves cultivating humility, embracing curiosity, and seeking out perspectives that challenge one's own assumptions. Leaders must also be willing to experiment, learn from mistakes, and adjust their approaches as

needed.

**Q: What are the key practices of adaptive leadership?**

**A:** Adaptive leaders engage in practices such as listening attentively, asking probing questions, building trusting relationships, and creating safe spaces where people can voice their concerns. They also actively seek diverse perspectives, encourage innovation, and continuously monitor and evaluate progress.

**Q: How can leaders apply adaptive leadership in their daily work?**

**A:** In everyday practice, adaptive leaders pay attention to the complex dynamics of their organizations and the broader context in which they operate. They foster open communication, encourage collaboration, and empower teams to make decisions. They also create opportunities for experimentation and learning, recognizing that mistakes are inevitable in the process of adaptation.

**Q: What are the benefits of adaptive leadership?**

**A:** Organizations that embrace adaptive leadership experience increased agility, resilience, and innovation. They are better equipped to navigate change, respond to challenges, and seize opportunities. Adaptive leaders empower their teams to take ownership and contribute to the organization's success, fostering a culture of trust and accountability.

**Kaplan's SSAT/ISEE 2017: Strategies, Practice & Review with 6 Practice Tests**

**Question 1: What is the SSAT/ISEE exam?**

**Answer:** The SSAT and ISEE are standardized entrance exams for admission to private and independent schools. The SSAT is primarily used by schools that follow the traditional academic year, while the ISEE is designed for schools that operate on a trimester or semester schedule.

**Question 2: What does the exam cover?**

**Answer:** The SSAT/ISEE includes sections on Critical Reading, Mathematics, and Writing. It also features an Optional Essay component. The content and difficulty level vary depending on the grade level being tested.

### Question 3: What is included in Kaplan's SSAT/ISEE 2017?

**Answer:** Kaplan's SSAT/ISEE 2017 prep book provides comprehensive coverage of the exam material. It includes detailed strategies, practice questions, and 6 full-length practice tests. The book also includes expert advice on test-taking techniques and personalized study plans.

### Question 4: Is Kaplan a reputable test prep provider?

**Answer:** Yes, Kaplan is a highly respected test prep provider with over 75 years of experience. Kaplan's materials are known for their accuracy and effectiveness, and they have a proven track record of helping students succeed on standardized exams.

### Question 5: Why should I use Kaplan's SSAT/ISEE 2017?

**Answer:** Kaplan's SSAT/ISEE 2017 is the ultimate resource for students preparing for the entrance exam. It provides all the strategies, practice, and support students need to succeed. With Kaplan's help, students can improve their scores, increase their chances of admission, and set themselves up for success in private and independent school.

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