Abnormal psychology an integrative approach

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Integrative Approach in Psychology

The integrative approach in psychology combines perspectives from various theoretical orientations to understand psychopathology and treatment. It recognizes the strengths and limitations of individual theories and seeks to integrate them into a comprehensive framework.

Integrative Approach APA

According to the American Psychological Association (APA), the integrative approach in psychology involves:

- Considering multiple perspectives on mental health issues
- Drawing from different theories and interventions
- Tailoring treatments to individual needs
- Using evidence-based practices

Publisher of "Abnormal Psychology: An Integrative Approach"

Cengage Learning is the publisher of the textbook "Abnormal Psychology: An Integrative Approach" by Vinay Sarang.

Author of "Abnormal Psychology"

The author of the textbook "Abnormal Psychology" is Vinay Sarang.

Father of Abnormal Psychology

Wilhelm Wundt is considered the father of Abnormal Psychology as he established the first psychological laboratory in Leipzig, Germany, in 1879. He used experimental methods to study the mind and applied his findings to abnormal behavior.

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