

# Acne causes and clinical features the pharmaceutical journal

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**What are the clinical findings of acne?** Inflammatory lesions such as: Papules and pustules – superficial raised lesions (less than 5 mm in diameter). Nodules or cysts (larger than 5mm in diameter) – deeper, palpable lesions which are often painful and may be fluctuant. In very severe acne nodules may track together and form sinuses (acne conglobata).

**What is the cause of acne Pubmed?** Three pathogenic factors are closely involved in the mechanism of acne with a sequence beginning with seborrhea, then sebum retention, and finally inflammation. The sebaceous gland is a target of androgens. Acne may be related to an excessive sensitivity of sebaceous end-organs to androgens.

**What is the presentation of acne?** The severity of acne is often categorised as: mild – mostly whiteheads and blackheads, with a few papules and pustules. moderate – more widespread whiteheads and blackheads, with many papules and pustules. severe – lots of large, painful papules, pustules, nodules or cysts; you might also have some scarring.

**How to describe acne on a physical exam?** Clinically, acne can be identified by open or closed comedones, and/or by erythematous papules and pustules on the face, as well as erythema on the surrounding skin. Likewise, acneiform scarring may also occur which may or may not present with comedones.

**What is the main cause of acne?** 'Acne is caused by having dirty skin and poor hygiene' Most of the biological reactions that trigger acne occur beneath the skin, not on the surface, so the cleanliness of your skin has no effect on your acne. Washing

your face more than twice a day could just aggravate your skin.

### **What are the 3 factors associated with acne?**

**What causes acne biologically?** Doctors and researchers believe that one or more of the following can lead to the development of acne: Excess or high production of oil in the pore. Buildup of dead skin cells in the pore. Growth of bacteria in the pore.

### **What is the biggest thing that causes acne?**

**What is the most common cause of acne?** Clogged pores cause acne. Teenagers and young adults most often get acne, but it can also occur during adulthood for many people. Treatment is available to clear acne from your skin and prevent scarring.

**What is the pathology behind acne?** The pathogenesis of acne vulgaris involves the interaction of several host factors, including the stimulation of sebaceous glands by circulating androgens, dysbiosis of the pilosebaceous follicle microbiome, and cellular immune responses.

### **What are key facts about acne?**

**Is acne a disease or disorder?** Acne is a disorder of the hair follicles and oil (sebaceous) glands that become clogged. This leads to pimples and cysts. Acne is a common condition that often starts during puberty because of hormonal changes. Acne can be either superficial or deep.

**What kills acne bacteria fast?** Benzoyl peroxide. This ingredient kills bacteria that cause acne, helps remove excess oil from the skin and removes dead skin cells, which can clog pores. Benzoyl peroxide products that you can buy without a prescription are available in strengths from 2.5% to 10%.

**What is your body telling you when you have acne?** According to face mapping, acne and facial blemishes develop in specific zones because of internal issues, which may include high blood pressure, dehydration, and digestive wellbeing, or even as a complaint from another organ in the body, such as the 'angry' liver.

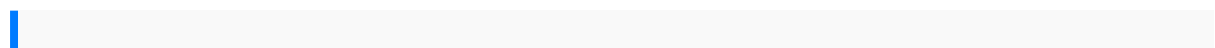
**Which are the pathophysiological factors of acne?** Acne develops from the following four factors: (1) follicular epidermal hyperproliferation with subsequent plugging of the follicle, (2) excess sebum production, (3) the presence and activity of the commensal bacteria *Cutibacterium acnes* (formerly *Propionibacterium acnes*), and (4) inflammation.

**What is the clinical term for acne?** Acne is a common skin condition where the pores of your skin clog. Pore blockages produce blackheads, whiteheads and other types of pimples. Pimples are pus-filled, sometimes painful, bumps on your skin. The medical term for acne is acne vulgaris.

**What is the clinical grading of acne?** Grade 1: Simple non-inflammatory acne - comedones and a few papules. Grade 2: Comedones, papules and a few pustules. Grade 3: Larger inflammatory papules, pustules and a few cysts; a more severe form involving the face, neck and upper portions of the trunk. Grade 4: More severe, with cysts becoming confluent.

**What are the health indicators of acne?** You may have fluctuating hormones if you have recently started or stopped taking certain types of birth control, which may cause acne. Diet: Greasy, sugary foods may cause acne. Genetics: You may have a high risk of acne if your close family members also have the skin condition.

**What are the common symptoms of acne?**



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