

# 5 approaches to conflict resolution

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### 5 Approaches to Conflict Management\*\*

1. Accommodation
2. Competition
3. Compromise
4. Avoidance
5. Collaboration

### 5 Conflict Resolutions

1. Problem-solving
2. Negotiation
3. Mediation
4. Arbitration
5. Litigation

### 5 Styles of Dealing with Conflict

1. Assertive
2. Aggressive
3. Passive
4. Passive-aggressive
5. Collaborative

### One of the 5 Ways to Resolve Conflict

- Negotiation

### 5 C's of Conflict Management

1. Communication
2. Cooperation
3. Creativity
4. Compromise
5. Commitment

## **5 Different Approaches to Conflict Resolution in Project Management**

1. Prevention
2. Avoidance
3. Confrontation
4. Collaboration
5. Negotiation

## **5 Skills for Conflict Resolution**

1. Active listening
2. Empathy
3. Assertiveness
4. Problem-solving
5. Negotiation

## **5 Stages of Conflict**

1. Latent conflict
2. Felt conflict
3. Manifest conflict
4. Conflict aftermath
5. Conflict resolution

## **Five 5 Responses to Conflict**

1. Avoidance
2. Accommodation
3. Competition
4. Compromise
5. Collaboration

## **5 5 5 Conflict Resolution**

- **5 Seconds:** Acknowledge the conflict and remain calm.
- **5 Minutes:** Take a break to gather your thoughts.
- **5 Solutions:** Generate five potential solutions.

## **5 Points of Conflict**

1. Goals
2. Interests
3. Values
4. Assumptions
5. Perspectives

## **5 A's of Conflict**

1. Acknowledge
2. Address
3. Analyze
4. Adjust
5. Act

## **Five 5 Standard Conflict Resolution Techniques**

1. Win-win negotiation
2. Power negotiation
3. Positional negotiation
4. Principled negotiation
5. Interest-based negotiation

## **3 C's for Resolving a Conflict**

1. Collaborate
2. Compromise
3. Comply

## **5 Ways to Prevent Conflict**

1. Establish clear expectations
2. Foster open communication
3. Encourage active listening
4. Build trust
5. Resolve issues proactively

### **Five 5 Styles of Conflict Resolution**

1. Avoidance
2. Accommodation
3. Competition
4. Compromise
5. Collaboration

### **5 Steps of the Conflict Resolution Model**

1. Identify the conflict
2. Define the problem
3. Generate solutions
4. Evaluate and select solutions
5. Implement and monitor solutions

### **5 Conflict Model**

1. Escalation
2. Displacement
3. Projection
4. Introjection
5. Reaction formation

### **Five Approaches to Managing Conflict**

1. Win-win negotiation
  2. Interest-based negotiation
  3. Principled negotiation
  4. Power negotiation
  5. Positional negotiation
-

## **Five 5 Types of Conflict and Explain Each**

1. **Intrapersonal:** Internal conflict within an individual.
2. **Interpersonal:** Conflict between two or more individuals.
3. **Intragroup:** Conflict within a group or team.
4. **Intergroup:** Conflict between two or more groups.
5. **Organizational:** Conflict within an organization.

## **Five Ways of Managing Interpersonal Conflict**

1. Problem-solving
2. Negotiation
3. Mediation
4. Arbitration
5. Avoidance

## **5 Parts of Conflict**

1. Participants
2. Issue
3. Process
4. Context
5. Outcome

## **4 R's of Conflict Resolution**

1. Recognize
2. Respond
3. Resolve
4. Reconcile

## **5 6 Steps in the Conflict Resolution Process**

1. Establish a common goal
2. Identify the conflict
3. Brainstorm solutions
4. Evaluate and select a solution

5. Implement the solution
6. Monitor and evaluate the solution

### **5 D's of Conflict**

1. Disagree
2. Discuss
3. Decide
4. Do
5. Document

### **Five Basic Ways to Handle Conflict**

1. Avoid
2. Yield
3. Compete
4. Compromise
5. Collaborate

### **5 Roots of Conflict**

1. Scarcity of resources
2. Incompatible goals
3. Differences in values
4. Misunderstandings
5. Ego

### **5 Approaches to Conflict Discussed in the Project Human Resources Management Lesson**

1. Problem-solving
2. Negotiation
3. Mediation
4. Arbitration
5. Litigation

### **Five-Five Responses to Conflict**

1. Avoidance
2. Accommodation
3. Competition
4. Compromise
5. Collaboration

## **5 Conflict Processes**

1. Communication
2. Perception
3. Emotion
4. Behavior
5. Outcomes

## **5 Conflict Model**

1. Escalation
2. Displacement
3. Projection
4. Introjection
5. Reaction formation

## **5 5 5 Method of Conflict**

- **5 Seconds:** Acknowledge the conflict and remain calm.
- **5 Minutes:** Take a break to gather your thoughts.
- **5 Solutions:** Generate five potential solutions.

## **Five Conflict Resolution Strategies Discussed in the Lesson**

1. Win-win negotiation
2. Principled negotiation
3. Power negotiation
4. Interest-based negotiation
5. Avoidance

## **5 Major Steps of HR to Solve When a Team Has Internal Conflicts**

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1. Identify the conflict
2. Understand the perspectives
3. Facilitate communication
4. Develop a plan
5. Implement and evaluate the plan

### **Five 5 Styles of Conflict Resolution**

1. Avoidance
2. Accommodation
3. Competition
4. Compromise
5. Collaboration

### **5 Approaches to Handling Conflict**

1. Problem-solving
2. Negotiation
3. Mediation
4. Arbitration
5. Avoidance

### **5 Skills for Conflict Resolution**

1. Active listening
2. Empathy
3. Assertiveness
4. Problem-solving
5. Negotiation

### **5 Steps to Conflict Resolution**

1. Identify and define the conflict
2. Explore and understand perspectives
3. Generate and evaluate solutions
4. Negotiate and implement a solution
5. Monitor and evaluate the outcome



## 5 Points of Conflict

1. Goals
2. Interests
3. Values
4. Assumptions
5. Perspectives

## Five 5 Types of Conflict and Explain Each

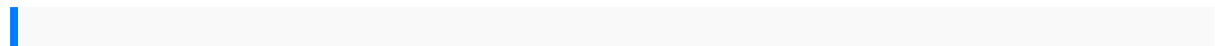
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## Five 5 Responses to Conflict

1. Avoidance
2. Accommodation
3. Competition
4. Compromise
5. Collaboration

## 5 Stage Process of Conflict

1. Recognition
2. Definition
3. Escalation
4. De-escalation
5. Resolution



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