

# PLACENTA THE GIFT OF LIFE THE ROLE OF THE PLACENTA IN DIFFERENT CULTURES AND

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**What do different cultures do with the placenta?** The Ibo of Nigeria and Ghana treat the placenta as the dead twin of the live child and give it full burial rites. Filipina mothers are known to bury the placenta with books, in hopes of a smart child. Other cultures place a symbol of their people with the placenta when burying it, as a kind of heritage insurance.

**What was the role of the placenta?** The placenta passes oxygen, nutrients and antibodies from your blood to your baby. It also carries waste products from your baby back to your blood, so your body can get rid of them. The placenta also produces some hormones like oestrogen and progesterone that are needed during pregnancy.

**What is the cultural significance of eating placenta?** Cultural and spiritual beliefs Beliefs behind the practices of consuming the placenta, whether in part or in whole, commonly reflect acknowledgment for the vast work of this organ for the baby in utero, serving as its 'protector' and providing critical vital functions for the baby before birth.

**What is the role of the placenta and umbilical cord and how substances are transferred from mother to foetus?** The placenta helps to keep your baby alive and healthy during pregnancy. Your blood passes through the placenta and provides oxygen, glucose and nutrients to your baby through the umbilical cord. The placenta can also filter out harmful waste and carbon dioxide from your baby's blood.

**What is the spiritual practice of the placenta?** Ancient Egyptians, as well as some other cultures, believed that the placenta is the child's secret helper or guardian angel<sup>2</sup>. In Cambodia, the placenta is considered to be the origin of the baby's soul, and therefore the burial place is surrounded with spiked plants to protect the baby's soul from evil spirits<sup>3</sup>.

**How do I cook my placenta?** After delivery, a common way to prepare the placenta for eating is to put it inside a capsule. A capsule is like a pill. This is done by steaming and dehydrating the placenta or by processing the raw placenta.

**Why are placentas so valuable?** What is Donated Birth Tissue and Placenta Used For? Donated birth tissue and placenta is provided to companies that use the tissue to create wound care products to treat burns, ocular surface diseases, diabetic ulcers, repair soft tissue, reduce post-operative scarring, and other types of wound repairs.

**What can I do with my placenta?** However, nowadays some parents are keeping the placenta after birth for a variety of reasons. Some believe that eating the placenta offers a range of health benefits, while others want it for a variety of other meaningful uses, such as planting it with a tree or incorporating it into jewelry.

**What are the 7 functions of the placenta?**

**Why is the placenta sacred?** The placenta is a key site of spiritual meaning for some birthing women, embodying the link between woman, child, and transformation of pregnancy and birth. The bulk of our current knowledge of the placenta remains discursively in our technological birthing culture.

**What do indigenous people do with placenta?** The placenta, membranes and blood have significant spiritual meaning to the woman, baby, and land by creating a spiritual link [9]. Traditionally, First Nations Elders assisted in the birth of the placenta, which was then buried on Country following the birth.

**Are there benefits to eating placenta?** Anecdotally, women have reported a number of benefits from eating placenta, and researchers are studying these associations. But so far, the benefits of eating placenta haven't been scientifically proven. Possible postpartum benefits include: Increased energy, which is beneficial

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in combating postpartum fatigue.

**What is the placenta and umbilical cord explain their roles?** The placenta is an organ that forms in the womb, also called the uterus, during pregnancy. The placenta is connected to a developing baby by a tubelike structure called the umbilical cord. Through the umbilical cord, the placenta provides oxygen and nutrients to a developing baby.

**What are some facts about the placenta?** The final placenta is very porous, almost like a sponge. Maternal blood runs through the placenta to provide oxygen and nutrients to the baby. The placenta makes little tree-like branches that wave in the mother's blood as it flows by.

**Whose DNA is in the placenta?** The mother's side of the placenta has only her genes. But in the embryo's side Cornell scientists discovered most genes are paternally imprinted. "This discovery explains what breeders call the paternal grandsire effect," said Dr.

**What are the powers of the placenta?** The placenta also protects the fetus from immune attack by the mother, removes waste products from the fetus, induces the mother to bring more blood to the placenta, and near the time of delivery, produces hormones that matures the fetal organs in preparation for life outside of the uterus.

**What did ancient humans do with placenta?** It's possible, then, that early humans had, at some point, an animalistic impulse to devour the placenta—fresh and raw—just after giving birth.

**What does the placenta symbolize?** In some cultures, burying the placenta connects the baby to land and heritage. Among the Navajo and many Hawaiians, the placenta is placed in the ground to connect the child to his or her homeland and ancestors.

**What does placenta do to your skin?** Skin Brightening: Placenta extract is sometimes used in skin-brightening products. It may help to reduce the appearance of dark spots or uneven skin tone, resulting in a more even and radiant skin tone. Nutrition: Placental extracts can nourish the skin by containing a variety of vitamins, minerals, and nutrients.

**What do people do with their placenta?** Some families wish to take the baby's placenta home to bury it. Others would like to take the placenta home for consumption. In most cases it is fine to take your placenta home for burial or consumption as long as you follow the basic health and safety precautions that are explained below.

**Is eating placenta biblical?** So while scripture does not specifically forbid eating one's placenta, it is mentioned in the context of being cursed rather than blessed.

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**What did Egyptians do with the placenta?** For example, the ancient Egyptians believed that the placenta contains part of the child's soul, which will only emerge if treated well. The Royal Placenta used to be carried in ceremonial procession as a standard before the Pharaoh. Each Pharaoh had an official "Opener of the King's Placenta".

**What do Mexicans do with the placenta?** According to Latino custom, the placenta is buried to prevent animals from eating it and to decrease the mother's pain. If an animal eats the placenta, it's believed that the mother will not be able to bear any more children. Placentas aren't thrown into the trash.

**What do Africans do with placenta after birth?** After the expulsion of the placenta along with its membranes, the female is given a choice to take the placenta for rituals and cultural practices (Aziato & Omenyo 2018). Most females, in respect of their traditional beliefs, take the placenta home and bury it in their yard.

## **Zbirka Psiholoških Skala i Upitnika 1: Najčešća Pitanja i Odgovori**

### **1. Šta je Zbirka psiholoških skala i upitnika 1 (ZPSU 1)?**

ZPSU 1 je zbirka standardizovanih psiholoških instrumenata koja se koristi za procenu širokog spektra psiholoških osobina, uključujući ličnost, motivaciju, kognitivne sposobnosti i psihopatologiju. Skale i upitnici u ZPSU 1 su razvijeni i

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validirani od strane stručnih psihologa i koriste se u različitim istraživačkim i kliničkim postavkama.

## 2. Koje su prednosti korišćenja ZPSU 1?

ZPSU 1 pruža brojne prednosti, uključujući:

- **Standardizacija:** Skale i upitnici su standardizovani, što omogućava poređenje rezultata između pojedinaca i grupa.
- **Validnost:** Instrumenti su temeljno istraženi i pokazali su se validnima za merenje različitih psiholoških konstrukata.
- **Pouzdanost:** Skale i upitnici su pouzdani, što znači da konsekventno mere iste konstrukcije tokom vremena.
- **Širok raspon:** ZPSU 1 sadrži širok raspon instrumenata koji pokrivaju širok raspon psihologije.

## 3. Ko su korisnici ZPSU 1?

ZPSU 1 koriste različiti stručnjaci, uključujući:

- Psiholozi
- Psihijatri
- Istraživači
- Klinički savetnici
- Pedagozi

## 4. Odakle mogu da dobijem ZPSU 1?

ZPSU 1 se može naručiti od različitih izdavača, uključujući:

- Psychological Assessment Resources, Inc. (PAR)
- Hogrefe Publishing
- Swets and Zeitlinger Publishers

## 5. Da li je potrebna posebna obuka za korišćenje ZPSU 1?

Da bi se osigurala ispravna upotreba i interpretacija ZPSU 1, preporučuje se da korisnici imaju odgovarajuću obuku u psihometrijskim principima i postupcima. Mnogi izdavači nude obuku i sertifikaciju za korišćenje svojih instrumenata.

## **Service Design: From Insight to Implementation with Andy Polaine**

Andy Polaine, a renowned thought leader in service design, has developed a comprehensive framework for creating compelling and effective services. His approach emphasizes the importance of understanding customer insights and translating them into tangible solutions.

### **Understanding Customer Insights**

Polaine stresses the need to delve deeply into customer experiences to identify their needs, motivations, and pain points. This involves using a variety of research methods, such as interviews, observations, and surveys. The goal is to gain a holistic understanding of the customer journey and pinpoint areas where improvements can be made.

### **Co-Creating with Customers**

Polaine advocates for actively involving customers in the service design process. By working collaboratively with them, designers can ensure that new services meet their actual needs and expectations. Co-creation workshops, prototyping, and user testing are essential tools for gathering feedback and refining designs.

### **Creating Tangible Solutions**

Once customer insights have been gathered, designers need to translate them into tangible solutions. This requires using visual tools, such as service blueprints and customer journey maps, to illustrate the flow of services and identify pain points. By prototype and testing these solutions, designers can refine their ideas and optimize the user experience.

### **Measuring Impact and Iterating**

Polaine emphasizes the importance of measuring the impact of service designs and continuously iterating on them. By collecting data on customer satisfaction, usage

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patterns, and business outcomes, designers can assess the effectiveness of their solutions and make adjustments as needed. This iterative approach ensures that services remain relevant and aligned with customer needs.

## **5 Questions to Ask Andy Polaine**

1. How can service design help improve customer experiences?
2. What are the key steps involved in service design from insight to implementation?
3. How do you balance customer insights with business objectives when designing services?
4. What is the role of co-creation in service design?
5. How do you measure the impact of service designs and ensure continuous improvement?

## **The Crystal Cave: Embark on the Enchanting Journey of the Arthurian Saga**

"The Crystal Cave," the first captivating installment in Mary Stewart's renowned Arthurian Saga, transports readers to a realm of myth, magic, and adventure. This masterpiece explores the enigmatic origins of Merlin, the legendary wizard who shaped the destiny of King Arthur and his knights.

### **1. What is the Crystal Cave?**

The enigmatic Crystal Cave is a mystical sanctuary in the heart of ancient Britain. It is said to possess otherworldly powers and is believed to be the birthplace of Merlin. As a young boy, Merlin is drawn to the cave's radiant glow, sensing its ancient secrets.

### **2. Who is Merlin?**

Merlin is a complex and enigmatic character who emerges as a pivotal figure in the Arthurian legend. He is a gifted young boy with extraordinary abilities, including the power to communicate with animals and wield magic. Merlin's destiny becomes entwined with the fate of Britain and its future king.

### **3. What is Merlin's Role in the Arthurian Saga?**

Merlin plays a pivotal role in the rise of Arthur and the establishment of the Round Table. He guides and mentors Arthur, shaping his character and preparing him for his destiny. Merlin's wisdom and foresight prove invaluable in the face of adversity and the challenges Arthur encounters.

#### **4. What is the Significance of the Arthur-Merlin Relationship?**

The bond between Arthur and Merlin is central to the Arthurian legend. Merlin recognizes Arthur as the true heir to the British throne and plays a key role in his coronation. Together, they navigate the treacherous waters of power, loyalty, and destiny.

#### **5. What Themes Emerge in "The Crystal Cave"?**

"The Crystal Cave" explores themes of destiny, magic, and the enduring power of legends. It delves into the nature of good and evil, the consequences of our choices, and the transformative power of belief. Through Merlin's journey, readers gain insights into the human condition and the timeless appeal of the Arthurian mythos.

[zbirka psihologijskih skala i upitnika 1, service design from insight to implementation andy polaine, the crystal cave the arthurian saga book 1](#)

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