

# BRONZE MEDALLION WORKBOOK

## ANSWERS

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**What is the Bronze Medallion test Australia?** The Bronze Medallion develops knowledge, judgement and skills in rescue, personal survival and emergency care and is awarded in recognition of the ability to perform aquatic rescues in a safe and efficient manner. The Bronze Medallion will test the candidate's knowledge, fitness, skills and judgement.

**What is the sixth step in the rescuers checklist?** 6- Swim: If there is no watercraft you can use, swim to the victim and provide them with a buoyant aid.

**What does help stand for in life saving?** With your life jacket on, get into the HELP position, which stands for Heat Escape Lessening Posture. In this position you cross your arms across your chest and pull your knees up to your chest, as if hugging yourself. O. If you are with other people, you can lessen heat escape if you huddle together.

**What is the ladder approach in lifesaving society?** The ladder approach Talk - Try to talk the victim to safety- see if they can help themselves. Throw - Throw an aid to the victim. Reach - Reach with an aid to try to help the victim. Wade - Wade into the water and provide aid to the victim. Row - Row out to the victim and help them into your boat/provide them with an ...

**How hard is Bronze Medallion?** Bronze courses are physically demanding and if you haven't been swimming for a year or two, you will be challenged by the distance and fitness swims. Bronze Medallion candidates must complete a 500m swim in 15 minutes. Bronze Cross candidates must complete a 600m swim in 18 minutes.

**What is the success rate of the Bronze Medallion?** Bronze Medallion: 75%  
Bronze Cross: 75% National Lifeguard (all options): 90% Lifesaving Instructor: 90%

**How do you qualify for the bronze medallion in WA?**

**What are the 4 components of water rescue?** Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water.

**What is the first priority in a rescue?** While it may seem counterintuitive, your own personal safety should always be the number 1 priority in any rescue situation. Self-preservation is paramount! People in difficulty in the water are likely to be in a state of panic, fearing for their lives, and this makes the situation highly dangerous.

**How do you qualify for the bronze medallion in Qld?** Be at least 15 years of age on the final assessment date; Complete an unaided swim of 400 m in 9 minutes or less (goggles and masks permitted) in a swimming pool of not less than 25 m, or over a measured open water course which will be observed prior to you undertaking any water training or assessment activities.

**When should CPR be continued until?** Give two breaths after every 30 chest compressions. If two people are doing CPR, give 1 to 2 breaths after every 15 chest compressions. Continue CPR until you see signs of life or until medical help arrives.

**How to do a compact jump?** Compact Jump - Arms across the body, one hand over mouth and nose, legs together, vertical entry. Accidental Fall - Chin tucked onto chest, both hands holding top of head, forearms protecting the face, knees bent towards chest.

**What are the ABCs of lifesaving?** Regarding the ABCs of CPR, A stands for airway, B is for breathing, and C is for circulation. The ABCs tell the order in which you should perform the CPR life-saving techniques, although some experts are advocates for a CAB sequence. Regardless of the order, it's imperative to understand what the steps require.

**What is wade in lifesaving?** Wade. When an attempt to reach and throw have been unsuccessful, the rescuer can then attempt to wade out to the person in danger to enable a reach or throw rescue. This should only be performed if the depth, current and temperature of the water permits a safe entry.

**What is the reverse and ready position?** Reverse-and-ready is a defensive position used by rescuers to position themselves where they can speak to a victim to calm them down, pass them a rescue aid and be ready to get away, if the scenario becomes unsafe. In any rescue scenario, it is your safety as rescuer that is most important.

**What comes before the Bronze Medallion?** The Society recommends that candidates take the Bronze Star course before taking the Bronze Medallion.

**What is the hardest bronze?** W-AINi (EN 1982 – CC333G) An extremely hard and resistant bronze due to its composition with aluminium, iron and nickel. Higher tensile strength than other bronzes.

**What is the drowning chain of survival?** The steps of the chain are: Prevent drowning, Recognise distress, Provide flotation, Remove from water, and Provide care as needed. The International Lifesaving Federation recommends that the Drowning Chain of Survival be used for general guidance to all involved in preventing or taking action in a drowning incident.

**What to do after getting a Bronze Medallion?** Bronze Medallion is the first required certification in the lifesaving process where candidates gain an understanding of lifesaving principles and are introduced to water rescue education. Candidates who are successful then move onto the Bronze Cross level to learn further advanced training in deep water.

**Is Bronze Star higher than Bronze Medallion?** Candidates refine their stroke mechanics, acquire self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Prerequisite: None (Swim Patrol experience recommended.)

**Is bronze 2nd or 3rd?** For the Olympics, gold medals are awarded to the first place, silver to the second, and bronze to the third.

**What is the difference between bronze cross and medallion?** Bronze Medallion is the first required certification in the lifesaving process where candidates gain an understanding of lifesaving principles and are introduced to water rescue education. Candidates who are successful then move onto the Bronze Cross level to learn further advanced training in deep water.

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**How do you qualify for the Bronze Medallion in WA?**

**What's the best way to learn Chinese characters?**

**How many characters a Chinese know?** How many characters are there? Altogether there are over 50,000 characters, though a comprehensive modern dictionary will rarely list over 20,000 in use. An educated Chinese person will know about 8,000 characters, but you will only need about 2-3,000 to be able to read a newspaper.

**What is the most used Chinese character?** 一, 二 and 三 are the three most frequently used characters across the regions and time periods of the corpora. 一 is number one in all the frequency lists.

**Should I learn the Chinese alphabet first?** The short answer is that it makes sense to focus on the spoken language first, thus delaying learning characters.

Learning characters becomes easier the more Chinese you know, but learning the sounds of the spoken language becomes harder the longer you wait.

**What is the fastest way to memorize Chinese characters?**

**Which Chinese characters should I learn first?**

**How many Chinese characters do you need to know to be considered fluent?**

For effective everyday communication, a foundation of around 2,000 commonly used characters is often considered sufficient. In the HSK system, HSK 5 requires knowledge of 1,709 Chinese characters, and HSK 6 comprises more than 2,600 characters.

**How many words do you need to know to be fluent in Chinese?** 2500 words are about the minimum amount it takes to be “fluent” in Chinese. This is not as many Mandarin words as a native speaker knows, but it's enough to describe whatever it is you are trying to say.

**What are the three types of Chinese language?** Jerry Norman classified the traditional seven dialect groups into three zones: Northern (Mandarin), Central (Wu, Gan, and Xiang) and Southern (Hakka, Yue, and Min).

**What is the hardest Chinese character to type?** The most complex character, biáng (above), is made up of 57 strokes. This character occurs in the written form of biángbiáng miàn, or biangbiang noodles, a dish of wide, flat noodles popular in the Chinese province of Shaanxi.

**What is the easiest Chinese character?**

**What is the most common word in Mandarin?** For example, the most well-known word in Chinese is probably 你好, or nǐ hǎo in pinyin. This literally translates to “you good”. Or in this case, “hello”!

**What is the easiest Chinese to learn?** Mandarin is considered somewhat easier to learn since it has fewer tones, and is also the most widely spoken. But both have their benefits and are widely-spoken global languages.

**What should I learn first when learning Chinese?** Start with Pinyin Unlike many Western languages, Mandarin doesn't use an alphabet. Instead, thousands of elegant characters are used, and learning them all can take a lot of practice. Enter: the pinyin system!

**How to learn Chinese fast?** Speaking and writing in Chinese can help you understand the language and enhance your fluency. Listening to Chinese music and songs on the radio is another excellent technique to learn Chinese fast. For example, you can listen to Chinese radio stations and sing along with the words and phrases.

**What is the most effective way to learn Chinese characters?**

**What is the hardest language to learn?** 1. Mandarin Chinese. Interestingly, the hardest language to learn is also the most widely spoken native language in the world.

**Why is it so hard to learn Chinese characters?** One of the main reasons why learning Chinese is more difficult than learning English is the complexity of Chinese characters. Unlike the English language, which uses the 26 letters of the alphabet, Chinese has tens of thousands of characters that need to be learned in order to read and write effectively.

**What is the easiest way to memorize Chinese characters?**

**Should I learn traditional or simplified Chinese first?** For students, learning Simplified Chinese is the best way to learn to read Chinese quickly and develop a solid level for the purpose of studies and internships. You should learn Simplified Chinese if you: Plan to live or study in the Chinese mainland, Singapore, or Malaysia.

**Should you learn Pinyin or hanzi first?** Because as I explained above, Chinese characters don't systematically show you how to pronounce a word. It is very difficult to use a character to figure out how a word is pronounced. So, beginners start with Pinyin so that they can learn how to pronounce everything. THEN they learn the characters.

**How do Chinese people learn all the characters?** Chinese character literacy in both China and Japan is taught by rote memorization, where schoolchildren become proficient at writing characters by writing them by hand repeatedly.

**Are Chinese characters hard to learn?** Learning to recognize, read, and write Chinese characters can be one of the hardest aspects of this language. The Chinese writing system is made up of characters and symbols.

**What is the best form of Chinese to learn?** We would recommend you to start learning Mandarin first since it's said to be easier to learn and then build up to Cantonese.

**How long does it take to learn 300 Chinese characters?** Lower Intermediate Level (HSK 3) – 6 to 9 Months So you'll be learning 300 new characters after you've achieved HSK 1 and 2. Learning 3-4 new characters from the HSK 3 level will let you learn all 300 new words in about three months.

## **Strategi Komunikasi Politik Partai Politik pada Pemilihan**

### **1. Apa tujuan utama strategi komunikasi politik partai politik?**

Tujuan utama strategi komunikasi politik adalah untuk memengaruhi opini dan perilaku pemilih. Partai politik berusaha mengkomunikasikan pesan mereka secara jelas dan meyakinkan untuk membangun dukungan, memotivasi partisipasi pemilih, dan memenangkan suara.

### **2. Apa saja jenis-jenis strategi komunikasi politik?**

Strategi komunikasi politik meliputi berbagai jenis, antara lain:

- **Komunikasi massa:** Iklan TV, radio, dan cetak
- **Komunikasi media sosial:** Konten di platform media sosial seperti Facebook dan Twitter
- **Komunikasi interpersonal:** Kampanye langsung, pertemuan, dan rapat umum
- **Komunikasi berbasis data:** Menggunakan data pemilih untuk menargetkan pesan yang dipersonalisasi

### 3. Apa saja faktor-faktor yang memengaruhi strategi komunikasi politik?

Strategi komunikasi politik dipengaruhi oleh sejumlah faktor, termasuk:

- Ideologi dan platform partai
- Demografi pemilih
- Lanskap media
- Sumber daya yang tersedia
- Regulasi dan hukum pemilu

### 4. Bagaimana strategi komunikasi politik dievaluasi?

Strategi komunikasi politik dievaluasi berdasarkan efektivitasnya dalam mencapai tujuan yang diinginkan, seperti peningkatan dukungan partai, partisipasi pemilih, dan kemenangan pemilu. Metrik seperti peringkat dukungan, pangsa suara, dan hasil jajak pendapat digunakan untuk mengukur dampak strategi.

### 5. Apa saja tren terbaru dalam strategi komunikasi politik?

Tren baru-baru ini dalam strategi komunikasi politik meliputi:

- **Personalisasi:** Menyesuaikan pesan untuk pemilih individu berdasarkan preferensi dan perilaku mereka.
- **Integrasi multi-saluran:** Menggunakan kombinasi saluran komunikasi berbeda untuk menjangkau pemilih.
- **Pemanfaatan data:** Menggunakan data pemilih dan analitik untuk menginformasikan pengambilan keputusan.
- **Penggunaan teknologi:** Menggunakan teknologi baru seperti kecerdasan buatan dan pembelajaran mesin untuk meningkatkan efektivitas kampanye.

**What movie made Ron Perlman famous?** It was not until much later he received worldwide fame when his good friend Guillermo del Toro helped him land the title role in the big-budget comic book movie Hellboy (2004).

**How many Del Toro movies has Ron Perlman been in?** As a frequent collaborator of Hellboy director Guillermo del Toro, he has had roles in the del Toro



films Cronos (1993), Blade II (2002), Pacific Rim (2013), Nightmare Alley (2021), and Pinocchio (2022).

**How did Ron Perlman get famous?** There, Perlman began gaining acting experience working with a small theater called CSC Repertory before his first big break eventually came in 1979 when he made his Broadway debut as Beadle Treitel in "Teibele and Her Demon." Perlman broke into on-screen work that same year, appearing in a two-episode arc on the soap ...

**What languages can Ron Perlman speak?**

**Who did Ron Perlman play in The Hobbit?** Several actors were considered by del Toro for roles in the film. He wrote the part of Beorn specifically for American actor Ron Perlman. del Toro had originally considered asking Perlman to voice the dragon Smaug, but decided against this.

**What is Ron Perlman's net worth?** Previously worth \$19.8 billion in 2018, Perelman is, as of November 2022, worth \$1.9 billion. Greensboro, North Carolina, U.S.

**How did Ron Perlman make his money?** The story of Perelman's rise to the top of the corporate world parallels the extraordinary economic expansion of the 1980s. He built his fortune by buying and building companies, unlike corporate raiders who merely bought and sold companies during that period.

**How old was Ron Perlman when he played Hellboy?** But the morally ambiguous Toby is past his prime — and Perlman jokes that he's long past his, too. "I was 54 years old when we did 'Hellboy,' and I was a little too old to do it," he told Business Insider of the Guillermo del Toro film.

**Is Ron Perlman sober?** Perlman, 54, said he is no longer abusing drugs, has been in recovery for nearly four years and is “committed to keeping myself sober for the rest of my life.”

**Does Ron Perlman remember voicing the Lich?**

**How tall is the actor who played Hellboy?** He stands at 6 feet and 1 inch (185cm) tall. This height, combined with his distinctive deep voice and rugged features, has

often led to him being cast in larger-than-life roles, such as the title character in the Hellboy films and his role as Clay Morrow in the television show "Sons of Anarchy".

**Does Ron Perlman have acromegaly?** The prevalence of acromegaly around the globe is rare, with only three or four cases out of every one million people reported every year. Celebrities who suffer from the disorder include professional wrestler (the late) Andre The Giant and actors (the late) Richard Kiel and Ron Perlman.

**Did Ron Perlman learn French?** Does not speak French and was the only American on set of the French film The City of Lost Children (1995). Regardless, he learned most of his lines and delivered them flawlessly. With the creation of Hellboy II: The Golden Army (2008), at age 58, he became the oldest actor ever to play a main superhero.

**Can Will Ferrell speak fluent Spanish?** And he learned Spanish He sure did. Prior to the shoot, Ferrell spoke the language at a rudimentary, high-school level — which just wouldn't have worked. "If the joke was just me speaking bad Spanish, then I think you cross over a line that's not acceptable," Ferrell says.

**Was Ron Perlman in Marvel?** No. As of right now Ron Pearlman has not appeared in any MCU properties (film or tv). To the best of my knowledge the only live action comic book character he has played is Hellboy though he has done a lot of voice acting for both Marvel and DC cartoons over the years.

**Was Ron Perlman in The Outsiders?** "Beauty and the Beast" The Outsiders (TV Episode 1989) - Ron Perlman as Vincent - IMDb.

**Are Ron Perlman and Rhea Perlman related?** No relation to Ron Perlman. Was Mike Myers' first choice for the role of Frau Farbissina in the Austin Powers film series, but she had just finished filming two back to back movies the previous year and turned down the role to take a small break from working.

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