

# LAHORE MEDICAL DENTAL COLLEGE LMDC PAKISTAN

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**Is LMDC a good university?** Pursuing Academic Excellence LMDC is known for its dynamic academic programs, curriculum, facilities, and faculty. It is also one of the most renowned dental colleges in Lahore.

**What is the ranking of LMDC University in the world?**

**Is LMDC public or private?** At Lahore Medical and Dental College, the first private medical college in Lahore, we strive for educational excellence, innovation in medicine, and train the future doctors of tomorrow.

**Is IMDC private or government?**

**How much money is required for BDS in Pakistan?**

**What is fee structure of LMDC?**

**What are the top dental schools in the world?**

**What is the number 1 medical school in the world?** At number one, Harvard Medical School is considered by many as the best in the world. This university is renowned for its distinguished faculty and premium teaching hospitals, including Massachusetts General and Boston Children's Hospital.

**Which university is ranked number 1 in the world?** 1. Harvard University. Cambridge, Massachusetts, U.S. Harvard University is the standard by which all other research universities are measured.

## **Which university offers dentistry in Pakistan?**

**Does LMDC offer scholarships?** Please visit our website (<https://lmdc.edu.pk/admissions/>) for fee structure of MBBS and BDS Session 2023-2024. Is there any financial assistance available for the students? There is no policy of merit based scholarship in college.

## **Which is the oldest dental college in Pakistan?**

## **What is the fee of Islamabad Medical and Dental College?**

**Who is the owner of Islamabad Medical and Dental College?** Yasir Niazi - Owner, Managing Director - Islamabad Medical and Dental College | LinkedIn.

**Who is the owner of Jinnah Medical and Dental College?** Dr Syed Tariq Sohail established the S M Sohail Trust in 1996, which owns Jinnah Medical and Dental College and the attached teaching hospitals, Jinnah Medical College Hospital, Medicare Dental Hospital, Medicare Heart Hospital.

## **Today Matters: Embracing the Present with John Maxwell**

John C. Maxwell is a world-renowned leadership authority who has inspired countless individuals with his insightful teachings. His book, "Today Matters," delves into the importance of living each day to the fullest. In this article, we explore key questions and answers from Maxwell's book, revealing the power of embracing the present.

### **1. Why is today so important?**

Maxwell emphasizes that today is the only day we have complete control over. While we cannot change the past or predict the future, we can shape our present and create a meaningful life. By focusing on what we can do right now, we empower ourselves to make a positive impact.

### **2. How can we make today count?**

Maxwell encourages us to set clear goals, prioritize our tasks, and take action. When we have a purpose and direction, we stay motivated and energized. By breaking

down our goals into smaller, manageable steps, we make them less daunting and more achievable.

### **3. What are the benefits of living in the present?**

Embracing the present allows us to reduce stress, increase our sense of well-being, and appreciate the simple joys of life. When we focus on the past or worry about the future, we miss out on the present moment. By staying grounded in the present, we can cultivate gratitude, contentment, and fulfillment.

### **4. How do we overcome distractions and stay focused on today?**

Maxwell acknowledges that distractions are inevitable, but it's essential to manage them effectively. We can create a distraction-free environment, set aside specific times for focused work, and delegate tasks to free up our time. By prioritizing what truly matters, we can minimize distractions and make the most of our present.

### **5. What advice does Maxwell give for those struggling to embrace the present?**

Maxwell encourages us to start small. Begin by setting a daily intention to focus on the present moment. Practice mindfulness techniques such as deep breathing or meditation. By gradually incorporating these practices into our routine, we can develop a habit of living fully in the present.

As John C. Maxwell reminds us, "Today is the most important day of your life." By embracing the present, setting clear goals, and managing distractions, we can unlock the power to create a meaningful and fulfilling life, one day at a time.

### **The MedEdits Guide to Medical School Admissions: Essential Tips for Applicants**

The newly released 2016 edition of "The MedEdits Guide to Medical School Admissions" by Dr. Jessica Freedman is an invaluable resource for aspiring medical students and their parents. The guide offers practical and up-to-date information to navigate the complex admissions process.

**Q: What is the most important aspect of the medical school application?** A: As Dr. Freedman emphasizes, the personal statement is crucial. It showcases your

motivation, values, and experiences that make you unique. Craft a well-written and compelling statement that demonstrates your passion for medicine.

**Q: How should I prepare for the MCAT?** A: The MCAT is a challenging exam that requires significant preparation. Dr. Freedman recommends starting early and using comprehensive study materials. Practice taking full-length exams to simulate the actual test experience.

**Q: What are the key factors in selecting medical schools to apply to?** A: Consider your academic performance, research experience, and career goals. Research different schools' curricula, faculty, and student life. Visit campuses and attend admissions events to get a firsthand impression.

**Q: How can I increase my chances of getting into a residency program?** A: Start building relationships with mentors early on and participate in research or clinical experiences. Electives and rotations in your desired specialty will also enhance your competitiveness.

**Q: What role do parents play in the admissions process?** A: Parents can provide support, encouragement, and guidance throughout the journey. They can help with logistics, offer a fresh perspective on your application, and celebrate your successes. However, it's essential for applicants to take ownership of their applications and make informed decisions.

### **The Scarface Armitage Trail: A Hidden Gem in the Forest**

Nestled within the verdant embrace of the Angeles National Forest, the Scarface Armitage Trail offers a secluded and adventurous trek for hikers of all levels. Here are some frequently asked questions about this enigmatic path:

#### **1. Where is the Scarface Armitage Trail located?**

The Scarface Armitage Trail is situated in the San Gabriel Mountains, approximately 30 miles northeast of downtown Los Angeles. It can be accessed from the Crystal Lake Recreation Area, off Highway 39 near Azusa.

#### **2. How long and difficult is the trail?**

The Scarface Armitage Trail is a loop trail that covers a distance of approximately 3.5 miles. It is rated as moderate in difficulty, with an elevation gain of around 600 feet. The trail features a variety of terrain, including steep climbs, rocky sections, and picturesque meadows.

### **3. What are the highlights of the trail?**

The Scarface Armitage Trail offers stunning views of the San Gabriel Mountains, including Mount Baldy and the Icehouse Canyon. Along the way, hikers can explore the historic ruins of the Scarface Fire Lookout, which was constructed in the 1930s. The trail also passes by numerous seasonal waterfalls and lush vegetation.

### **4. Is the trail suitable for children and pets?**

While the trail is generally accessible to hikers of all ages, it may be challenging for young children due to its steep sections. The trail is also not recommended for pets, as there are areas with loose rocks and potential hazards.

### **5. What amenities and facilities are available?**

The Crystal Lake Recreation Area offers restrooms, picnic areas, and a small store. There is no water available on the trail, so hikers are advised to bring their own supply. Additionally, the trail is subject to seasonal closures during inclement weather or fire danger.

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