CHAPTER 12 THE LYMPHATIC SYSTEM AND BODY DEFENSES ANSWER KEY

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What is the lymphatic system and body defenses? The lymphatic system is part of the immune system. It keeps body fluid levels in balance and defends the body against infections. Lymphatic (lim-FAT-ik) vessels, tissues, organs, and glands work together to drain a watery fluid called lymph from throughout the body.

What structure assure the one-way flow of lymph through the node? To ensure that lymph does not flow backward, collecting lymphatic vessels and larger lymphatic vessels have one-way valves.

What is the special role of the tonsils and the spleen? The tonsils, located in the back of the throat, filter and destroy bacteria. The thymus, a small organ beneath the breastbone, plays a role in helping white blood cells mature. The spleen is an organ in the upper abdomen that removes old red blood cells and platelets from the blood.

What is an important function of the lymph nodes is defense? The lymph nodes monitor the lymph flowing into them and produce cells and antibodies which protect our body from infection and disease. The spleen and thymus are lymphatic organs that monitor the blood and detect and respond to pathogens and malignant cells.

How does lymphatic system protect the body? Protecting your body against invaders. Your lymphatic system is part of your immune system. It produces and releases lymphocytes (a type of white blood cell) and other immune cells. These cells look for and destroy invaders — such as bacteria, viruses, parasites and fungi — that may enter your body.

What 3 organs are part of the immune and the lymphatic system? Primary lymphoid organs: These organs include the bone marrow and the thymus. They make special immune system cells called lymphocytes. Secondary lymphoid organs: These organs include the lymph nodes, the spleen, the tonsils and certain tissue in various mucous membrane layers in the body (for instance, in the bowel).

Which of the following is the correct order of lymph flow through the body? Answer and Explanation: The correct answer is e. Lymphatic capillaries - lymphatic vessels - lymphatic duct - subclavian vein.

How does lymph move through the body? Functioning almost like a sponge, the lymphatic system absorbs excess lymph fluid from the body's organs and returns it to the blood stream. In a healthy body, the lymphatic channels from the liver and mesentery drain toward the thoracic duct, which is the main lymphatic vessel responsible for lymph drainage.

What controls the flow of lymph? Lymph vessels are lined by endothelial cells and contain valves to prevent lymph from flowing back. The flow of lymph is supported by alternate contraction and relaxation of smooth muscle and compression during contraction of adjacent skeletal muscle and arterial pulsation.

How does the lymphatic system drain? The lymphatic vessels drain into collecting ducts, which empty their contents into the 2 subclavian veins, located under the collarbones. These veins join to form the superior vena cava, the large vein that drains blood from the upper body into the heart.

In what order does blood flow through the spleen? Blood enters the spleen through the splenic artery, moves through the sinuses where it is filtered, then leaves through the splenic vein. The spleen filters blood in much the way that the lymph nodes filter lymph.

What is the function of the lymph nodes quizlet? The primary function of lymph nodes is to. They contain white blood cells, which help fight off infections and diseases. Additionally, lymph nodes produce lymphocytes, a type of white blood cell that plays a critical role in the immune system's response to infections.

How is interstitial fluid removed from tissues? As the interstitial fluid begins to accumulate, it is picked up and removed by tiny lymphatic vessels and returned to the blood. As soon as the interstitial fluid enters the lymph capillaries, it is called lymph. Returning the fluid to the blood prevents edema and helps to maintain normal blood volume and pressure.

What is not true of the spleen? Answer and Explanation: The spleen is located in the abdominal cavity, it serves as a reservoir of red blood cells, and a central artery goes through the white pulp. The only false statement about the spleen is c. The red pulp is also called splenic nodules.

What are the two main functions performed by lymph? Lymph collects fluids from your tissues and returns them to your blood. It carries nutrients and proteins to your cells and tissues. It also collects any harmful substances found in your cells and tissues.

What line of defence is the lymphatic system? These are three lines of defense, the first being outer barriers like skin, the second being non-specific immune cells like macrophages and dendritic cells, and the third line of defense being the specific immune system made of lymphocytes like B- and T-cells, which are activated mostly by dendritic cells, which ...

Is the lymphatic system a major defense system in the body? The lymphatic system is an important part of the body's immune system. It also plays an important role in maintaining healthy fluid levels in the body, removing cellular debris and harmful substances from the tissues, and helping the body absorb certain fats and other molecules. Also called lymph system.

What are the adaptive body defenses in lymphatic system? Adaptive immune responses are carried out by white blood cells called lymphocytes. There are two broad classes of such responses—antibody responses and cell-mediated immune responses, and they are carried out by different classes of lymphocytes, called B cells and T cells, respectively.

What is the role of the lymphatic system in the innate immune defense? The lymphatic system carries out the body's immune responses by producing and

distributing cells, such as lymphocytes and macrophages, that combat disease. Lymph vessels, or lymphatics, drain fluid from all parts of the body and return it to the heart.

What is the main point of the Long Walk to Freedom? The central theme of "Long Walk to Freedom" revolves around the relentless pursuit of freedom, justice, and equality. Nelson Mandela's life is a testament to the power of perseverance and the determination to challenge oppressive systems.

What does Long Walk to Freedom teach us? Reading Long Walk To Freedom enables us to see Mandela as a man in his own right, with his own struggles, shortcomings and failures, not just his contributions and accomplishments; it shows that it took a village (or let's say, a whole country) to bring about this substantial change and shift within South African ...

What is the thesis of the Long Walk to Freedom? Nelson Mandela in his book, Long Walk to Freedom argues through the first five parts that a black individual must deal, coop, and grow through a society that is hindering their lives' with apartheid and suppression of their rightful land.

What is the moral of the chapter Long Walk to Freedom? What is the moral of Mandela's Long Walk to Freedom? Ans. The moral of the story is that the oppressor and the oppressed both lose humanity. One through hatred and the other through oppression and hence both need to be liberated from these inhumane prisons.

What is the aim of the lesson a long walk to freedom? Nelson Mandela: Long Walk to Freedom Summary in English. "A Long to Freedom", by Nelson Mandela is all about the struggle of freedom of South-Africa. On May 10, 1994, Nelson Mandela has taken the vow as the first black president of South Africa. And therefore it was becoming a new-born democratic country.

What is the main idea of the long walk? The Long Walk by Stephen King is a gripping dystopian novel that follows 100 teenage boys as they participate in a brutal walking competition where the stakes are life and death. It explores themes of endurance, camaraderie, and the human spirit.

What impression of Nelson Mandela do you get from a Long Walk to Freedom?

The famed freedom fighter emerges as a courageous and high- principled human being, always ready to stand up for his ideals and careful not to tolerate any patronizing attitude from his jailers. But at the same time, Mandela appears as a rather moderate and practically-minded prisoner.

How believable is Long Walk to Freedom? Overall, Mandela: Long Walk to Freedom is a movie that accurately depicts the events that occurred at the time. The movie was inspired by and based on Mandela's autobiography which shows that it was accurate since he was the one writing about his own life and his own actions.

What is Nelson Mandela's purpose in the autobiography Long Walk to Freedom? Nelson Mandela's purpose in his autobiography Long Walk to Freedom is to provide a personal account of his life and experiences as a black South African, his role in the struggle against apartheid, and his eventual rise to the presidency of South Africa.

What is the conflict of Long Walk to Freedom? Answer: The central conflict of Long Walk to Freedom (and indeed of Mandela's life) is Nelson Mandela versus South African apartheid. This "man versus society" conflict develops throughout Mandela's lifetime. As a child, Mandela began to grasp the injustice of segregation and racial relations in South Africa.

What is the summary of Nelson Mandela's Long Walk to Freedom? The book, which chronicles Mandela's journey from being a young boy in a remote village in South Africa to becoming the leader of one of the most significant political movements of the 20th century, is a compelling testimony to his resilience, courage, and unwavering commitment to justice and equality.

What literary devices are used in the long walk to freedom? The literary devices used in the chapter "long walk to freedom" by "Nelson Mandela" are metaphor, simile, and personification.

What are the important points of the long walk to freedom? Long Walk to Freedom - Key takeaways The book is an autobiography. It follows Mandela's life growing up in apartheid South Africa and fighting against this regime. Two key

themes in Long Walk to Freedom are racial inequality and unity. Today, Mandela is remembered as a key anti-racist figure of the twentieth century.

What is the point of view of the long walk to freedom? However, if you are referring to Nelson Mandela's autobiography "Long Walk to Freedom," then the narrator is Nelson Mandela himself, and the point of view used is first-person.

What did Mandela teach us? Desmond Tutu called Nelson Mandela a moral colossus and a global icon of forgiveness and reconciliation. Mandela taught us that change is almost always possible, even in the face of seemingly insurmountable odds, when gutsy leaders stand together, question the unquestionable and challenge the status quo.

What is the significance of the title A Long Walk to Freedom? The word Long in the title shows the struggle, hardship and sacrifices made by these freedom fighters against the apartheid regime. The adjective in the title "long" signifies many connotations attached with the word as it hits clearly towards the efforts and suffering he endured in his slow 'walk' towards freedom.

What did being free mean to Mandela? As a young boy, and a student, Mandela's idea of freedom was to be able to stay out all night, read whatever he desired and go wherever he chose. When he grew up to be a man, he realised that these were "transitory freedoms he was looking for because their "basic and honourable freedoms had been denied.

How did Mandela's hunger for freedom change his life? Mandela realized in his youth that it was not just his freedom that was being curtailed but the freedom of all blacks. The hunger for his own freedom gradually turned into hunger for the freedom of his people. This desire of a non-racial society transformed him into a virtuous and self-sacrificing man.

What is the message of The Long Walk to freedom? The message of the class 10 lesson Long Walk to Freedom mainly is "It always seems impossible until it's done." It gives us an account of the periphery in which African society was under the 'apartheid' movement, and how Nelson Mendela and his followers fought against the odds to build a racism free society.

What is The Long Walk a metaphor for? Many have suggested The Long Walk is a metaphor for war, more specifically Vietnam, which was the ongoing conflict during the novel's gestation – a fight to the death where whoever makes it out alive might be so irreparably damaged, he wishes he weren't alive at all. A fight that, perhaps, no prize is worth.

Why did Stephen King write The Long Walk? Inspiration. In the early '60s radio and TV stations throughout the country organized 50-mile hikes. Stephen says: "I had that in mind. I didn't have a car when I wrote that book.

What lesson does one learn from Nelson Mandela Long Walk to Freedom? It is a profound lesson in endurance, leadership, and reconciliation. Mandela's journey from a prisoner to a president encapsulates the resilience of the human spirit and offers timeless wisdom for leaders in all spheres of life.

What is the moral value of Nelson Mandela Long Walk to Freedom? Mandela remained behind the bars for most of his life. So, he knew the true value of freedom. A civilization can only grow when one has freedom of doing things. The moral of the story is that the oppressor and the oppressed both lose humanity.

Why did Nelson Mandela write Long Walk to Freedom? He wanted to take review of his life from highest point of his life. He could see the life backward from the highest point of his life. As an autobiographer, Nelson Mandela chose the time when his dream was accomplished. He had dismantled apartheid government and established people's government in S.A.

What was the key point of Nelson Mandela? As President of South Africa, Nelson Mandela improved the living standards and facilities of South Africa's black population, who had suffered for decades under apartheid. He also worked hard to make South Africa a country of equality, where people of all race and colour could live together in peace.

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and racial relations in South Africa.

What did Nelson Mandela fight for? Mandela was fighting against apartheid, but he was also fighting for something: a better world, in which the freedom, justice and dignity of all were respected. Even before his release in 1990, Mandela began negotiating with the government to end apartheid.

What impression of Nelson Mandela do you get from a long walk to freedom? The famed freedom fighter emerges as a courageous and high- principled human being, always ready to stand up for his ideals and careful not to tolerate any patronizing attitude from his jailers. But at the same time, Mandela appears as a rather moderate and practically-minded prisoner.

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What does Nelson Mandela teach us? The lesson: Be brave and courageous, or learn to put up a front. Something you should adopt in order to be a good leader: Leaders are readers! Are YOU? Mandela believed that it was wise to "persuade people to do things and make them think it was their own idea".

What was Nelson Mandela's main goal? "His mission as an anti-apartheid revolutionary was establishing equality and freedom for all women, men and children. He stood for the fundamental rights of all human beings, regardless of gender, nationality or race. This is also the very ideal for which Nelson Mandela was jailed for 27 years.

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What is the meaning of Long Walk to Freedom? Long Walk to Freedom is an autobiography by South Africa's first democratically elected President Nelson Mandela, and it was first published in 1994 by Little Brown & Co. The book profiles his early life, coming of age, education and 27 years spent in prison.

Why is the title Long Walk to Freedom? The word Long in the title shows the struggle, hardship and sacrifices made by these freedom fighters against the apartheid regime. The adjective in the title "long" signifies many connotations attached with the word as it hits clearly towards the efforts and suffering he endured in his slow 'walk' towards freedom.

What was Nelson Mandela's role in the freedom struggle? In 1955 he was involved in drafting the Freedom Charter, a document calling for nonracial social democracy in South Africa. Mandela's antiapartheid activism made him a frequent target of the authorities. Starting in 1952, he was intermittently banned (severely restricted in travel, association, and speech).

What does freedom mean to Mandela? According to Mandela, true freedom means freedom not to be obstructed in leading a lawful life.

Why did apartheid end? Over time, a combination of internal and international pressure on the white supremacist regime led to the dismantling of apartheid, culminating in the 1992 vote. Negotiations to end apartheid began in 1990, after communism crumbled in Europe.

What is the central idea of Nelson Mandela Long Walk to Freedom? Answer: Freedom from racism is the central theme of the lesson Nelson Mandela: A long walk to Freedom. It is an excerpt from the autobiography of Nelson Maldela who was the first black president of South Africa. At those times, white skinned people were the rulers of the society and life was hell for the blacks.

How did Nelson Mandela's actions make a difference? After 27 years in prison, Nelson Mandela was freed in 1990 and negotiated with State President F. W. de Klerk the end of apartheid in South Africa, bringing peace to a racially divided country and leading the fight for human rights around the world. All human beings are born free and equal in dignity and rights.

How accurate is Mandela Long Walk to Freedom? Historical accuracy As the film is not based on Mandela's life but on Mandela's own words, criticism levelled at Mandela's autobiography can also be directed at the film." The film was noted by many for the lack of resemblance Idris Elba had to Mandela.

Software Project Management by Bob Hughes: Third Edition

Bob Hughes' "Software Project Management" has become a widely acclaimed textbook for students and professionals in the field. The third edition, published in 2020, offers comprehensive and updated coverage of software project management principles and practices.

- 1. What is the purpose of software project management? Software project management involves planning, organizing, executing, and controlling the development of software applications. Its primary goal is to deliver high-quality software products within budget and schedule constraints, while meeting customer requirements.
- **2. What are the key elements of software project management?** The key elements include:
 - Project scope: Defining the boundaries, deliverables, and requirements of the project.
 - **Project schedule:** Creating a detailed plan for completing the project, including deadlines for major milestones.
 - Project budget: Estimating and allocating resources for the project, including labor costs, materials, and equipment.
 - Project team: Assembling a team of skilled individuals responsible for executing the project tasks.
- **3. What are the challenges of software project management?** Software project management often faces challenges such as:
 - **Scope creep:** Changes in project requirements during development, leading to delays and increased costs.

- **Technical complexity:** Developing software that meets functional and performance specifications can be a complex and time-consuming task.
- **Team dynamics:** Managing a team of individuals with diverse skills and experience can be challenging, especially in collaborative environments.
- **4.** What are the best practices for successful software project management? Best practices include:
 - Effective communication: Regularly communicating with stakeholders, team members, and customers to ensure alignment and address issues promptly.
 - **Risk management:** Identifying and mitigating potential project risks that could impact the schedule, budget, or quality of the software.
 - Change management: Handling and managing changes to the project scope, requirements, or schedule to minimize impact and maintain project integrity.
- 5. What are the benefits of using software project management tools and techniques? Software project management tools and techniques can:
 - **Improve project visibility:** Providing a centralized platform for tracking progress, identifying issues, and adjusting plans as needed.
 - Enhance collaboration: Facilitating communication and coordination among team members, regardless of their location.
 - Automate processes: Reducing manual tasks and streamlining project management activities, such as task allocation, progress tracking, and reporting.

What is the ISO standard for MEWPs? ISO 16653-2:2021 Mobile elevating work platforms — Design, calculations, safety requirements and test methods relative to special featuresPart 2: MEWPs with non-conductive (insulating) components.

What is the ISO standard for work platforms? ISO 18893:2014 applies to all mobile elevating work platforms (MEWPs) that are intended to position persons, tools and materials and which, as a minimum, consists of a work platform with controls, an extending structure and a chassis.

When working on a mobile elevated work platform? All persons working from an aerial ladder must wear manufacturer's recommended or appropriate fall protection. When operating a MEWP a minimum of 2 trained personnel must be present at all times. Set the brakes and make sure outriggers, when used, are positioned on pads or a solid surface.

What is an elevating working platform system? Elevating work platforms are devices used to lift and position a worker above ground level. They are also called aerial work platforms or lifts. Some common types include scissor lift, booms and aerial devices. They may be vehicle-mounted or self-propelled.

What is the ANSI standard for MEWPs? ANSI requires all MEWP users, whether they own or rent a MEWP, to have a qualified person perform a risk assessment that identifies the task to be undertaken, the location and timing, and all associated risks.

What is the ASME A18 1 safety standard for platform lifts? The ASME A18. 1 Standard addresses requirements for runway enclosures, electrical equipment and wiring, structural support, headroom clearance (80" minimum), access ramps, pits, and other features. The ASME A18. 1 Standard recognizes two types of platform lifts: vertical platform lifts and inclined platform lifts.

What is the OSHA standard for working platforms? Any work platform which is 4 feet or more above a lower level must have guardrails. Guardrails must have a height of at least 42 inches on every open side. The guardrails must be capable of withstanding 200 pounds of force.

What are the 3 ISO standards? Three of the main ISO standards include the ISO 9001 for quality management, the ISO 14001 for environmental management, and the ISO 45001 for occupational health and safety management. ISO 9001 is focused on quality management and sets out the criteria for a quality management system.

What are the 4 ISO standards? ISO 20000 (Service Management) ISO 22301 (Business Continuity) ISO 27001 (Information Security) ISO 27005 (Information Risk Management)

What are 4 critical points to consider in using elevating work platforms?

Where must you not use a mobile elevating work platform? Nearby hazards: do not operate a MEWP close to overhead cables or other dangerous machinery, or allow any part of the arm to protrude into a traffic route.

What are the 5 categories of EWP?

What are the two basic types of elevating platforms? There are two basic types of mobile elevating work platforms (MEWPs): 1. Scissor 2. Boom.

Can I exit a MEWP at height? MEWPs are not designed to transfer people from one level to another, or for people to exit the platform at height. People should only enter or exit the work platform at access positions at ground level or on the MEWP chassis.

What is the biggest elevated work platform? The JLG 1850SJ Ultra Boom This man lift has a platform height of just over 185 feet and a full height of 191 feet when factoring in the operator.

Is a scissor lift considered a MEWP? The common electric scissor lift is an example of a 3A MEWP. This is because Type 3 Group A MEWPs feature: A vertically-lifting platform contained with the tipping lines (Group A) A platform that can be moved while elevated and is controlled from within the platform (Type 3)

Is a bucket truck considered a MEWP? Mobile Elevating Work Platform does not refer to all bucket trucks, vehicle-mounted aerial lifts and boom trucks. Rather, it is a term that applies to some equipment, including some bridge inspection units and self-propelled aerial lifts.

Are lanyards acceptable for use on a MEWP? When working from a boom-type Mobile Elevating Work Platform (MEWP), it is strongly recommended that a lanyard short enough for the wearer to be restrained within the platform be used. The lanyard may contain an energy-absorbing device, provided it is short enough to restrain the wearer within the platform.

What is the maximum height for a platform lift? What is the maximum height that a wheelchair lift can reach? A residential VPL can rise up to 14 ft. and a commercial wheelchair lift generally can lift up to 4ft., but higher levels are also possible.

What is the standard for platform lifts? Platform Lift doors have an effective clear width of at least 900mm for an 1100mm x 1400mm Platform and at least 800mm for other size Platforms. Platform Lifts must be fitted with clear operating instructions. The Platform Lift entrances are accessible from the remainder of the storey.

What is the maximum floor area of an inclined platform lift? The size of platforms cannot exceed 18 sq. feet. Inclined platform lifts can have a folding platform and are typically located at stairways. They must be installed so they do not encroach on required means of egress.

What is the ISO IEC 27003 standard? The ISO/IEC 27003 standard provide guidance for all the requirements of ISO/IEC 27001, but it does not have detailed descriptions regarding "monitoring, measurement, analysis and evaluation" and information security risk management. Also, Provides recommendations, possibilities and permissions in relation to them.

What is ISO standard 3394? ISO 3394:2012 sets forth a series of dimensions for rigid rectangular transport packages, based on the standard plan dimension (module) of 600 mm \times 400 mm, 600 mm \times 500 mm and 550 mm \times 366 mm, as outlined in ISO 3676, which defines the plan dimensions of four series (1 219 mm \times 1 016 mm, 1 200 mm \times 1 000 mm, 1 200 mm \times ...

What is ISO 13850 standard? ISO 13850, "Safety of machinery — Emergency stop function — Principles for design", is a standard (type-B) that describes the safety requirements for designing emergency stop devices of machinery. Based on the risk assessment, perform risk reduction measures as necessary.

What is ISO 11898 standard? ISO 11898 is a standard for high-speed CAN communication (CAN-C) between 125 kbps and 1 Mbps. It is now classified into ISO 11898-1, a standard only for the data link layer, and ISO 11898-2, a standard only for the physical layer.

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