

# 10e international gbv

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Understanding Gender-Based Violence (GBV)\*\*

### **What is GBV?**

Gender-based violence (GBV) refers to any act or behavior that is perpetrated against an individual based on their perceived or actual gender. It often involves physical, sexual, psychological, or economic harm.

### **Types of GBV**

GBV encompasses six primary types:

1. Physical violence: Assault, battery, physical coercion
2. Sexual violence: Rape, sexual assault, harassment
3. Emotional/psychological violence: Intimidation, manipulation, humiliation
4. Economic violence: Denial of resources, financial exploitation
5. Cyber violence: Online harassment, threats, stalking
6. Coercive control: Limiting freedom, isolating the victim

### **Identifying GBV**

Signs and symptoms of GBV may include:

- Physical injuries or pain
- Emotional distress, anxiety, depression
- Changes in behavior or health
- Social isolation or fear
- Financial difficulties

## Reporting GBV

To report GBV, individuals can:

- Contact a local law enforcement agency or crisis hotline
- Seek support from a medical or mental health professional
- Report the incident to an NGO or government agency that specializes in GBV

## Fighting and Preventing GBV

Combating GBV requires a multi-faceted approach:

- **Addressing root causes:** Challenge societal norms, promote gender equality
- **Strengthening laws and policies:** Implement comprehensive legislation and enforcement mechanisms
- **Providing victim support:** Offer shelter, medical care, counseling, and legal assistance
- **Empowering victims:** Educate individuals on their rights and provide resources for self-advocacy
- **Engaging communities:** Promote bystander intervention, awareness campaigns, and educational programs

## ILO C190

The International Labor Organization (ILO) Convention 190 (C190), adopted in 2019, provides a global framework for preventing and addressing GBV in the world of work.

## Key Message on GBV

GBV is a serious human rights violation with devastating consequences for individuals, families, and communities. It is essential to work collectively to eliminate all forms of GBV and create a world where everyone can live free from violence and discrimination.

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