# THE FIVE SECOND RULE AND OTHER MYTHS ABOUT GERMS WHAT EVERYONE SHOULD KNOW AB

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The Five-Second Rule and Other Myths About Germs: What Everyone Should Know About Bacteria, Viruses, Mold, and Mildew

Throughout history, fear of germs has often led to misconceptions and unrealistic hygiene practices. Here are some common myths and the science behind them:

# 1. The Five-Second Rule: Can You Eat Food Dropped on the Floor?

**Myth:** Food dropped on the floor for five seconds or less is safe to eat.

**Fact:** The five-second rule is not supported by science. Germs can transfer to food instantly upon contact with the floor. The risk of contamination depends on several factors, including the type of surface, the amount of bacteria present, and the moisture content of the food. It's generally best to avoid consuming food that has been on the floor.

# 2. Antibacterial Soap Is the Best Choice:

**Myth:** Antibacterial soaps are more effective than regular soap in killing germs.

**Fact:** While antibacterial soaps contain chemicals that kill bacteria, regular soap is just as effective at removing germs and dirt from the skin. Antibacterial soaps can also contribute to the development of antibiotic-resistant bacteria.

## 3. Mold and Mildew Are the Same Thing:

Myth: Mold and mildew are interchangeable terms for the same fungus.

**Fact:** Mold and mildew are distinct types of fungi. Mold typically has a fuzzy or powdery texture, while mildew is flat and slimy. Both can cause health problems, including respiratory issues and allergic reactions.

# 4. Viruses Can Live on Surfaces for Days:

**Myth:** Viruses can survive on surfaces for long periods of time.

**Fact:** The survival time of viruses on surfaces varies depending on the virus and the environmental conditions. However, most viruses cannot survive for more than a few hours or days on surfaces. Proper disinfection measures, such as cleaning with household cleaners or bleach solutions, can effectively kill viruses.

## 5. Bleach Kills Everything:

**Myth:** Bleach is a powerful disinfectant that kills all microorganisms.

**Fact:** While bleach is an effective disinfectant against many bacteria and viruses, it is not effective against all microorganisms. Certain bacteria and spores, such as Clostridium difficile (C. diff), are resistant to bleach. It's important to follow proper disinfection guidelines and use specific products designed for the target microorganisms.

#### The Righteous Mind: Unlocking the Moral Psyche

Jonathan Haidt's groundbreaking book, "The Righteous Mind," explores the complex interplay between morality and psychology. Here's a Q&A summarizing key insights from the book:

**Q: What is the "Moral Matrix"?** A: Haidt theorizes that human morality is shaped by five fundamental moral foundations: Care/Harm, Fairness/Cheating, Loyalty/Betrayal, Authority/Subversion, and Sanctity/Degradation. These foundations form a matrix that influences our moral judgments and behavior.

Q: Why do we often disagree morally with others? A: Haidt argues that different people place varying emphasis on different moral foundations. This disparity leads to THE FIVE SECOND RULE AND OTHER MYTHS ABOUT GERMS WHAT EVERYONE SHOULD

moral conflicts and misunderstandings. For example, those who prioritize Care may view abortions as immoral, while those who prioritize Fairness may view them as a necessary choice.

**Q:** How does intuition play a role in morality? A: According to Haidt, much of our moral judgment is driven by automatic, emotional responses rather than deliberate reasoning. These intuitive responses are linked to our moral foundations and can make it difficult to engage in rational discussions about morality.

**Q: What is moral binding?** A: Haidt introduces the concept of moral binding, which refers to the tendency of people to believe that their moral beliefs are absolute and universally applicable. This belief can lead to intolerance and conflict, as people struggle to understand and accept alternative perspectives.

**Q:** How can we overcome moral disagreements? A: Haidt suggests that fostering empathy and understanding between different moral viewpoints is crucial. By acknowledging the complexity of morality and recognizing the validity of diverse perspectives, we can bridge divides and engage in productive dialogues about ethical issues.

What is the study of the end time? Eschatology (/??sk??t?l?d?i/; from Ancient Greek ??????? (éskhatos) 'last' and -logy) concerns expectations of the end of present age, human history, or the world itself.

What happens at the end of Revelations? The end of the Book of Revelation sees a new heaven and a new earth coming down and a new Jerusalem being established ....

Where in Revelations does it talk about the last days? Revelation 17–22 also describes the crescendo of final earthly events fulfilling Heavenly Father's plan for the redemption of His children.

**Did the events in Revelation already happen?** Interpretation of the Book of Revelation Preterism holds that the contents of Revelation constitute a prophecy of events that were fulfilled in the first century. Preterists believe that the dating of the book of Revelation is of vital importance and that it was written before the destruction of Jerusalem in AD 70.

# What are the 7 signs in Revelations?

Who is the 144000 in Revelation? Fifth, in Revelation 14:3 the 144,000 are described as those "redeemed from the earth" and in Revelation 14:4 as having been "redeemed from mankind as firstfruits for God and the Lamb." The redeemed are most naturally interpreted to refer to all the redeemed, both Jews and Gentiles.

# What are the 4 stages of revelations?

What are the four last things in Revelation? The church traditionally has spoken of what are called the "Four Last Things": death, judgment, heaven and hell.

What are the signs of end times? It's extremely important to prophecy believers to be able to read the signs of the times, that is, events that are signalling to us that the end time is near, and such events as wars, conflicts, increasing levels of evil and wickedness in the world, rising environmental hazards, the emergence of a global economy--all ...

What are the 7 signs of the second coming? We can expect earthquakes, disease, famines, great storms, lightnings, and thunder (see Matthew 24:7; D&C 88:90). Hailstorms will destroy the crops of the earth (see D&C 29:16).

What is the last word in Revelation? "Behold, I am coming quickly! Blessed is he who keeps the words of the prophecy of this book." "And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work. He who testifies to these things says, "Surely I am coming quickly." Amen.

What is the coming soon of Revelation? "Behold, I am coming soon! My reward is with me, and I will give to everyone according to what he has done. I am the Alpha and the Omega, the First and the Last, the Beginning and the End.

**Is the Earth Destroyed in revelation?** In Revelation 21, John describes the moment when the Earth and Heavens are destroyed to make way for a new order and a new Heavens and Earth, but Revelation doesn't tell us the manner of that destruction.

What actually happens in revelation? A fire comes down from God out of heaven and devours them and Satan is finally placed in torment, in the Lake of Fire, forever, with those who follow him (Revelation 20:7–10). The wicked dead and all of those who died during the thousand-year reign of Christ are resurrected and judged (Revelation 20:11–14).

What does revelation say about the end of the world? After the end of the 1,000-year reign of Christ, God will destroy the earth with fire and create a New Heaven and a New Earth (2 Peter 3:10; Revelation 21:1).

What are the 4 plagues in Revelation? The Book of Revelations in the New Testament lists the Four Horsemen of the Apocalypse as conquest, war, famine and death, while in the Old Testament's Book of Ezekiel they are sword, famine, wild beasts and pestilence or plague.

What are the signs that Jesus is returning?

What does the Bible say about the 2nd coming? When Jesus Christ comes again to the earth, He will do the following things: He will cleanse the earth. When Jesus comes again, He will come in power and great glory. At that time the wicked will be destroyed.

How many people will go to heaven according to Revelation? He then describes four angels (who had power to harm the earth and sea) holding back the winds of the earth; one angel calls to the four angels to wait until they had "sealed the servants of our God on their foreheads. The number of those to be sealed was 144,000.

How long is the Rapture supposed to last? Mid-tribulationists appeal to Daniel 7:25 which says the saints will be given over to tribulation for "time, times, and half a time," — interpreted to mean 3.5 years. At the halfway point of the tribulation, the Antichrist will commit the "abomination of desolation" by desecrating the Jerusalem temple.

Which tribe is not mentioned in Revelation? Because of the tribe's association with idolatry, Dan is also left out of the list of tribes in the Book of Revelation later as well.

What are the disasters of Revelation in order? First trumpet (Revelation 8:7); devastation of earth's vegetation. Second trumpet (Revelation 8:8-9); devastation of oceans and seas. Third trumpet (Revelation 8:10-11); devastation of rivers and fresh water. Fourth trumpet (Revelation 8:12); sun, moon and stars partially darkened.

What are the signs of the apocalypse? These first four seals are religious deception, warfare, famine and pestilence. In the Olivet Prophecy, Jesus added that earthquakes in various places will accompany these signs (Matthew 24:5-7). God provides considerable details for each of these first four signs in numerous prophecies throughout the Bible.

What is the order of the apocalypse? From left to right are Death, Famine, War, and Conquest; the Lamb is at the top.

What are the three deaths in Revelation? A third of mankind was killed by the three plagues of fire, smoke and sulfur that came out of their mouths. The power of the horses was in their mouths and in their tails; for their tails were like snakes, having heads with which they inflict injury.

What is the final judgment in Revelation? All humanity will be gathered before the great throne of the Lord, judgment will be rendered according to the deeds done in the flesh, and the decision rendered to each person will be final and irrevocable. In this section of the Apocalypse, we see the complete drama of human redemption brought to its final act.

What is the stage before heaven? Purgatory is the state of those who die in God's friendship, assured of their eternal salvation, but who still have need of purification to enter into the happiness of heaven. 211.

What is the study of the end of life? The word eschatology derives from two Greek roots meaning "last" (???????) and "study" (-?????) – involves the study of "end things", whether of the end of an individual life, of the end of the age, of the end of the world, or of the nature of the Kingdom of God.

What is the term for end time?

What is the study of the time of death? This stiffening process, called Rigor Mortis, has a roughly known time of occurrence and can therefore be used to estimate time of death. In general: If the body feels warm and no rigor is present, death occurred under 3 hours before. If the body feels warm and stiff, death occurred 3-8 hours earlier.

What is the study of life over time called? Evolution – The observation that organisms, including plants, bacteria and even molds change over time- depends on theory for explanation. \* The most well know theory of evolution is the theory of natural selection.

What are the 4 stages of end of life? There are four major stages of death a dying individual experiences and those are; social, psychological, biological and physiological. Social death is the symbolic death of the patient in the world the patient has known.

What is the study of the afterlife called? Eschatology is the study of the afterlife. Oxford Dictionaries define it as: The part of theology concerned with death, judgement, and the final destiny of the soul and of humankind.

What happens during end of life? There can be a change in colour, in circulation or in breathing patterns as the body begins to 'let go' of life. The person will usually slip slowly into complete unconsciousness. They can't be woken at all but may still be able to hear and be aware of the people around them.

What does the Bible mean by end time? : the time of the prophesied end of the world : armageddon.

What does the Bible say about the last days? 1You should know this, Timothy, that in the last days there will be very difficult times. 2For people will love only themselves and their money. They will be boastful and proud, scoffing at God, disobedient to their parents, and ungrateful.

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What are the three types of time of death?

What happens to the body after death timeline? 24-72 hours after death — the internal organs decompose. 3-5 days after death — the body starts to bloat and

blood-containing foam leaks from the mouth and nose. 8-10 days after death — the

body turns from green to red as the blood decomposes and the organs in the

abdomen accumulate gas.

What is the time after death called? These changes can generally be divided

between early post-mortem changes and late post-mortem changes (also known as

decomposition). These changes occur along a continuum and can be helpful in

determining the post-mortem interval, which is the time between death and

examination.

What did humans evolve from? Human evolution is the lengthy process of change

by which people originated from apelike ancestors. Scientific evidence shows that

the physical and behavioral traits shared by all people originated from apelike

ancestors and evolved over a period of approximately six million years.

Where does life come from? Scientists are exploring several possible locations for

the origin of life, including tide pools and hot springs. However, recently some

scientists have narrowed in on the hypothesis that life originated near a deep sea

hydrothermal vent.

Did all life come from one cell? In spite of these differences, the same basic

molecular mechanisms govern the lives of both prokaryotes and eukaryotes,

indicating that all present-day cells are descended from a single primordial ancestor.

The Mystery of Samba: Popular Music and National Identity in Brazil

1. What is the significance of samba in Brazilian culture?

Samba, an Afro-Brazilian music genre, holds immense importance in Brazil. It

emerged in the early 20th century in the favelas (slums) of Rio de Janeiro and

quickly became a symbol of Brazilian identity. Samba celebrates the country's

African heritage, diverse rhythms, and carnival festivities.
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# 2. How has samba influenced Brazilian national identity?

Samba has played a crucial role in shaping Brazil's national self-image. It has promoted a sense of unity and pride among Brazilians, despite the country's social and economic divides. Samba's infectious rhythms and lively lyrics have become synonymous with the Brazilian spirit and have helped create a distinct cultural identity for the nation.

#### 3. What are some of the key characteristics of samba music?

Samba music is characterized by its signature 2/4 rhythm, polyrhythmic arrangements, and call-and-response vocals. It often incorporates elements of Afro-Brazilian and European musical traditions, creating a unique and vibrant sound. Samba is typically performed by samba schools (escolas de samba), which compete annually during the Carnival festivities in Rio de Janeiro.

#### 4. How has samba evolved over time?

Samba has undergone significant evolution since its inception. During the 1930s and 1940s, it gained widespread popularity and became a staple of Brazilian radio and nightclubs. In the 1960s, samba embraced elements of other genres, such as bossa nova and funk, creating new subgenres that reflected Brazil's changing social and cultural landscape.

#### 5. What is the global impact of samba music?

Samba has spread beyond Brazil's borders, captivating audiences worldwide. It has influenced various musical styles, including jazz, salsa, and Afrobeat. Samba is celebrated through international festivals, dance competitions, and educational programs, contributing to the global appreciation of Brazilian culture.

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