

Auto biography of a yogini

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Is it worth to read the autobiography of a yogi? All in all I highly recommend this book to anyone interested in spirituality, as it really contains many deep truths about life and its purpose. Of course it is not necessary for everyone to begin practising yoga (although it made me consider it), it is written in such a way that the truths are universal.

What is the main point of the autobiography of a yogi? Autobiography of a Yogi relates many anecdotes from Yogananda's life and from the lives of the many saints and gurus he interacted with. Many of these stories include apparently supernatural phenomena including miraculous healings, divine visions, and premonitions of the future.

What is the autobiography of Yogini Mamta Kulkarni? Book overview Auto-Biography of an yogini by Mamta Kulkarni," MAN FROM MOUNTAINS' is an dedication from a disciple to her "MASTER' ,This Miraculous sage transformed a celebrity to an yogini. He banished darkness of many of my births and showered me jewel of "ENLIGHTMENT".

What happens when you read the autobiography of a yogi? 'The Autobiography of a Yogi' emphasises the importance of going on a spiritual journey where you can find yourself and your inner meaning. Yogananda's life story is no less than an inspiration for those who want to understand themselves.

What is the famous line in the autobiography of a yogi? "The one who pursues a goal of evenmindedness is neither jubilant with gain nor depressed by loss. He knows that man arrives penniless in this world, and departs without a single rupee. The power of unfulfilled desires is the root of all man's slavery.

What celebrities read the autobiography of a Yogi? We were too when we found out that all of these people along with Steve Jobs, Elvis Presley, George Harrison, Deepak Chopra and many more celebrities have publicly acknowledged reading Autobiography of a Yogi by Paramahansa Yogananda, an Indian yogi and spiritual leader.

Did Steve Jobs read Autobiography of a Yogi? The one book that Steve Jobs had downloaded on his iPad was Autobiography of a Yogi, “the guide to meditation and spirituality that he had first read as a teenager,” Isaacson writes, “then re-read in India and had read once a year ever since.” Now compare this to what Bill Gates reads for fun.

Did Bill Gates read Autobiography of a Yogi? Virat Kohli - Autobiography Of A Yogi by Paramahansa Yogananda. Not just Virat, this book is also one of Bill Gates's favourite reads.

What is kriya yoga? Kriya Yoga is an ancient meditation technique that is also part of a comprehensive spiritual path. It is an effective technique that works directly with the source of growth — the spiritual energy deep in our spines. All yoga techniques work with this energy, usually indirectly.

Who reads Autobiography of a Yogi? One of the most famous advocates of the book was Steve Jobs, the co-founder, and formerly Chairman and CEO of Apple Inc. Jobs "first read Autobiography of a Yogi as a teenager, then re-read [the book] ...

Is Autobiography of a Yogi life changing? Here are a few of the most important changes: I moved from despair to hope, from someone with no clear direction in life to someone who now had a goal. Yogananda had showed me a pathway that I yearned to follow. I changed from being an agnostic to someone who accepted that a Divine Intelligence was guiding everything.

Is Autobiography of a Yogi a self help book? This book is not just a memoir; it's a guidebook for the soul, leading readers on a transformative journey of self-discovery and spiritual awakening. Yogananda's storytelling is captivating, drawing readers into a world of miracles, mystical experiences, and divine encounters.

What is special about Yogananda? Yogananda was the first major Indian teacher to settle in the US, and the first prominent Indian to be hosted in the White House (by President Calvin Coolidge in 1927); his early acclaim led to him being dubbed "the 20th century's first superstar guru" by the Los Angeles Times.

What are the key takeaways from the autobiography of yogi? His teachings offer practical advice on how meditation may be a powerful instrument for personal and spiritual development. The book emphasises the role of a spiritual mentor in one's life. Yogananda's link with his guru, Sri Yukteswar, exemplifies the guru-disciple relationship on the path to enlightenment.

Which book is said to be the most important Yoga text of all time? The contemporary Yoga tradition holds the Yoga Sutras of Patañjali to be one of the foundational texts of classical Yoga philosophy.

Who is God according to Paramahansa Yogananda? God is Eternal Bliss. His being is love, wisdom, and joy. He is both impersonal and personal, and manifests Himself in whatever way He pleases. He appears before His saints in the form each of them holds dear: a Christian sees Christ, a Hindu beholds Krishna or the Divine Mother, and so on.

Is Autobiography of a Yogi good for beginners? If you would prefer a straightforward book filled with spiritual modesty and religious traditions, Autobiography of a Yogi is worthwhile, smooth and easy.

What Autobiography of a Yogi did Steve Jobs recommend? Autobiography of a Yogi by Paramahansa Yogananda This autobiography is at the top of Steve Jobs' book list as he arranged to gift a copy to everyone who attended his memorial service.

What is the moral of the autobiography of a yogi? Moral: Look fear in the face and it will cease to trouble you. Attachment is blinding; it lends an imaginary halo of attractiveness to the object of desire.

Why did Steve Jobs like the autobiography of a yogi? Why did Steve Jobs love 'Autobiography of a Yogi' so much? It provided him with a philosophical compass, a narrative that underscored the importance of intuition and self-discovery over

materialistic endeavors.

What religion was yogi? Yogi has since the 12th century CE also denoted members of the Nath siddha tradition of Hinduism, and in Hinduism, Buddhism and Jainism, a practitioner of tantra. In Hindu mythology, the god Shiva and the goddess Parvati are depicted as an emblematic yogi–yogini pair.

Is the autobiography of a yogi true? Yogananda was a yogi in India who was divinely inspired to come to the States. He started his “Self-Realization Fellowship” in California, which supposedly teaches all the secret “Kriyas” that transformed Yogananda's life. That much is clearly factual (although the divinely inspired bit might be an exaggeration).

What is the autobiography of Yogi Bible? With engaging candor, eloquence, and wit, Paramahansa Yogananda tells the inspiring chronicle of his life: the experiences of his remarkable childhood, encounter with many saints and sages during his youthful search throughout India for an illumined teacher, ten years of training in the hermitage of a revered yoga ...

How many copies of the autobiography of a Yogi have been sold? Although subsequent printings, reflecting revisions made after the Yogananda's death in 1952, have sold over a million copies and have been translated into more than 19 languages, the few thousand of the original have long since disappeared into the hands of collectors.

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What can we learn from autobiography of yogi? 'Autobiography of a Yogi' offers profound insights into spirituality, emphasizing meditation, the role of a guru, and the unity of religions. It introduces Kriya Yoga, explores life after death, and underscores self-realization, discipline, and the concept of universal brotherhood.

Are autobiographies worth reading? Reading an autobiography can offer a unique insight into a world and experience very different from your own – and these real-life stories are even more entertaining, and stranger, than fiction.

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Did Steve Jobs read Ayn Rand? Apple cofounder Steve Wozniak believes 'Atlas Shrugged' by Ayn Rand was one of Steve Jobs' "guides in life." Ayn Rand's 1957 book "Atlas Shrugged" is an action-thriller based on economics, philosophy, and science fiction.

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What is so special about the book Autobiography of a Yogi? It recounts Yogananda's life, his search for his guru, and his teachings on Kriya Yoga. The book has introduced many to meditation and yoga and has been influential in both Eastern and Western spiritual circles. It has been translated into over fifty languages and continues to be widely read.

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Which is the most read autobiography?

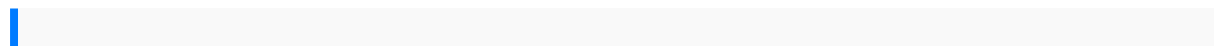
Whose autobiography is the best?

What is the best biography ever written?

Why did Steve Jobs like the autobiography of a yogi? Why did Steve Jobs love 'Autobiography of a Yogi' so much? It provided him with a philosophical compass, a narrative that underscored the importance of intuition and self-discovery over materialistic endeavors.

What is the message from Autobiography of a Yogi? 'Autobiography of A Yogi' has maintained that the goal of human life should be to 'cross over the stormy sea of samsara (the karmic wheel, the recurrence of lives and deaths). ' It inspires man to recognize this truth that 'man has a body, but is a Soul'-ever free, indestructible, deathless because birth-less.

When Steve Jobs read Autobiography of a Yogi? "According to [Walter] Isaacson's biography, 'Jobs first read it as a teenager, then reread it in India and had read it once a year ever since. ' In 1974, Jobs traveled to India, seeking some spiritual enlightenment.



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