

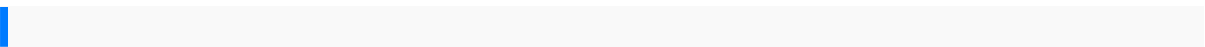
Affluenza how overconsumption is killing usand how to fight back ebook john d

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What is the summary of Affluenza de Graaf? The pressure to consume material goods in mass quantities is all around us and it's so un-healthy, it can be likened to a virus, as illustrated by the term "affluenza." America's obsession with overconsumption is harmful to the environment, to our relationships, and to our mental health, and it's important to fight ...

How to fight affluenza? Luthar and Schwartz say the best way to fight this problem begins with parents ensuring warm, open communication with their children while maintaining firmness and consistency in setting limits.

What does the word affluenza mean? af·flu·en·za ?a-(?)flü-?en-z? : the unhealthy and unwelcome psychological and social effects of affluence regarded especially as a widespread societal problem: such as. a. : feelings of guilt, lack of motivation, and social isolation experienced by wealthy people.



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