

Black dogs and blue words depression and gender in the age of self care

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What is the black dog reference to depression? Winston Churchill (who some think suffered from major depression or bipolar disorder) referred to his episodic dark moods as his “black dog.” He didn't actually invent this term; in fact, it was a pejorative term used by nannies in the Victorian era to refer to unpleasant or moody children.

What is the black dog theory? The prevailing thought is that black dogs are harder to place in homes, a trend known as Black Dog Syndrome or BDS. Although some studies have disputed this phenomenon, shelter workers and animal advocates claim to have witnessed Black Dog Syndrome first-hand.

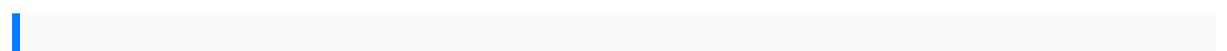
What is the symbol of the black dog depression? As early as 65 B.C., the Roman poet Horace wrote of “black dog” depression — essentially having a black dog trailing behind a person as a symbol of depression. It was a description Winston Churchill found so apt that he later adopted it himself.

What is the black dog's mental illness? Depression is sometimes referred to as the “Black Dog”. Just like a real dog, it needs to be embraced, understood, taught new tricks and ultimately brought to heel.

What does the black dog symbolize? More seriously, black dogs often symbolize an imminent death as does the huge black hound in the fictional “Hound of the Baskervilles.” Cerberus, the mythological guardian of Hades, is usually portrayed as a monstrous, three-headed black dog, friendly only with the devil.

What is the reference to the black dog? Famously, Winston Churchill referred to his depression as “the black dog.” Sitting on his lap, it haunted him. Like in Bly's poem, it followed him wherever he went, but even for hanging so close to his feet some say it helped him lead the nation through war.

Who called his depression the black dog? Churchill knew it and named it his “black dog”, following Samuel Johnson (who, like many great men, suffered from the great disease of manic-depression). Churchill was so paralysed by despair that he spent time in bed, had little energy, few interests, lost his appetite, couldn't concentrate.



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