

SOLUCIONARIO GEOGRAFIA E HISTORIA 2 ESO SANTILLANA

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Solucionario de Geografía e Historia 2º ESO Santillana

Actividades iniciales

- 1. ¿Qué es la geografía? La geografía es la ciencia que estudia la superficie terrestre, sus formas, su clima y la distribución de los seres vivos.
- 2. ¿Cuáles son los cinco continentes? África, América, Antártida, Asia y Europa.
- 3. ¿Qué es la historia? La historia es la ciencia que estudia el pasado de la humanidad.

Unidad 1: La Tierra, nuestro planeta

- 4. ¿Cuáles son las capas de la Tierra? La corteza, el manto y el núcleo.
- 5. ¿Qué es la litosfera? La parte exterior y sólida de la Tierra.
- 6. ¿Cuáles son las formas del relieve? Montañas, colinas, valles, llanuras y mesetas.

Unidad 2: El clima y el agua

- 7. ¿Qué factores influyen en el clima? La temperatura, la humedad, la presión y los vientos.

- 8. ¿Cuáles son los principales tipos de clima? Ecuatorial, tropical, subtropical, templado, frío y polar.
- 9. ¿Qué es un océano? Una gran masa de agua salada que cubre parte de la superficie terrestre.

Unidad 3: La población

- 10. ¿Qué es la demografía? La ciencia que estudia la población humana.
- 11. ¿Cuáles son los principales problemas demográficos? El crecimiento de la población, el envejecimiento y la inmigración.
- 12. ¿Qué es el PIB per cápita? El valor de los bienes y servicios producidos por una economía dividida entre el número de habitantes.

Unidad 4: La historia de España

- 13. ¿Cuáles fueron los principales pueblos que habitaron la Península Ibérica? Celtas, iberos, fenicios, griegos, cartagineses y romanos.
- 14. ¿Qué importancia tuvo la Reconquista? Fue el proceso de recuperación de los territorios ocupados por los musulmanes en la Península Ibérica.
- 15. ¿Cuáles fueron los principales acontecimientos de la Edad Media española? La Reconquista, el feudalismo y la formación de los reinos cristianos.

The Kill Artist: Unmasking the True Story behind the Infamous Serial Killer

What is "The Kill Artist"?

"The Kill Artist" is a gripping true-crime documentary that delves into the chilling case of Thierry Jaradin, a serial killer who terrorized Belgium in the 1980s and 1990s. The documentary explores the intricate investigation that eventually led to Jaradin's capture.

Who was Thierry Jaradin?

Jaradin was a Belgian postal worker who led a double life. On the surface, he was a seemingly ordinary citizen, but beneath that façade lurked a cold-blooded killer. Between 1980 and 1996, Jaradin is believed to have murdered at least 10 people, mainly elderly women who lived alone.

How was Jaradin apprehended?

The investigation into Jaradin's crimes was hampered by a lack of physical evidence. However, a breakthrough came when one of his victims survived an attack and was able to provide a detailed description of the assailant. This, coupled with a psychological profile, led investigators to suspect Jaradin.

What motivated Jaradin's crimes?

The exact motivation behind Jaradin's actions remains a mystery. While he did confess to some of the murders, he refused to provide a clear explanation for his behavior. Psychologists and psychiatrists have speculated that he may have suffered from a personality disorder or a sexual compulsion.

What impact did Jaradin's crimes have?

Jaradin's crimes sent shockwaves through Belgium and beyond. The elderly population, particularly women living alone, were terrified. His capture and conviction brought some closure to the victims' families, but the psychological scars inflicted by his reign of terror still linger today.

Stop Being Jealous and Insecure: 11 Easy Habits to Transform Your Mindset

Jealousy and insecurity can poison our lives, creating unnecessary pain and mistrust. Breaking free from these negative emotions is crucial for our well-being and the health of our relationships. Here are 11 simple habits that can help you conquer jealousy and insecurity:

1. Identify Your Triggers:

Identify the situations or people that trigger your jealousy and insecurity. Knowing what sparks these feelings can help you anticipate and prepare for them.

2. Challenge Negative Thoughts:

When jealous or insecure thoughts surface, challenge them rationally. Ask yourself if the evidence supports your fears or if you're making assumptions based on limited information.

3. Focus on Your Strengths:

Instead of dwelling on what you lack, focus on your unique strengths and accomplishments. This will boost your self-esteem and make you less likely to compare yourself to others.

4. Practice Gratitude:

Make a habit of expressing gratitude for the positive aspects of your life. Appreciating what you have can shift your perspective and reduce the tendency to covet what others have.

5. Set Realistic Goals:

Avoid setting unrealistic goals that can lead to feelings of inadequacy. Break down large goals into smaller, manageable steps to build your confidence and reduce the temptation to compare yourself to others' achievements.

6. Seek Support:

Talk to a trusted friend, therapist, or family member about your feelings. Sharing your struggles can provide support and help you process your emotions in a healthy way.

7. Distance Yourself from Toxic People:

Limit your exposure to individuals who trigger your jealousy or make you feel insecure. Surround yourself with supportive and uplifting people who value you for who you are.

8. Practice Self-Care:

Prioritize self-care activities that enhance your well-being, such as exercise, meditation, or spending time in nature. Taking care of yourself can boost your mood

and reduce the likelihood of negative emotions.

9. Avoid Social Media Comparisons:

Social media often presents idealized versions of people's lives, which can fuel feelings of inadequacy. Be aware of the potential negative effects and limit your exposure to these platforms.

10. Focus on the Present Moment:

Dwelling on the past or worrying about the future only magnifies jealous and insecure feelings. Practice mindfulness and focus on the present moment to calm your mind and reduce negative thoughts.

11. Remember Your Worthiness:

Remind yourself that you are worthy of love and happiness, regardless of your accomplishments or the actions of others. Believe in yourself and don't allow jealousy and insecurity to diminish your value.

The Psychology of Selling: Unlocking the Inner Workings of Persuasion

Selling is an art that requires a deep understanding of human psychology. It involves influencing customers' thoughts, feelings, and actions towards making a purchase. Here are some key questions and answers that shed light on the psychological aspects of selling:

1. What motivates customers to buy?

Customers' purchase decisions are often driven by a combination of intrinsic (e.g., personal fulfillment) and extrinsic (e.g., social status) motivations. Understanding these motivations allows salespeople to tailor their messaging to resonate with each customer's specific desires.

2. How do emotions play a role in selling?

Emotions play a crucial role in shaping customers' perceptions and decisions. By evoking positive emotions such as enthusiasm, trust, and anticipation, salespeople can create an emotional connection with customers and increase their willingness to

buy.

3. What's the importance of empathy in sales?

Empathy is essential for effective selling. It requires salespeople to put themselves in the customers' shoes and understand their perspectives, needs, and concerns. By listening actively and demonstrating empathy, salespeople can build stronger relationships and increase customer satisfaction.

4. How can salespeople overcome objections?

Objections are a natural part of the sales process. By addressing objections with respect and understanding, salespeople can turn them into opportunities to provide value and build trust. Instead of arguing, they should focus on listening to the customer's concerns and offering solutions that meet their needs.

5. What ethical considerations are involved in selling?

Ethical selling practices require salespeople to always act with integrity and respect for customers. This means providing accurate information, avoiding deception, and ensuring that the products or services meet the customers' needs. By adhering to ethical principles, salespeople can build long-lasting relationships and maintain the reputation of their company.

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