

# Abnormal psychology an integrative approach 4th canadian edition

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Abnormal Psychology: An Integrative Approach in APA Style\*\*

### **What is Abnormal Psychology?**

Abnormal psychology is the study of mental and behavioral disorders. It focuses on the causes, diagnosis, and treatment of psychological conditions that deviate significantly from norms and can impair functioning.

### **Difference Between Abnormal Psychology and Psychopathology**

Abnormal psychology and psychopathology are often used interchangeably but have subtle differences. Psychopathology refers specifically to the study of mental disorders, while abnormal psychology encompasses a broader range of topics, including psychological distress, dysfunction, and well-being.

### **Integrative Approach to Psychopathology**

The integrative approach to psychopathology combines perspectives from various psychological theories, including biological, psychological, and social factors. It emphasizes the importance of considering multiple dimensions of human experience when assessing and treating psychological disorders.

### **Publisher of "Abnormal Psychology: An Integrative Approach"**

The 8th edition of "Abnormal Psychology: An Integrative Approach" is published by Cengage Learning.

## **Integrative Approach APA**

The integrative approach to abnormal psychology in APA style includes discussing multiple perspectives and theories when explaining psychological disorders. It avoids dogmatic adherence to a single theory and emphasizes the need for a comprehensive understanding of mental health issues.

### **4 D's of Abnormal Behavior**

- Deviance from social norms
- Distress (subjective feeling of discomfort or unhappiness)
- Dysfunction (impairment in daily functioning)
- Danger (potential harm to self or others)

### **5 D's in Psychology**

The 5 D's of abnormal behavior extend the 4 D's by adding:

- Duration (persistence over time)

### **Types of Abnormal Psychology**

There are numerous types of abnormal psychology, including:

- Anxiety disorders
- Mood disorders
- Psychotic disorders
- Substance use disorders
- Personality disorders

### **APA Citation for "Abnormal Psychology: An Integrative Approach"**

- **8th Edition:**

- Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2019). *Abnormal psychology: An integrative approach* (8th ed.). Cengage Learning.

- **17th Edition:**

- Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2023). *Abnormal psychology: An integrative approach* (17th ed.). Cengage Learning.

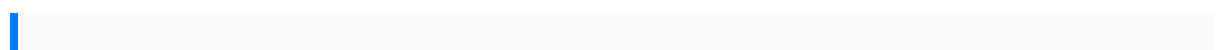
## APA Citation for "Fundamentals of Abnormal Psychology"

- **8th Edition:**

- Barlow, D. H., Durand, V. M., & Lazar, S. G. (2020). *Fundamentals of abnormal psychology* (8th ed.). Cengage Learning.

## Abnormal Psychology According to APA

According to the American Psychological Association (APA), abnormal psychology is "the scientific study of psychological disorders that significantly interfere with an individual's cognitive, emotional, or behavioral functioning."



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