

Astrology and the rising of kundalini the transformative power of saturn chir

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What is Kundalini astrology? She explains how kundalini energy--the "liquid light of sex" that lies at the base of the spine--is activated during these planetary transits, rising through the chakras and triggering the process of spiritual emergency, and in many cases, a cascade of health, emotional, and relationship problems as well as extreme ...

How do you know if your kundalini is rising?

What does Kundalini energy feel like? This energy may cause physical sensations like tingling, shaking, or heat. Secondly, they may begin to experience powerful emotions and thoughts that they previously suppressed. These may include long-buried trauma or deep-seated fears.

What happens to the body when kundalini rises? During its rising it causes the CNS to throw off stress. A process of mentally and bodily purification. There is a variety of symptoms of kundalini awakening. Not all of them will happen in individuals undergoing this process of spiritual awakening.

What does kundalini energy rising mean? Kundalini awakening is believed to be the raising of one's energy through Chakras. We have several Chakras in the body and we have to raise energy from the lower Chakra to the higher Chakra.

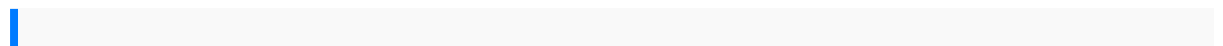
What activates a kundalini awakening? Focused meditation on the chakras, especially the root chakra where Kundalini is said to reside, can help to awaken this energy. Visualisation techniques, where one imagines the energy rising from the

base of the spine, can be particularly effective. Mantras and Chanting.

What are the physical signs of kundalini awakening? Symptoms of Kundalini Awakening are body start shaking, current passes in spine, some kind of tingling in spine.. In past life where ever your consciousness your kundalini had risen, In this life also it will b on same level, Kundalini shakti is awakened by guru only..

What chakra is kundalini energy? Kundalini is the feminine divine power that is in an inactive form at the base of the spine or below the Muladhara chakra. There are 7 chakras found in our body as our main energy junctions and Kundalini Energy can maximum reach until the 6th Chakra which is Ajna Chakra or Third Eye.

What are the mental symptoms of the kundalini? She lists one of the effects of kundalini awakening as psychological and emotional upheaval, including intensification of unresolved psychological conflict, fear of death or insanity, overwhelming mood swings. heightened sensitivity to others' moods, confusion.



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