

Abnormal psychology 11th edition

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Understanding Abnormal Psychology: Perspectives and Key Information**

Perspectives in Abnormal Psychology

Abnormal psychology encompasses a wide range of perspectives that offer different lenses through which to understand abnormal behavior. The seven main perspectives are:

1. **Psychodynamic Perspective:** Emphasizes the role of unconscious conflicts and childhood experiences in shaping mental disorders.
2. **Behavioral Perspective:** Focuses on how learned behaviors and environmental factors contribute to abnormal behavior.
3. **Cognitive Perspective:** Examines the role of distorted thoughts and beliefs in psychological distress.
4. **Humanistic Perspective:** Emphasizes personal growth, self-actualization, and the importance of free will.
5. **Biological Perspective:** Investigates the role of genetics, neurotransmitters, and other biological factors in mental disorders.
6. **Sociocultural Perspective:** Explores the influence of social and cultural factors on abnormality and mental health.
7. **Evolutionary Perspective:** Considers how evolutionary pressures have shaped human behavior and the development of psychological disorders.

Key Information

- **Exploring Psychology 11th Edition Publication:** Published in 2020

- **Abnormal Psychology Journal New Name:** Journal of Abnormal Psychology
- **Abnormal Psychology 17th Edition APA Citation:** Tuchman, R. C., & Widiger, T. A. (2021). Abnormal psychology: Clinical perspectives on psychological disorders (17th ed.). Wiley.

Elements and Dimensions of Abnormal Psychology

- **Elements of Abnormal Psychology:**
 - Deviance (departs from societal norms)
 - Distress (causes discomfort or suffering)
 - Dysfunction (impairs daily functioning)
- **Dimensions of Abnormal Psychology:**
 - Severity (intensity of symptoms)
 - Course (duration and pattern of symptoms)
 - Prognosis (expected outcome)

Is Exploring Psychology the Same as Psychology?

No, exploring psychology is an introductory textbook that provides an overview of the field of psychology, while abnormal psychology is a specialized branch that focuses on the study of abnormal behavior and mental disorders.

Publications

- **Abnormal Psychology 10th Edition Publication:** 2009
- **Theories of Personality 11th Edition Publication:** 2008

Additional Perspectives in Psychology

Beyond the seven main perspectives of abnormal psychology, there are other theoretical perspectives in psychology, such as:

- **Existential Perspective**

- **Transpersonal Perspective**
- **Feminist Perspective**
- **Positive Psychology Perspective**
- ****Narrative Perspective**

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