

# An atlas of epilepsy

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**What is the symbol of epilepsy?** The hippocampus is the site of the epileptic focus in some people with epilepsy, so for many years, the seahorse was the symbol of Epilepsy Society. 12. Purple is the colour of epilepsy which is why Cassidy Megan, a young girl with epilepsy from Nova Scotia, Canada created Purple Day.

**What is the difference between a seizure and an epilepsy?** Epilepsy is a neurological disorder in which a person has two or more unprovoked seizures that occur more than 24 hours apart. A seizure is an excessive surge of electrical activity in the brain that can cause a variety of symptoms, depending on which parts of the brain are involved.

**Can epilepsy come back after 20 years?** It's important to note that remission doesn't necessarily imply a cure, as epilepsy can 'come back' be a lifelong condition. Even when seizures are well-controlled for an extended period, it may be necessary for individuals to continue with their treatment plans and regular medical follow-ups to maintain remission.

**How many hours should a person with epilepsy sleep?** In general, at least 7-8 hours of sleep a night is considered good, but the quality of sleep also needs to be considered.

**Is epilepsy a gift from God?** In ancient times, epilepsy was considered a gift from the gods, and those affected were highly respected, including Julius Caesar and Alexander the Great. We usually have the idea that an epileptic seizure is accompanied by convulsions and loss of consciousness, but this is not always the case.

**What is the spiritual root of epilepsy?** The word Epilepsy derives from Ancient Greek and means “to seize” or “to possess” and in ancient cultures, spirit possession was held to account for the disease.

**Is epilepsy a disability?** Takeaway. Epilepsy is not a medical disability on its own, but some people who have it experience impairments that can interfere with their ability to work or study. The SSA considers epilepsy as a qualifying disability. This means you have to meet eligibility criteria to receive disability benefits.

**What triggers epilepsy?** Triggers are situations that can bring on a seizure in some people with epilepsy. Some people's seizures are brought on by certain situations. Triggers can differ from person to person, but common triggers include tiredness and lack of sleep, stress, alcohol, and not taking medication.

**What are the strange behaviors before a seizure?** Twitches and other unusual movements They may be subtle or they could be more noticeable. For some people that can look like: A sudden cramping or tensing of a muscle group, stiffening of your head and neck muscles, involuntarily posturing your fingers or hand, or exaggerated blinking.

**Who is the most famous person with epilepsy?** Theodore Roosevelt: Throughout his life, Roosevelt suffered from epilepsy and was prone to epileptic seizures, but that did not hold him from his convictions. Upon the end of the Spanish-American war, he was elected governor of New York in 1898.

**Does epilepsy get worse as you age?** It's certainly possible that the severity and frequency of seizures can increase as a person gets older. However, it's also entirely possible that epilepsy can get better with age, whether that's due to the natural changes in the body during the ageing process or through improved treatment.

**What can I get for free with epilepsy?** A patient assistance program is a special service offered by all major drug companies. If you can't afford your medications, drug manufacturers may offer benefits like: Prescription medicine free of charge or at low cost. Medicine sent to your home, your doctor's office, or your pharmacy.

**What is the 10 20 rule epilepsy?** Clinical Pearl: Approximately 90% of people who have a syncopal episode will have myoclonic jerks, the 10:20 Rule to help determine

whether syncope or seizure is more likely. If there are 10 jerks it is more likely to be syncope, if you have >20 jerks it is more likely to be a seizure.

**What should epileptics not do?** People with uncontrolled seizures should avoid dangerous activities like scuba diving, rock climbing, skydiving, hang gliding, and mountain climbing. These sports require full concentration, and any episode of loss of consciousness may lead to injury and possible death.

**Do people with epilepsy have anger issues?** These can include mood changes or depression, irritability, restlessness or motor hyperactivity and poor frustration tolerance, any of which can lead to aggressive or emotional outbursts. These symptoms are often relieved by the occurrence of the seizure, although they might persist for few days afterwards.

**What did Jesus say about epilepsy?** “Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So I brought him to Your disciples, but they could not cure him.” Then Jesus answered and said, “O faithless and perverse generation, how long shall I be with you?”

**What is the Chinese medicine for epilepsy?** *Gastrodia elata*. *Gastrodia elata* is a widely used traditional Chinese medicine for treating neurological disorders, such as headache, insomnia, and epilepsy (Zhan et al., 2016; Liu et al., 2018).

**What did Romans think of epilepsy?** The ancient Romans believed it to be contagious and called sufferers lunaticus, or moonstruck. During the Middle Ages, it was known as the falling sickness. In many cultures throughout history, people with epilepsy have been stigmatized and isolated due to a lack of knowledge.

**What mental illness is associated with epilepsy?** Mental health issues such as anxiety and depression are common in people with epilepsy. In some cases, there may be links between a person's epilepsy and mental health. Possible links include how epilepsy affects their life, how their brain is affected, and their genetic or family history.

**What organ does epilepsy affect?** Epilepsy is a neurological condition involving the brain that makes people more susceptible to having recurrent seizures. It is one

of the most common disorders of the nervous system and affects people of all ages, races, and ethnic background. Almost 2.2 million Americans live with epilepsy.

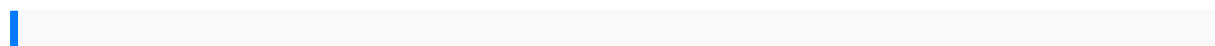
**Why was epilepsy called the sacred disease?** Hippocrates believed that the Sacred Disease (epilepsy), was no more divine than other diseases, but was named "sacred" due to its unique and inexplicable characteristic appearance. He also hypothesized that epilepsy could be cured like other diseases, though once it becomes chronic, it was no longer curable [6].

**Is there a tattoo for epilepsy?** There is no specific type of tattoo that is best for someone with epilepsy, and many people choose designs that are meaningful to them. Some people may also choose to have their medical alert information as a permanent tattoo rather than wearing a necklace or bracelet.

**What is the animal for epilepsy?** Seizure-alert dogs, as implied by their name, are dogs that can sense and notify their human companions of an oncoming seizure. This alerting behavior has been reported to occur several seconds to 45 minutes or more before the onset of the seizure.

**What color represents epilepsy?** Purple for Epilepsy Most people have seen the color purple during fundraising events, on social media, and on educational materials related to epilepsy awareness.

**What is the color code for epilepsy?** Purple is the official color for Epilepsy Awareness. You can show your support by wearing purple in November!



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