Abnormal psychology 11th international s edition by kring ann m davison geral

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Abnormal Psychology: An Exploration of Its Origins, Perspectives, and Definitions**

Father of Abnormal Psychology

The term "abnormal psychology" was coined by Wilhelm Wundt, who is considered the father of experimental psychology. However, the study of abnormal behavior can be traced back to ancient civilizations.

Abnormal Psychology Theory

Abnormal psychology is the scientific study of abnormal behavior, thoughts, and emotions. It seeks to understand the causes, symptoms, and treatment of psychological disorders.

4 D's in Abnormal Psychology

The 4 D's are a mnemonic device used to describe the characteristics of abnormal behavior:

- **Deviance:** Behavior that deviates significantly from societal norms.
- Distress: Behavior that causes significant emotional distress to the individual or others.
- **Dysfunction:** Behavior that impairs an individual's ability to function in everyday life.
- Danger: Behavior that poses a risk to the individual or others.

APA Definition of Abnormal Psychology

The American Psychological Association (APA) defines abnormal psychology as "the study of psychological phenomena that deviate from societal norms, cause distress, impair an individual's ability to function, or pose a risk to the individual or others."

Current Name of Abnormal Psychology

While "abnormal psychology" is still widely used, it has been replaced in some academic settings by terms such as "clinical psychology" or "psychopathology."

Perspectives of Abnormal Psychology

There are seven main perspectives in abnormal psychology:

- Biological
- Psychodynamic
- Behavioral
- Cognitive
- Humanistic-existential
- Sociocultural
- Positive

Definitions of Abnormal Psychology

Three common definitions of abnormal psychology are:

- Statistical deviation from the norm
- Social deviance
- Subjective distress

Real Father of Psychology

Wilhelm Wundt is often referred to as the "father of psychology" due to his contributions to the field of experimental psychology.

The origins of abnormal psychology can be traced back to ancient civilizations, where mental illness was often attributed to supernatural forces.

Father of Clinical Psychology

Lightner Witmer is considered the father of clinical psychology due to his establishment of the first psychological clinic in 1896.

Father of Mental Illness

Emil Kraepelin is known as the "father of mental illness" because of his influential work on the classification and diagnosis of psychological disorders.

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