

# A guide to equine joint injection and regional anesthesia

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The Equine Joint Injection Handbook: A Comprehensive Guide\*\*

### **Introduction:**

The equine joint injection handbook serves as an indispensable resource for veterinary practitioners, providing detailed guidance on the proper techniques and protocols for administering joint injections in horses. This handbook encompasses essential information on injection sites, injection frequency, and the selection of appropriate injection fluids.

### **Correct Injection Site:**

Identifying the correct injection site is crucial for ensuring effective joint injections. For example, the fetlock joint, located at the junction of the pastern and the cannon bone, can be injected in the medial recess, medial or lateral digital bursa, or intra-articular space.

### **Best Joint Injection Fluid:**

The choice of injection fluid depends on the specific joint condition being treated. Commonly used fluids include corticosteroids, hyaluronic acid, and polysulfated glycosaminoglycans (PSGAGs).

### **Injection Frequency:**

The frequency of joint injections should be determined based on the severity of the joint condition and the response to previous injections. Generally, injections may be

repeated every 2-8 weeks or as recommended by a veterinarian.

### **How to Give a Joint Injection:**

Administering a joint injection requires proper training and technique. The process typically involves:

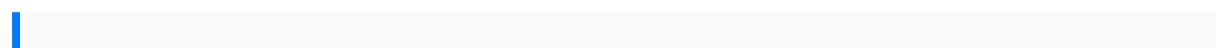
- Aseptic preparation of the injection site
- Aspiration of joint fluid for diagnostic purposes (if necessary)
- Injection of the appropriate fluid into the desired joint space
- Bandaging or wrapping the injection site for protection

### **Pastern Joint Injection:**

The pastern joint, located between the fetlock and the hoof, can also be injected. The most common injection site is the intra-articular space.

### **Conclusion:**

The equine joint injection handbook is a valuable tool for veterinarians involved in the treatment of joint conditions in horses. By following the provided guidelines, practitioners can ensure accurate and effective joint injections, contributing to the well-being and performance of their equine patients.



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A GUIDE TO EQUINE JOINT INJECTION AND REGIONAL ANESTHESIA

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