

STRAIGHTFORWARD PRE INTERMEDIATE PROGRESS TEST 3 ANSWER KEY

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Straightforward Pre-Intermediate Progress Test 3 Answer Key

This progress test is designed to assess your progress in the Straightforward Pre-Intermediate course. It covers topics from Units 1 to 6 of the coursebook.

Section 1: Vocabulary

1. adventurous
2. energetic
3. friendly
4. honest
5. lazy
6. outgoing
7. shy
8. talkative

Section 2: Grammar

1. I went to bed early because I was tired.
2. The children were playing in the garden when it started to rain.
3. If I had more time, I would help you with your homework.
4. I'm not sure whether to go to the party or stay at home.
5. I wish I had a car.

Section 3: Reading

Read the text and answer the questions.

1. What is the name of the author?
 - J.D. Salinger
2. What is the title of the book?
 - Catcher in the Rye
3. What is the main character's name?
 - Holden Caulfield
4. Where does the story take place?
 - New York City
5. What is the main conflict of the story?
 - Holden's struggle with adolescence

Section 4: Listening

Listen to the dialogue and answer the questions.

1. Where are the speakers?
 - In a restaurant
2. What are they ordering?
 - A pizza
3. What size pizza do they want?
 - A large
4. What toppings do they want?
 - Mushrooms, pepperoni, and olives

Section 5: Writing

Write a short paragraph about your favorite hobby.

Sample Paragraph:

My favorite hobby is reading. I love to read all kinds of books, from fiction to non-fiction. I especially enjoy reading mystery novels. When I read, I can escape into another world and forget about my problems. Reading is also a great way to learn new things and expand my knowledge.

The Spark of Joy: Decluttering with Marie Kondo

What is the "Spark of Joy" method?

The "Spark of Joy" method is a decluttering technique created by Japanese tidying consultant Marie Kondo. It focuses on keeping only the items that bring you happiness and discarding everything else. Kondo believes that by surrounding yourself with things that inspire joy, you can create a more positive and fulfilling life.

How do I determine the "Spark of Joy" of an item?

To determine if an item sparks joy, simply hold it in your hands and ask yourself if it brings you a sense of happiness or well-being. If it does, keep it. If it doesn't, thank it for its service and let it go.

What are the benefits of decluttering with the "Spark of Joy" method?

Decluttering with the "Spark of Joy" method can bring numerous benefits, including:

- Reduced stress and anxiety
- Increased productivity and focus
- Improved sleep
- Enhanced self-esteem
- More time and space for the things that matter

How do I start decluttering with the "Spark of Joy" method?

To get started with the "Spark of Joy" method, follow these steps:

1. Gather all the items in a category (e.g., clothing, books, papers).
2. Hold each item and ask yourself if it sparks joy.
3. Keep the items that spark joy and discard the rest.
4. Repeat the process for each category, working through your entire home.

Are there any downsides to the "Spark of Joy" method?

While the "Spark of Joy" method has many benefits, it can be time-consuming and can require a significant amount of effort. It's important to approach it gradually and focus on one category at a time to avoid feeling overwhelmed. Additionally, some people may struggle to determine what truly sparks joy for them, especially when it comes to sentimental items.

Tabel AKG Terbaru: Panduan untuk Kebutuhan Nutrisi Anda

Pertanyaan 1: Apa Itu Tabel AKG? Tabel Angka Kecukupan Gizi (AKG) adalah daftar kebutuhan nutrisi harian yang direkomendasikan untuk individu sehat pada berbagai kelompok usia dan jenis kelamin. Ini berfungsi sebagai panduan untuk memastikan asupan nutrisi yang memadai untuk menjaga kesehatan dan kesejahteraan yang optimal.

Pertanyaan 2: Kapan Tabel AKG Terakhir Diperbarui? Tabel AKG terbaru diterbitkan oleh Kementerian Kesehatan Republik Indonesia pada tahun 2019. Pembaruan ini mempertimbangkan data ilmiah terbaru tentang kebutuhan nutrisi dan perubahan pola makan masyarakat Indonesia.

Pertanyaan 3: Apa saja Perubahan Utama dalam Tabel AKG Terbaru? Tabel AKG terbaru mencakup beberapa perubahan penting, antara lain:

- Peningkatan kebutuhan protein untuk anak-anak dan remaja
- Penurunan kebutuhan lemak jenuh dan lemak trans
- Peningkatan kebutuhan serat dan zat besi untuk wanita usia subur
- Penambahan rekomendasi untuk vitamin D dan omega-3

Pertanyaan 4: Bagaimana Cara Menggunakan Tabel AKG? Untuk menggunakan tabel AKG, cari kelompok usia dan jenis kelamin Anda. Kemudian, lihat kebutuhan harian yang disarankan untuk setiap nutrisi. Anda dapat menggunakan informasi ini untuk merencanakan makanan sehat yang memenuhi kebutuhan nutrisi Anda.

Pertanyaan 5: Apakah Tabel AKG Berlaku untuk Semua Orang? Tabel AKG adalah panduan umum untuk kebutuhan nutrisi rata-rata. Namun, kebutuhan individu dapat bervariasi tergantung pada faktor-faktor seperti aktivitas fisik, kondisi kesehatan, dan status kehamilan. Jika Anda memiliki masalah kesehatan atau kekhawatiran diet tertentu, disarankan untuk berkonsultasi dengan ahli kesehatan atau ahli gizi terdaftar untuk saran yang dipersonalisasi.

Wilson, James Q. and John J. DiIulio Jr. Advanced Placement Edition: American Government Institutions and Policies, Tenth Edition (New York: Houghton Mifflin)

Paragraph 1:

Question: Describe the concept of separation of powers as outlined in the U.S. Constitution.

Answer: Separation of powers involves dividing government into three branches (executive, legislative, and judicial) to prevent any one person or group from gaining excessive authority. Each branch has distinct roles and responsibilities, with checks and balances to prevent overreach.

Paragraph 2:

Question: What is the significance of federalism in American governance?

Answer: Federalism is a system where power is divided between a central government and regional governments. In the U.S., federalism ensures that states retain autonomy while the federal government performs necessary functions. It allows for diversity of laws and policies while maintaining national unity.

Paragraph 3:

Question: How does the electoral college influence presidential elections? _____

Answer: The electoral college is a group of electors chosen by each state who formally cast votes for the president and vice president. Each state's number of electors is determined by its population. This system favors larger states in presidential elections and can lead to situations where a candidate wins the popular vote but loses the electoral college and thus the presidency.

Paragraph 4:

Question: Discuss the role of the Supreme Court in the American political system.

Answer: The Supreme Court is the highest court in the U.S. and resolves legal disputes involving federal and state laws. It also interprets the Constitution and may overturn laws it deems unconstitutional. The court's decisions have a profound impact on American society and politics.

Paragraph 5:

Question: How has technology influenced the relationship between citizens and their government?

Answer: Technology has facilitated greater citizen participation and transparency. Access to social media and digital platforms has empowered citizens to connect with elected officials, voice their concerns, and hold government accountable. However, technology also presents challenges, such as the spread of misinformation and the need for digital literacy to navigate complex political issues.

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