# 4 5mm distal femur locking plate medical ortovit

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4.5mm Distal Femur Locking Plate: Frequently Asked Questions

What is a 4.5mm distal femur locking plate?

A 4.5mm distal femur locking plate is an orthopedic implant used to repair fractures of the distal femur, the lower end of the thigh bone. It is a thin, metal plate that is attached to the bone using screws. The plate has a series of holes along its length, which allow it to be secured to the bone using locking screws. This type of plate is typically used to treat fractures that are not amenable to non-surgical treatment.

### What are the advantages of a 4.5mm distal femur locking plate?

There are several advantages to using a 4.5mm distal femur locking plate for the treatment of distal femur fractures. These include:

- **Stability:** The plate provides excellent stability to the fracture, which helps to promote healing.
- **Versatility:** The plate can be used to treat a variety of fracture patterns.
- Minimally invasive: The plate can be inserted through a small incision, which minimizes scarring and pain.
- **Durability:** The plate is made of a strong, durable material that will last for many years.

What are the risks of a 4.5mm distal femur locking plate?

As with any surgical procedure, there are some risks associated with the use of a 4.5mm distal femur locking plate. These include:

- **Infection:** The surgical site may become infected.
- Bleeding: There may be bleeding during or after surgery.
- Nerve damage: The surgery may damage nerves in the area.
- **Delayed healing:** The fracture may take longer to heal than expected.
- Malunion: The fracture may heal in a malaligned position.

### Who is a good candidate for a 4.5mm distal femur locking plate?

A 4.5mm distal femur locking plate is a good option for patients who have a distal femur fracture that is not amenable to non-surgical treatment. This may include patients who have a fracture that is displaced, unstable, or open.

### What is the recovery process after surgery?

The recovery process after surgery for a distal femur fracture can be lengthy. Patients will typically need to use crutches or a walker for several weeks after surgery. They will also need to participate in physical therapy to regain range of motion and strength in the leg. Most patients will make a full recovery within 6-12 months.

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