

Atlas of minimally invasive thoracic surgery vats expert consult online and p

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What is a VATS thoracic procedure? Video-assisted thoracic surgery (VATS) is a type of minimally invasive thoracic surgery that can remove parts of the diseased lung and lymph nodes. In video-assisted thoracoscopic surgery (VATS), a small tube called a thoracoscope is inserted through a small cut (incision) between the ribs.

What is minimally invasive thoracic surgery? Minimally invasive thoracic surgery is a way of performing surgery in the chest through small incisions, without making large cuts or incisions in the body, and does not require spreading apart of the ribs. Surgeons use a camera and instruments to get to the lung through small incisions in between the ribs.

Is thoracoscopy same as VATS? Thoracoscopy is a procedure in which an endoscope is introduced to visualize the pleural space. Thoracoscopy can be used for visualization (pleuroscopy) or for surgical procedures. Surgical thoracoscopy is more commonly referred to as video-assisted thoracoscopic surgery (VATS).

Is thoracic surgery laparoscopic? Thoracic surgeons at Mayo Clinic perform over 2,000 procedures each year. Minimally invasive surgical techniques are emphasized when appropriate, including advanced laparoscopic, video-assisted thoracoscopic surgery (VATS) and robotic surgical approaches.

What is the life expectancy after VATS? Disease-free survival in VATS was significantly better than open surgery (5- and 10-year survival; VATS, 91.4%, 79.0%; open, 85.1%, 73.6%; respectively, $P=0.04$). Overall survival in VATS was not different from open ($P=0.58$).

How painful is VATS surgery? Results. In a traditional open surgery, called a thoracotomy, a surgeon cuts open the chest between the ribs. Compared with open surgery, VATS usually results in less pain, fewer complications and shortened recovery time.

How painful is thoracic surgery? Your chest may hurt and be swollen for up to 6 weeks. It may ache or feel stiff for up to 3 months. You may also feel tightness, itching, numbness, or tingling around the incision for up to 3 months. Your doctor will give you medicine to help with pain.

How long does it take to recover from VATS lung surgery? The amount of time you will need to recover depends on the surgery you had. But you probably will need to take it easy at home for at least 1 to 2 weeks.

How serious is thoracic surgery? Yes, many thoracic surgeries are serious. Your heart and lungs are very important organs, and they need to function well.

Do you need a chest tube after VATS? Usually, the tube is removed one to three days following surgery. Removing the chest tube is an indication of strong recovery and good progress.

How to sleep after VATS? Some find it helpful to sleep on their back with a few pillows supporting the upper body, while others prefer sleeping slightly elevated on their side. 2. Use pain medications as prescribed: Take your pain medications as directed by your healthcare provider.

What are the risks of VATS procedure? Excess bleeding. Pneumothorax (a collection of air outside the lung but within the pleural cavity, the space around the lungs) Collapse of part or all of a lung (atelectasis) Pneumonia (lung infection)

Why am I being referred to a thoracic surgeon? Your primary care physician, cardiologist, pulmonologist, or gastroenterologist may refer you to a thoracic surgeon if he/she feels that you could benefit from an operation to treat a condition involving the heart, lungs, esophagus, mediastinum, or chest wall.

How long do you stay in the hospital after thoracic surgery? At Hackensack University Medical Center, discharge after wedge resection of the lung averages

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0.75 days, not the typical 3 days. Many patients go home the same day. For discharge after lobectomy the mean is less than 2.5 days, median 1 day—not the national average 4 to 5 days.

How to prepare for VATS surgery?

Is VATS a major surgery? VATS is a minimally invasive procedure. This means it takes place through small incisions. An open-chest surgery (thoracotomy) takes longer to perform. It requires a large incision to spread open the ribs and access the chest area.

Is it normal to cough after VATS surgery? Persistent cough is one of the most common complications following pulmonary resection, that impairs patients' quality of life and prolongs recovery time.

When can I drive after VATS surgery? You should not drive until you feel able to do an emergency stop without feeling any discomfort. If you have had a thoracotomy, this may be up to six weeks. If in doubt, talk to your doctor – if you drive before you are told you can, your insurance may not be valid.

Why is day 3 after surgery the worst? Day 3 After Surgery The inflammatory response tends peak during this time and can lead to increased pain.

How much does VATS surgery cost? We examined surgeon experience with VATS over the 6 months prior to each operation and found a significant association between surgeon experience and cost. Average costs ranged from \$22,050 for low volume surgeons to \$18,133 for high volume surgeons.

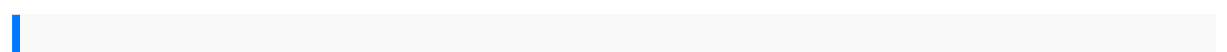
What is the success rate of VATS surgery? The rate of successful VATS for NSCLC treatment was 98.9%, and the conversion rate (from VATS to thoracotomy) was 1.1%. The operative time was 143.8 ± 38.9 minutes, the amount of blood loss was 194.8 ± 150.5 mL, and the postoperative complication rate was 10.6%.

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What is the prognosis for VATS surgery? In a prospective observational study evaluating long-term survival outcomes of VATS lobectomy with lymphadenectomy in 109 patients with non-small cell lung cancer (NSCLC) who were followed for a median of 27 months, Luan et al reported overall survival rates of 100% after 1 year, 85.9% after 2 years, 65.3% after 3 ...

Does VATS require general anesthesia? The major disadvantage to VATS under local or regional anesthesia is that the patient must breathe spontaneously. This is usually tolerated for short periods of time, but for major VATS procedures, a general anesthetic with OLV is a better choice.



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