

Abnormal psychology 11th edition kring

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Abnormal Psychology: A Modern Understanding**

Abnormal psychology, the study of abnormal behavior, recently underwent a significant name change. It is now known as **psychopathology**. This change reflects a shift in emphasis from the abnormal to a more comprehensive understanding of mental health.

Defining Abnormality

In psychology, abnormality is defined by the following criteria:

- **Statistical infrequency:** Behaviors that occur in a small percentage of the population.
- **Impairment:** Behaviors that significantly interfere with personal functioning or social interactions.
- **Maladaptiveness:** Behaviors that are socially unacceptable or create significant distress.
- **Deviation:** Behaviors that deviate significantly from expected norms.

Theories of Abnormality

Various theories have been proposed to explain the causes of abnormal behavior, including:

- **Biological theories:** Focus on genetic and physiological factors.
- **Psychodynamic theories:** Emphasize unconscious conflicts and early childhood experiences.

- **Behavioral theories:** Attribute abnormal behavior to learned patterns and environmental influences.
- **Cognitive theories:** Highlight distorted thought processes and maladaptive beliefs.

Psychopathology Journal Renamed

The previously known journal "Abnormal Psychology" has been renamed "**Journal of Psychopathology and Clinical Science.**"

New Names for Abnormal Psychology

Alternative names for abnormal psychology include:

- Psychopathology
- Clinical psychology
- Mental health

Abnormal Psychology 10th Edition

The tenth edition of the Abnormal Psychology textbook was published in **2019**.

4 D's of Abnormal Psychology

Four key dimensions used to characterize abnormal behavior are:

- **Deviance:** Behavior that violates social norms.
- **Distress:** Behavior that causes significant subjective discomfort.
- **Dysfunction:** Behavior that impairs everyday functioning.
- **Danger:** Behavior that poses a significant risk to oneself or others.

Abnormal Psychology and the APA

The **American Psychological Association (APA)** recognizes both "abnormal psychology" and "psychopathology" as valid terms for the study of mental health.

5 D's of Abnormality

Some experts also propose a fifth dimension of abnormality:

- **Duration:** Behavior that persists over an extended period.

Journal of Abnormal Child Psychology Renamed

The former "Journal of Abnormal Child Psychology" is now known as "**Journal of Developmental and Behavioral Pediatrics.**"

Other Names for Abnormal Psychology

Abnormal psychology is also known as:

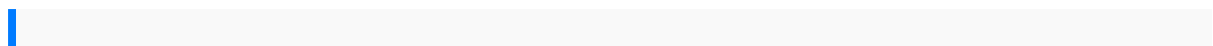
- Psychopathology
- Clinical Psychology

DSM is Not a Journal

The **Diagnostic and Statistical Manual of Mental Disorders (DSM)** is a diagnostic tool used by mental health professionals, not a journal.

Journal of Abnormal Child Psychology Abbreviation

The abbreviation for the "Journal of Developmental and Behavioral Pediatrics" is "**J Dev Behav Pediatr.**"



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