

SONGS OF THE SAINTS OF INDIA GSIXTY

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Songs of the Saints of India: Gsixty

What is Gsixty?

Gsixty is a collection of 60 songs composed by various saints of India. These songs, spanning centuries and diverse religious traditions, celebrate the divine, express devotion, and offer spiritual guidance.

Who are the saints featured in Gsixty?

Gsixty features compositions from a wide range of saints, including:

- Kabir (15th century)
- Mirabai (16th century)
- Ravidas (15th century)
- Tukaram (17th century)
- Guru Nanak (15th century)
- Ramprasad (18th century)

What is the significance of these songs?

The songs of Gsixty are considered sacred texts by many devotees. They offer a glimpse into the inner lives of the saints, their spiritual experiences, and their teachings. These songs have also played a significant role in shaping Indian devotional music and culture.

How can I listen to Gsixty?

Gsixty is available in various formats, including:

- Physical albums: You can purchase CDs or vinyl records of the collection.
- Streaming services: You can listen to Gsixty on streaming services such as Spotify and Apple Music.
- Online resources: The songs are also available for download on websites like the Satsang Foundation website.

What is the purpose of Gsixty?

Gsixty aims to connect listeners with the spiritual wisdom of India's saints. By listening to these songs, devotees can experience the saints' transformative teachings, find solace in their words, and deepen their connection with the divine.

When Technology Fails: A Guide to Self-Reliance and Surviving the Long Emergency

In an increasingly tech-driven world, it's crucial to have strategies in place for when technology fails. "When Technology Fails: A Manual for Self-Reliance, Sustainability, and Surviving the Long Emergency, 2nd Edition" provides a comprehensive blueprint for self-sufficiency in the face of unforeseen events.

Q: What is the "Long Emergency"? A: The Long Emergency is a term coined by author James Kunstler to describe a prolonged global crisis brought on by environmental degradation, resource depletion, and energy shortages. The book outlines practical measures for coping with these challenges.

Q: How can I become self-reliant in case of a technology outage? A: The book emphasizes the importance of developing skills in areas such as:

- Food production and preservation
- Water purification and sanitation
- Shelter and housing maintenance
- First aid and medical knowledge

- Bartering and communication

Q: What are some essential supplies to have on hand? A: "When Technology Fails" recommends stocking up on non-perishable foods, water, medical supplies, tools, and clothing. It also stresses the need for a renewable energy source, such as solar panels or a wood-burning stove.

Q: How can I prepare for the psychological challenges of a societal collapse?

A: The book acknowledges the potential for social unrest and psychological distress in such situations. It offers strategies for building community and maintaining mental well-being, including:

- Developing resilience through mindfulness and self-reliance
- Establishing connections with like-minded individuals
- Finding purpose and meaning in the midst of adversity

Q: What is the overall message of "When Technology Fails"? A: "When Technology Fails" is not a doomsday prediction but rather a practical guide for preparing for the unexpected. It empowers individuals to take control of their lives and become more resilient in the face of adversity. The book emphasizes the importance of self-sufficiency, sustainability, and the power of community.

Wolfgang Iser and the Act of Reading

1. Who is Wolfgang Iser?

Wolfgang Iser (1926-2007) was a German literary theorist and one of the founders of reader-response criticism. He believed that the meaning of a literary text is not solely determined by the author, but is also shaped by the reader's active involvement in the act of reading.

2. What is the Act of Reading?

For Iser, reading is not a passive process of decoding symbols, but an active process in which the reader interacts with the text. The reader brings their own experiences, knowledge, and expectations to the text, and these shape the way they interpret and understand it.

3. How Do Readers Create Meaning?

Iser believed that readers create meaning through a process of "filling in the gaps" in the text. The text provides cues and suggestions, but the reader must fill in the details and make sense of the story. This process is called "actualization," and it is through actualization that the reader creates a unique and personal interpretation of the text.

4. What is the "Implied Reader"?

Iser argued that every text implies a certain type of reader. This "implied reader" is not the actual reader, but a hypothetical reader who is capable of understanding and appreciating the text. The implied reader is created by the text's structure, language, and style.

5. What are the Implications of Iser's Theory?

Iser's theory has significant implications for the way we think about reading and literature. It challenges the idea of a single, fixed meaning in a text and emphasizes the importance of the reader's active involvement in the act of reading. It also suggests that the meaning of a text can change over time as different readers interpret it in different ways.

What is a hempcrete? Hempcrete is a composite made of natural materials, lime and hemp. The lime component consists of air lime that is formulated to speed up the setting process. The hurds are made using hemp stalks.

What is the R rating of hempcrete? Hempcrete has outstanding thermal properties. A 300mm thick Hempcrete wall has an R-value of 4.2 while a 200mm thick floor infill will achieve an R-value of 4.0.

Is hempcrete legal in the US? Hempcrete Has Been Approved for U.S Residential Construction The ICC governs U.S. residential building codes for 49 out of 50 states. Hempcrete is a non-toxic, environmentally friendly material that can be used to insulate homes, offices, and other buildings.

Is hempcrete eco-friendly? Hempcrete, or Hemp + Lime, is an eco-friendly building material. It blends the inner core of industrial hemp with a lime-based binder, creating a bio-composite. Although not a structural element, Hempcrete serves as insulation between frame members, reducing racking while internal framing supports structural loads.

What are the downsides of hempcrete?

Does hempcrete smell? Hempcrete blocks used in construction don't look or smell like a marijuana plant. They're nearly odorless with a grayish earth-tone color.

What is the lifespan of hempcrete? Hempcrete is used as a building material and usually has the same shape as bricks. Hempcrete can be used for roofing, walls, insulation, and slabs, with walls being the most common. These blocks are low maintenance and can be used for an estimated 300-500 years with proper maintenance when needed.

How long will hempcrete last? Hempcrete homes are long lasting. The average home is estimated to last 50-100 years. Hempcrete, on the other hand, has the incredible life span of at least 300-500 years, if not longer and is recyclable.

Why don't we use hempcrete? Despite its many benefits, Hempcrete does have a few disadvantages that make it less than ideal as a building material. For instance, the porous structure of the Hempcrete decreases its mechanical performance and increases its ability to retain water.

Is it cheaper to build with hempcrete? Domestic hempcrete production can also help more people afford hempcrete buildings. Not long ago, hemp houses could cost up to 30% more to build than conventional structures, Martin said. But as new U.S. hemp processors come online, reliance on expensive imported materials has fallen, lowering costs.

Why did hemp get banned? War on drugs The Drug Enforcement Administration (DEA) refused to issue permits for legal hemp cultivation and held that, since industrial hemp is from the same species plant as prohibited cannabis (despite its being of lower THC yield), both were prohibited under the Controlled Substances Act.

Is hempcrete actually better than concrete? One of the biggest advantages of hempcrete vs. concrete is its sustainability. Hemp plants absorb large amounts of carbon dioxide during their growth, and this carbon remains trapped within the material after construction.

Do termites eat hempcrete? Termites don't just eat the wood that makes up your home. They will eat anything that contains cellulose, such as cotton, flax, and hemp.

Can hempcrete get wet? Hempcrete isn't degradation proof against long-term exposure to rain or extreme humidity [187] and noticeable deformation may occur above 60% moisture content [172], although in the short term exposure, moisture might not propagate deeply into the hempcrete [195] .

Is hempcrete rodent proof? Hempcrete repels insects and rodents. Hempcrete biocomposite thermal mass stabilizes interior temperature flux. Hempcrete biocomposite is a non-toxic material and can be recycled or used as a soil amendment, minimizing waste and promoting sustainability.

Do you need insulation with hempcrete? The thermal properties of hempcrete are extraordinary. It provides insulation because of pockets of air trapped within the material; both in the spaces between particles of hemp shiv, and in microscopic pores in the hemp shiv itself.

What is the R value of hempcrete? Hempcrete's R-value (its resistance to heat transfer) can range from 0.67/cm (1.7/in) to 1.2/cm (3.0/in) , making it an efficient insulating material (the higher the R-value, the better the insulation). The porosity of hempcrete falls within the range of 71.1% to 84.3% by volume.

What is a substitute for hempcrete? Stonefiber is a better alternative to Hempcrete When regular hemp hurd gets wet, hemicellulose and other constituents leach into the mix design – these sugars promote mold growth and inhibit ceramic hydration and prevent optimal curing conditions.

How long can hempcrete last? It is inexpensive, non toxic when cured, can last for thousands of years, fire resistant, pest resistant, maintains very good compressive strength and is easy to work with.

Does hemp get moldy? The fungus *Botrytis cinerea* is a common pathogen that infects many different crops worldwide and causes gray mold on hemp. This fungus initially infects weak, damaged or senescing leaf, bud or stem tissues, especially when environmental conditions are favorable.

Does hemp insulation mold? Hemp insulation is non-toxic, mold-resistant, and sound-absorbing. It is also very resistant to pests, such as rodents, moths, and termites.

How much does it cost to build a house out of hempcrete? Cons of using hempcrete “Generally, whatever the standard price is for build per square foot, add a minimum of \$60 to that. So where it may cost an average of \$120 per square foot on a traditional build, a hempcrete structure may cost \$180 per square foot or more.”

Is hempcrete affordable? Hempcrete may have a higher initial cost than traditional building materials, but it offers long-term savings in energy consumption and maintenance. Additionally, the availability and sourcing of hempcrete may vary depending on location and market demand.

What are the disadvantages of hempcrete housing?

Can you screw into hempcrete? They can be fixed directly in the hempcrete blocks without pegs. If a plaster or a finishing plate has been added to the hempcrete blocks, you can still insert these screws directly into the wall. These screws are made of galvanised steel.

Can you paint over hempcrete? Can you paint hempcrete? The answer is yes but with a caveat. The breathable nature of hempcrete requires a breathable paint like Real Milk Paint that lets moisture pass through rather than become trapped in the material.

Is hempcrete soundproof? Sound insulation The thickness and mass of hempcrete walls provides good acoustic damping from one side of the wall to the other. If walls are left off-form (that is, without render), the absorbent nature of the surface also creates an acoustically 'dead' space within each room.

Is hempcrete stronger than concrete? According to hempcretewalls.com, hempcrete has a compressive strength of 0.5 MPa to 3.5 MPa or 72.5 psi to 507.6 psi. At best that is 16.9% the strength of standard concrete. To put that in perspective, according to the Wikipedia page regarding Ground Pressure, a stiletto heel can exert up to 471 psi.

Why don't we use hempcrete? Despite its many benefits, Hempcrete does have a few disadvantages that make it less than ideal as a building material. For instance, the porous structure of the Hempcrete decreases its mechanical performance and increases its ability to retain water.

Is hempcrete cheaper than concrete? For a quick cost comparison, concrete is cheaper than hempcrete, costing \$85 per square meter, while hempcrete, on average, costs \$135 per square meter. But hempcrete can provide from 50% to 80% in energy savings, mainly with heating and cooling.

What is the lifespan of hempcrete? Hempcrete is used as a building material and usually has the same shape as bricks. Hempcrete can be used for roofing, walls, insulation, and slabs, with walls being the most common. These blocks are low maintenance and can be used for an estimated 300-500 years with proper maintenance when needed.

How long will hempcrete last? Hempcrete homes are long lasting. The average home is estimated to last 50-100 years. Hempcrete, on the other hand, has the incredible life span of at least 300-500 years, if not longer and is recyclable.

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Does hempcrete rot? The lime element of hempcrete being alkaline provides many great benefits, it being a biocide, anti fungal, anti-rot and wood preserver it is also corrosive to steel.

Can you build a house out of hempcrete? Is hempcrete accepted in building codes? The U.S. hempcrete industry hit an important milestone in 2022 when it was accepted into the International Residential Code, which spells out rules for the construction of single- and two-family homes in 49 states.

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Why isn't hempcrete used? The most notable limiting factor with hempcrete is the low mechanical performance. Due to low mechanical performance, the material should not be used for load-bearing structures.

[when technology fails a manual for self reliance sustainability and surviving the long emergency 2nd edition, wolfgang iser the act of reading, the hempcrete](#)

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