

Alcoholics anonymous big book

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What is in the Big Book of AA? The Big Book provides background on the history of AA, including the founders, Bill W. and Doctor Bob. The book details stories of other recovering alcoholics who have found sobriety through the program as well. The Big Book also provides other information and methods of support for alcoholics and their families.

Why is AA called the Big Book? The text got this name because the first edition of the book had rather thick pages, making the book even thicker than its content would suggest. The book is designed to be a basic treatise on how to achieve recovery from alcohol addiction and was primarily written by one of the founding members of AA, William G.

What is the main object of the Big Book of Alcoholics Anonymous? About the Big Book Alcoholics Anonymous, also known as the "Big Book," presents the A.A. program for recovery from alcoholism. First published in 1939, its purpose was to show other alcoholics how the first 100 people of A.A. got sober. Now translated into over 70 languages, it is still considered A.A.'s basic text.

How to cite the AA Big Book in APA? APA, 7th ed. W., B. (2002). Alcoholics Anonymous: The story of how many thousands of men and women have recovered from alcoholism. Alcoholics Anonymous World Services.

Is Jesus mentioned in the AA Big Book? The final version of the book directs AA followers to embrace a "higher power" and "God of your understanding" instead of "God" or "Jesus Christ" as they follow a path to sobriety.

Why is the Big Book so important? In the first forward of the book, it states its purpose: "To show other alcoholics precisely how we have recovered is the main

purpose of this book.” The reason the Big Book carries so much weight in A.A. is that it has the directions to get sober. People today still follow their suggestions and still get sober.

What are the two sins in the AA Big Book? there are only two sins; the first is to interfere with the growth of another human being, and the second is to interfere with one's own growth. Happiness is such an elusive state.

What is the real purpose of the Big Book in AA? Our real purpose is to fit ourselves to be of maximum service to God and the people about us.

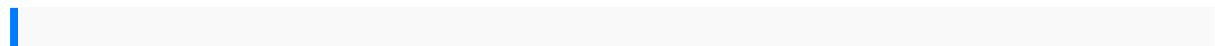
How to read a big book?

Are the 12 principles of AA in the Big Book? The Twelve Steps are the foundation of Alcoholics Anonymous. By taking these steps, the alcoholic experiences a spiritual awakening or psychic change sufficient to bring about lasting recovery from alcoholism. The Steps are listed beginning on Page 59 of the Big Book of Alcoholics Anonymous.

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What are the only two sins in AA Big Book? there are only two sins; the first is to interfere with the growth of another human being, and the second is to interfere with one's own growth. Happiness is such an elusive state.

What are the three essentials in AA Big Book? Willingness, honesty and open mindedness are the essentials of recovery. But these are indispensable.



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