

# GERIATRIC REHABILITATION A CLINICAL APPROACH 3RD EDITION

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**What is the concept of geriatric rehabilitation?** Definition of geriatric rehabilitation: Geriatric Rehabilitation (GR) is defined as a multidimensional approach of “diagnostic and therapeutic interventions, the purpose of which is to optimize functional...,” capacity, promote activity and preserve functional reserve and social participation “in older people with ...

**What are the psychosocial issues in geriatric rehabilitation?** Depression, anxiety, fear of falling, adjustment issues, neurocognitive disorders, and caregiver support are discussed as a selection of factors that are relevant for geriatric patients undergoing rehabilitation.

**What are the 5 pillars of geriatric medicine?**

**What is the modern concept of rehabilitation?** It involves the integrated use of both physical exercise and exposure, and natural factors. This type of rehabilitation is aimed at restoring the functions of damaged organs, adaptation after injuries, involvement in the usual way of life.

**What are 6 common psychosocial challenges that affect older adults?**

**What is the most common psychological problem among the elderly?** The most common mental health conditions for older adults are depression and anxiety.

**What are the mental problems of geriatric patients?** The most common issues are depression, dementia, and anxiety. Depression and dementia are the most common, affecting 5% to 7% of the population over 60. Anxiety follows as a close

second, with the World Health Organization (WHO) reporting that it affects 3.8% of older adults.

**What are the 5 M's of geriatrics?** In this article, we present the 5M framework from geriatrics to achieve age-friendly healthcare. The 5Ms are medications, mind, mobility, multicomplexity, and what matters most.

**What are the 5 M's approach?** Business management is a long and tedious process, hence its structure is divided into five M's that lay the foundation of business management; those are money, manpower, machines, materials, and method. The foundation of the business management process starts with money.

**What are geriatrics basic principles?** Avoid negative interactions between staff and patients and insure that providers have regard for patients' privacy. Use multidisciplinary team of health care workers. Geriatric care involves attention to a patient's psychological, social, and functional needs.

**What is rehabilitation approach?** The Rehabilitation Approach Rehabilitation medicine differs from other types of medical practice in a number of ways. A major focus is on preserving residual function and preventing secondary complications (physical, physiological, behavioral, or social) that lead to increased disability.

**What are the three types of rehabilitation?** The three main types of rehabilitation therapy are occupational, physical and speech. Each form of rehabilitation serves a unique purpose in helping a person reach full recovery, but all share the ultimate goal of helping the patient return to a healthy and active lifestyle.

**What is a theory of rehabilitation?** THE REHABILITATION THEORY SUGGESTS THAT TREATMENT IS BETTER THAN PUNISHMENT. HOWEVER, THE TREATMENT IS FORCED WHICH MAKES IT A FORM OF PUNISHMENT. OFTEN TREATMENT IS PRESCRIBED FOR A CONDITION WHICH NO LONGER EXISTS AND, AS THERE IS NO ELEMENT OF PUBLICITY OR DETERRENCE IN THE TREATMENT, FUTURE CRIME IS NOT PREVENTED.

**What is the concept of geriatric care?** Geriatric care management is the process of planning and coordinating care of the elderly and others with physical and/or mental impairments to meet their long term care needs, improve their quality of life,

and maintain their independence for as long as possible.

**What is the main concept of rehabilitation?** Rehabilitation helps to minimize or slow down the disabling effects of chronic health conditions, such as cardiovascular disease, cancer and diabetes by equipping people with self-management strategies and the assistive products they require, or by addressing pain or other complications.

**What is the concept of geriatric nursing?** Geriatric nursing refers to the care of elderly patients. In this specialty, healthcare providers focus on issues that affect older individuals, such as Alzheimer's disease and osteoporosis. The aging population is a leading reason for why registered nurses have such a strong job outlook.

**What is the concept of geriatric psychology?** Geriatric psychology is a subfield of psychology that specializes in the mental and physical health of individuals in the later stages of life. These specialized psychologists study a variety of psychological abilities that deplete as aging occurs such as memory, learning capabilities, and coordination.

**What is the topic of grade 11 life orientation?** It covers topics like developing goals, problem solving skills, relationships, careers and career choices. Some key points include defining short term, medium term and long term goals. It also discusses the importance of setting SMART goals and using a five step method for planning goals.

**What is a goal in life orientation grade 11?** - Goals are the things we want to achieve in life. It is our plans and aims. They are different from dreams and wishes in that we can take active steps to achieve goals. We can turn our wish into a goal. - When we have goals we know where we are going.

**What are unequal power relations in life orientation grade 11?** CAUSES OF GENDER BASED VIOLENCE 2.1. Unequal power relations, power inequality, When one person or group has more influence or control than another person or group in a relationship This can occur as a result of differences in age, wealth, roles in work, school or social context.

**What is life orientation grade 12?** This subject addresses knowledge, values, attitudes and skills about the self, the environment, responsible citizenship, a healthy and productive life, social engagement, recreation and physical activity, and career choices.

**What are the 6 topics of life orientation?**

**How to study for life orientation?** Acquaint yourself with the way your teacher infused current Life Orientation issues, newspaper articles, etc. in the teaching of the subject. Obtain copies of past examination questions papers work through the questions. Practice regularly answering the different types of questions in the question paper.

**What are three types of goals?**

**What grade is life orientation?** Introduced in the late 90s Life Orientation is one of the four fundamental subjects required for the National Senior Certificate (NSC) or matric. This means that it is a compulsory subject for all learners in Grades 10, 11 and 12.

**What are the problem solving steps in life orientation grade 11?** Define the problem and say what it means. Step 2 : Gather information about the problem. Step 3 : List as many possible solutions as you can Step 4 : Make a table and write down your problems and solutions. Step 5 : Think of the effects / consequences of each solution.

**What are the 3 types of relationships in life orientation grade 11?**

**What is gender-based violence in life orientation grade 11?** Gender-based violence (GBV) refers to the psychological, emotional, sexual or economic violence that occurs as a result of unequal power relationships between genders in society. It occurs because of perceived ideas of gender roles, norms and expectations.

**What is gender in life orientation?** Term Explanation. Gender Roles, behaviours, activities and qualities that society. sees as suitable for men / women. Gender is learnt, it is not a biological function. Sex Biological qualities that define men and women.

**How many hours is life orientation?** Two hours per week is allocated to Life Orientation in the National Curriculum Statement (NCS).

**What level do you need to pass life orientation?** Amendments to NSC pass requirements The remaining two subjects that must be passed with a minimum of 40% can be any of the other subjects that the candidate offers. The above amendment means that candidates do not necessarily have to pass Life Orientation with 40%, but could pass this subject with at least 30%.

**Why is it important to study life orientation?** Life Orientation guides and prepares learners for life and its possibilities and equips them for meaningful and successful living in a rapidly changing and transforming society. (LO aims to) guide learners to make informed decisions about their health, environment, subject choices, further studies and careers.”

**What are the 4 points of orientation?** Orientation: There are four general elements to orientation: person; place; time; and situation. Orientation to person is simply the ability to identify one's name and is the last element of orientation to be lost, usually only in very severe dementia or in psychotic states.

**What are quadrants in life orientation?** If you are not aware of them, spiritual, mental, emotional and physical are the life quadrants.

**What are abilities in life orientation?** It addresses skills, knowledge, and values about the self, the environment, responsible citizenship, a healthy and productive life, social engagement, recreation and physical activity, careers and career choices.

**What is an unequal power relationship in life orientation grade 11?** An unequal power relationship is a relationship in which one person has more power or authority than another. This is often the case when one person is much older than the other. For example, an older man in a romantic or sexual relationship with a teenage girl or an older woman with a teenage boy.

**What is stress in life orientation?** Stress is what we feel in situations we find difficult, challenging or even frightening. When we feel we can't cope with the situation.

**What are the life roles in life orientation?** Life roles: child, student, adult, role in family. Changes associated with development towards adulthood. Coping with change: importance of communication and making friends Values and strategies to make responsible decisions regarding sexuality and lifestyle choices. Diversity in jobs.

**What are the topics in life sciences paper 1 grade 11?** GRADE 11 END OF YEAR EXAM PAPER 1 – 150 MARKS: 2.5 HOURS Photosynthesis 18% Animal Nutrition 18% Respiration 10% Gas Exchange 15% Excretion 15% Population Ecology 24% PAPER 2 – 150 MARKS: 2.5 HOURS Biodiversity and Classification of Microorganisms 20% Biodiversity in Plants and Reproduction 20% Biodiversity in Animals ...

**Why is it important for a grade 11 learner to complete the kettle booklet?** Overall, completing the "Khetha" booklet is important for Grade 11 learners as it assists them in exploring career options, understanding tertiary education pathways, making informed decisions, planning for the future, and accessing valuable resources to support their journey towards achieving their career goals.

**What is a balanced lifestyle choice in life orientation grade 11?** A balanced lifestyle means that there is balance and harmony between the following aspects of your life : Physical : Being physically fit and healthy. Psychological : Avoid risky behaviours and apply life skills. Social : Have good relationships with family and friends.

**What is the definition of career choice in life orientation grade 11?** Definition of Career Choice Career choice refers to the decision-making process individuals go through when selecting a career path or occupation to pursue. It involves considering. Life Orientation. FET (Further Education and Training)

## **Strategy and Structure: Chapters in the History of the Industrial Enterprise**

### **Introduction**

The evolution of the industrial enterprise has been shaped by the interplay between strategy and structure. From the early days of the Industrial Revolution to the ~~????????????~~ era, companies have sought to optimize their organizational structures

to support their business strategies and achieve competitive advantage.

### **1. The Division of Labor and the Rise of Bureaucracy (19th Century)**

The Industrial Revolution led to the introduction of mass production, which necessitated a division of labor within factories. This specialization required clear organizational structures and chains of command. Bureaucratic models, such as the Weberian hierarchy, emerged to manage the growing complexity of large-scale enterprises.

**Q: How did the division of labor impact the structure of industrial enterprises?**

**A:** It led to the creation of specialized departments and a rigid hierarchical structure.

### **2. The Rise of Functional Structures (Early 20th Century)**

As companies expanded and their operations became more complex, functional structures became popular. These structures organized departments based on specialized functions, such as marketing, finance, and production. This allowed for greater expertise and coordination within each functional area.

**Q: What was the advantage of functional structures?** **A:** They fostered specialization and improved efficiency.

### **3. The Emergence of Divisional Structures (Mid-20th Century)**

The growth of conglomerates and the globalization of markets led to the adoption of divisional structures. These structures organized companies into semi-autonomous divisions based on product lines or geographic regions. This enabled greater flexibility and allowed divisions to tailor their strategies to specific markets.

**Q: Why were divisional structures adopted?** **A:** To respond to market diversity and the need for decentralized decision-making.

### **4. Horizontal and Flatter Structures (Late 20th and 21st Centuries)**

In response to increased competition and technological advancements, companies began to adopt more horizontal and flatter structures. These structures reduced bureaucracy, empowered employees, and facilitated cross-functional collaboration.

**Q: What are the benefits of flatter structures?** **A:** Increased agility, improved communication, and greater employee engagement.

## **Conclusion**

The evolution of industrial enterprise structures has been driven by the need to align with evolving business strategies and market demands. From bureaucratic hierarchies to functional and divisional structures, and finally to more horizontal and flatter models, the history of industrial enterprises is marked by a constant search for the optimal organizational design to enhance competitiveness and drive innovation.

## **The Five Languages of Appreciation in the Workplace**

Gary Chapman, author of the bestselling book "The Five Love Languages," has identified five ways to express appreciation in the workplace that empower organizations and encourage people. These languages are:

1. **Words of Affirmation:** Expressing gratitude through spoken or written words.
2. **Acts of Service:** Helping colleagues with tasks or projects.
3. **Quality Time:** Setting aside time to connect with and appreciate others.
4. **Gifts:** Giving tangible items that hold personal or symbolic value.
5. **Physical Touch:** Appropriate physical gestures, such as a handshake or hug, to convey appreciation.

## **How to Use the Five Languages of Appreciation**

To effectively use the Five Languages of Appreciation, leaders should first identify which language resonates most with each individual. This can be done through observation or by asking questions such as:

- "What would be the most meaningful way for someone to show you appreciation at work?"
- "What kind of recognition makes you feel valued and motivated?"

Once the preferred languages are identified, leaders can tailor their expressions of appreciation accordingly.

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## **Why These Languages Empower Organizations**

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By empowering organizations with these languages, employees feel valued, motivated, and engaged. This leads to:

- Increased job satisfaction and loyalty
- Improved performance and productivity
- Strengthened relationships and collaboration
- Enhanced organizational culture

### Example Questions and Answers

**Question:** How can I use Words of Affirmation to appreciate a colleague? **Answer:** Compliment their work, thank them for their contributions, or write them a note expressing your gratitude.

**Question:** What is an example of an Act of Service that would show appreciation? **Answer:** Offering to assist with a project, taking on additional responsibilities, or helping out with tasks outside of one's job description.

**Question:** How can I give a Gift that communicates appreciation? **Answer:** Personalize the gift based on the colleague's interests, such as a book, gift certificate, or something that represents a shared experience.

**Question:** Is Physical Touch appropriate in the workplace? **Answer:** Only if it is consensual and culturally acceptable. A handshake or a gentle pat on the shoulder can convey appreciation without making others uncomfortable.

**Question:** How do these languages contribute to employee engagement? **Answer:** By meeting employees' unique needs for recognition and appreciation, organizations foster a sense of belonging and inspire them to perform at their best.

[life orientation question papers for grade 11, strategy and structure chapters in the history of the industrial enterprise, the five languages of appreciation in workplace empowering organizations by encouraging people gary chapman](#)

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