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Types of Leadership and Coaching Styles**

Three Primary Sport Management Structures

- Autocratic
- Democratic
- Laissez-faire

Three Leadership Styles in Sports Management

- Authoritarian
- Democratic
- Laissez-faire

Three Basic Coaching and Leadership Styles

- Autocratic
- Democratic
- Laissez-faire

Three Coaching Styles Most Coaches Adopt

- Authoritarian
- Democratic
- Laissez-faire

Three Most Common Leadership Styles

- Autocratic
- Democratic
- Laissez-faire

Three Main Ideal Leadership Qualities

- Communication
- Confidence
- Vision

Most Popular Coaching Style

- Democratic

Different Styles of Leadership

- Autocratic
- Democratic
- Laissez-faire
- Transactional
- Transformational

Autocratic Style Leadership

- Requires complete obedience from followers
- Leader makes all decisions
- Focuses on authority

Democratic Coaching Style

- Values input from followers
- Encourages participation in decision-making
- Provides guidance and support

Authoritarian Coaching Style

- Leader has absolute control
- Followers have little or no input
- Decisions are made without consultation

Laissez-Faire Coaching Style

- Leader provides minimal guidance
- Followers are largely self-directed
- Limited supervision and feedback

Three C's of Leadership

- Communication
- Commitment
- Courage

Three S's in Leadership

- Strategy
- Systems
- Skills

Three V's of Leadership

- Vision
- Values
- Voice

Three Elements of Leadership Skills

- Technical
- Interpersonal
- Conceptual

Three P's of Coaching

- Preparation
- Practice
- Performance

Three C's of Coaching

- Communication
- Commitment
- Challenge

Three A's of Coaching

- Awareness
- Accountability
- Action

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