

# 5 minute pediatric consult

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### 5-Minute Pediatric Consult: Answers to Common Questions

#### Question 1: My baby has a fever. What should I do?

**Answer:** A fever in a baby under 3 months old requires immediate medical attention. For older babies, a fever can be managed at home if it does not exceed 101 degrees Fahrenheit. Keep your baby hydrated and cool, and give them fever-reducing medication if necessary. If the fever persists for more than 24 hours or is accompanied by other symptoms, seek medical attention.

#### Question 2: My child has a rash. What could it be?

**Answer:** Rashes can have various causes, including allergies, infections, or skin conditions. If the rash is localized and does not spread, it may be a minor irritation. However, if the rash is widespread, itchy, or painful, seek medical attention to determine the underlying cause and receive appropriate treatment.

#### Question 3: My child has a sore throat. What is the best way to treat it?

**Answer:** Sore throats are often caused by viruses and will usually resolve on their own. Gargling with salt water can help soothe the discomfort. Over-the-counter pain relievers, such as ibuprofen or acetaminophen, can also provide relief. If the sore throat is severe or persists for more than a week, seek medical attention to rule out other conditions, such as strep throat.

#### Question 4: My child has diarrhea. What should I do?

**Answer:** Diarrhea can lead to dehydration, so it is important to keep your child hydrated by offering plenty of fluids, such as water or electrolyte solutions. Avoid

giving your child dairy products or sugary drinks. If the diarrhea is severe or bloody, seek medical attention as it may be a sign of a more serious condition.

**Question 5: My child is vomiting. What is the best course of action?**

**Answer:** Vomiting can be caused by various factors, including infections or motion sickness. If the vomiting is mild and does not last for more than a few hours, it can be managed at home. However, if the vomiting is severe or persistent, seek medical attention to prevent dehydration and identify the underlying cause.

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