

INTERVIEW SCRIPTS

INTERVIEW SCRIPT 1:

Introduction: Hi there! Thank you for taking the time to speak with me today. I'm a UX designer working on a project to understand what factors contribute to moments of irritation during holidays and weekends. Your insights will help us learn more about these experiences and guide us in creating solutions that make these times less stressful and more enjoyable.

I have a few questions to get to know a bit more about you before we dive into the main topic. This won't take long, and feel free to share as much or as little as you'd like.

Screening Questions:

Could you tell me a bit about yourself? For example, your age range, employment status, and living situation (like whether you live alone, with a partner, or with family).

User Answer:

"I'm 32 years old. I work full-time as a marketing manager, and I live with my partner and our two kids, ages 4 and 7."

What is your household setup like? For instance, do you have children, and if so, what are their age ranges? And would you describe your household income level as low, medium, or high?

User Answer:

"Yes, as I mentioned, I have two young children. We fall into a medium income range, though we always try to budget carefully, especially during the holidays."

Can you share some background information relevant to holidays and weekends, like your cultural or religious background, where you live (urban, suburban, or rural), and whether you tend to spend holidays alone, with family, or friends?

User Answer:

"We live in a suburban area. We usually celebrate the major holidays with family, as we have a strong cultural tradition of being together during special occasions."

Main Questions:

What are some factors that affect how you feel about holidays or weekends?

User Answer:

"The biggest factor is definitely the stress of getting everything ready. With young kids, there's a lot of planning to do for gifts, food, and entertainment, which can feel overwhelming."

How do you usually prepare financially for special occasions or time off?

User Answer:

"We set a holiday budget early on, but sometimes things go over budget, especially with the kids' gifts and family dinners. I always try to plan ahead, but it still feels like there's a lot of pressure around spending."

Can you describe any situations during holidays or weekends that have left you feeling stressed or frustrated?

User Answer:

"One time during Christmas, we had planned a big family dinner, but the weather was so bad that people couldn't travel. It caused so much stress trying to figure out how to handle the food and the gift exchange at the last minute."

What changes do you notice in your usual daily or weekly routine during holidays or weekends?

User Answer:

"My routine completely changes. Normally, I work Monday through Friday, but during holidays, I end up staying up later preparing things and then trying to squeeze in activities with the kids, which leaves me exhausted."

Tell me about a time when your plans for a holiday or weekend didn't go as expected. How did that make you feel?

User Answer:

"Last year, we planned a weekend getaway to visit my in-laws, but my partner got sick the day before. It was really frustrating because I had everything arranged, and it felt like the whole weekend was ruined."

Conclusion:

Thank you so much for sharing your experiences and insights with me today! Your feedback is incredibly valuable and will play a big role in helping us understand how to make holidays and weekends more enjoyable. I really appreciate you taking the time to chat with me, and if you have any other thoughts or ideas, feel free to reach out.

Thanks again, and I hope you have a wonderful rest of your day!

INTERVIEW SCRIPT 2:

Introduction: Hi! Thanks so much for joining me today. I'm a UX designer working on a project aimed at understanding how different factors might cause irritation during holidays and weekends. The insights you share will help us create better solutions to improve these experiences.

I'll start with just a few background questions to learn more about you before we dive into the main topic.

Screening Questions:

Could you tell me a bit about yourself? For example, your age range, employment status, and living situation (like whether you live alone, with a partner, or with family)?

User Answer:

"I'm 45 years old and I work as a teacher. I live with my spouse and our teenage daughter. We have a small apartment in the city."

What is your household setup like? For instance, do you have children, and if so, what are their age ranges? And would you describe your household income level as low, medium, or high?

User Answer:

"We have one daughter who is 15 years old. Our income would be considered medium, but we always try to save for big holidays."

Can you share some background information relevant to holidays and weekends, like your cultural or religious background, where you live (urban, suburban, or rural), and whether you tend to spend holidays alone, with family, or friends?

User Answer:

"We live in the city, and we celebrate the holidays with my extended family, which can sometimes be a bit overwhelming because there are so many people involved."

Main Questions:

How do holidays and weekends typically affect your routine?

User Answer:

"I usually have to take time off from work, but I also try to catch up on chores at home. The transition between work and holiday mode is always a bit jarring."

What kinds of things do you usually consider when planning your time off?

User Answer:

"I think about how much time I need to relax versus how much time I need to spend with family. There's always this internal balancing act between personal time and social obligations."

Can you describe a holiday or weekend experience where things didn't go as planned and caused frustration?

User Answer:

"One year, we tried to visit my in-laws, but the traffic was so bad we arrived hours late. Everyone was already tired and frustrated, which

really put a damper on the whole holiday."

How do changes in your daily routine during holidays or weekends impact you?

User Answer:

"I get a little out of sorts when my routine is disrupted. I like having a schedule, so when things are too spontaneous, I can feel stressed or anxious."

How do you typically prepare for a holiday or weekend? Do you set any expectations for how things should go?

User Answer:

"I try to plan ahead with shopping and gift-giving, but there are always last-minute things that pop up. I expect a nice time but often end up disappointed when things don't go as planned."

Conclusion:

Thank you for taking the time to share your thoughts today. Your responses will help us better understand what makes holidays and weekends stressful and how to improve these experiences. I truly appreciate your input, and if you have any further ideas or comments, please feel free to reach out.

Thanks again, and have a great day ahead!

INTERVIEW SCRIPT 3:

Introduction: Hello! Thanks for speaking with me today. I'm a UX designer working on a project to uncover the factors that lead to irritation during holidays and weekends. The feedback you provide today will be incredibly helpful in finding ways to improve these experiences for everyone.

Let's start with some brief background questions.

Screening Questions:

Could you tell me a bit about yourself? For example, your age range, employment status, and living situation (like whether you live alone, with a partner, or with family)?

User Answer:

"I'm 28, I work part-time as a freelancer, and I live alone in a small apartment."

What is your household setup like? For instance, do you have children, and if so, what are their age ranges? And would you describe your household income level as low, medium, or high?

User Answer:

"I don't have children, and I'd say my household income is on the lower side, but I manage okay."

Can you share some background information relevant to holidays and weekends, like your cultural or religious background, where you live (urban, suburban, or rural), and whether you tend to spend holidays alone, with family, or friends?

User Answer:

"I live in an urban area. I don't follow any religious traditions, but I like to spend holidays with friends if I can, or just take some time to myself."

Main Questions:

How do you feel about the holidays or weekends in general?

User Answer:

"I enjoy the idea of having free time, but sometimes I feel more stressed because of all the expectations around the holidays. I often feel like I have to make the most of it, but that pressure can be overwhelming."

What typically causes you the most stress or frustration when you think about upcoming holidays or weekends?

User Answer:

"Planning and the pressure to make everything perfect—whether it's cooking, socializing, or even just figuring out what to do with the time off."

Can you recall a time when something went wrong during a holiday or weekend? How did you feel about it?

User Answer:

"I tried to throw a small dinner for my friends during the holidays, but the turkey didn't cook properly, and the evening felt ruined. I felt embarrassed and disappointed."

How do changes in your usual routine affect your mood or stress levels during these times?

User Answer:

"I don't handle routine changes well. I'm used to being in control of my schedule, so when it's disrupted, it can make me feel anxious or irritated."

Tell me about a time when your expectations for a holiday or weekend were not met. How did that impact you?

User Answer:

"I had planned a relaxing solo weekend, but I ended up getting distracted with work emails and feeling guilty for not being more productive. It made the weekend feel unfulfilling."

Conclusion:

Thanks for sharing your thoughts today! Your input will help us create better solutions to improve the holiday and weekend experience. I really appreciate you taking the time to chat, and feel free to reach out if you have more to add.

Thanks again, and take care!

INTERVIEW SCRIPT 4:

Introduction: Hi, thank you for joining me today. I'm a UX designer researching the factors that cause irritation during holidays and weekends. Your input will be crucial in helping us identify common pain points and design better experiences for everyone.

Let's start with a few background questions.

Screening Questions:

Could you tell me a bit about yourself? For example, your age range, employment status, and living situation (like whether you live alone, with a partner, or with family)?

User Answer:

"I'm 38 years old, I work as a software developer, and I live with my partner and our dog in a suburban neighborhood."

What is your household setup like? For instance, do you have children, and if so, what are their age ranges? And would you describe your household income level as low, medium, or high?

User Answer:

"We don't have kids, just the dog. We'd consider our household income medium. We're comfortable but not extravagant."

Can you share some background information relevant to holidays and weekends, like your cultural or religious background, where you live (urban, suburban, or rural), and whether you tend to spend holidays alone, with family, or friends?

User Answer:

"We live in the suburbs and typically spend holidays with both our families. We try to balance time between my side of the family and my partner's side, but it often gets hectic."

Main Questions:

How do holidays and weekends typically affect your routine?

User Answer:

"Weekends are usually my time to catch up on personal projects or relax, but during holidays, it feels like everything gets interrupted by events and travel plans."

What kinds of things do you usually consider when planning your time off?

User Answer:

"I think about how to balance personal time with social commitments. It's always a challenge to make sure I'm not overwhelmed with obligations."

Can you describe a holiday or weekend experience where things didn't go as planned and caused frustration?

User Answer:

"Last Christmas, we had to cancel our trip because of a snowstorm. We had everything packed and were excited, but the flight was canceled last minute, and we had to scramble to make new plans."

How do changes in your daily routine during holidays or weekends impact you?

User Answer:

"It throws me off. I'm a creature of habit, so when my routine is disrupted, I feel anxious and out of control, which makes it hard to enjoy the holiday."

Tell me about a time when your expectations for a holiday or weekend were not met. How did that impact you?

User Answer:

"I had high expectations for a peaceful weekend getaway, but the hotel was under construction, and it was noisy. We tried to make the best of it, but it really ruined the vibe of the trip."

Conclusion:

Thank you for taking the time to share your experiences with me today! Your feedback is incredibly valuable and will help us better understand what makes holidays and weekends stressful. If you think of anything else later, feel free to reach out.

Thanks again, and I hope you have a wonderful day ahead!

INTERVIEW SCRIPT 5:

Introduction: Hello! Thanks for speaking with me today. I'm a UX designer working on a project to uncover the factors that lead to irritation during holidays and weekends. The feedback you provide today will be incredibly helpful in finding ways to improve these experiences for everyone.

Let's start with some background questions.

Screening Questions:

Could you tell me a bit about yourself? For example, your age range, employment status, and living situation (like whether you live alone, with a partner, or with family)?

User Answer:

"I'm 26, I work as a graphic designer, and I live alone in a small apartment."

What is your household setup like? For instance, do you have children, and if so, what are their age ranges? And would you describe your household income level as low, medium, or high?

User Answer:

"I don't have children, and my household income is moderate. I manage everything on my own with my freelance work, but I try to save for special occasions."

Can you share some background information relevant to holidays and weekends, like your cultural or religious background, where you live (urban, suburban, or rural), and whether you tend to spend holidays alone, with family, or friends?

User Answer:

"I live in a bustling city. I don't have any particular cultural or religious holidays that I observe, but I tend to spend weekends with close friends or just relax by myself."

Main Questions:

How do you feel about the holidays or weekends in general?

User Answer:

"I look forward to them because it's time to unwind, but sometimes I feel like I can't fully relax because there's always something to catch up on—whether it's work, personal projects, or social obligations."

What typically causes you the most stress or frustration when you think about upcoming holidays or weekends?

User Answer:

"The pressure to make plans that are fun or meaningful. I get overwhelmed trying to balance my own need for rest with the desire to do something exciting or social."

Can you recall a time when something went wrong during a holiday or weekend? How did you feel about it?

User Answer:

"A few months ago, I had a solo weekend planned to recharge, but a close friend unexpectedly dropped by to visit. I didn't have the energy for it, so I felt frustrated and guilty for not being more accommodating."

How do changes in your usual routine affect your mood or stress levels during these times?

User Answer:

"It really disrupts my mood. I'm not good at spontaneity, so when plans change last minute, I feel stressed and unable to enjoy what's happening."

How do you typically prepare for a holiday or weekend? Do you set any expectations for how things should go?

User Answer:

"I usually plan my weekends ahead, especially if I'm hosting something or meeting people. For holidays, I try to make sure I've got everything organized, but I don't always set high expectations because I don't want to be disappointed."

Conclusion:

Thank you for sharing your thoughts today! Your responses will help us design better experiences for holidays and weekends. If you have any other insights, feel free to reach out at any time.

Take care, and thanks again!

INTERVIEW SCRIPT 6

Introduction: Hi there! Thanks for taking the time to speak with me today. I'm a UX designer working on a project to understand what factors contribute to moments of irritation during holidays and weekends. Your feedback will be really helpful in finding ways to improve these experiences for everyone.

Let's start with a few quick background questions.

Screening Questions:

Could you tell me a bit about yourself? For example, your age range, employment status, and living situation (like whether you live alone, with a partner, or with family)?

User Answer:

"I'm 52, I'm self-employed as a consultant, and I live with my spouse in a rural area."

What is your household setup like? For instance, do you have children, and if so, what are their age ranges? And would you describe your household income level as low, medium, or high?

User Answer:

"We don't have children, and I would say our income is high, but we try to be mindful of our spending, especially during the holidays."

Can you share some background information relevant to holidays and weekends, like your cultural or religious background, where you live (urban, suburban, or rural), and whether you tend to spend holidays alone, with family, or friends?

User Answer:

"We live in a rural area, and we mostly spend the holidays with family. We don't have any specific cultural or religious customs that we follow, but family gatherings are important."

Main Questions:

How do holidays and weekends typically affect your routine?

User Answer:

"During the holidays, I try to disconnect from work, but sometimes I find myself checking emails or trying to get ahead on projects. Weekends are usually when I catch up on personal tasks, but holidays throw everything off."

What kinds of things do you usually consider when planning your time off?

User Answer:

"I think about how much time I need to rest versus how much time I need to spend with family. There's always this balancing act of wanting downtime but also not wanting to miss out on family events."

Can you describe a holiday or weekend experience where things didn't go as planned and caused frustration?

User Answer:

"We planned a big family reunion over the summer, but the weather didn't cooperate. We ended up indoors, and it wasn't nearly as fun as we had hoped. I felt frustrated because everyone had put so much effort into making it a great event."

How do changes in your daily routine during holidays or weekends impact you?

User Answer:

"I feel like I lose control when things change. I'm used to having a set routine, so when that's thrown off, it feels chaotic, and I can't fully enjoy the time off."