

INTERVIEW GUIDE

OBJECTIVE;

By the end of the interview sessions, determine what people do that leads to moments of irritations during holidays and weekends.

HYPOTHESES

1. Financial constraints leads to irritations during holidays and weekends
2. Change in routine leads to irritations during holidays and weekends
3. Unrealistic expectations leads to irritations during holidays and weekends

INTRODUCTION

Hi there! Thank you for taking the time to speak with me today. I'm a UX designer working on a project to understand what factors contribute to moments of irritation during holidays and weekends. Your insights will help us learn more about these experiences and guide us in creating solutions that make these times less stressful and more enjoyable. I have a few questions to get to know a bit more about you before we dive into the main topic. This won't take long, and feel free to share as much or as little as you'd like.

SCREENING QUESTIONS

1. Could you tell me a bit about yourself?
2. What is your household setup like?

QUESTIONS

1. What are some factors that affect how you feel about holidays or weekends?
2. How do you usually prepare financially for special occasions or time off?
3. Can you describe any situations during holidays or weekends that have left you feeling stressed or frustrated?
4. What changes do you notice in your usual daily or weekly routine during holidays or weekends?
5. Tell me about a time when your plans for a holiday or weekend didn't go as expected. How did that make you feel?
6. How do you feel about the expectations that come with holidays or weekends?
7. When you think back to past holidays or weekends, what experiences stand out as difficult or irritating?
8. What do you find most challenging when you spend time with others during holidays or weekends?
9. How do you typically handle it when things don't go according to plan?
10. Can you describe any particular situations that impact your mood or enjoyment during holidays or weekends?

CONCLUSION

Thank you so much for sharing your experiences and insights with me today! Your feedback is incredibly valuable and will play a big role in helping us understand how to make holidays and weekends more enjoyable. I really appreciate you taking the time to chat with me, and if you have any other thoughts or ideas, feel free to reach out. Thanks again, and I hope you have a wonderful rest of your day!