#### Surprise study

This file contains all the analyses used for the different versions of the surprise task and pilots.

Pilot 1 (face/emotion rating): to be added Goal: to find faces that seem crticial/easy-going to most people which then would be used in the main task to induce expectation. We tested whether neutral faces can be observed to be more critical compared to happy faces. We also did another analysis selecting the most crticial faces (need to ask Elena for this data as it was completed while I was on AL). Platform: Testable\_Minds, Prolific

Pilot 2 (feedback statements using videos): to be added Goal: to collect statements that can be used to provide feedback that is either neutral or positive. We collected statements from participants after they watched a video of someone doing the same task (describing a picture). Initially not successful, however, after changing the instructions to provide examples of positive and neutral statements the quality of statements we received improved. Platform: Testable Minds, Prolific

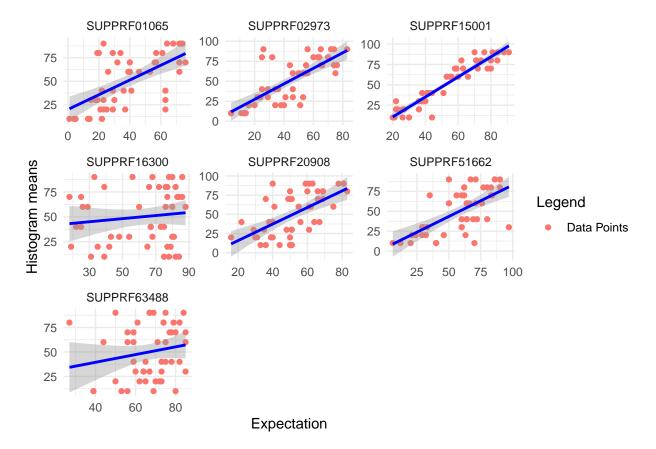
Pilot 3 (feedback statements using 2 lists): to be added Goal: to collect statements that can be used to provide feedback that is either neutral or positive, as pilot 2 had not been very successful at first. We generated two lists of statements using CHATGPT3 and asked participants to choose which one makes them feel more confident (presenting only 2 options at a time). Platform: Testable Minds, Prolific

Pilot 4: prediction + no feedback (to test whether histograms can induce expectation) Goal: This was a pilot to test whether or not histograms can induce expectation. The following data was collected on Prolific. The first section looks at the relationship between histogram mean with the participant's expectation. In this version of the task participants did not receive any feedback: https://app.gorilla.sc/admin/experiment/142855/design Platform: Prolific and MTurk

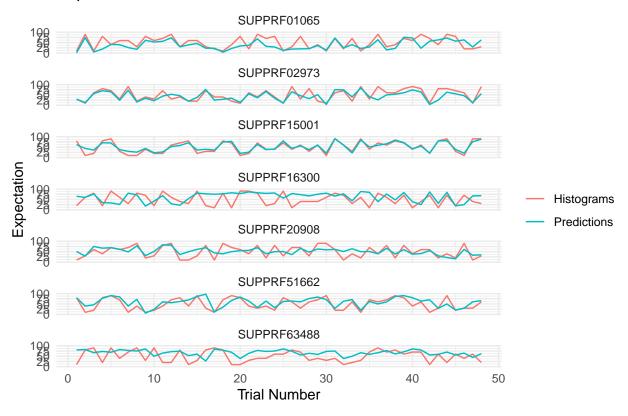
There were three different versions: **batch1**) audio + video: we started by collecting data in 6 participants including both audio and video. Since the recruitment was slow, we decided to remove the video recordings to see whether having the audio alone would speed up the data collection. **batch2**) audio only: we collected data from only 1 participant and thus decided that the video could not be the only problem. After testing participants on mturk and seeing the rate being even slower than Prolific, we decided to increase the screened participants on Prolific, to have a larger pool to test from. We screened 600 people out of which 357 had high social anxiety scores on MINI-SPIN (>= 6). **batch3**) audio + video: we tested 34 participants on Prolific using different histogram means and sd. So the difference between batches 1 and 3 is in the histograms we used, also for study 1 we do not have the video recordings as due to a technical mistake on Gorilla the audio files overwrote the video files which is now fixed to in batch3.

In batch3, the histogram mean and sd were changed so that we can less extreme values, so that when used in the following pilots to generate feedback, it can still be within the 10-100 limit. The histograms that were used in batches 1 and 2 have means of (10,20,30,40,60,70,80,90) and sd = 5, and the ones in batch3 had means of (20, 29, 37, 46, 54, 63, 71, 80) and sd = 3. Besides making the histograms narrower, we also did not want the mean values to be increments of 10 starting from 20, so that we could use them as feedback in one of the following pilot tasks (as non-random feedback to create zero prediction-error).

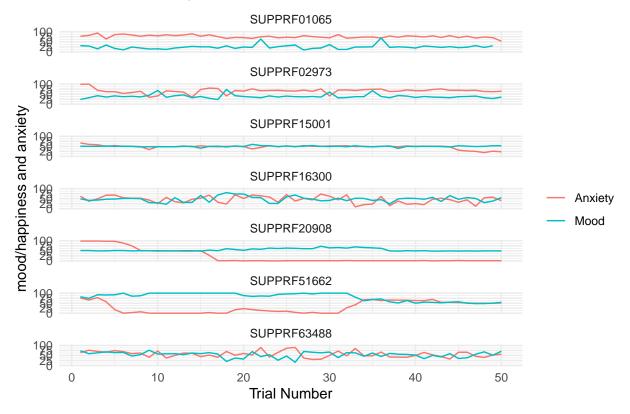
This figure below shows the relationship between histogram means and the predictions.



The figure below shows the histogram and expectation values over time and across trials.

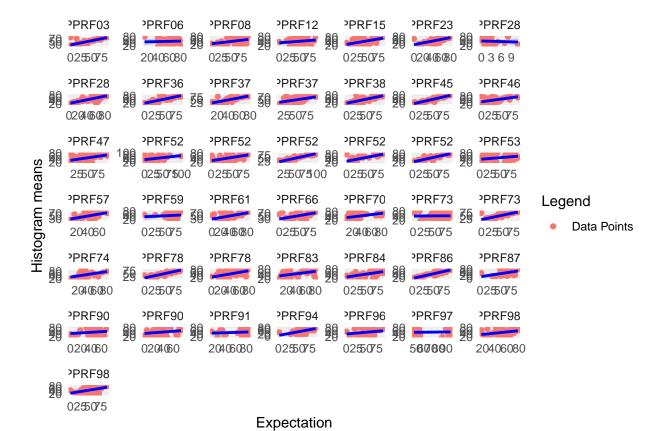


we will now make the same plots for mood (asking people how happy they are) and anxiety

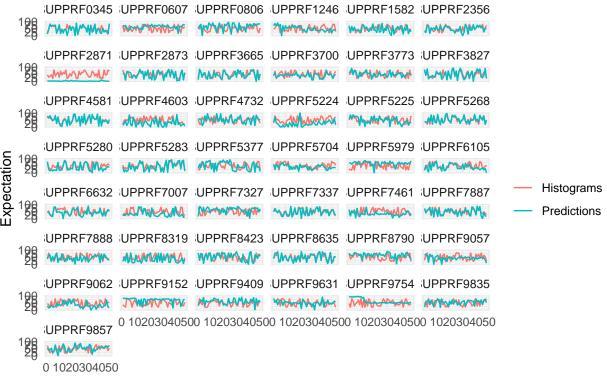


The following people had different histogram means and smaller sd for histograms, so we plot them separately despite having a similar task design and also being from Prolific.

Let's now look at 34 subjects in batch3 who had different histogram means and sd:



Below we can see the histogram means and expectation values across trials:



**Trial Number** 

TO BE DONE: The data for the following subjects needs to be checked and may need to be excluded: "5aaa73e3f8a57d00010fe416", "5dd671942b033b5ec8bc97b4", "60cfd3a8a20665a4eeca0015", "63fbd3e8b4865c6e1fb04614".

we will now make the same plots for mood (asking people how happy they are) and anxiety



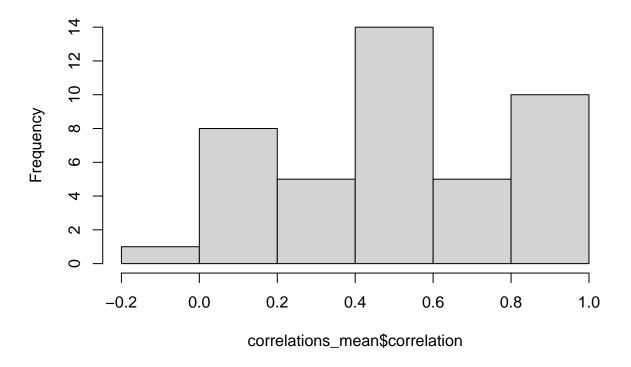
**Trial Number** 

Below we can see the average correlation and the histogram of the average:

## [1] "average of correlations: 0.507129112216245"

## [1] "sd of correlations: 0.287077778515913"

# Histogram of correlations\_mean\$correlation



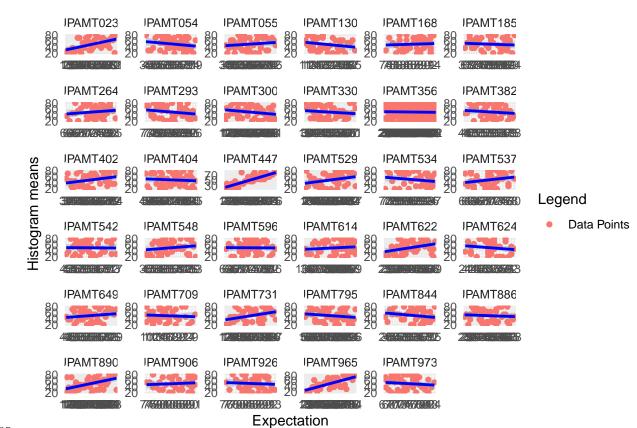
**Pilot 5: prediction** + **feedback** Goal: To see whether positive PE can improve mood and anxiety. To do this we used two different versions of feedback (random vs non-random). If none of these succeed, we would need to create a third version where we take subjective predictions and histogram means into account to generate feedback. Platform: MTurk

There were two different versions: **batch1**) With non-random feedback to generate positive, negative and zero PE's: https://app.gorilla.sc/admin/project/106374

batch2) With random feedback to generate positive, negative and zero PE's: https://app.gorilla.sc/admin/project/106055

Below we will be looking at the non-random feedback.

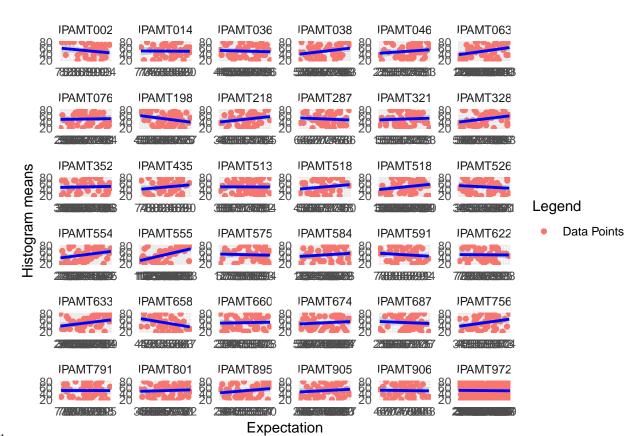
The relationship between Expectation and Histogram means are presented in the three plots below for the 113 participants. The second plot shows this relationship across trials. This is important especially since in this task people also received feedback (which was either positive, negative, or neutral), and we can see whether receiving feedback over time made them ignore the histogram values when trying to make predictions.



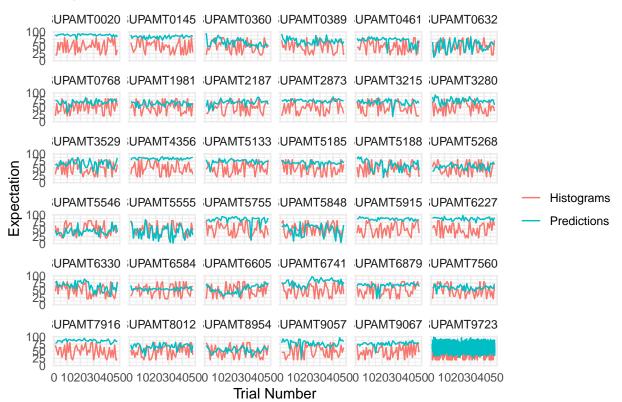
For subjects 1-35:

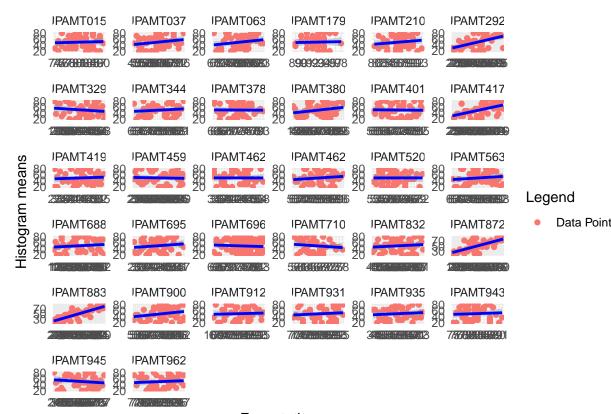


Participant SUPAMT35697 seems to have done the task twice somehow, probably by trying to modify the URL to see if they can do the whole experiment again but Gorilla would only allow them to restart the node (one node part experiment section e.g. surprise task, questionnaires, consent form etc). The same thing seems to have happened for participants SUPAMT97235, SUPAMT69675 in the other two plots.



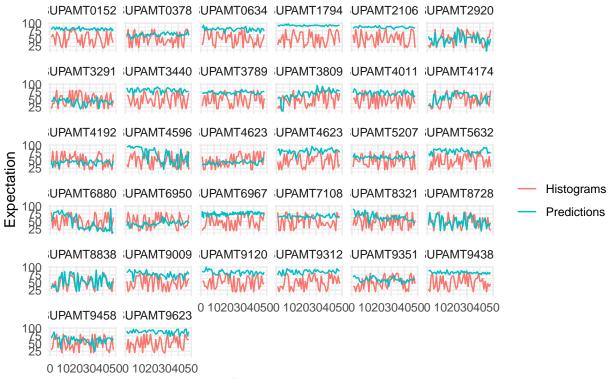
For subjects 36-71:





For subjects 72-113:

Expectation



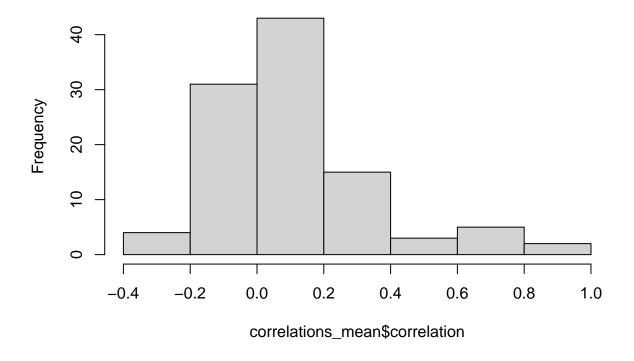
**Trial Number** 

Below we can see the average correlation and the histogram of the average:

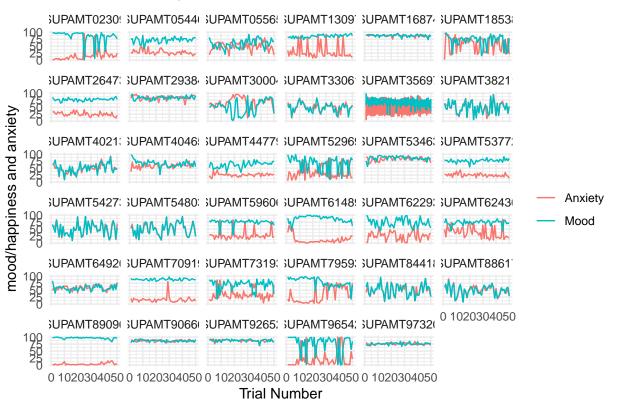
## [1] "average of correlations: 0.108985307072774"

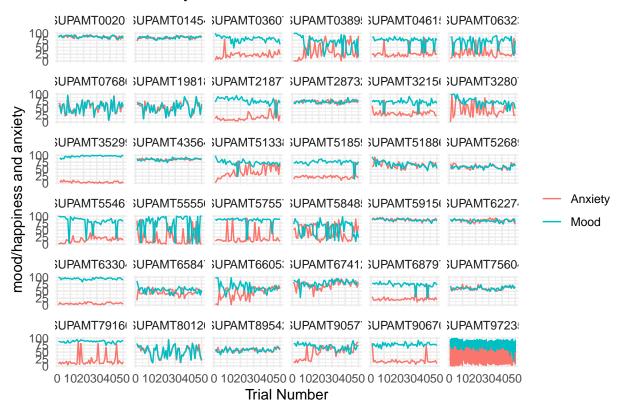
## [1] "sd of correlations: 0.232501650276452"

# Histogram of correlations\_mean\$correlation



We will now look at mood and anxiety over time, but we cannot really compare the ratings on Gorilla with Prolific because the Gorilla one did have feedback, whereas the Prolific one did not.

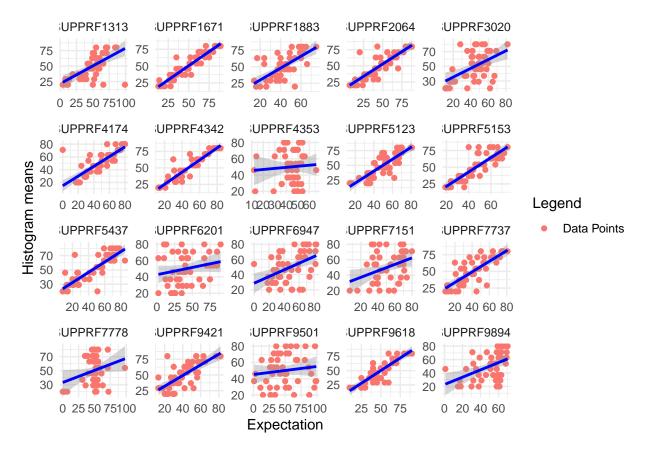




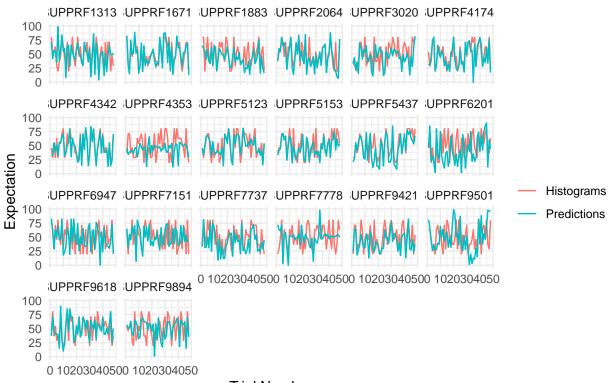


**Trial Number** 

We repeated task with non-random feedback on Prolific to see whether the data quality would be better. Below you can see the results.



Below we can see the histogram means and expectation values across trials:



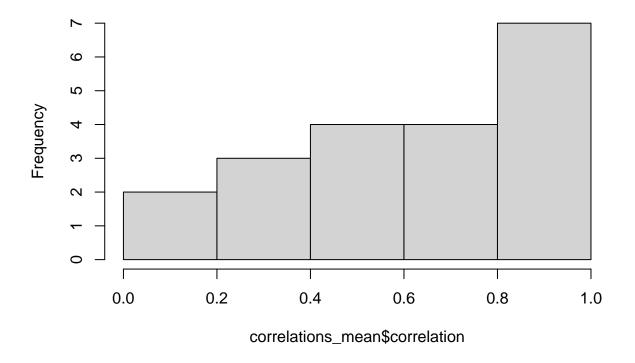
**Trial Number** 

Below we can see the average correlation and the histogram of the average:

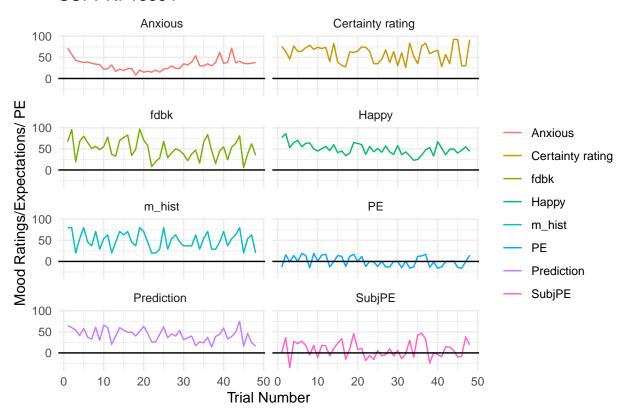
## [1] "average of correlations: 0.603032458230902"

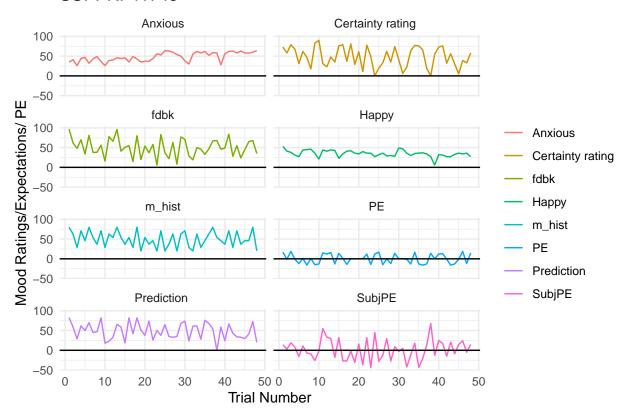
## [1] "sd of correlations: 0.27484553598724"

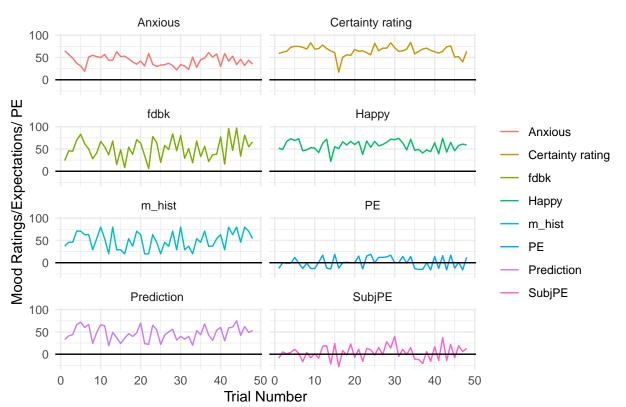
# Histogram of correlations\_mean\$correlation

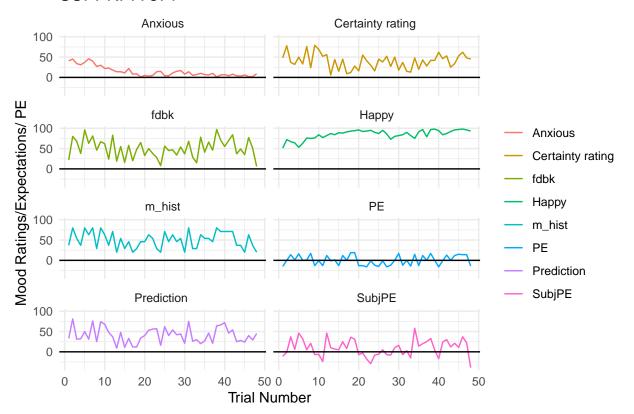


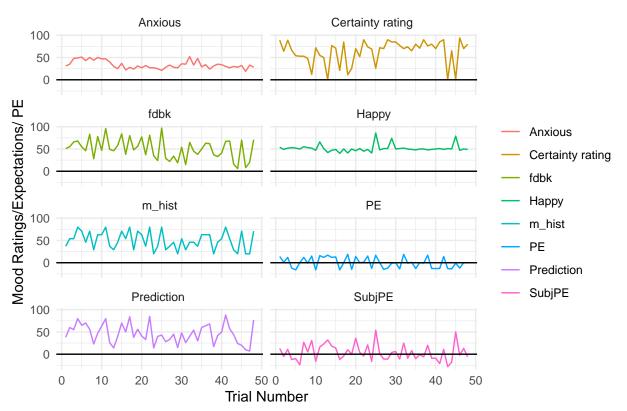
Now let's make plots for each subject that show how prediction, feedback, histogram mean, anxiety, mood, confidence rating, PE (feedback - histogram), subj\_PE (feedback-prediction).

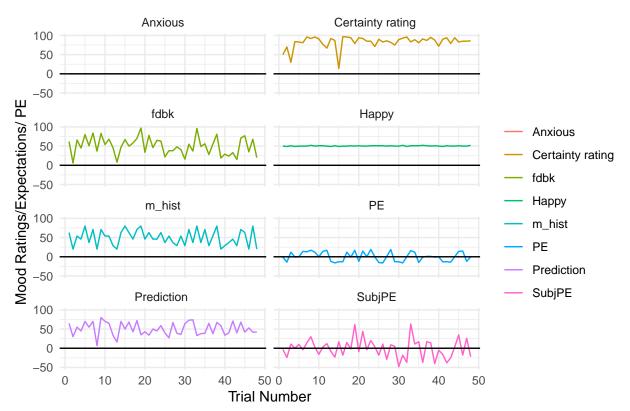


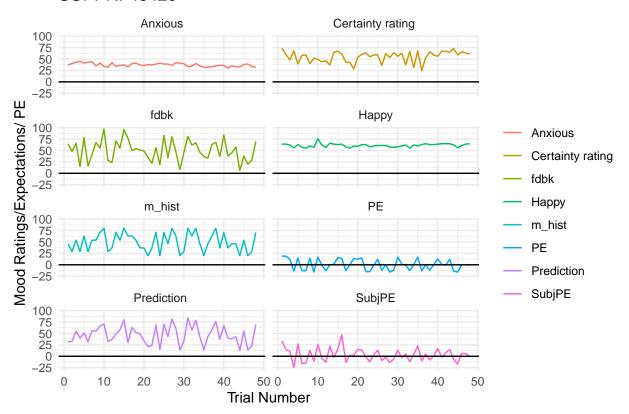


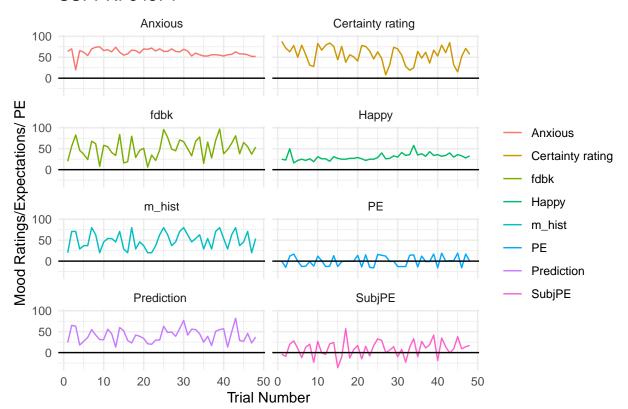


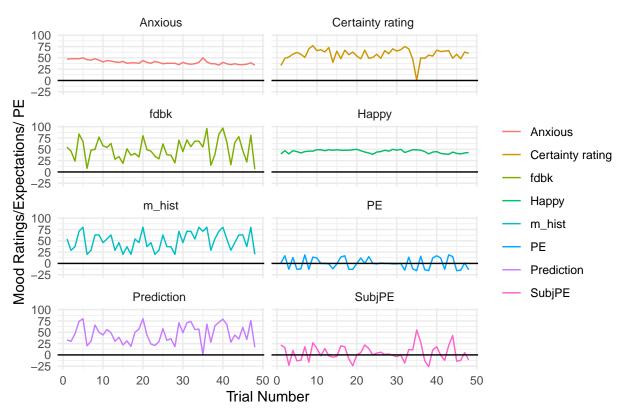


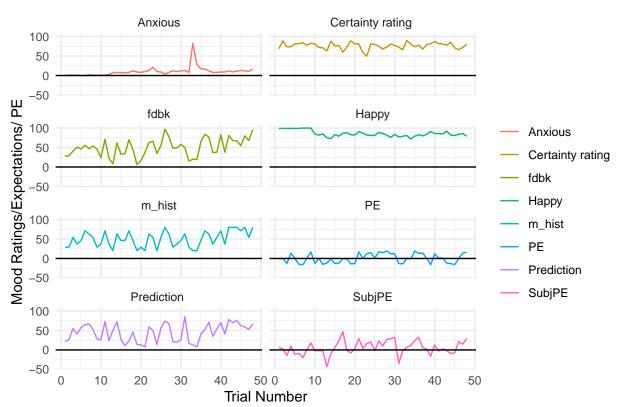


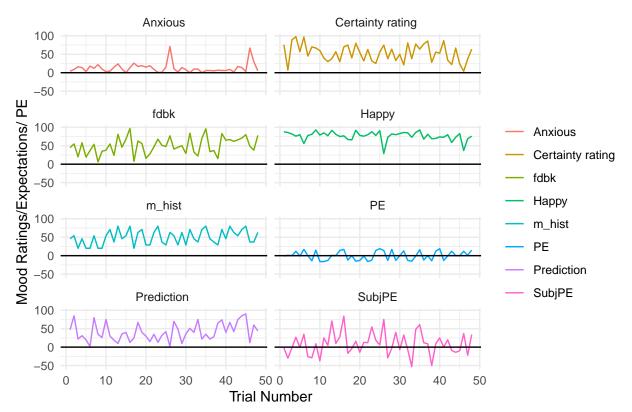


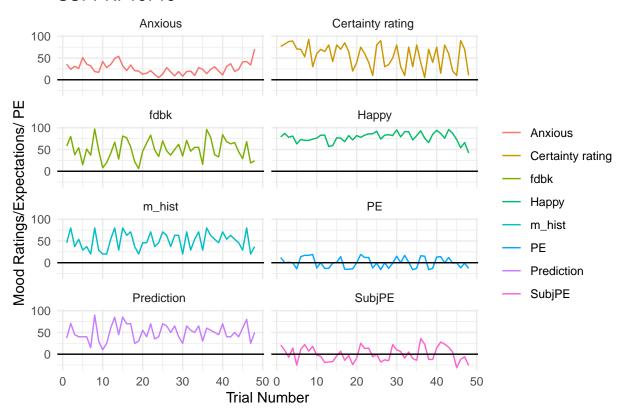


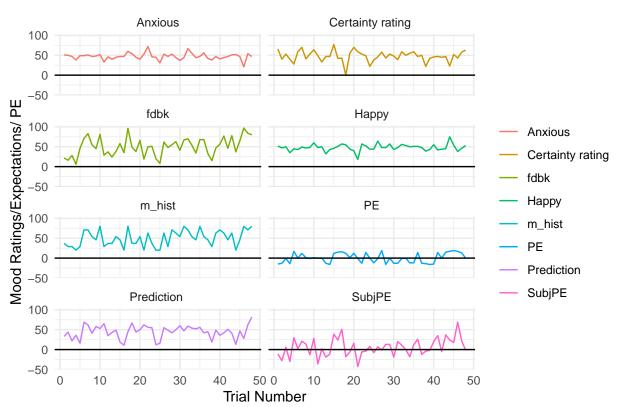


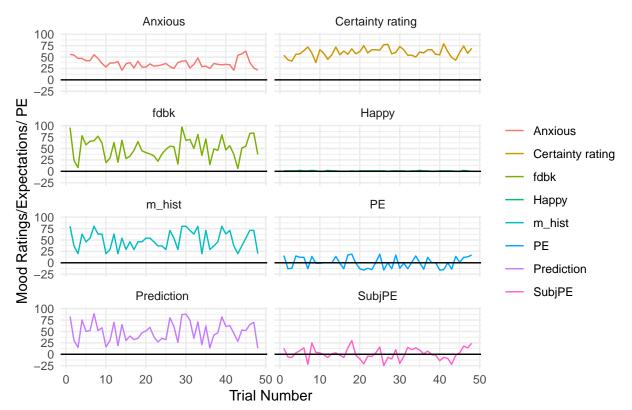


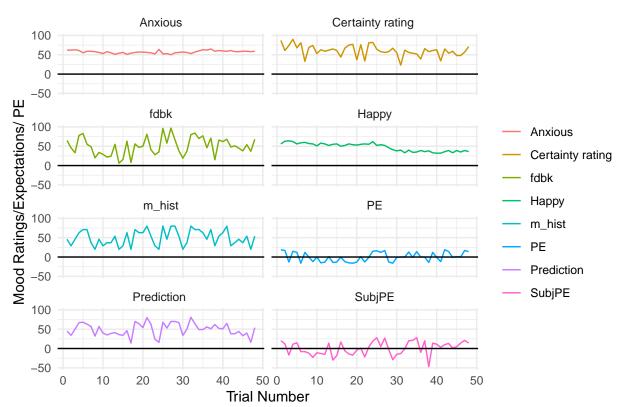


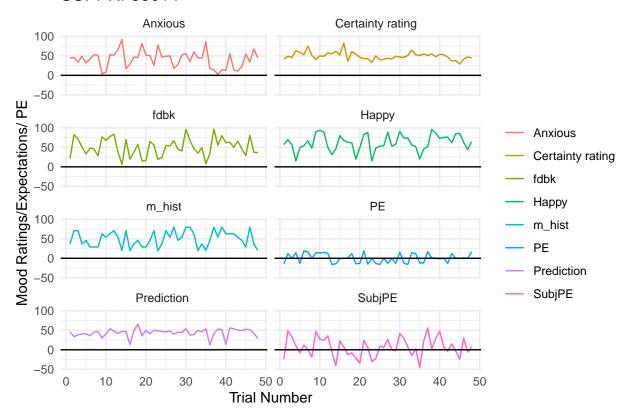


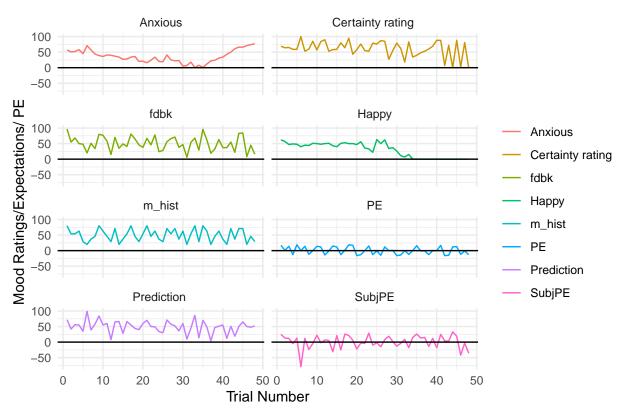


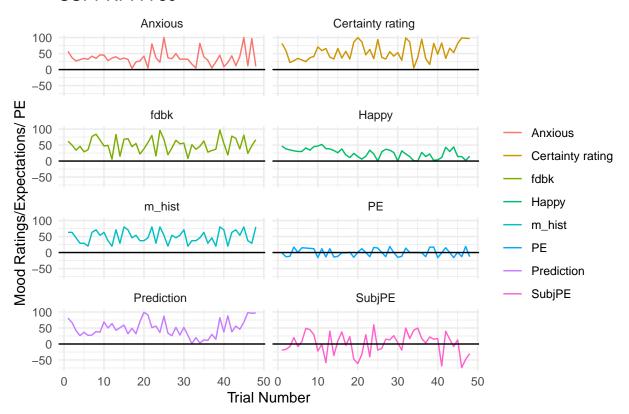


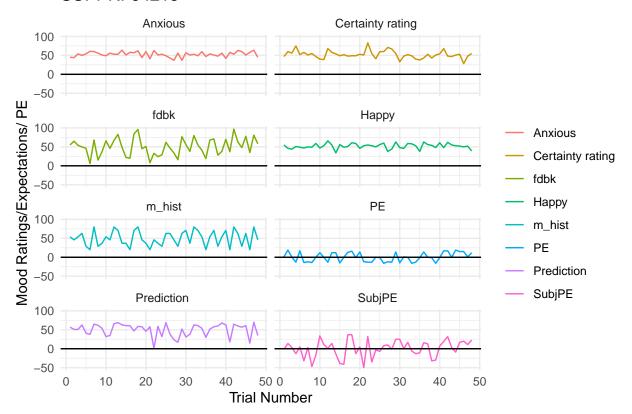


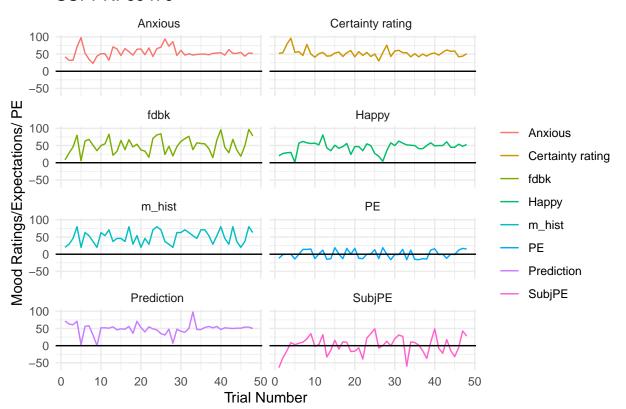




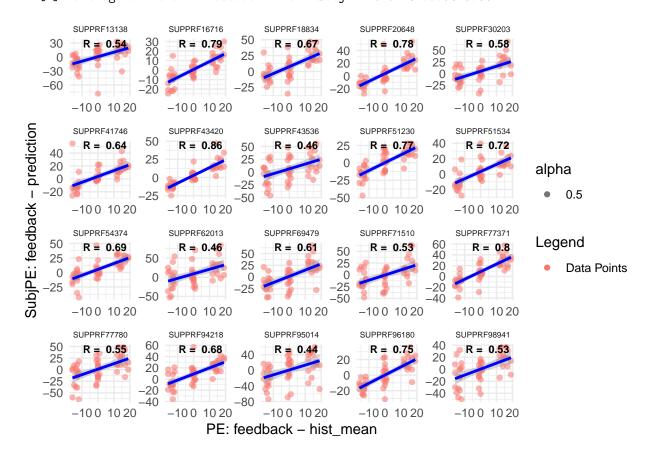






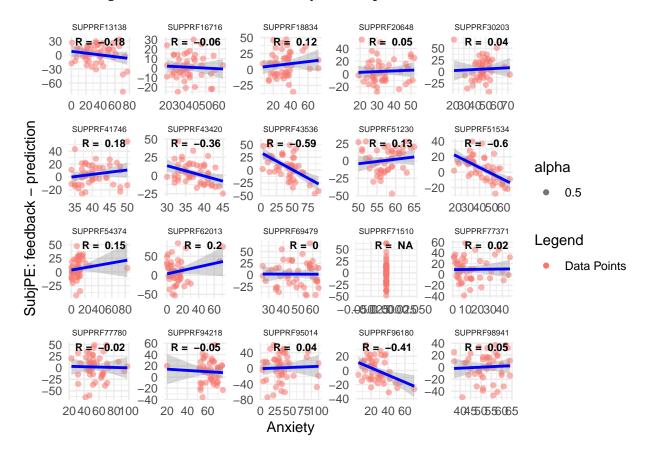


We now look at the relationship between PE (feedback - histogram\_mean) and SubjPE (feedback - prediction): ## [1] "average correlation between PE and SubjPE: 0.642327779325738"



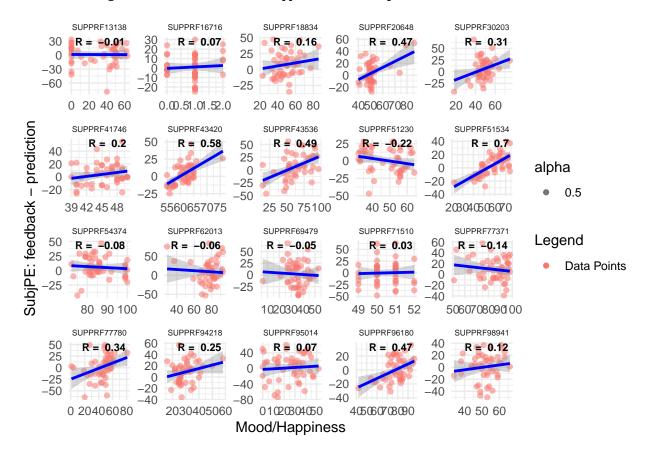
Let's now look at the relationship between SubjPE and Anxiety:

## [1] "average correlation between Anxiety and SubjPE: -0.0671984147481494"



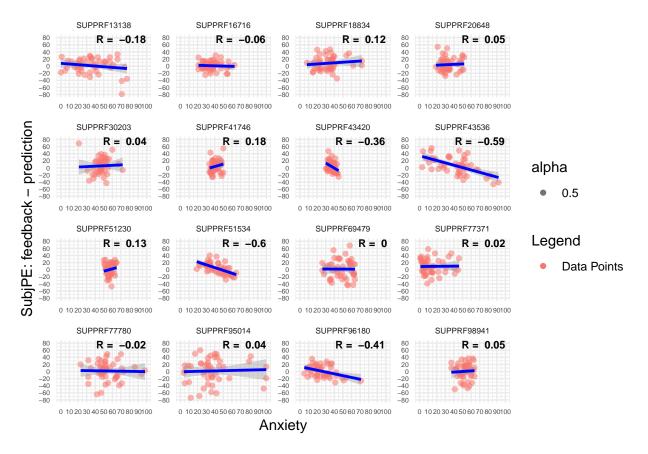
Below we can see the relationship between SubjPE and Mood/Happiness:

## [1] "average correlation between Happiness and SubjPE: 0.185205199353984"



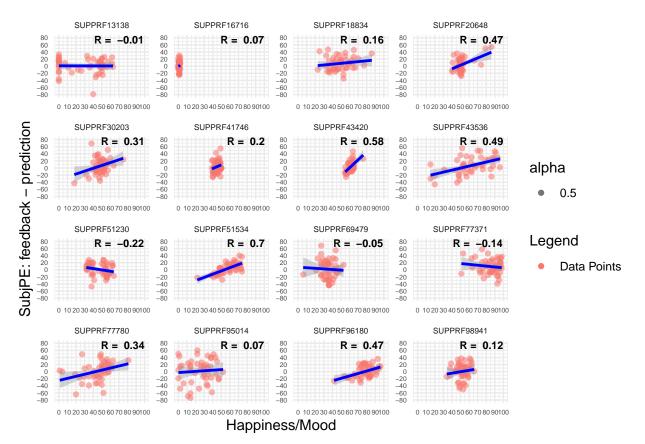
Now we will exclude some people who had given the same answers throughout the task and repeat everything again without them to see whether the group correlation changes for anxiety and mood. Below we can see the correlation between anxiety and SubjPE:

## [1] "average correlation between Anxiety and SubjPE after excluding 4 outliers: -0.0987210900186962"



The next plot shows the same relationship for mood/happiness and SubjPE:

## [1] "average correlation between happiness and SubjPE after excluding 4 outliers: 0.222639567065287"

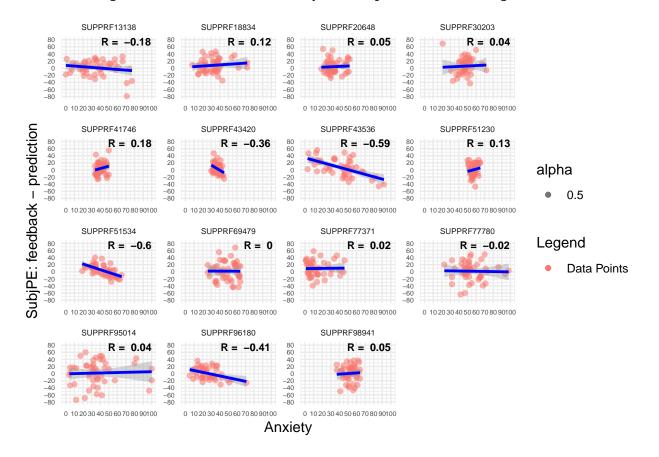


We now will look whether the average correlations are significantly different from zero for both anxiety and mood:

```
## [1] "corr Anxiety and SubjPE"
##
   One Sample t-test
## data: correlations_Ax_excludedoutliers$correlation
## t = -1.5685, df = 15, p-value = 0.1376
## alternative hypothesis: true mean is not equal to 0
## 95 percent confidence interval:
## -0.23287110 0.03542892
## sample estimates:
## mean of x
## -0.09872109
## [1] "corr happiness and SubjPE"
##
##
   One Sample t-test
##
## data: correlations_H_excludedoutliers$correlation
## t = 3.3223, df = 15, p-value = 0.004642
## alternative hypothesis: true mean is not equal to 0
## 95 percent confidence interval:
## 0.07980171 0.36547743
## sample estimates:
## mean of x
## 0.2226396
```

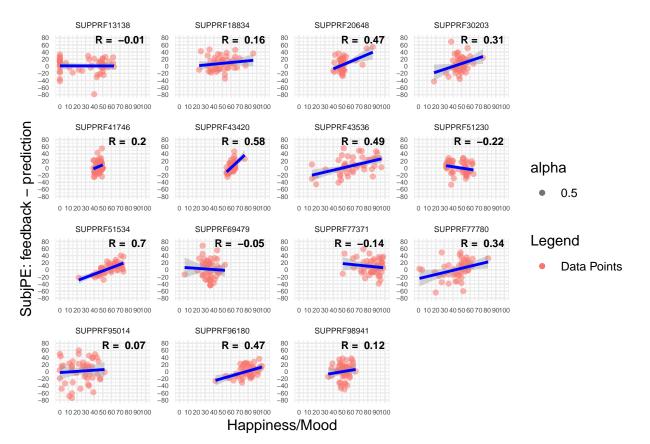
I will now exclude subject SUPPRF16716 who rated always 0 for happiness and repeat the correlations again. The plot below shows the relationship between Anxiety and SubjPE:

## [1] "average correlation between Anxiety and SubjPE after excluding 4 outliers: -0.101497372578598"



The next plot shows the same relationship for mood/happiness and SubjPE:

## [1] "average correlation between happiness and SubjPE after excluding 4 outliers: 0.232721674963332"

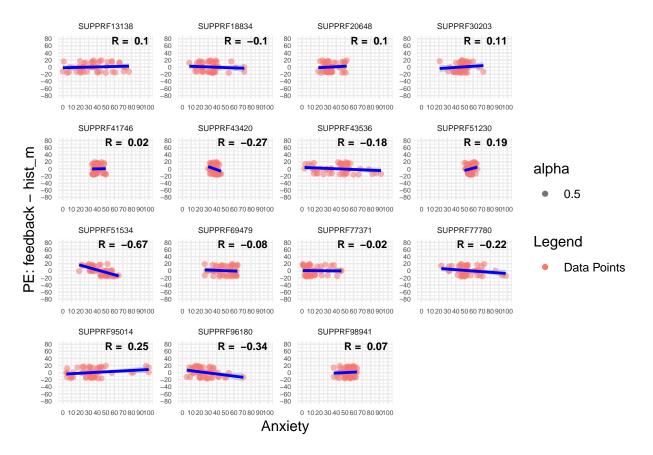


We now will look whether the average correlations are significantly different from zero for both anxiety and mood after excluding one more subject:

```
## [1] "corr Anxiety and SubjPE"
##
   One Sample t-test
## data: correlations_Ax_excludedoutliers$correlation
## t = -1.51, df = 14, p-value = 0.1533
## alternative hypothesis: true mean is not equal to 0
## 95 percent confidence interval:
## -0.24566667 0.04267193
## sample estimates:
## mean of x
## -0.1014974
## [1] "corr happiness and SubjPE"
##
##
   One Sample t-test
##
## data: correlations_H_excludedoutliers$correlation
## t = 3.2858, df = 14, p-value = 0.005413
## alternative hypothesis: true mean is not equal to 0
## 95 percent confidence interval:
## 0.08081498 0.38462837
## sample estimates:
## mean of x
## 0.2327217
```

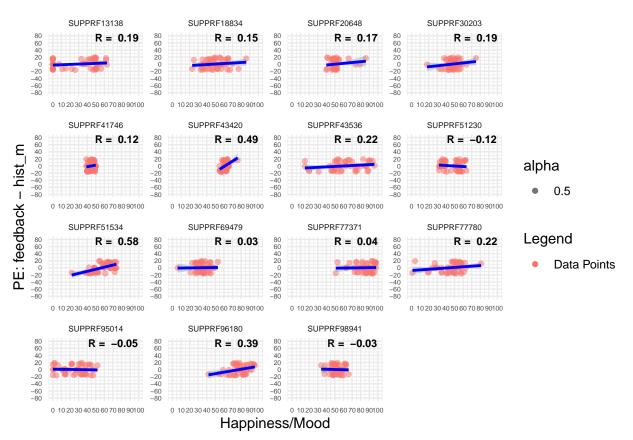
We now will run everything again but this time using the objectibe PE (feedback - histogram\_mean) instead of the subjective one (feedback - prediction)

## [1] "average correlation between Anxiety and PE after excluding 4 outliers: -0.0696717683024161"



This plot shows the relationship between PE and mood:

## [1] "average correlation between happiness and PE after excluding 4 outliers: 0.171950806250443"



```
[1] "corr Anxiety and PE"
##
##
   One Sample t-test
##
## data: correlations Ax excludedoutliers$correlation
  t = -1.1298, df = 14, p-value = 0.2776
  alternative hypothesis: true mean is not equal to 0
  95 percent confidence interval:
    -0.20194038 0.06259685
##
## sample estimates:
##
     mean of x
  -0.06967177
##
   [1] "corr happiness and PE"
##
##
    One Sample t-test
##
## data: correlations_H_excludedoutliers$correlation
## t = 3.404, df = 14, p-value = 0.004279
## alternative hypothesis: true mean is not equal to 0
## 95 percent confidence interval:
   0.06360878 0.28029283
```

```
## sample estimates:
## mean of x
## 0.1719508
```

We now will run an LME: