Making Talk Cheap:

Generative AI and Labor Market Signaling*

Anaïs Galdin†

Jesse Silbert[‡]

Job Market Paper

October 2025

Click for the latest version

Abstract

Large language models (LLMs) like ChatGPT have significantly lowered the cost of producing written content. This paper studies how LLMs, through lowering writing costs, disrupt markets that traditionally relied on writing as a costly signal of quality (e.g., job applications, college essays). Using data from Freelancer.com, a major digital labor platform, we explore the effects of LLMs' disruption of labor market signaling on equilibrium market outcomes. We develop a novel LLM-based measure to quantify the extent to which an application is tailored to a given job posting. Taking the measure to the data, we find that employers have a high willingness to pay for workers with more customized applications in the period before LLMs are introduced, but not after. To isolate and quantify the effect of LLMs' disruption of signaling on equilibrium outcomes, we develop and estimate a structural model of labor market signaling, in which workers invest costly effort to produce noisy signals that predict their ability in equilibrium. We use the estimated model to simulate a counterfactual equilibrium in which LLMs render written applications useless in signaling workers' ability. Without costly signaling, employers are less able to identify high-ability workers, causing the market to become significantly less meritocratic: compared to the pre-LLM equilibrium, workers in the top quintile of the ability distribution are hired 19% less often, workers in the bottom quintile are hired 14% more often.

^{*}We are indebted to Adam Kapor, Jakub Kastl, and Alessandro Lizzeri for their invaluable guidance and support. We are also grateful to Elena Aguilar, Nick Buchholz, Jacob Dorn, Michael Droste, Allison Green, Jeff Gortmaker, Kate Ho, Simon Jäger, Quan Le, Thomas Le Barbanchon, Rachel Moore, Stephen Redding, Jordan Richmond, Ben Scuderi, Wilbur Townsend, Carolyn Tsao, So Hye Yoon, and Yuci Zhou for helpful comments and discussions. We thank Matt Barrie and the entire team at Freelancer.com for their openness and willingness to collaborate with academic researchers. We are especially grateful to Andrew Bateman and Will Bosler, without whom this research agenda would not have been possible. This research benefited from financial support from the International Economics Section (IES) at Princeton University and the William S. Dietrich II Economic Theory Center, whose support is gratefully acknowledged. We also thank the Research Computing at ITC, Dartmouth College, for their technical support in implementing and scaling up our LLM-based customization measures for freelancers' job application proposals. All errors are our own.

[†]Dartmouth College, Tuck School of Business. Email: anais.galdin@dartmouth.edu

[‡]Princeton University, Department of Economics. Email: jesseas@princeton.edu

This paper is currently under a disclosure review process with Freelancer.com and is not yet publicly available. When the paper has been cleared for disclosure (soon after November 3rd), it will be available at the above link. Please contact Jesse Silbert for any inquiries at jesseas@princeton.edu.